

DIVINE TRUTH WORLD TOUR 2024

Jesus and Mary Magdalene

[Divine Truth](#)

7 countries 9 cities 13 venues 36 days

Belgium
Austria
Portugal
UK
Ireland
Canada
USA

Damerham, Hampshire, UK – August 30 – September 1, 2024
Transcribed by Pat Stewart

Preface

Disclaimer: This transcription is an independent project undertaken by me and is not associated with the Transcription Team at Divine Truth nor is it associated with Jesus and Mary and the Divine Truth Organization.

This transcript – **Damerham, Hampshire, UK** is excerpts of the [Divine Truth](#) World Tour that Jesus and Mary did in 2024. I have not included general conversations prior to the start of the talks or at the end of the talks, housekeeping, updates on their future plans or mediumship sessions. Due to the size of this project, time codes are not included.

The audio used for this transcript has not yet been edited, so there are times when external noise made it difficult to decipher what was being said. Also at times, I found it difficult to understand or hear clearly some of the audience member's questions. I have noted these areas with a double question mark (??) or (difficult to decipher). I apologize for any errors in transcription.

I did my best to transcribe word for word as to what Jesus and Mary said. The only changes that were made were grammatical or to make something easier to read. At times I did paraphrase some of the questions and/or comments from audience members.

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Damerham, Hampshire, UK Day 1

Part 1 - August 30, 2024, at 1100

Damerham UK Day 1 Part 1

(Transcript starts around 20 minutes)

Jesus:

The subject, this God's Standard of Love, we've been talking about for some time, if you look at the recordings...

Jesus:

A lot of people when they first hear Divine Truth is they start to feel like it's like a personal development program, which it's not really because it's a relationship with God program, so it's not a personal development program, it's a relationship with God program, but most people forget about the God part of it, and in fact, have very little to do with God, and instead focus on developing self in terms of changing self.

But of course, without the relationship with God, changing self is quite hard actually, and so that's why a lot of people who hear the principles we teach are finding things much harder than it needs to be because they are focused so much on the individual problems they face in trying to change their behaviour rather than changing their feelings, the feelings they have inside themselves towards things.

And a lot of the world is very aimed towards you faking something, you making out a change has occurred so that you can feel better about yourself. So, a lot of people in the world are very focused on that, and so we're noticing that the intellectual understanding of God's Truth, most people are focused on, but there's very little soul-based understanding of God's Truth, and this is what we would like to change.

And one of the reasons why Mary and I choose to do this trip was because we could feel that that's what was happening all around the world, and we haven't been able, because of our time constraints, been able to share much with people for the last five years because we've been so busy in all of the pursuits we're doing at home. There's a back log of thousands of hours of recordings we have at home that haven't been shared. We don't

want to sit down for the rest of our life editing video and sound and make that our goal.

What we want to do is meet people and talk honestly and truthfully with you about what's going on in terms of progress and why that kind of progress - why progress is sometimes difficult, and we want to also raise issues with you that we can see involving your sin. Because it's the awakening to sin that's going to also give you an awakening to your relationship with God.

What we did when we were in the north, in Linton, was we raised this issue of God's Laws. We said that God's Laws are like drawing a line in the sand. If you stay one side of the line, your life will be pleasant; if you stay the other side of the line, your life is going to be difficult. And the line is the law.

In other words, if you live in harmony with the law, so this side is harmony (writing on whiteboard) with the law, but let's call it another name that most people don't like to talk about, obedience, we obey the law. When we obey the law, we are living in harmony with the law. Also, we are living in harmony with God's Standard of Love because every law that God's created is a Standard of Love that God says, this is My Standard, this is the standard of love that I have created.

And so, God created this standard of love and if we live in harmony with it by obeying the law and remember the obedience to law isn't just a thought and then an action. The obedience to the law begins as an emotion, a feeling that you have to obey, which is very different than going, oh god, I've got to obey another law. It's very different to that. It's more like, I want to obey the law. I feel like it's important for me to obey the law. It's a good thing for me to obey the law. You know, coming from your heart to obey the law rather than just from your mind going, I know I have to obey the law, but I don't really want to. I don't really like that law.

So, obeying is a heart-felt desire really, to obey. And on this side of living in harmony, of course, your life will be in harmony with love because every law is based upon on love. Your life will also, be in complete harmony with truth and this is something we want to focus a bit of attention on this weekend because what we see is a lot of people think that they can fake life, fake things in their life, with partners, friends, everybody, and then still have a relationship with God and live in harmony with the law, but that's not

possible. As soon as you are out of harmony with truth, you are out of harmony with the law. And so, we want to talk about that a bit more.

In this place, there are rewards, you're rewarded for obeying the law. There are positive things that will happen in your life that, not only to your life, but also to yourself. You'll come to feel happy and proud of yourself obeying the law. You will have a better and stronger connection with your feelings if you obey the law. You'll have a stronger connection to humility and faith if you obey the law. You'll learn to develop your faith further by obeying the law because when you obey the law and you get rewarded you go, I got rewarded for obeying the law, wow. And the next time you're faced with obeying the law you go, well the last time I was rewarded for obeying it, so it would make sense for me to obey it again, and that increases your faith in God's Laws and God's Standard of Love as you do that.

So, you get rewarded through all of these different things and faith is one of those rewards, in a way, feeling that your desire intensifies for your future life. Because without your desire for your future life increasing, in terms of how you're going to live your future life, you're basically going to live the same life you've already lived.

If we look at the life the majority of us have on Earth, it is very unfulfilling for the most part, full of addiction, full of maybe the pursuit of 'pleasure', but even that becomes quite unfulfilling because it's not in harmony with the law, and so there will be penalties associated with it.

This is what happens when you obey the law (harmony, love, truth, reward, faith). Now we want to explore, so last week we explored more issues of like, this side of the equation of what happens when you break the law which we'll do more this week as well. But we didn't focus on areas of where you're breaking the law, with the principles behind the law so much.

What we tried to do was introduce this principle alone, and this principle is at some point every single person who ever wants a relationship with God has to come to terms with the fact that in their heart, they need to have a love of the law, in their heart. It has to be a feeling in your heart to love the law.

And if you have a feeling in your heart that you love the law, you'll be far less inclined to sin which is breaking the law. You'll be far less inclined to

do it. Because you have a feeling that it is good to obey the law, you then want to obey the law in every area of your life. But if there is no feeling in you to obey the law, then you can see, an area of your life comes up and basically, you'll make, not the choice to live in harmony with the standard of love that God has, not live in harmony with the law, you'll just to make the choice, is it going to bring me seeming pleasure right now, oh, yes, so I do it. Or is it going to bring me seeming pain right now, oh, yes, I'm not going to do it.

An example of that is, when the law is demanding of us, the law that we need to obey to live in harmony with it, we're going to have to be humble, and part of humility is feeling all of your emotions. In other words, owning them for yourself and being responsible for them. If some of those emotions are painful, a person who doesn't obey the law is just going to go, well, they're painful, I'm not going to feel them.

They're going to go, because of its pain, I should be able to avoid, not understanding that choice is breaking the law. Also, with regard to truth, we often go, oh, in this moment, I've got to tell the truth, but I don't feel like telling the truth, it's going to get me in trouble. Let's say I did something wrong, and somebody's asking, who did it, and I go, not me. Because I might get in trouble, we've broken the law, straight away.

Most of us in those circumstances go, well, I'm going to get in trouble and that's going to be worse than breaking the law, but trust me, it's not, because most of you have yet to see the results of breaking the law fully. When you pass, many of you for the first time, will get to see the results of breaking the law, and trust me, it's not a pleasant thing to go through if you haven't been conscious of that on Earth.

So, here we are in this area where we're obeying the law. When we obey the law, we don't have to be sorry for anything we do. Because we obeyed the law, and it was always right. So, we don't have to be repentant for anything we do because we've obeyed the law.

That's one of the advantages of obeying the law, is that you won't do anything wrong. And if you don't do anything wrong, there's nothing to be sorry for. You won't have feelings of guilt or regret if you obey the law. None of those feelings will be there because you obeyed the law, and those feelings are actually impossible to have if you obey the law.

On the other hand, we've got the disobedience, you could say, the disobedience of the law, I disobey. In other words, I'm now in disharmony with the law. I'm also in disharmony with God's Standard of Love given the fact that God's Laws are - God's imposition of His Standard of Love. So, I'm also now in disharmony with God's Laws and disharmony with love.

The net results are going to be the opposite of many of these things (harmony, love, truth, rewards, faith, humble). I'm going to attract evil into my life. And also, eventually even have evil emotions in my own soul as a result of disobeying the law, that will be one of the penalties.

With regard to truth, I'll like to live in a state of lies. Many of you here, at this stage, don't understand the level of truth you're going to need. Many of you have been educated by the world you live in that facade is not a lie. Do you know what I mean by that. In other words, faking something, faking a feeling is not a lie.

We notice that everywhere we go, in England, it's really interesting. We're at the shopping centre and somebody comes up and passes you and just sort of goes around you, and it's all polite. Like, oh, sorry, no worries, please, thank you, but the feeling inside of them - like, if you're in Austria, there's no polite please, thank you, it's just like, get out of my way (elbowing somebody), and boom, so less facade, you could say in that regard.

But in England, it's like, polite, everyone's polite, it's really good. You come up to an area in England, there's all these narrow roads, isn't there, wherever you go, and everyone is parking along the side, so you've got to stop and wait for everybody to go past, and why they don't design the roads a little wider, I don't know, but - so, you've got to stop there and somebody's coming there, he's coming through, you've got to stay, and then at the end, he goes, thank you. It's like, what for, you forced your way through there. You know what I mean. (Laughter)

And this is the kind of thing we're used to doing in polite society. We're used to basically presenting a lie, right. And many of us don't consider that to be a sin. In fact, we consider it to be polite.

Mary:
To be a loving act.

Jesus:

To be a loving act, but actually from God's Laws, that's living in untruth.

Participant Male:

When you talk about evil, where would you draw the line for that because I think evil is a word that a lot of people feel very much judgemental about it.

Jesus:

Where does God draw the line of evil. (pointing to the line in the sand)

Participant Male:

So, it's just if you're breaking the law, you're saying that's evil.

Jesus:

Yes.

Participant Male:

Okay.

Jesus:

The motivation for breaking a law is evil, yes, that's pretty tough, but that's how it is with God.

Participant Male:

Because I personally feel not that sensitive about using the word evil, like I describe things as evil, and people are like, whoa, that's only reserved for the Hitler's of the world or whatever.

Jesus:

That's right, that's right, that's the general philosophy of the world, isn't it. It's like, there's normal, shall we call it, and as we described last week, from what all of us consider is normal, remember I've drawn for many of you the spheres before, (drawing on whiteboard). So, you've got all the different spheres in terms of conditions of love from one, two, three, right up, at the moment to the 36th has been created, but the Earth lives here, in the lower of the 1st sphere, that's where the Earth is.

Participant Male:

Pretty evil, right.

Jesus:

Pretty evil, and yet for the majority of us, we think that's normal, not evil. So, what God defines as evil, we're defining as normal. And so, when we use the word evil, most people are thinking, oh, it's right down like, the darkest of darkest of hells, like the Hitler's, and the Stalin's of the world, they're the evil ones, and they're not considering God's definition, God's Standard of Love when it comes to the use of the term.

From God's Perspective, every time you choose to break a law that you know of, you're evil.

Participant Male:

Alright, thanks.

Participant Another Male:

Yesterday, me and my wife, we woke up at four in the morning or something and then we flew to England, and we took a car, and have a lot of issues with driving on the left side and such things like this. So, in the evening, at 10 o'clock we go to bed, and we want to sleep and she says, oh, I didn't clean my teeth, and I say, me neither, we are so tired, you know, and then I said to her, look, you know what AJ said about the laws and obeying the laws. I am not humble enough to recognise and to obey these Laws of God who make these laws that are healthy for our teeth to be cleaned. So, we have to be humble to stay up and go and cleaning the teeth.

So, what I am wanting to ask you is the following, for such laws which are empirical and very liked to be observed, is complicated, sometimes when we are lazy, but there are laws which I don't know about, which I can't observe, and that's where the issues began to be with here.

Jesus:

True, what we're going to talk about over the next two days, is we're going to talk about the principles that are behind the law, so that's one of the things we want to talk about.

And we raised sort of these truths in 2016, we did a series of Assistance Groups (AG) in 2016, and one of them was called [God's Loving Laws](#) and in there we introduced a lot of principles behind laws. So, we want to talk a bit about that today and tomorrow.

The other thing we'd like to talk about is the priority of laws. So, when I say evil, the breaking of laws that are done on purpose, there are, you could say, there's a hierarchy of importance of the laws you may break.

(On Whiteboard)

God's Standard of Love

God's Laws

Disobey

Disharmony

Evil

Lies

Obey

Harmony

Love

Truth

Reward

Faith

Humble

An example of that is like, if you break a physical law, such as gravity, then there's no evil attached to breaking the physical law except, if you did it on purpose. In other words, you went up to a high building and you jumped off, that's you breaking the Law of Gravity on purpose. The purpose, obviously, is to kill your body. Obviously, wanting to get away from the world, but that purpose is evil. It wasn't the actual physical breaking of the Law of Gravity that was evil, it was the purpose behind breaking it that was evil.

Mary:

Can we relate that to the teeth.

Jesus:

Yes, it's the same relationship really when it comes to teeth or any small thing like drinking coffee or tea, if the purpose of these things is to - an example of drinking a drink like coffee or tea, if the purpose of it is to get you away from your own emotion, in other words, to calm you down, to gee you up, to help you avoid a feeling of depression, help you avoid a feeling of fear, because coffee is often used for that, then your purpose is evil. So, under those circumstances, you shouldn't do it.

But if you're just drinking a coffee and you can smell and you like the taste and you're not hooked on the caffeine, in terms of needing that gee up, then - maybe you would have decaf or whatever and you just like the smell, and there's no other purpose to it than you just enjoy it, well now the purpose is not evil. It's going to depend upon the motivation.

