

## Introduction to the Resource Structure

[Love Truth](#) presents the Parent & Family Resource

### Introduction to the Parenting Resource Structure

Eloisa briefly discusses the Parenting Resource structure and what will be included in the resource. Including an Introduction to Divine Truth Basics and Terminology, Foundational discussions elaborating on Divine Truth basics, Principles of Divine Truth with examples and personal experiences, and questions and answer sessions as well as various other videos. Presented on the 2nd of March 2021 from 11:00am in Wilkesdale, Queensland, Australia.

### Part 1

Hi everyone, my name is Eloisa.

Welcome to this parenting resource.

The structure of the parenting resource is some introductory videos and some of them are just about why I'm making the resource, about the basics of [Divine Truth](#), and some terminology that I'll be referring to a lot which I suggest you watch and listen to, it's used a lot throughout all the videos and if you can just get the basic theory of it, it will be helpful.

Then there's some foundational discussions about certain topics that are just fundamental things, I suppose they're in an elaboration really on the basics of Divine Truth and they're things that we'll discuss so that you have a bit more information about what I'm talking about and why I'm referring to different things.

And there's also some introductory videos on just myself and why I'm doing the resource and some of them are my own experiences in it within the actual instructional videos, the ones that you can experiment with yourself, they have more about - yes, just the principle itself and then say, I'm hoping to do a variety of different situations that you could then see how that principle would relate in those different situations on how you could apply it yourself.

Really, this is just theory and information, until you try it for yourself and actually put it into practice and practically do something or take some

actions and have some faith that something might change, nothing will change. It is an emotional process and by engaging with it emotionally, it's going to help. It is about being, you know, having a desire to love. If you don't figure out why because you probably won't want to continue the resources and actually do anything if you don't have that desire and that's one of the fundamental questions to ask yourself is: do I want to love?

If you do, then that's going to help you to get through a lot of different things.

If you don't, you know, when you don't want to, you won't, so it makes it quite easy where you're going.

Also, about truth, do you want truth, if you want truth, then that's something to - if you don't want truth, and you don't like truth and you don't want to be truthful, that's something to figure out quite early on in the piece because the changes can only really happen when you begin to be truthful with yourself and with others in your environment.

Throughout the videos there will be exercises and reflection questions and things that you can try and put into practice, like little experiments that you can do so that you can apply them straight away in your everyday life.

If you've got any questions or queries or anything that you'd like to discuss, please feel free to email me via my blog site and that's [eloisalh.com](http://eloisalh.com).

So, I look forward to hearing from you and I hope you enjoy this resource.