An example with cleaning the teeth, if your purpose is based on fear or your purpose is based on cleanliness, well, obviously, one purpose is evil and the other one is good. So, again, it depends on the motivation of the heart of the individual.

Mary:

Could we not also say, that if you don't clean your teeth, your teeth are not going to go well, especially with our modern diet, so we're going to get rotten teeth. But if we consistently don't clean our teeth because we lack love for ourselves or we're angry about having to take responsibility, there's an additional emotional and spiritual law that we're breaking, and so there will be additional problems.

Jesus:

So now, there is evil attached to that physical action rather than just the physical action itself.

Mary:

That's right, it's the same with the coffee. If I'm drinking the coffee because I feel entitled and I don't care about the people who have suffered to bring me the coffee...

Jesus:

...the environment that suffers.

Mary:

...the environment, then obviously, there is an additional sin. Whereas if someone presented me with coffee from their coffee beans that they had grown in their backyard, and I wasn't drinking it to get high or to avoid or what have you, just the physical act of drinking will have physical effects on my body that are not going to be that good, but there won't be the additional spiritual sin attached to it.

Jesus:

This is something we want to talk about more when we flesh out these problems, with regard to obeying law versus disobeying the law.

Mary:

And also Jesus, you're going to talk about, aren't you, the principles involved which help us discern these laws that we think, I don't have any idea, if we understand certain principles, then we can ascertain what the law would be even if we haven't had a single instruction about, oh, there's a law pertaining to A, B, C and D, we'll know, well, if I follow a loving principle in this situation, I can't break the law because the law is always in harmony with love, truth and humility.

Jesus:

Of course, in this conversation, what I'm trying to do is just catch you up with what we talked about last week.

Participant Another Male:

I'm just trying to sort of challenge one of my fears, so a couple of times I have felt as though it might be me that makes it into at-onement before

everyone else, and I appreciate some of those times I was under the influence of drugs and/or alcohol.

Jesus:

(Laughs) And highly unlikely that's going to be the case under the influence of those things, right.

Participant Male:

Anyway, I just want to ask whether you think it's going to be you or one of the other 14 that makes it into that condition.

Jesus:

Why are you even worried about that River? And also, what would drive you to ask that question in this discussion. It's a very strange question to ask in that regard because, firstly, there's a strong feeling of competition in you, isn't there?

Participant Male:

Yes.

Jesus:

Which is what motivates the question. So, my suggestion is, deal with that because you're not going to get anywhere closer to God when you have a feeling of superiority competition with others.

God treats all of us as equals and our desire is going to determine whether we become at-one with God and nothing else. So, at the end of the day, whoever has the strongest desire will be the person who becomes at-one with God is the answer to your question, but it's interesting that your question is motivated by quite evil emotions, actually. Because of competition and desire for superiority over others, a desire to not feel equal to others, to feel like you're better than others, wanting to feel better than others, and these are all quite evil emotions that drive a lot of badness on the planet.

If you think about even the wars that are going on right now, can you see one person decides, one leader decides we're going to go to war with another country because of wanting some superiority over that country, in some way or another, wanting to take from that country, some way or

another. So, this emotion drives even these kinds of severe results that we see on the planet.

And that's an example of how - something we think is innocent actually is quite evil in its underlying motivation and causes many, many disastrous and problematic things occurring on the Earth as a result. These kinds of emotions are not helpful to your relationship with God. They're also an indication that there is a desire to break the law as well. You follow?

Participant Male:

To some degree, yes. Yes, I get you.

Jesus:

No worries. Okay, let me continue the conversation.

Of course, as a part of this (pointing to the disobeying side of whiteboard), there's going to be things like penalties in our life. There is a penalty for breaking the law. Penalties are things like, if you break a law, you'll get a result that you don't like down the track at some point, a result that you don't like. So, down the track, you'll get a result of - like if you break God's Laws, one of those results, let's say if you break God's Law regarding, let's just the use of paper, is a good, easy one to relate to. The penalty will be down the track, there will be a number of penalties.

There will be firstly, there'll be, so we're talking about the use of wood in just day-to-day life. If you break the law with regard to the use of it, there will be penalties associated with breaking of that law. So, some of those penalties include destruction of the environment. Some of the penalties include the fact that in your own soul, if you don't have a feeling of economy, then some of the penalties associated with that include you're going to end up wasting things, and God's Laws don't like waste.

Maybe, just as an aside, I'll raise the issue of the use of paper just as an example. Let's start with toilet paper, shall we. Why is he starting with toilet paper, what's going on now. (Laughter) How is this relating to God's Law, right. Okay, what's the loving use - is toilet paper loving in any way? What's your opinion. You get to wipe your bottom and get to smell a bit cleaner as a result. For most people, they go, well that's a loving purpose. (Laughs)

What does it take to make paper? It's quite hard, isn't it. You've got grind the wood into pulp, and then you've got to mix it with a lot of water, through a process of draining away the colour of the wood to get it to be a natural colour, and it uses lots and lots of water as a result, and you're also using lots and lots of wood, of course.

Now, toilet paper is the use of paper one time, isn't it. In other words, all of this stuff has happened to the paper and you're just using it once. Now a more loving use of paper would be to create a page, put some text on it, and then save that page for hundreds of years. The beauty of that use of paper is that every person whoever uses that paper is re-using it over and over again, over and over again. And the purpose is for their education which is a wonderful purpose because the more you can education people, the better things become on Earth generally, that is a general truth.

So, toilet paper is a use of one time. It gets flushed down into the toilet, and frequently in most modern countries, it goes through a system, into a sewage farm, and it doesn't actually benefit the environment or anything in the way it's passing through, and you end up with in affluence systems that are basically just now like huge amounts of toxicity of waste in those affluent systems generally, and they've got to protect them, and unfortunately in most countries, a lot of it gets flushed out to sea as well, and so, you end up with it all polluting the environment.

So, it's used once and then all those other things happen. In your home, on a normal day-to-day life, from God's Laws perspective you should not be using toilet paper. Interesting thought, hey? Because you're breaking so many laws of love by doing it. One of the Laws of Love is economy so, it's not economical.

Mary:

I'm just laughing Jesus because people thought it was bad when you came for the chocolate, you came for the tea, and now it's the toilet paper.

(Laughter) I can feel everyone, they're like, what!

Jesus:

Last time I came for your mouth, this time I'm coming for your backside.

(Laughter)

There are principles involved. There're alternatives, isn't there, if you think about it. In most countries, there is running water, and in most Western countries, there's running water, and in places like England, you've got a lot of it, right. It seems to be raining here a lot, even in summer. In Australia, it's a bit harder, of course, with water, we have to catch our own water in Australia, when you live outside of a city.

And we have to have our tanks, and we're actually building right now some tanks at home to capture some water, so water is very precious. But in other places in the world, like in Europe and North America. Often there's lots of water in many of these places, so plenty of water. And you have it on tap anyway, and it's right there in your bathroom for most cases. All you really need is a device, which is a hand-held bidet, and you don't have to - and all you'd need is a set of cotton towels which are all reusable which you can reuse thousands of times just by washing them. If you wash your bottom properly, they'll be pretty clean anyway, and then all you have to do is wash them once a week, or whatever, and now you've got a system that's a lot more friendly to the environment, a lot more friendly to the law, like it's in more harmony with the law. Because you're making things that are lasting a long time, and not just being used one time. Does that make sense to you?

The principle is quite clear. So, actually using toilet paper in your homes which is different than if you're on travel or something like that, because if you're travelling sometimes you're going to a place where you don't have control of the environment, and you might need to use some paper there, but if you did it in your home, so if every person in the West did that in their home, you imagine how much the consumption of wood would go down.

Because if you look at the way we're using paper nowadays, we hardly use paper for books anymore compared to these kinds of daily practices where we're using paper every day for some things. And toilet paper is one of those things we're using every day. So, it's actually unloving to continue to use toilet paper, if we look at it honestly. Now that's just a physical thing. But by engaging a physical thing, we're actually being unloving to the environment, and also many of you don't realise, you also being unloving to yourself because paper on your backside hurts more than water on your backside, right, you try it, it hurts more.

So, you're actually being unloving to yourself as well, being unloving to the environment, and also not considering the long-term ramifications if 10 billion, 15 billion people on the planet all use paper, every single day, maybe once or twice a day of their entire life, you imagine the damage that's going to do to the environment. It's going to be incredible damage to the environment, just that. There will have to be whole plantations of *Pinus radiata*, one type of plant in order to satisfy the human demand for toilet paper, and obviously, that's not loving. So, it's clearly not loving, and yet how many of us go, I want that. I want that thing.

Now compare that to the use of paper in a book, now we can see the book can be used many times. If it's well made, it can last hundreds of years. It can be read by hundreds of people in its lifetime, sometimes thousands, and sometimes tens of thousands of people can read that book in its lifetime. Now the paper being used in the book is being used over and over and over and over again. This toilet paper can't even be recycled, but this paper (book) can because it's still in a fairly pristine condition even in a hundred years' time. So, we need to talk about recycling as well, because there's unloving things in recycling as well, but this book could be recycled after being used hundreds or perhaps thousands of times, so it's a much more loving use of paper than this is (toilet paper).

And yet, this is something that most Westerners do or use every day, and we do it without thought, without consideration to the environment, just like I raised a few weeks ago with the Belgium's about their chocolate, and I raised in Austria about their cups of coffee and so forth. We don't consider the ramifications of our choices and decisions. And the main reason why we don't is because we're not sensitive, emotionally sensitive, to God's Laws, that's why we don't. We don't even think of it. And that's because we're not sensitive to God's Laws.

Now the penalty of using paper one time is there's going to be lots of pollution as a result of it, with the processes, there's going to be a lot of problems in the environment as a result of it, and if we don't manage it differently, then we're going to end up with creating so much requirement for it in the world, that we destroy other species just to satisfy that one unloving demand, and it's not the best way to clean your bottom, on top of all of that, right, which is interesting in itself, like it's not even logical to do it really, because there are things that are more logical.

So, that's an example of how one of our choices that we don't even think about in the course of a day creates evil on the planet, and it does create evil on the planet.

Participant Male:

Hi AJ, I just have a question on do you address these unloving choices, as in do you change the actions and then feel whatever emotion comes up, or do you reflect on, what is the driving motivation on these actions and then you actually change it.

Jesus:

Very good question isn't it, like how do I change that. So, let's look at toilet paper, how do I change that. Let's say I feel like, this Jesus character, he's pretty extreme, isn't he. He won't even let me wipe my bum with toilet paper. (Laughter) We're thinking the law is fairly extreme, initially, is what we think, and we think that breaking the Law of Love in this regard, why not, like we don't see any reasoning behind why not to break it, so the first point really, you could say, is educating ourselves, isn't it.

We need to be willing to educate ourselves about what love is. So, that's something Mary and I are trying to do around the world, is trying to help everyone understand what love is. The very first thing is you need to be educated about what love is. Now how do you receive that education. Well, we talked about that a lot last week about the conscience, about God being able to deliver the truth to you via the conscience about a particular thing that you're doing.

So, that truth gets delivered, so the very first thing you need to do is determine what is truth. Can you see that? Without determining what is truth, you could take actions which are actually more harmful, right. In other words, let's say we decide we're not going to do toilet paper, but we're going to do some other thing, I don't know what, but some other thing that would be more harmful to the environment than that. Using soap, or something instead, I don't know how that would work.

Mary:

Bottled water to wash my bum...

Jesus:

Sorry.

Mary:
I'll just buy...

Jesus:
I'll buy bottled water to wash my bum, yeah, like drinking water to wash my bottom, yeah, that kind of thing, so obviously, also unloving.

If we don't know what the truth is from God's Standard, not from our own, then of course, we're very apt to then make a bad choice or bad decision. So, firstly, there's that.

Once I've established what truth is and there are very easy ways to establish it. Number one, the conscious which is the connection we have with God, and God can share what the truth is. Secondly, we can measure everything with the measurement of love applied to it. So, in this regard with toilet paper, you can see, if I just look at it without God involved, so God can say, yeah, toilet paper, and God will tell you actually toilet paper is unloving, if you're willing to hear God say that, but most people aren't of course. But even if we use our mind to determine what the truth is, we know it's not economical to go through a huge process to produce paper only to use it one time.

Participant Male:
So, is it just using logic.

Jesus:
Well, it has to be logic based on love because a lot of people think they're being logical when they're unloving and that's not logic. So, it has to be based on love. What you need to be able to do is measure whether there's love in it and that's what determines what's logical. So, that can be done, just even intellectually, can't it.

And then the question becomes, okay, I've determined the truth, the truth is, I shouldn't do that. So, that's the truth. Obviously, from that, there becomes two other problems, there's, what is the solution then that is more loving, isn't there, there's that question. But there's also the question of, how do I stop the desire to do this thing. There's also that question.

Now you can change your behaviour, and you can do it by just making a choice, you can. There are many, many billions of people, historically that

have done that, in the spirit world, and they've progressed to the 6th sphere of the spirit world by doing that. By making a choice and controlling their behaviour, so they no longer make that bad decision, instead they make a choice for the good decision. And they control themselves every time they feel like making the bad decision, they control themselves and make themselves make the good decision until such a time as they've not remembered anymore the emotion that drives the bad decision.

For many of them, they do that for years and years and years until they don't remember, and there are some things, obviously, like using toilet paper, you won't remember - once you change your decision here and you take some action, you won't remember it in 30 days probably. You'll be thanking your bottom, your bottom will be thanking you, I should say, (Laughter) of course, you should also thank your bottom because it has a good purpose, but your bottom will be thanking you. But also, the environment will be thanking you, you'll also feel better in yourself as a result. You'll also feel cleaner, ironically.

So, you'll feel a lot of good positive benefits from that within a few days, and so you wonder why in the hell you ever used toilet paper all your life, you will. You will get to that point.

Obviously, it requires firstly, that you make a decision and change some behaviour, but that still hasn't changed the underlying motivation to why you didn't even think that that was wrong in the first place. How was it that I was so desensitised to the process of making paper and its results to the environment that when I was using the paper every single day, maybe more than once a day I'm using the paper this way, how is it that my heart didn't say, there's something wrong with this.

Because if my heart had said there was something wrong with it, I wouldn't have been able to do it that long. I would have done it maybe once or twice, but you see what's happened is that we were introduced to a lot of these practices as children, and nobody educated us to determine something based upon love, right, they didn't help us go, what is the loving thing to do. All they did was said, this is what we do, and this is what you should do, and it's clean and it's good and everybody goes, yeah, that's good, that's what we do and everybody does it and you go and finish up as an adult, you go and buy toilet paper every week or fortnight or month or how ever often you buy it. Nowadays, they have these packs of it, don't they, that'll

last you for two or three months. But you're not looking at where did this come from even, like what causes me to be so insensitive in my life that I don't even understand where something comes from and where it goes after I've used it. There's got to a problem in here for me to do that, in my heart.

Participant Male:

It's like a sense of responsibility, like I only care about my own self and irresponsible for the rest, well...

Jesus:

Well, that's partially true, isn't it, because there is that sense of - from God's Perspective, you should care for yourself, so that's not in itself a bad thing that you care for yourself. What's the bad thing is that you're not caring for the environment while you're caring for yourself. In other words, you're throwing something back in the environment or taking something out of the environment which is damaging the environment and damaging - like there's a lot of things getting damaged by just this one thing in the world, just like there's a lot of things being damaged by coffee plantations, and tea plantations, and cocoa plantations.

All around the world there's this very strong consumer oriented thing where the consumer is just thinking of themselves, but they don't have the heart to feel like, what's driving me to not even think of the environment, and what's driving me to not even think of the people who are doing this work for me, and what's driving me to not even consider these things.

Which you can see is very much about issues of love of people, isn't it, and the environment, the love of our planet. If we don't love our planet, our planet is going to respond badly and it is, and eventually most of us will find that even getting water to drink is going to be difficult if we're not careful the way we're going. And so, this is a big problem that we face on the planet and it all comes from the lack of emotional sensitivity in our heart to not be sensitive to these, what seemingly are small things, but actually they demonstrate a condition of the heart that hasn't considered, and therefore, it's a big thing.

It demonstrates a spiritual condition in our heart. Firstly, the spiritual condition partly is that I'm not even willing to find out what God's Laws are and obey them. There's a spiritual problem there that I'm not willing to find

out. That's a bigger problem than not knowing the truth in small areas, because it's not wanting to know the truth in terms of what's in my heart and not wanting to know the truth of what I need to do to change my heart.

You can see, as a part of your question, that yes, I can change my actions, I can change my decisions, and I can do those almost instantly, right, but to change your heart, which is the real thing that needs to be changed for you to no longer be driven in these directions, that is a lot more difficult, but that is what God requires, us to change our heart in the end. Makes sense?

Participant Male:

Yes, it does. I think it also then becomes - it feels uncomfortable after knowing it all.

Jesus:

After feeling it in your heart, in particular, you become very uncomfortable. So, Mary and I are very uncomfortable when we travel because we have to use toilet paper to clean our backsides when we don't want to. So, I don't actually use much toilet paper when we travel because - normally the only place we can get water is at an airport is in a plastic bottle, so what we will do is we'll buy a plastic bottle, and then for the rest of the trip I use that to wash my bottom. I fill up the water and that's how I clean myself every day. Does that make sense?

Participant Male:

Yes.

Jesus:

So, it's like a portable bidet that I've created. Obviously, if everybody on the planet had made the decision to just do the appropriate thing in every building, which is really what needs to be done, then none of you would need to buy toilet paper ever again.

And we would also have an industry where people are making small wipes that are able to be washed for you, and there would also be that industry. There would be an increase in - like there's net benefits when - with big, manufactured processes, big companies have to do them. With small manufacturing processes, like making cloth and whatever, big companies don't have to do them, small companies can do them. So, there's a net

benefit to the world in lots of different ways when you make a change in what you choose to do.

Like, plastic, big companies have to do them, have to create it. It's the same sort of principle too. What's all this wrapping our vegetables, when we go to the supermarket now, we find it so hard when we're traveling because every - we eat mostly fruit and vegetables and nuts, and everywhere we go, they're wrapped in plastic, and we don't get that. You can't even hardly find loose stuff anymore in most shopping centres and everything. They're all just wrapped in plastic, since covid, it's even worse, isn't it, everything wrapped in plastic. Now it's all one-use plastic too.

It's all like you tear off the package, now you can't use it for anything else. You use it to store something. It's different to buying say a plastic bottle where you might be able - like these ones (holding up his plastic water bottle) have travelled with us since Portugal.

Mary:
Before then, Germany.

Jesus:
Germany, sorry. So, that's like six weeks ago, and they're still with us. But with this stuff we're tearing off the packages, there's nothing we can do but put it in the rubbish, and then people say, but oh yeah, we've got recycling, that's our saviour, and I'm going, no, no way is that your saviour. It takes more energy to recycle something than it does to produce it from scratch often times. And that's not the case with all products, but when it comes to plastic, it certainly is, because you've got to wash it, you've got to get all of its impurities out of it and then you've got to put it through a process again. If you examine the process, and the fact that most of us don't even know what the process is, is a demonstration of our lack of sensitivity to what we're doing.

And there's all this stuff getting produced and it's all going somewhere, in landfills, right, all around the world. It's actually now in your water supply. When we go to different places when it rains, I always put a stainless-steel bowl outside to catch the water and then Mary and I look at it and drink it, see what it's like. We did that in Belgium and it was full of black plastic, sometimes the plastic was up to 5mm long and this was straight from the rain, in the rain, it was in the rain. It's been blown up into the atmosphere,

formulated drops around it, and then fell again as rain in Brussels, this was. And we're going, even the rainwater now has to be filtered before you can drink it, like how bad is that really.

And it's not far from here really, is it, it's just across the way really, isn't it, Belgium, next country over. And yet, there we are where we can't even catch the rain anymore to get water to drink without filtering it out using some process, that's how bad it's getting.

And yet, every day we go to the supermarket, and we're forced, if we want to buy food, we're forced to get the plastic with it, every single day. Who decided this. The people who are trying to get rid of waste based on oil decided it, obviously. Because you could make biodegradable systems that are also quite sealing and do a similar job, but of course, there's not a lot of motivation to do that because love isn't our motivation.

Obedying the law isn't the motivation on Earth, convenience is the motivation. So, in answer to your question, yes, you can change your action, yes, you can make different decisions, yes, you can change your behaviour, all of those things you can chose to do immediately, but you're going to have to at some stage change your heart, and that's going to take a bigger job than just making a different decision.

Mary:

It's kind of like your question, isn't it, either or, it's a yes and, you know, you have to do both. You have to change the action and deal with the feeling, and some people deal with feelings and then a lot of their actions change, and sometimes people change their action, but if you're humble, you'll feel the feeling associated with it.

Jesus:

In my life, I didn't always use a bidet. I've built sort of like 15 houses in my life. It was only the last three of them that I had bidets. So, that tells you that I didn't even think of it before then. Does that make sense? I didn't even contemplate the net result of using paper before then. And now, everything we build has it. Everything that gets built has it. Every God's Way dunny has it. In the future, you'll come to Australia maybe one day, or hopefully we'll have God's Way centres all around the world at some point, and you'll come there and you won't have toilet paper.

Participant Male:

And I'm guessing it's not a passive thing where I say, okay, I've dealt with the emotion and then...

Jesus:

No, you become passionate about - see when your heart changes, you become passionate in the direction of love. It's not just a passive, oh well, you become passionate in that direction. And this is why Mary and I, before we travelled this time, we had to sit down and just think, wow, there's a lot of things we're going to have to do which we feel - to share truth, there's a lot of things that we would prefer not to do to get here, in the travel with regard to things like toilet and with regard to things like the way we know food is presented in most places around the world, there's a lot of things we're going to have to do that we wouldn't normally do.

And we had to consider is the benefit to those things greater than the damage we're doing, and what can we do to mitigate the damage. In Portugal, for example, we stayed in somebody's house, and she had a backyard, and we asked her if we could dig up her backyard to get rid of most of our waste which is what we did. The only waste we were left with was a bit of plastic and the rest of it was all natural waste and we dug up different places of her yard and turned it into a garden, and put all the waste in it, and within a few months, that will all be gone and the soil will be better, and that's what we did.

But when we're living the middle of a city, nobody's got yards here, not even a back planter, nobody's even designing places in these cities where you can actually go and put your waste or nobody's designing places in the cities where you can be responsible for your own waste, and nobody's designing even - even in a high-rise building, you could make a little area, couldn't you, if you weren't so focused on money and profit, you could make a little area on every platform level that is actually a garden and everybody learns how to recycle, you know, put most of their vegetable waste and everything in that garden and improve the soil and you could have all sorts of plants. You could even have food growing in every building that way. But because developers want to leverage money, nobody is thinking about that.

There's lots of loving solutions, but unless my heart is motivated in a loving direction, I will not consider the loving solution.

Participant Female:

I feel very strongly about waste. I think I always have done, but there's also shame attached to my - like I will be secretive about not wasting things...

Jesus:

Can you speak a bit louder for me Karen because I'm not hearing you well.

Mary:

Karen was saying you feel quite passionately about this, and you have for a long time.

Participant Female:

Yes, and I think I'm also a bit secretive about it. I feel uncomfortable when - I feel judged by others, I also judge other people for wasting too.

Jesus:

Yes, can I just stop you now. You know when you say, I feel I know these things and I love them, but on the other hand I feel like people make me feel ashamed when I share what I believe, right, what you're really doing is saying, and this is breaking of one of God's Laws, you're saying your feelings matter, your feelings of shame matter is what you're saying. Your feelings of being made fun of or ridiculed matter, and God doesn't agree.

He doesn't care whether you're made fun of or ridiculed with regard to the law. He's going, you either break it or you live in harmony with it, and if you decide to not live in harmony with it because you're worried about what other people think, which is a big problem you faced in your life, right, if you choose to live out of harmony with the law because you're worried about what other people think, then you're sacrificing God's Law for the sake of your feelings. Do you understand that, Karen.

Participant Female:

Yes.

Jesus:

Now why would I choose to do such a thing. Can you see, so let's look at this problem which many people have, right. Let's draw pros and cons. So, any one of God's Laws are positive, aren't they. All of God's Laws are positive because they're all in harmony with love. But many people say to us, yes, I know all of that. I know that the law is in harmony with love, I

know it's right to do God's Law, I know it's right to change my behaviour, I know it's right to share it, to share what I know about these things. It's actually true that it's a law that demands your sharing, really.

If you hold on to something that you know is truth and you don't share it, then there's a penalty for that because you've broken a Law of Love. So, even sharing it is a pro, it's a loving thing to share what you know to be true. So, these are all good (God's Law, Harmony with Love, Share). But then the average person goes, but I have some feelings and let's say the feeling is whenever I talk to somebody, and many of you have experienced this when you try to share Divine Truth with somebody, right, they go, you're listening to a character who says he's Jesus, for a start, that's pretty stupid, and then they go, and look at what he's saying, it's going to destroy the world if you follow what he's saying.

So, if you stop, for instance, using toilet paper, that's going to destroy the world, (Laughter) I don't think so, but they apply that to other things that I say about emotion, in particular. And they go, that's going to be terrible, it's better that the world doesn't deal with their emotion because everybody will be calm then, and everybody will be stoic then, but I don't see a very calm world, do you, but anyway, this is the kind of things they might say.

So, they start to ridicule, make fun, they start to get condescending, what else? They start to even attack you. Sometimes even revert to violence, like Mary and I receive death threats and everything for doing what we do, so even to the point of death threats and everything, like you might finish up getting.

So, what was said there, (repeating what somebody said without using a mic) is people will break contact with you, they don't want to speak with you and things like that, that's true, but please use the mic to speak. Anyway, so here we are (Ridicule, make fun, condescending, attack), we're getting all of these things happening, and we see them all as cons. We see them all as drawbacks to obeying the law, and for most of us, what we do is, we measure these, the cons, the disadvantages, we think, we measure that and we go, the value of that is, let's put it as a number, the value of that, that's worth 1000 in the negative, if those things happen to me, let's say.

And then we get on this side (pros) and we value that to be, the value of that to be 50 in the positive. Internally, we've got this value system. The

value system is if my emotions are involved where I'm getting harmed in any way where I have to feel an emotion and be humble, the negative value of that is huge, is what we're saying. The actual value of it, internally, in the way that I'm thinking is huge. And then on the other side, we're going, look at the pros, these are all things that sound nice, right, they all sound nice, but I only value them at very low value. So, now internally I've got a problem.

The problem is I am valuing these things (cons), and placing a higher value on avoiding them, than I am on avoiding these things (pros), and placing a higher value on doing them. In other words, God's Laws, harmony with love, sharing, I am putting a low value on these things, and then on this side, the ridicule, made fun of, condescension, attack, the breakdown of relationships and all these friendships and all these other things that might happen for me doing the right thing, I put a high value on them.

If you think about it, what I'm really doing is I'm saying, my selfish desires are more important than God's Laws, is really what we're doing inside of ourselves. Now if I am doing that inside of myself, can you see what's going to happen is - where my energy is going to go. My energy is going to go towards the thing I value the most, and if the thing I value the most is avoiding condescension, ridicule, attack, loss of relationships and all those things, if that's what I value the most, then of course, I'm going to do what that value demands which is not share, not follow the law, not do the right thing. That's what I'm going to end up doing.

If I have this at a higher value (pros), so let's say that's minus 1000, but this was like plus which is what it's really what it's worth, plus infinity, right, that's its real worth. Then can you see, now, it's a no-brainer, all I do is do it, and if I get those things, well, so be it. I won't worry or care even that I'm getting those things anymore if I disconnect from them emotionally, I definitely won't care about them anymore because inside of me emotionally, the principle is everything inside of me emotionally that I value, if it's in harmony with God's Principles and Laws, it's going to drive my behaviour and I won't worry about, I won't be concerned about these other things, like ridicule, being made fun of, condescension, attack, I'll know they're happening and they don't feel pleasant, but I'm not saying to myself, my avoidance of emotion is more important to me than my obeying God's Law.

In other words, if you want to boil it down to a very simple statement, my humility is worth obeying God's Law, is really what we're saying. In other words, this is just stuff I need to feel (cons), just feel it, they're just feelings. As I've been saying to some groups, they're 'ant' emotions. Somebody ridicules and you feel bad, so what, it's just an 'ant' emotion. You can feel it and it will go away. It's temporary, it goes away.

Somebody makes fun of you, so what. Just feel it, it's an 'ant' emotion. If you let yourself feel it, and don't act upon it, let yourself feel it, it will go away. Condescension, somebody's condescending, feel's unpleasant I know, it's not nice, but it's just an 'ant' emotion. You can feel it and it will go away. Even somebody physically just killing you, like, so what. The law is infinite. The law is of greater value than your Earth life, actually.

Let's say the value of your Earth life is 1 million or more in this scale, but this (pros) is infinite, it's going to benefit not only this life, but everyone that come after this. So, even if you lose your Earth life, for following the law, so what. That's the attitude, emotionally, that we end up needing to have, you see.

Mary:
Because the benefits far outweigh...

Jesus:
The benefits far outweigh even the loss of your Earth life. So, when somebody says, Karen, I feel these things, but really what we're saying is, but saving my bad emotions are more important to me, is really what we're saying, and that is where we have a flaw. It's a moral flaw to say that to ourselves. That's what we need to change. Makes sense?

Participant Female:
Yes.

Mary:
May I also highlight a couple of other things in Karen's question.

Jesus:
Sure.

Mary:

If we flip the board, so Karen, you said I feel like I get this part of God's Laws, but I just try and do it in secret, so I avoid those emotions that Jesus was talking about, but every time you try to do something in secret, you're immediately in disharmony with truth because transparency is a part of truth, so you're really saying, I obey the law, but I don't tell the truth doing it which means that you're already breaking the law.

And also because I know and love you, I also know that where you think you're obeying God's Laws in this regard, there is actually quite a bit of sin in you about it. Because there's a feeling of lack, fear, terror, judgement and superiority. So, you think, oh, I never waste anything, and it makes me righteous and sort of superior, and also you have a terrible inherited fear about waste, lack and sin and shame, actually shame about wastage that you're going to need to correct in order to really obey the law in this regard.

Jesus:

So, at the moment, a lot of the obeying the law is based on fear, and if you think about your history as a Christian, what's one of the things they say you should do with God? Fear God, right, and that's what we see a lot of people doing. When we start to introduce God's Standards of Love, instead everyone going, you beauty, you've got God's Standard of Love now, I can start to understand God's Standard of Love, God's Laws, great, they go, I'm afraid of God, what's He going to do. I'm afraid of penalties, I'm afraid of them. And as a result of fear, it often drives my actions to do what I consider to be the right thing, but the fact that fear is driving it, fear is not in harmony with love, fear is the creation of evil. Because it is fear driving it, it's not going to be in harmony with the law.

Mary:

Yes, and we could say, couldn't we, if we have a feeling of superiority about obeying God's Laws, we're actually in disharmony, aren't we, because superiority is actually a sort of a spiritual sin where I'm feeling better than others by obeying the law, and equally, if I'm breaking the principle of truth, I'm not really obeying the law.

Jesus:

Now I haven't finished introducing this subject, so I would like to continue if I can before further questions are asked, because I want to continue just introducing the subject, then we can talk more about some more questions.

There're additional problems with disobeying God's Laws. One of the additional problems is that you're going to need correction at some point. A person who obeys the laws never needs to be corrected. A person who disobeys the laws are going to need correction. In addition, a person who obeys the law doesn't need to repair anything that they did in the past because they didn't do anything wrong, but a person who disobeys the law is going to need to involve themselves in repairing or reparation, repairing the damage of their sin.

So, now you can see, drawback of this one (disobey) is I'm going to have to do reparation. When I do this (obey), there is no reparation. In other words, when I obey, I will no longer have to be corrected, and when I obey, I will no longer have to repair the damage of my sins because I won't commit any. There's nothing to repair.

In addition to that, depending on which way I'm progressing, I'll also need to repent. In other words, go through the process of emotionally feeling sorry for the things that I've done, so I'll have to repent. Now I won't have to repent for anything when I obey because there's nothing to repent for. So, straight away you can start to see that not only is there the penalty of disobeying the law itself, but there's also the penalty which is a part of, I now need correction, I now need reparation, I now need to have repentance for what I did, and these are all additions that are not required here, in this column, in the obedience column.

So, I'm obeying, I don't need to repent. I'm obeying, I don't need to repair anything. I'm obeying, I don't need to correct anything. I'm obeying, there is no penalty.

So, for most of us, what we're doing, and this is something we pointed out, remember last group for those of you who were there, what we're doing is we look at this equation, but it's not in our heart yet. Because remember I had the conversation with Perry last week, remember Perry, that conversation, where you asked about a specific sexual sin sort of thing, and I said, well, that's not the problem really. The problem is that this is not in your heart yet, this whole idea that God's Standard of Love is upheld by God's Laws, and if I obey the law, I will get these results (harmony, love, truth, reward, faith, humble), and if I disobey the law, I'll get these results (disharmony, evil, lies, penalty, correction, reparation, repent), and if that's in my heart, then I would want to obey the law with every law, not just

sexual laws, not just physical laws, not just emotional laws, not just spiritual laws, but every law.

I would want to obey them. I would want to find out what the law says, and I would want to do it, if this is in my heart, but if it's not in my heart, all I'm going to do is go, you know, I've got some problems because my life has brought me these problems. In other words, I've got penalties from past sin that my life now is bringing me. All I want to do is solve them, so I don't have those penalties anymore.

An example of that with a man with relationships is, I keep on having relationship after relationship, but I never have one relationship. It's like the final relationship where I feel like I can live with a girl for the rest of my life, you know, that kind of relationship, I never have that, and that's a part because of the penalty of breaking the laws regarding sexual moral and spiritual behaviour, that's happening.

But what we do is we go, I've got that problem, and I just want to solve that problem, I just want to have a relationship. I'm lonely now, that's part of the penalty. I'm lonely now, I feel sad that I'm by myself. For yourself, Perry, in your 40's right now, and haven't really got on with life very much because of that, and so that's part of the penalty. And so, you're going, there it is, there's the penalty. And the majority of us when we're like that, we start getting sensitive to the penalty, not understanding that this is all ahead of us yet (correction, reparation, repent) with regard to the problem, but also, we get sensitive with regard to the penalty and all we want to do is selfishly stop the penalty.

In other words, our motivation for change, instead of it being the principle of upholding God's Standard of Love in every area of my life, I make it about me. I just want to feel better. I want to stop getting the penalty. I just want to feel better. In other words, we make it a selfish pursuit of solving a problem, and in the process of that, we're being selfish, which is also breaking the law, again, there's another problem, still breaking the law, not in harmony because it's selfishness and obeying the law isn't selfishness.

And so, it's very important first before we continue this discussion, that all of you get some feeling in your heart about - like this is more important than my problems. Understanding this, is more important than understanding the rest of my problems, because all my problems come from not

understanding this. So, you could say this is like a big picture solution to all of my problems versus do I go through my individual problems one-by-one trying to sort my life out.

This, if I have this in my heart, I will naturally go through all of my problems easily, and sort them out, I will. If this principle of obedience versus disobedience to the law, if I get it and grasp it in my feelings, then it will have some benefit to me. But if I just go, I just want to solve an individual issue of my own and I don't have this in my heart, this principle in my heart about the big picture, the laws themselves, then you can see I might solve one or two of my own problems, but I'm not going to on the whole, become a much more loving person because the motivation is still selfish. Does that make sense to everyone.

Yes. It's very important to get that in your heart. You know, a lot of times when we teach principles, Mary and I spend a lot of time with people trying to teach principles, and a lot of times we notice that everyone wants to revert back to their little problem all the time, not understanding, if you got the principle, you wouldn't have the little problem in the first place. You would see every issue as an issue of either obedience or disobedience to the Laws of Love and you would want to eradicate any emotion inside of you that causes you to want to disobey and you want to become a person who's heart is motivated to obey, knowing that it's going to cause your - because a lot of the other rewards here are I haven't listed yet, right, and they include things like joy, happiness, happy and so forth.

Bliss, in fact, is only possible in this column, living in a life of bliss is only possible in this column, in the harmony column.

Mary:

Yes, but harmony amongst people on Earth is only possible.

Jesus:

There will be peace in your life, not constant turmoil. Here (disharmony), there's going to be turmoil, internally and externally, right, no peace, no peace internally or externally. There's going to be a lot of unhappiness. There's going to be a lot of fear. There's going to be a lot of anger. There's going to be a lot of dread. When you list the advantages and then compare with the disadvantages of disobedience, the advantages of obedience are so great, but the majority of us don't give it enough consideration about the

principle because we're so focused on our little problem that we forget the principle that's going to govern and help us with that problem.

Does that make sense to everyone. It's very important that you grasp that. This principle will solve all your problems if you get it in your heart, all your problems, not just some of your problems, not just one of your problems.

Participant Male:

Okay, thanks Jesus. So, would something to do then be to experiment with recognising using the conscience, recognising a moment where I desire to break the law and then challenging that in the moment, not breaking the law, even if it's just an - you just don't take the action whatever comes up and try to recognise, I can feel the selfish motivation here, but recognise the rewards that come and then you build some faith with that.

Jesus:

Yes, it's similar to the question asked here wasn't it, it's just an extension of that. Yes, firstly, you need to determine what truth is. Now, of course, the fastest way to do that is via the conscience, but of course, unfortunately, most of humans are not sensitive to the conscience because if we were, none of us would be using toilet paper, for example, if we were sensitive to the conscience, right.

If we're sensitive to the conscience you can see that truth would be able to be shared with me if I'm sensitive to my conscience, truth would be able to be shared with me all the time, wouldn't it. Like, anything I could ask, I would get an answer. And God is desirous of giving you answers. God's not this mystical creature going, Tim, I don't like you very much, I don't really care about you very much, so I'm going to make you sweat, I'm going to make you guess, I'm going to make you work it out, I'm going to make you go through - and unless you have some sort of magical mystical experience with some kind of substance, like, you know, drug, shall we call them, but really a lot of people now call them plant medicines or whatever.

No such thing from God's Perspective, really, in the sense that if you're using them for a purpose such as that, then obviously, they're unloving. But what happens is that - in that state, we need to realise that we're going to be in a position where we can determine what truth is as long as my conscience remains open. If my conscience fails, then I need to revert to other methods that some of which we've already mentioned. Making some

logical choices based around what we believe love would do, for example, is one of those methods or looking at what attractions bring us and guessing it from there.

Of course, the conscience is the most reliable form so, it would make sense that I would stay open to the conscience because then I can ask any question and get an answer from God on any subject, and then God can share with me the truth. Even with tiny little things, God is able then to share the truth with me. And then I go, oh, in that moment, as you properly said, in that moment, I can make a decision, can't I, even though I've not dealt with the emotion.

In other words, an example of that, you know some truth, one of your friends doesn't. He's asking some questions about his life. You know you could help him if he just understood some basic truths, but you're afraid of what he'll think of you by sharing those truths. Now that's a circumstance that many of you face, actually, where you're worried about your friends, and you're worried about what they think of you and so forth, and that causes you to not share the truth.

But if you could feel the loving motivation which would say, share the truth, share the truth, God's Truth would be, share the truth, you've got an opportunity. The way I see sharing truth is, you give me an opportunity to share it, I'm damn well sharing it (Laughs), you know what I mean. That's how it feels to me, and that's how it will feel to you after a while. You're going to share it because you're given an opportunity to share it, so you'll share it.

Now in that moment, let's say you're very afraid of what the results are going to be. He might completely disown you, let's say, particularly after he asks you where you got it from, he might completely disown you then. But let's say, that's a fear, isn't it, inside of yourself, right, that you'll lose a friend if you share this truth. Even if that fear exists, if I obey the law, if I believe the law is more important than my 'ant' emotions, I will share the truth, and then something might happen.

Now what happens after that will very much depend upon the emotions you already have. So, if you're scared that he will condemn you for the rest of your life, then he may do that because that's the emotion you already have in you that needs to be released, the Law of Attraction will work perfectly,

and he'll condemn you for the rest of your life, you'll lose a friend and then you'll have to go through that feeling. But that feeling is just an 'ant' feeling. You'll have lots of friends for the rest of your life.

After you've lived a few thousands of years, how many friends do you think you're going to have, not like five, is it, it's going to be thousands, tens of thousands, hundreds of thousands, millions, potentially, not just a few. So, the feeling that you have is just a small, temporary feeling, and if you treat it as such, you will emotionally be able to feel it and work your way through it and release it. But if you treat it like your feeling is a mountain that's unbearable and will be unbearable for the rest of your existence, you're basically treating your feelings as mountains, and God's Laws as molehills.

It's sort of like, if we want to look at it from a pictorial perspective, you start treating your feelings, your bad feelings, shall we call them, you start treating them as if they are this big (drawing a large mountain on the whiteboard), and then you start treating God's Laws as if they're this big (drawing a tiny molehill on whiteboard).

Participant Male:
Yes.

Jesus:
Now if that's what's going on inside of me, can you see, I'm not going to obey the law. I'm going to save my feeling, can you see that?

Participant Male:
Yes.

Jesus:
So, even if I have the spiritual belief, and this is a spiritual belief, by the way, it's an example of a spiritual belief. If I have the spiritual belief that my feelings are more important than God's Laws, then I will always sacrifice God's Laws for the sake of my feelings, every single time. But if I have the opposite feeling that God's Laws are this side of the equation (the mountain), so this is now the law, and this is my feelings (the molehill), in comparison to the law, this bit here is my feeling, can you see, the law, obeying it is going to be my first priority, and in the process, if I've got to feel feelings, I'll just feel them. Because I am humble, I'll feel them. Do you follow?

Participant Male:

Yes. Can I ask one question on the conscience.

Mary:

Yes, can I just follow up on that because you mentioned about the faith-building part of it.

Participant Male:

Yes.

Mary:

So, every time you even, like you're suggesting intellectually chose, okay, I'm not going engage that addiction with women, or whatever, there will be a reward and that can help your faith, but obviously, logically the bigger reward will come when you release the emotion that drives the impetus towards the breaking of the law.

Jesus:

Because it's the emotion that the law measures as a higher priority than the action.

Mary:

But there will be some reward when you don't take the action...

Participant Male:

So then pay attention.

Mary:

Yes, pay attention to the reward, because often what happens is people change their action, but then obviously, the 'ant' emotion gets triggered, but we think, oh, my gosh, it's a molehill...

Jesus:

...or a mountain.

Mary:

Sorry. (Laughter)

Jesus:

I don't think you'll think, oh, my gosh, it's a molehill. (Laughter)

Mary:

Oh, my gosh, it's a tiny thing, no - it's bigger than everything. And then we don't notice the reward because we get all self-involved in trying to manage the emotion which is why Jesus is pointing out the importance of the humility in the process. But it's great to do experiments with this kind of thing because you go, oh, yeah, I did actually feel better, or oh, I completely missed that because I was just like angry, or you know...

Participant Male:

Yes, just on the conscience then, my understanding which might be wrong here is that in some areas I feel that my conscience is stronger, maybe the environmental and plastic stuff, but then with the women stuff I don't feel like it's as connected and I can't see it as clearly or is it blanket everywhere or are there certain areas that your conscience has more strength you can feel from.

Jesus:

The answer to your question Tim is an interesting...

Participant Male:

...or is it a choice that I'm not wanting to.

Jesus:

No, well no, there's an interesting thing is that you get to the stage where you value God's Opinion over your own on everything. So, at the moment, you only value God's Opinion when it's in harmony with yours. You follow me?

Participant Male:

Yes.

Jesus:

And this is the trouble that most of us have is that we generally only value someone else's opinion when they agreed with us. Now of course, God is going to agree with you on some things. An example is, you know how you feel about the environment, well God agrees with you on some of those things that you have. Of course, He disagrees with you on others because there's not a lot of things that you are positively doing to fix the environment, so He disagrees with that.

Participant Male:
Yes.

Jesus:
But He does agree with some of your opinions about the environment, but when it comes to the activation of your conscience, you're able to hear that because it's already in agreement with what you believe. The biggest issues you face are not those issues. The biggest issues you face is all the things that - all of God's Truth that Tim does not agree with.

Participant Male:
A lot of things.

Jesus:
And I'll write Tim's truth in red because it's actually mostly error that he thinks is true. Now when God's Truth is in agreement with Tim's truth, the conscience works. When God's Truth is in disagreement with Tim's truth, the conscience doesn't work at all, it's like it doesn't even exist.

Participant Male:
I don't hear a thing, yes.

Jesus:
So, the conscience is not working probably, you follow me.

Participant Male:
Yes.

Jesus:
Because what should be happening with the conscience if it's actually working is there's God's Truth and Tim knows nothing. (Laughter)

Participant Male:
That'll take some humility, hey.

Jesus:
Let's get into perspective. What does God know? Everything, infinite everything. What do you know, well even when you know a few thousand things, from God's Perspective it's like, you still don't know much at all, so

let's get it in perspective. So, the way I see it for myself is, Jesus knows nothing. You follow me?

I have ideas, I have thoughts, I have feelings, I have concepts, I have imaginings, I have some, yes obviously, past experiences that I've had as well, but I have a mind that I can use, I have emotions that I can be sensitive to things, there're a lot of things that God has gifted me that allows me to live my life, but in terms of knowledge, which by the way, everyone on Earth thinks they know pretty much everything and everybody knows something different, so obviously, there's a problem there.

We all generally believe we know a lot, and usually the older we get, the more we think we know, right, which is what I've noticed to be very much an untruth, but what I do know is this, and this is one thing Jesus does know, whatever I think I know, compared to God's Truth, it's nothing. That's what I know. Now if I know that and I really feel that in my heart, can you see when God tries to share a truth with me via the conscience, I am going to be an open receptacle.

Participant Male:
Oh, yes.

Jesus:
I am going to be completely open to hearing anything God wishes to share. But when I arrogantly that I believe that my truth matters, that what I think I know matters, it automatically stops me from being able to be an open receptacle to God's Truth, automatically. Because I've got fixed points of view on different things.

So, when I have a point of view, as Mary will tell you, it's easily changed. Most of you don't know that about me, right, because you think I'm pretty opinionated most of the time, that's because there's a whole heap of things God's shared with me that are God's Truth, and it's His Truth, so I have to be straight about it. But when it comes to my ideas, I'll give them up instantly if God shows me that I'm wrong. You follow me?

Participant Male:
Yes.

Jesus:

Yes, now obviously, I'm not doing that perfectly yet in this life, but that's what I did in the 1st century, that's how I became at-one with God in the 1st century. I'm not doing it perfectly yet in this life, so I'm working on that, every day, as Mary knows. My first prayer is, not for love, my first prayer is for humility. I have experienced in my life that if you're humble, God can share anything with you.

The goal for me now is to get rid of AJ's arrogance and go back to Jesus' humility because that's how I learnt everything I've already learnt. In that space, you recognise - so this is a space where you switch into humility, and in that space, you become an open receptacle to all of God's Truths. Now, of course, that won't happen until you are at-one with God, you'll be perfectly humble then. Up until then, you're working towards that goal.

Now there is a switch that occurs though, and that switch is that you value your own truth, not at all. So, you might not be fully open to all of God's Truths yet, but you need to get to a stage internally where you go, everything I know might be wrong, and you're okay emotionally with that, where you have a feeling inside of yourself that you can bear that, bear the thought that everything you might think you know is actually in error. When you get to that stage, you're able to receive truth from God easily.

So, the issue that most people face is that God's Truth is not equal to their personal, what they call their personal truth, what they believe to be truth which actually for the most part is error, and the big issue that we face is that when those two things are not equal, we cannot hear our conscience, and that's why most people don't hear the conscience. Makes sense.

Participant Male:

Yes, one hundred percent.

Jesus:

Good day.

Participant Female:

Hi there, I want to ask when you're not very strong in knowing God's Laws and Truths, well when you hear about...

Jesus:

I'm not hearing clearly again. Can you just go up closer with your mic and speak a bit more loudly for me.

Participant Female:

Okay, when you're not very strong in recognising God's Truth yet, and God's Laws, how do you recognise which one is correction and penalty and which part is just other people not wanting to go along, not go along, but basically, they just want to stay where they are and trying to pull you back.

Jesus:

Yes, so in other words, a lot of you face this problem, don't you, that when you try to or attempt to obey the law, that people around you don't like you trying to obey the law, and then they dump on you about that, they cause your life problems, in some way or another.

Participant Female:

They usually are happy with some parts and not happy with other parts, and I'm confused because some things...

Jesus:

...changed.

Participant Female:

I might be wrong too because I cannot recognise God's Law yet or God's Truth fully, you know, or even half, or even a little bit, so which one might be correction from ??

Jesus:

Well, your question is interesting because I sort of feel like you're putting, in some ways, the cart before the horse, right, this is the horse (God's Laws), if you like, this is the thing that should lead you, this equation (obedience) should lead you internally. So, when we start to worry about, oh, I'm having a disagreement now with a family member or a friend, they are saying that I'm wrong and I think they're wrong, and when I start to worry about, oh, what do I need to do to correct things if I did something wrong, and is what I did actually wrong, I don't really know, and we go into all of these kinds of things.

It all substantially results from one or two basic problems. The first basic problem is my conscience isn't working. So, what I would do, before I try to work out what I need to correct, and what I need to repair, and what I need to repent for, I need to get my conscience working so that I know what I need to repent for and correct. I need to focus my attention on getting that openness towards receiving truth from God, that's what I need to work on, that's what I need to focus my energy on.

When you try to focus your energy on a relationship with a person, fixing a relationship with a person or fixing something or a problem in your life without first knowing whether those problems are actually real or not real from God's Perspective, then you can easily make mistakes. Does that make sense to you?

Participant Female:

It does make sense but usually it's like internal doubt. I can't tell the people what I think about the problem but after it comes because with the same things from different sources, can it not be that I am wrong, not the ?? around me.

Jesus:

Well, that's true, but you say that makes sense, but...

Let me just deal with that first, right. This statement, "that makes sense, ..., but..." Let me deal with that statement first. Whenever anybody says that it means that it didn't make sense. And it's not making sense to your heart, you think it's making sense in your head, but it's not making sense in your heart. What I said was, you must first focus on the biggest problems you face. Your problems with a person are not the biggest problems you face. The biggest problems you face are the problems you have with God, not with a person. Does everyone get that?

The biggest problems you have are spiritual.

Participant Female:

I usually sometimes I feel God and sometimes He talks to me, but very often I feel like there is something in between, when I talk to God, someone else is answering for me.

Jesus:

Yes, we don't need to go into the details at this stage about your specific relationship, what we need to do is get the principle. The principle is this, my relationship with God is the number one problem I need to face in my life. Very important to understand that principle. See, what I notice is that many people say they want a relationship with God and say it's not happening and then they go, because that's not happening, I then need somebody else to help me with other problems in my life because God's not helping me.

And what I'm saying is, no, the very first problem we need to solve is the issues we have with God. Now there will be emotional issues you have with God, there will be spiritual issues you have with God, there's even sexual issues you have with God as well as physical issues you have with God, and they all need to be resolved.

The next things we need to resolve after that are resolving the issues we have with God's Laws. They are the next thing we need to resolve. So, the issues we have with God are to do with the flow of truth and love from God. They are what we need to solve first. The next issues we have are how we live in or out of harmony with the law. So, we want to become obedient, we want to obey the law, that's the next issues we have with God.

When you start raising your personal issues, you are neglecting these two issues. So, if we look at personal issues, these include relationships with my friends, my family, my relationship with the environment, my relationship with my children, the things that happened to me in my life, the things that I attract, the things that cause an effect, the things that I do and then the effects of the things that I do, these are all things that are less important, but most of us don't think they're less important.

When we ask questions, in fact, for the most part, we're thinking they're more important than these two things. What I want to say firstly, is this, these things here (God and God's Laws) are far more important than any of your personal problems. The reason why they're more important is that these things will solve all of your personal problems, so they are more important.

When you focus only on your personal problems first, without solving these issues, you've already got the priority wrong. As soon as you get the

priority wrong, what happens is, after the priority is wrong, now your focus becomes on what is your priority. Remember we said, before when we drew the two hills, molehill and a mountain, and we said this is our problems, our issues, our emotions, our feelings, right, when it's that big (large) and the law is this big (tiny), what's happening is the problem is now that I'm now focused on what's less than these things, priority wise.

And as soon as I do that, I'm also not going to solve this problem, whatever the emotional problem is. And what I notice everybody doing on Earth, in particular, is that - you know there are many times Mary and I are talking to, we talk to tens of thousands of people, in the course of any one year, generally, and in that process, we find that the majority of people focus on these things, their personal feelings about everything rather than focusing on the bigger issues which will solve these personal feelings about everything.

And the substance of your question is already doing that. You are already asking for a personal solution. Fundamentally, you're saying, but my conscience isn't working so what I want is another alternative, I want - you give me more information about some other thing I can do which sort of bypasses the use of my conscience. Does that make sense to you.

That's really what's being asked and I'm going, why would you want to bypass the use of your conscience, that's the most important thing to deal with. So, rather than worrying about the personal feelings, focus firstly on the relationship with God, relationship with God's Laws, internally, then you will sort out your personal feelings easy enough, after that process has been completed.

Now you're getting a bit hassled, aren't you, from the spirit from your, is it your, daughter? Your sister?

Participant Female:
No, my client.

Jesus:
Your client, alright, the spirits with her are hassling you, yes?

Participant Female:
Unable to hear.

Jesus:

Yes, that's right, so we'll just ask our friends to take all those away for a moment and just stop that from happening. Thanks guys. Just to leave her with her own feelings. That's better.

Okay, what we need to do is focus our attention firstly, on focusing on the principles that we need to gather first and develop first, then when it comes to our personal problems, look at the resolution of those problems. Or you could say it another way, if the conscience isn't working properly under all circumstances, then the thing you need to focus your attention on is getting it working, not on bypassing it and using some other technique to find out truth, that's what needs to be focused on. Does that make sense to you?

Participant Female:

It does, yes, a lot. About emotions, there's lots of videos on your channel about how to deal with emotions.

Jesus:

There is.

Participant Female:

Basically, none about if you have difficulty to deal with good emotions, like joy, happiness, love, if that's the biggest thing to feel for you, how do you deal with that.

Jesus:

Well, again, I would still say these are the more important issues than that. You follow me. So, firstly I would be looking at, how do I feel about God? Am I happy with Him? How do I feel about what God feels about me? Am I sensitive enough, am I open enough to feel what God feels about me? Because that's how you receive love, right, isn't it, is to feel what God feels about you. That's a more important thing to do than any of the other things you're wanting to do.

So, that includes dealing with your emotions. As I've said, even though we've taught many - like we've done probably hundreds of hours of presentations about emotions, mostly because for the most part, because everyone asks about them whenever I try to talk about principles, they always try to talk their emotions. And I'm going, but I want to talk about the principles, and you're going, I want to talk about my emotions, and I'm

going, but I want to talk about the principles (Laughter), and you're going I want to talk about the emotions, and I go okay, well, I'm not obviously going to get to talk about the principles because all you guys want to do is talk about your emotions, right, so that's why those presentations happened.

But now I feel a bit more firm about it, I go, but I don't want to talk about your emotions. If you want to talk about your emotions, go home. I want to talk about the principles that will govern the rest of your life, including all of your emotions, that will help you with all of your emotions. I don't want to teach you how to feel every emotion, I want to teach you how the soul works and everything so that you have some confidence and faith that you can handle any emotion.

And to be honest with you, human emotions are - there's probably a thousand or so that you can describe in the English language as an emotion, and all of them are 'ant' emotions. All of them are really not very important in comparison to what is important. Now what is important is that your life leads you towards a state of happiness and bliss, that's what's important. That's the important thing. And what I'm trying to teach you is how that happens.

And if we talk about your emotions all the time, what we're doing is we're focusing way too much attention on just feelings you've got to, at some point, learn to feel. Now there is a reason why people want to focus on their emotions all the time, and that is because everyone has a terror about how they feel. The human race is terrified of feelings.

In the 2016, we did a series of groups with people and in amongst there we called it the [global terror](#) of emotion. And the reason why many of you want to talk to me and other people about your feelings all the time rather than just have them, is because you're terrified of actually just having them, so you want to talk about them instead.

And so, what I find is that almost everywhere we go, isn't it babe, everybody wants to go, but I want to talk about my feelings, I want to talk about my feelings, and I'm going, honestly, I've dealt with a lot of my feelings, I don't want to hear yours as well really (Laughter). Does that make sense? I've had enough of my own to deal with and after a while, you'll probably feel the same. You've had enough of your own to deal with. You don't need to talk about them, you just need to have them.

The problem is when we need to talk about them, we are not having them. In fact, we're afraid of having them, that's why we're talking about them. And I want to get away from that. What I want to do is focus the attention on the important things so that you eventually face that you are basically, fundamentally, terrified of most of your emotions, and you come to face that as a reality, and then you go through this terror so that you have a feeling of confidence at the other end that you can deal with anything, that's what I would prefer.

Mary:
Even if you're terrified of joy, happiness, love.

Jesus:
It's the same.

Mary:
It's the same process.

Jesus:
It's the same process. Most people are terrified of emotion and to be honest, a lot of the emotions they're terrified of are good, like there's so many people on the planet that are terrified of love, real love, they're terrified of it. Because a lot of people are terrified of truth, that tells me that they're also terrified of love, because love and truth work in harmony with each other.

So, most people on Earth are even terrified of love, they're afraid of opening their heart to somebody, and they're afraid that other people will take advantage of them, they're terrified that when you are in a loving state, that people will treat you badly, that you'll be a walkover, that other people will think, you know, like we notice this a lot when we're travelling, particularly with myself, a lot of people, particularly men, think I'm a bit of an idiot, and they think that I can be easily manipulated, right, as a result of that, they don't know very well, of course.

When you're in harmony with love, you're not easily manipulated, but most people don't know that. So, unless we deal with the terror, we have of just feeling anything, which is a big problem on Earth, this terror of feeling anything, we're not going to be able to feel every emotion. If you deal with the terror of what you feel about feeling anything, then you'll be able to feel

everything. Then nobody will need to teach you how to feel emotion. Nobody will need to teach you; nobody will need to discuss it. You won't need to discuss any emotion even with your closest partner. You might discuss it, just out of interest, but you won't need to because you'll be having it. You won't need to discuss it.

When you have your feelings, in fact, when you actually feel your feelings, and you have them, then what happens is that you're going through a personal experience, and that experience is going to lead you in a direction towards love. If they're negative emotions, you'll let them go, that experience will let things go, and in the process of letting things go, you will be clear of those things.

And if you can do that with every feeling you have that is negative, in the end, you won't end up with any negative feelings. And also, by the way, we need to learn to do that with every positive feeling. Because feelings are meant to just pass through us, and we have them. They're not meant to be stored. They're not meant to be retained. The memory of them is meant to be retained, in the sense of, I remember that I felt that way, in terms of intellectually remember, but the memory emotionally is not meant to be retained, because we're meant to have new experiences.

God is trying to lead you to a place of a new experience every single time, not an old experience regurgitated, right, and so unless we deal with that, we won't change.

So, what I'm saying to you is, with regard to this conscience, the emotion is, but I'm frustrated with my conscience. It doesn't work all the time. I don't know whether I'm getting some answers from God or not, and how do I know, and sometimes it feels clear, and other times it doesn't feel clear, so that is an emotion, that you're terrified of having and so, you want some reassurance, and I don't want to give you the reassurance, I want you to feel the emotion. Does that make sense?

Participant Female:
Thank you.

Part 2 - August 30, 2024, at 1400

Damerham Day 1 Part 2

Jesus:

Okay, so hopefully by now you're sort of getting the idea that we want to focus more on the principles than on the individual issues we face. If you focus on the principles, every individual issue will be faced and will be dealt with and you will change emotionally, if you focus on the principles.

If you focus on the issues, one of the problems with focusing just on the issue is that if an issue doesn't bother you, you won't focus on it. The problem is a lot more of your issues bother God than they bother you. In other words, they are in disharmony with God's Laws, but because they don't bother you, you're content to continue doing them.

So, if you focus only on the issues that bother you, in other words, the sins you're aware of, or the pain and suffering that you're aware of, and you only focus on that in your life, you will not get close to God. It's guaranteed pretty much because the world we're living in is saying, if you have these issues, then it means you've got problems, and if you've got these issues, it means you haven't.

An example of that is, they say, if you're a pretty emotional person, then you've got problems. God's saying, I want you to be a pretty emotional person because then you'll be more sensitive to when you break my laws. But people are saying, you're better off being stoic, and it's a big thing here in England, isn't it, to be stoic, to be polite, a lot of emotion hidden behind it all, but unfortunately, there's this sort of motivation to be detuned from emotion which is quite strong.

So, we want to focus more on these principles. There are some more principles we need to discuss before we can sort of discuss more details about life.

The first thing is this line (pointing to the vertical line on the whiteboard), this line is the line that the law draws in your life. This line has some characteristics or features. Firstly, it's not negotiable, that line. The line the law draws is not negotiable.

You see with human society, we're very used to negotiating with law. We're very used to breaking law and getting away with it. You see it every day really in what we do. It's funny when we go to different countries, everyone likes breaking laws in different ways as well.

Here in England, you're very polite in England, aren't you, when you come up to those areas where you've got a street that's really one and a half cars wide, and then one of you stops and waits for the other one, and then they're very polite there, but when it comes to things like speeding, most people are used to breaking the law, at least a little bit, you know, like five miles, ten miles up above. We notice that when we were driving down from Linton, wasn't it, on the M40, wasn't it, we drove down.

And we also, Mary and I last week went to a medium and we had to drive a fair way to see this medium. It was in a public setting like this and a person was doing some mediumship, and we had to drive all the way down the M1, I think it was, man that's a nightmare driving down that thing, isn't it, with all the things going on. And everybody pretty much - it's really interesting, when you come to the areas where the cameras are being shown, (Laughter) it's like, everybody's right on that limit, perfectly, like if it says 40, everyone's 40.

I love this sign, I brought up this before, but it's a really impractical sign (drawing a crossed-out circle on whiteboard) so, that means do any speed limit. (Laughter) Is that what it means?

Mary:
Choose your own.

Jesus:
Choose, I'll do anything, and that's how a lot of people seem to act, like it means do any speed limit. I understand here it means 70 mph, or something, does it?

Mary:
Oh, 60.

Audience:
Unable to decipher.

Jesus:

That's what I'm saying. (Laughter)

Mary:

If you've got to put up the sign, just put the number.

Jesus:

Just put the number, like you've got to put a sign anyway, well you may as well write a number on it. But no, not very practical. It seems to be whenever that sign is there, it's sort of like, yeah, everyone is pretty free for all.

And because we're so used to breaking the law, and we think, most of the time on Earth, when you break a law, if it's a small or minor way, you've got a fairly high likelihood of getting away with it, but also there's some particular laws that are still pretty easy to get away with even though they are major, major problems, like child abuse, sexual abuse of children is a major problem and yet, the majority of people who break that law do get away with it. Because there's not a lot of evidence or proof, you know, if you had spirits involved, they can just say, yeah, he did it. Do you know what I mean.

We don't need any more evidence than a Celestial spirit saying, he did it. That would be great, wouldn't it. Because then you'd be like, did they do it, well, you don't have to go through a very long court case, you know, where we got - in Australia there was a Catholic priest which was accused of child abuse. His court case went on, I think it was for 11 years or something like that. You imagine how much public funds that was, and all the trauma for the witnesses that had to be brought up all the time. Man, it just went on and on and on, and he appealed a couple of times as well. Yes, it just went on and on and on. He eventually was convicted and put in jail.

You know, if you just ask a Celestial spirit, did he do it or not, all solved in five minutes. That would be wonderful, right, but because most of us won't accept that kind of evidence, I suppose you could say, which is actually the best evidence there is. A Celestial spirit is in perfect harmony with love, knows the circumstances of the situation quite easily, reads the soul of the individual, yes, he did it, and that would be of benefit.

But unfortunately, for most people on Earth even with things like child abuse, they think they can get away with it, and that's why it continues, because there is this constant feeling that we can get away with almost everything nowadays on Earth.

And you see this in the criminal enterprises, don't you, on Earth as well, but you even see it in day-to-day life. The average person is not a very law-abiding person because they do feel that the law is negotiable. And the trouble is when we're brought up to believe such things, we then think, when we talk about God's Laws, that we're talking about the same thing. Oh, I'll get in front of God, and I'll be able to negotiate. It's like, (looking up talking to God), what are you talking about. I only did that a little bit, why are you getting so hard on me about it, you know, that kind of feeling is what we often feel towards God.

Mary:

Or I think a favorite is, and it's been a favorite of mine in the past, like, can't you see what else I'm dealing with. Mine is a special case.

Jesus:

I'm handling a lot here.

Mary:

There should be an allowance for this.

Jesus:

I'm coping with a lot here, let me get away with that as well, that kind of thing, and so we often have these feelings that God's Laws are negotiable in that regard.

We also think that they are sort of moveable. On Earth, if you've got a bit of funds on Earth, you can sort of negotiate with the law to a degree by saying, well, for me it doesn't really apply. I'll just put some money towards it or something. And on Earth, a lot of times it's about a fine isn't it, so you can see why, you know, it's interesting when we watch the people who are speeding on your highways here in England, because most of them are driving BMW's, Mercedes, like pretty expensive cars. If you look at the average person speeding versus the car they use, you can see that they already have a fair bit of money so, of course, if it's just a fine of some kind where they're not impacted immediately and the situation is immovable,

then of course, they can go, well, it's only 300 pounds, so I'm flooring it. If they've got 300 pounds to spare, why not. There's no other real penalty.

Of course, if you had an accident, there might be more penalties, but most people go, well I'm not going to have an accident. Every one will get out of my way. So, we think everything's moveable, negotiable, and in particular, we think my case, my situation, my personal circumstances means that there should be some allowances made because my case is, just like I am, my case is special. I've got good reasons for why I do what I do.

And unfortunately, when we look at these problems, when we say the case is special, from God's Perspective, we need to write, obviously, the opposite to these things, so it's not negotiable, it is unchangeable, and I'm not special. They're equal in the way that they are applied. In fact, they enforce equality. So, every person who does the same thing will be treated the same way, every person.

There's a beauty to that because it means every physical problem that a person ends up having, say like a disease, it's always caused by the same cause. So, a disease in a certain area of your body, always caused by the same cause. Let's say the disease is cancer and it's in the right breast or something like that, then it's always going to be, with regard to right breast, it's always about nurturing, it's always going to be nurturing men. You're over nurturing men, you have a preference to nurture men for the sake of getting worth and for the sake of feeling that you're a loving woman, or nowadays, men get breast cancer as well, of course, for the same reason. If it's in the same part of the body, it's the same problem.

This is the beauty of it is it's equal, the issue is equal. And these laws are done in such a way that they are enforcing the standard, God's Standard, so they are enforcing the Standard of Love, and when you break them, of course, there is no negotiation with it. It's not negotiable. It means you break it, penalty. You break it, penalty. It's going to be the same penalty if you break the same law, that's beautiful because it means everything is consistent from God's Perspective.

It's only humans that change the result of these things frequently, isn't it. By allowing you to get away with things that God doesn't let you get away with. And this is something that is really confusing for a lot of our spirit friends that are with us today. They are wondering why, many of them are

wondering why they're in the hells of the spirit world, or not in a nice place in the spirit life, because they think they lived okay lives. They think they lived lives that were fine, that were just average lives on Earth. There was nothing outstanding that they did that was bad, and so they have the feeling that they did the right thing while they were on Earth, and yet they also are quite - they realise that where they are now in the spirit world is not happy.

And the reason why they're confused is because on Earth they were taught if you just live normal Earth life, then you were relatively good. But it's God's Standard of Good, not Earth's standard. And so, the majority of people who pass, pass into a state of confusion. Because they go, but I was good, why am I here, I don't get it, like what's going on. And the reason why they're in this state of confusion is because they were never educated that it's not their standard of love that gets applied, it's God's Standard of Love that gets applied, not there's.

And God's Standard of Love is unmoveable, it's not going to change whether you think it should change or not. And you can't negotiate with it, you can't change the law itself, and you can't change its results.

On Earth, to a degree, with law, you can sort of go, you can go into fake places and get different results. An example of that is, a little child is quite often taught, right from childhood that all they've got to do is say sorry, and it means they are sorry. But see God's Laws are more demanding than that, because they say, you've actually got to feel sorry in order for the sorry to be accepted, right, but on Earth, it's like somebody says sorry, even when they're a little child, they say sorry, and everybody sort of acts like they've forgiven them, but the child isn't feeling sorry so, how come?

You see, in the spirit world, you say you're sorry, you can say you are sorry thousands of times, but if you're not really sorry, nothing is going to change. Because the law exacts more from you than that. And most of us from childhood are taught the opposite, and so that's why we have this very fluid view of the law. We think we can move it around, change it to suit our special circumstances and so forth.

This is something that is very important to understand. When you obey, these are definitely going to be results (pointing to 'obey God's Laws' on the whiteboard - harmony, love, truth, rewards, faith, humility, joy, happy, bliss),

from the law's perspective. Now they may not be the results that humans visit on you, because they have different standards, but they are the results that God will give you, because they are God's Standards.

And these are definitely the results (pointing to 'disobey God's Laws' on the whiteboard - disharmony, evil, lies, penalty, correction, reparation, repentance, turmoil, worry, confusion, anger) that you're going to get if you disobey the law.

And we need to probably add more to the results, there're are things like worry, many of these spirits who are with us at the moment are worried. They worried about where they are, why they're where they are, they're confused. This is another result of disobedience of law is confusion.

These are all results of some disobedience to law. Anger, another one. And unfortunately, too, in this state, we attract dark influences around us when we're desiring to disobey, because there are a lot of people in the spirit world who've passed who also continue to desire to disobey, and they find it harder in the spirit world to disobey, so what they do is they come to Earth, and try to influence you to disobey so that they can have their disobedience.

An example of that is when you pass, let's say you're a drunkard and you pass, well, there's no alcohol in the spirit world, it can't actually be physically manufactured in the spirit world. Because the way in which you imbibe things in the spirit world is through smell, not through taste or things like that. And so, what they do is they over-cloak a person on Earth, trying to get that person to drink, so that they can enjoy what they think is enjoy their drink still.

But the trouble is the person on Earth is drunk all the time, and sometimes he's barely even conscious, you know, that they're still sitting up drinking because they've got a number of spirits around them just keeping him upright and keeping their hand going, pouring it down. And it's very, very sad because the net result of that is the person on Earth ends up in the same place dependent upon alcohol just like the people who passed are, but also the people who passed don't deal with anything else so, they're still breaking law more, and then they get darker and darker in their condition to the point where they can't break the law anymore because they don't even have enough energy to break the law anymore. That's how

extreme it gets. And then, of course, they get all angry and upset about that as well.

So, there's the evil influences that come from spirits, and when I say evil, let's call them another name, dark, shall we, or you could just say any spirit out of harmony with God's Law to a degree is going to have some kind of unpleasant influence on your life. Now remember it's not until the 6th sphere of the spirit world that a spirit is actually in harmony with the laws pertaining to their treatment of another person. So, that means that any spirit below the 6th sphere is still potentially able to influence you in a negative way.

Now, of course, by the time usually most spirits were in the 3rd sphere, they no longer have that intention. And, in fact, even to get to the 2nd sphere, you can't have that intention. So, that's great, because it means that the spirits who have more power have the less desire to influence, so that's fortunate. But by disobeying, you're encouraging attractions of evil spirits to you, and this is something I'd like to say to many of you young men in the audience, we see many dark spirits with you at different times, and many of you are attracting them to you through different practices.

Some of those practices are to do with drugs like, marijuana and Ayahuasca, all these sorts of plant medicine type things which are really just drugs. I find the whole attitude to drugs interesting because everyone says, oh, they're just plants, and I go, okay, well, there're are other plants that totally poisonous and you'll die within seconds of taking them, so you want to take them too, do you.

Can you see the reasoning behind it all is, the drugs help me get away from emotion, but I don't want to die from them. Although, when you think about it, many people do, because they overdose them and everything.

Mary:

You were just going to list some of the things that cause the dark spirit attractions to the young men. So, there's the drug taking, pornography also attracts a lot of spirits, sexual injuries with the opposite gender attracts a lot of spirits...

Jesus:

...and the same gender.

Mary:

Yes, sexual injuries in general, but acting in those, I mean the list goes on and on, but just probably for this...

Jesus:

But fundamentally, it's because of a disobedience of God's Laws happening at some point. Many young men want - they are in a state of feeling less than their fathers, but not wanting to feel that, and so they want to attach themselves to dark spirits to make them feel more powerful and strong, and that, in itself, is also a sin because you're trying to avoid emotion by having attachments. So, there's all sorts of reasons why a person would enter this state of disobedience which then causes dark or evil spirits to become connected to you, and they're very hard to shake because your own feelings are in harmony with there's, so that's why they become hard to get rid of. And while your own feelings are in harmony, it's going to be very difficult to get rid of them.

So, there's a lot of quite negative results from disobedience. And if we analyse the results of disobedience, can you see how much trouble it's causing us, like even having to correct and repair is trouble really, isn't it. Like you're going to have to do something, it's good for you that you're going to have to do that but at the end of the day, it would be better if you didn't have to. It would be better if you were in this column where you didn't have to correct or repair anything.

Living a life on Earth where you live it in harmony with love and truth, means there's less to correct and repair when you pass. Now most of us, when we're on Earth, hardly consider our future, and I don't mean our future like in the next 10 years, I mean the inevitable future that you're going to die, your physical body is going to die, and then you'll be in the spirit world, that future. Hardly any of us consider our future. We're not planning for our future, learning about our future, and also understanding that many of the things we do in our present are going to influence our future, and we don't have to be that way to be scared of it, we just need to realise that if I live this way (in harmony), my future will be bright.

My future will be without these things (pointing to the list of living in disharmony), but if I live this way (in disharmony), even though I think it might be good now, my future is guaranteed that these are the things that I'm going to get as a result of my living this way, out of harmony with the

law. They are going to happen because the law is unchangeable, not negotiable, and it happens to everybody who sins the same way I do, in exactly the same way.

Of all the things that spirits in the spirit world would like to tell humans on Earth, that's the thing they'd like to tell you most. Take more notice of the life you're living on Earth, because you're visiting upon yourself a dark future if you continue to disobey.

So, bearing in mind these things, can you see if I have these things as feelings in me, like that I feel this is true, then my actions on Earth with almost everything I do will change, but if I have the idea that this is just a philosophy, this is just some guy claiming to be Jesus, coming to tell me a philosophy that he obviously believes, but we don't really know is Jesus and we don't really know whether it's true, right, well you'd be far better off believing me for your future, than you would not. Because I can guarantee to you this is how it is, this is the fact of life.

And once you can understand and feel that in your own soul, which God's Truth, through the conscience can be confirmed to you about, then you'll live a different life from that time on. And that life won't be so focused on your Earth life anymore, in the sense that it won't be focused on getting the things that the average person on Earth desires, it will be focused on planning for your future. And a part of planning for your future is planning for your spirit future.

It makes sense, doesn't it, if you're only going to be here, if you're lucky, unlucky I think more, if you're unlucky, you'll be here 100 years. If you're a bit more lucky, you might be here 80 or something like that, right. And I say that on purpose because there's a lot of beautiful things in the spirit world that while you think here is better, you're missing out on. So, if you're lucky, you'll last 80 years here, luckier 70 maybe, extremely lucky if you hear God's Truths while you're on Earth, extremely lucky, right, because that's going to change your entire future, then it doesn't really matter how long you live here. You could live here a couple hundred years, and it will be fine, because you've planned for your future already. And the rewards also include physical rewards besides spiritual ones.

This is very important to understand at an emotional level. Does that make sense, at an emotional level. So, there's one other thing I need to introduce

in the subject, and then we get a free for all on all your questions. So, that's the first part of it. And if there're any questions specifically related to what I've already mentioned, I'm happy to answer them now before I move on to this second phase of the next thing, I would like to talk about which is to do with the hierarchy of these laws.

Mary:

I have a question.

Jesus:

Mary has a question.

Mary:

Would you like to mention that obedience is better than sacrifice and repentance.

Jesus:

Yes, you can see from the table, that obviously, if you obey, all you get is rewards and there's no trouble or trauma. You can see that? And the only trauma that's ever going to be caused on Earth, if you obey, is the trauma coming from other people. It won't be from God or the Laws, and when you pass, there will be no trauma, if you obey.

On this side, if you don't obey, then obviously, there's quite a lot of trauma in this, isn't there. There's quite a lot of trouble, worry, confusion, hard emotions to deal with, hard processes like correction and reparation are difficult processes too, there's quite a lot to deal with.

God's Standard of Love
God's Laws

Disobey

Disharmony
Evil
Lies
Penalty
Correction
Reparation
Repent
Turmoil
Worry
Confusion
Anger
Evil spirits
Dark

Obey

Harmony
Love
Truth
Reward
Faith
Humble
Joy
Happy
Bliss
Peace

I often say to people, to obey, is better than to disobey, right. Or you could say it another way, all of these things are going to require from you different sacrifices. They're going to require you taking time to repair things, you, taking time to correct yourself, they're going to require paying the penalty, the time taken to repay to pay a penalty. They're going to require changes in your emotional state so you're no longer evil. They're going to require things of you. You could say, they're sacrifices you're making for the sake of your sin. Can you see that.

These things are the things you're paying for your sin. So, there are sort of sacrifices you're choosing to make for the sake of having your sin. Another way of saying it is to obey, is better than a sacrifice. And if you know your Bible, you'll know that's a quote from the Bible, to obey is better than a sacrifice. It's far better to obey God's Laws than it is go through this process.

Mary:

Sometimes we have people say to us, oh, yes, I know, I know that's a sin, but also, I know you've taught me how to repair it so I'm just going to continue for a bit longer.

Jesus:

I'm just going to keep going.

Mary:

Or I know it's probably going to have compensation or actually I know this is compensation, but you know, I don't really want to change it yet. And in that state, you're not really aware of just how much time you're wasting if you think about it.

Jesus:

How much penalty is going to be demanded of you.

Mary:

The penalty takes time, even the reparation and repentance processes, it takes time and effort on your part, where you could be experiencing instead if you had obeyed the law, the rewards and the kind of expansive life that you could be having. Because Jesus is talking about these things happening after we pass, but really this process is upon us even now.

All the worry we have, all the fear we have, all the turmoil we have right now is really a part, is a result of us disobeying the laws, and the faith and the happiness we have in our life, when it's not addictive is all about us having obeyed God's Laws. It's a lot more economical to obey God's Laws from the outset.

Jesus:

Not only that, but the emotional turmoil also you experience in this state is extreme. There's been people I've seen in the hells for 2000 years experiencing absolute agony every day because of this. It's extreme and most people don't appreciate how extreme and painful this state is either. They don't understand that on Earth very much at all.

And if you think of all the spiritual paths, you've ever heard, do you ever hear anybody really saying the truth about anything to do with spirit life really. Like, when you go to a medium, this medium we saw last week, it was really interesting, he had five people come and they were all in a very dark condition who came to speak through him, and every single one of them said nothing about the extreme agony they were in. But Mary and I could feel their agony, and in one case, one man, he was in so much pain about his two children that all he wanted to do was talk about his two children and apologise to his two children and tell them how much he's sorry for all the things he had done, and the medium wouldn't let him say it.

Because the medium believes there is no pain in the spirit world, and we've met many, many mediums who believe that. Not true. Not true. You will find that most of your pain that you experience from sin will be in the spirit world, actually, and that's why it's good to know these truths.

Participant Male:

AJ, I wonder is it a sin to not speak up about how I feel or not speak up for myself.

Jesus:

Well, I will say it very much depends on the circumstances. It's a sin to not be transparent about how you feel, but in terms of speaking up, well, I don't want to dump my feelings on you, so I don't need to tell you how I feel, I need to feel how I feel. The sin is, me not feeling how I feel, and then dumping my feelings on you. The need to speak up about your feelings is often an addictive demand which is actually a sin.

If you truly experience your own feelings, you will rarely need to discuss them with another person, and even when you do, most of the time, they'll just come and say, like if it was a Celestial spirit helping us, he'd just say, well you need to feel that I'm off. I don't need to listen to your story, I already know it. You're the one who needs to understand and know and feel your story and work your way through it to the point where you experience the pain of it, that's how a Celestial spirit would help you. And if you're going, well, what's my next thing, they'd say, here's your next thing, see you later, I'm off.

He's not going to sit down and discuss it with you at infinitum, he's just going to point out your next thing, do you want to deal with it? If you want to deal with it, you'll search, you'll discover, you'll try to connect to yourself emotionally, so you won't need much assistance from others aside from just saying, here's your next thing, good on you, go for it, type of thing.

Participant Male:

So then because I feel a lot of spiritual influence right now, like a lot of dark spirits. Am I getting that because I'm not feeling those emotions or is it...

Jesus:

Well, for many of you younger men, a lot of the reasons why dark spirits are surrounding you at times is because you are in a state of submission to them, and it's because of a lot of times competition feelings with your father, where your father has treated you quite badly and so, you're looking for spirits to make you feel more powerful, or make you feel more self-assured, and as a result of that, you attract spirits who want power over you who are willing to give you a sense of self-assurance, but the penalty is that they are going to take over control of your life to a degree. And this is something we notice with a lot of young men we meet.

Again, the sin is, not working through the emotions to do with your father in that case. Does that make sense, that would be the sin. And that sin results in a penalty of attracting men around you that dominate your life and some of those men will be spirits, and then they'll dominate your life, and we see that with a lot of young men, actually, in particular.

Because they are yet to connect with their - they have this sort of oppositional feeling with their own fathers, so they're yet to connect with their own masculinity, but they want to feel strong when they're around

other men and so, they need some bullying spirit men to make them feel strong, and the only trouble with that is those bullying spirit men are probably going to bully you as well, and that needs to be addressed.

In other cases, it's because of what they get through you. So, in some people here, they get to have sexual experiences through you, so for some people that's the case, not for yourself, but for others. And what happens there is that the spirit is saying, I want the sexual experience, so I'm going to motivate you to have the sexual experience and they start setting up relationships, setting up contacts, they're like a portable, is it, Tinder, got you on the shoulder, it's like a spirit setting up all your sexual liaisons, right, and the result for the person on Earth is they get to feel like that they're approved of by women, or women want them, so they get a lot of addictions in that regard, but they're just getting darker and darker and darker as they engage that behaviour.

More and more the spirits get connected with the person, and before you know it, the spirits really control every sexual liaison they ever have, and every sexual liaison is not between you and the other person, but it's between you, some spirits and another person. And so, often times the women involved, if you're a man, the women involved often feel like there being touched up by more than one person, and they are, often times, that's often the case. So, there's all these sort of negative effects of that that occur, but the average person goes, but I want sex and I want to feel - there's a big feeling that sex will satisfy my emotional insecurities that's in the human race, so as a result of that, they engage this very dark, evil influence, and many people who've had a life like that arrive deep in the hells of the spirit world, almost as deep as people as Hitler and Stalin, and those people, almost.

That's how bad it is from God's Perspective, and yet it just continues because of the sexual demand that people have, the demand to feel good, but also the demand to emotionally feel good in the process. So, these are all ways that engaging the disobedience, so the disobedience is - we even disobey with our own self-perception. God thinks all of you are equal. God thinks and treats all of you as such.

God feels that all of you have value. When you believe you have no value, you are disobeying the law. Does that make sense. So, all of you who feel that you have no value are disobeying the law, and this is one of the

biggest things that I've had difficulty within this life is working through that so I'm no longer disobeying the law, God's Laws about love of the individual.

Participant Male:

So, if I'm putting myself down basically.

Jesus:

Correct, that's a sin. Yes, that's a disobedience of the law. You need to treat yourself as equal to another, not greater, which is a disobedience of the law, or lesser, which is also a disobedience of the law, but equal. Now to have a feeling of equality requires you working your way through emotions that are quite tough at times because you don't feel equal, and that's what causes you to act in a way that's not equal.

And other times, we act not equal just to get things from people, just to get approval. Like, we know this person here thinks, you know, one person here thinks this, and one person here thinks that about me, and if I put myself down with that person who's superior, he'll give me things rather than going, no, I'm equal to you man. And acting in that way, then the person who wants to be superior might get angry with me and I'm just avoiding rage, but that's a sin too.

Any emotion from another person is actually a sin because the object is to not avoid them, but to actually be real about them and to understand they're occurring. They're all sins too. And this is where, you know, when you start analysing sin, the average person thinks, oh, it's when I hurt somebody physically, or when I murder this person, that's a bad sin, or when I did this other harm to my children, or whatever, that's a bad sin, all those things are not good, but it's all the sins you don't know about that are going to be your main problem, not all the ones you do.

The ones you do, you already sort of got some level of awareness in the sense of we talked last week about - so those of you who weren't with us last week, we recommend you listen to last week because we talked about the difference between awareness and awakening to sin, and many of us have a level of awareness. Like, we're sort of intellectually aware there's a problem type of thing.

Awakening is this emotional feeling that you know exactly what it is and you know that you don't want to do it anymore, and you know you want to repair it and correct yourself, and the awakening process is a requirement for you to have a relationship with God. Because if you do not awake to your sin, your sin will prevent the relationship.

And for most of us, awakening is a difficult process because it's all the things you're not aware of, it hasn't even crossed your mind, let alone your feelings, all of those things, they are the hardest things often to address because you haven't even thought of them yet, and yet you do them. So, these are the kinds of things that require a deeper understanding of self in order to deal with.

Participant Male:

So, then, sorry just the last bit if that's okay. So, in terms of this situation where I'm attracting a lot of spirits coming attacking me. I know that the truth is that I am equal, and that I don't deserve their attack. Love would demand that I love myself as well as loving them in such a way of not attacking them back.

Jesus:

Correct, so not attacking them back, not abusing them back, yes.

Participant Male:

Yes, so how could I act in harmony with God's Law in such a situation, like should I remove myself from...

Jesus:

Well, again the attraction is caused by an emotion that exists within yourself, so the high priority would become to deal with that emotion, so you don't break the law of equality. The Law of Equality is a very big issue of love. So, every time you treat yourself as lesser than another, you're breaking one of the biggest laws. Does that make sense?

Participant Male:

Yes.

Jesus:

Most people don't get that. They sort of think I'm kind by treating myself as lesser than another. You know, I serve the other. Mary and I serve you a

lot, but we don't view ourselves as lesser than you in doing it. Does that make sense?

Participant Male:

Yes.

Jesus:

The attitude would need to be, I have an emotion that is a sin. The emotion is, I think I'm unworthy. I think I'm less. I need to deal with it. I need to work through that emotion. If I work through that emotion, the spirits that keep treating me badly will no longer have the power to treat me badly. The way they treat me badly is through whatever I need, whatever I believe I need, that's how they treat me badly. And they won't have that power over me anymore if I treat myself better and don't give them any opportunity to treat me badly, right, they will leave.

So, all I really need to do is address how I feel about myself. Now for the average person, that's pretty tricky, because they don't want to address how they feel about themselves because that requires feeling some feelings that are unpleasant, and so they don't want to feel those feelings. And in the process of avoiding those feelings, they continue to sin, hence the continual thing occurring in their life where they put themselves down, encourage other people to put them down as well in the process of putting themselves down and so on.

You end up encouraging, and of course the law, the Law of Attraction, in this case, is trying to help you deal with it, and the only way it can really help you deal with it in this corrupted world is by bringing you those kind - instead of bringing you a nice person, saying you don't need to do that, the average person on Earth who notices a person putting themselves down will take advantage of them, won't they?

Participant Male:

Yes.

Jesus:

Yes, so unfortunately, the attractions going to be, people trying to take advantage of you all the time, that's going to be the attraction. Now, of course, if you're in the spirit world, that possibly would not be your attraction. In the spirit world some people would come along and say, look

here mate, you're putting yourself down all the time, you need to address this. And they'd be kind with you about it, but on Earth, there's very little kindness. Most of you know that already, don't you. Most of you know there's very little kindness.

In fact, when you get kindness from somebody it's like, wow, like isn't it amazing, it's beautiful, but it's very rare, unfortunately. And this is why often the attraction on Earth is, oh, we keep attracting people - like in the case of, if by putting myself down, I'll keep attracting people putting me down all the time, and that will tell me, oh, there's my problem. At least God's still, through the law, able to tell me the problem even if He can't tell me the problem through the conscience. So, once the law is telling me the problem, and the conscience is able then, I'm now aware, so now the conscience can also share that this is also problem.

Once God can share with me the severity of the problem because it's attracting a lot of bad things into my life, then of course, I will have a strong motivation to address it. Of course, if I'm terrified of people, and in particular, terrified of powerful people, terrified of authority which is a problem that you face, right...

Participant Male:
Yes.

Jesus:
...then it's going to be hard to deal with. I've got to deal with my terror of authority as well, don't I, to get to be in an equal position with others.

Participant Male:
Thank you.

Jesus:
No worries.

Participant Another Male:
I'm trying to understand and wrestle with this feeling that kind of this distinction between having some kind of good intention but maybe was in harmony with law and some like good qualities in myself that were in harmony with law, but those things have taken me really off-track, and I've ended up doing things way out of harmony with law.

Jesus:

It's not those things that have taken you off track. For yourself, can I explain why. And this is very important to understand.

Mary:

It's so important not to blame the good things. You know, the pure desires.

Jesus:

Yes, what you're doing is getting into the - after hearing these truths, there's two ways a person generally goes, they either go, oh, but I've got good intentions, but all those good intentions seemed to have misled me. It's not the good intentions that are ever misleading you, so that's the first thing you need to bear in mind. It's the bad intentions that are misleading you.

Participant Male:

I guess I'm questioning even if I had good intentions.

Jesus:

Well, I do feel you do have some good intentions. But there is a very powerful bad intention that's misleading you, and so this is what we need to discuss.

And perhaps this is a good, firstly, a segue into what I wanted to cover with everybody about priorities. So, let's deal with the priorities, and then answer this question, if we can do that.

Now you were present last week James, weren't you? So, you already know something about these priorities that we talked about. Let's just remind everybody of those priorities.

The highest level of things you can deal with that are going to have the best long-term effect in your life are what things?

Participant Male:

Spiritual things.

Jesus:

So, that's the highest priority. Now these are things like, an example of it is equality, that we just mentioned, being equal. That is a spiritual concept, and therefore, of the highest priority. Now the next one down was.

Participant Male:
Emotional.

Jesus:

Emotional, so these kinds of concepts are related to how I feel about things. It's like, how do I feel about equality. Do I want to be equal to others or do I want to be less, or do I want to be more powerful than others. Do I want to be considered to be special, or do I want to be considered to be normal.

I keep saying to people in Australia, I'm the most normal guy you're going to meet. I'm not special in any way. I'm not highly intelligent. I'm not highly clever on any issue. I'm not highly educated, actually either, from the perspective of the world, I'm not highly educated. And all of my education comes from God so, actually, it's got nothing to do with me as to what I know.

It's got everything to do with just the relationship, the desire I have for the relationship with God. So, I don't credit myself with anything, bar a few things that I have had to develop myself, and they are things like my humility, I've had to develop myself. My faith, I've had to develop myself. Does that make sense?

But when it comes to truth, receiving truth, almost all the truth I've ever received first came from me, firstly, looking around me and seeing, which is an important thing to do and becoming self-aware, but eventually it just came from God, the truth. So, all the truth I'm sharing with you comes from that source. So, it's not my truth, it's not anything to do with me.

I have areas of passion, and I like my areas of passion, like I investigate all these areas of passion. Many of you don't know yet, but in the spirit world, I'm an artist. Some of you will see my art in the spirit world. I've got grand galleries in the spirit world of my art. I'm a musician as well, in the spirit world. Some of you will hear my music eventually in the spirit world, you will. But all of the things that I'm able to do, I am only able to do because of

the love I've received, and I'm very conscious of that. Does that make sense.

So, the way I sort of see myself is, I'm just this child of God who is very inquisitive, that's what I am. I'm just an inquisitive child of God, and I'm probably, and if anybody said, well, how inquisitive am I. Well, I'm one of the most inquisitive people I've ever met (Laughter), so I'm a very inquisitive person, right, but I'm not looking for power over others. I'm looking to learn. I'm looking to understand. I'm looking to be a student of God.

A child of God, like the way I sort of see it is, God wants to educate me, and the more open and humble I am, the more I'll get educated, that's sort of the way I view it.

So, I have a spiritual condition which is also based upon humility, which is actually a spiritual quality. If you develop that quality, it's going to help you for the rest of your existence, and it's going to lead you to a state of bliss actually, that one quality. If you appropriately engage it in harmony with truth, it will lead you to that state. The truth will set you free, but it's your humility that allows you to receive it.

So, here I am, I've got spiritual is the highest, emotional is the next highest, what was the next one.

Participant Male:
Sexual.

Jesus:
Sexual, so these are things to do with our sexuality, you know, laws that govern our sexuality. Our moral condition with regard to our sexuality. And then the last one was?

Participant Male:
Physical.

Jesus:
Physical, so you could say this is like a hierarchical system of the way to engage law. Now when you focus your attention on the spiritual, your life

will change the most. So, that's a general principle that each of us need to grasp and understand.

Many of you believe, you change your emotions, your life changes the most, after you've heard Divine Truth, of course, many of you believe that. But it's actually not true, it's when you change spiritually that your life changes the most. So, that's something that we need to come to terms with.

Now, let's look at the question you've asked. You said, I've got some good intentions, so what do you believe are your good intentions.

Participant Male:

To try and help, to be in service.

Jesus:

Help others.

Participant Male:

To help change the environment.

Jesus:

To be more environmentally aware and help the environment improve.

Participant Male:

And be part of regenerating.

Jesus:

So, regenerative environment, that's a good thing, isn't it, because obviously, we all have got to live here, and also, it's good for your children, and grandchildren and so forth, as well, because they've got to live here too, if they're going to have a life on Earth at all. Okay, so, these are good things, anything else you can think of off the top of your head.

Participant Male:

Yes, just have a real passion to like to try and make it so when children come it's not so hard, children arriving.

Jesus:

Yes, okay, so shall we say, well let's put it what it is, care of children. Not just care in terms of day-to-day care, but care for their future, which is a nice quality, certainly. No problem with any of those, is there, they're all in harmony with the Law of Love, are they not. Yes so, no problem there.

Okay, what are some emotions that you have and spiritual beliefs that you have that start corrupting these ideas?

Participant Male:

I'm better than everybody else.

Jesus:

Good, so superiority. So, I'm better than everybody else, I'm know or understand this better than everybody else.

Participant Male:

Like stronger, more powerful.

Jesus:

Power, yes, power, big one. It gives me power over others. They become more influenced by me. So, that's power, any others you can think of?

Participant Male:

That people adore me, like that I get sort of put up on a pedestal.

Jesus:

Very good, adoration.

Mary:

Pedestal, that's a good word.

Jesus:

Pedestal is a good word, yes, pedestal. This is demonstrating good self-awareness James, so that's good. A good thing here, some self-awareness, is another good thing.

Okay, can you see, these things (good intentions) lead me to do some good things, these things (negative emotions inside of James) are going to corrupt my good things. Can you see that. Now can you see how powerful

the corruption could be. If you have a 'be of service' feeling, but at the same time want to be superior and have power over others, can you see where it can lead you? It can lead you into some very dark places with some very dark spirit influence.

And, in fact, you do have some quite dark spirit influence around you leading you. Because they feel in you this feeling (superiority) and this feeling (power), in particular, and this feeling (adoration), they feel it in you very strongly, and so they're surrounding you, trying to use the 'truth' of you wanting to do these things (good intentions) against you. Does that make sense.

Because they know you have these flaws, you could call these things, these things (superior, power, adoration, pedestal) are disobedience to the law, aren't they. Disobedience to the Law of Equality, disobedience to the laws governing humility, disobedience and this (adoration) involves even sexual adoration, by the way, because that's something you're prone to. You know, a lot of women have a tendency to adore you, look up to you, and this is also a part of the feelings that you're wanting.

With this set of feelings (superiority, power, adoration, pedestal), can you see you might have these motivations (good intentions), but these sets of feelings which are also motivating you in a sinful manner, at the same time as these feelings are trying to motivate you in a loving manner. And can you see it's just the severity of the problem.

In other words, internally, how you measure how much you need a thing, that's going to determine what the outcome is, and unfortunately, this has been a bigger, severe problem, than this (good intentions) is benefiting you, at this stage. Does that make sense.

Because what's happening is, these things (superiority, power, adoration, pedestal) area growing, and the problem with them growing - see you could end up doing these things (good intentions) in a state of humility, right, or you can end up not doing these things at all, and these things (superiority, power, adoration, pedestal) dominating your entire life, that's sort of what you're facing right now, actually, as your internal battle. You can think of this as an internal battle for your soul.

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The sin, which is these things, this is where you're breaking the law and desiring to break the law. These things are where you're trying to do good and not break that law. So, these are the things where you're doing loving things, trying to do loving things, and here's where you're trying to break the law, you could say, right. And you can see it's just how much importance you place on these things relatively, that's going to determine the outcome. Do you follow what I'm saying.

Yes, for yourself, if you place as much relative positioning of these things as you currently do, is going to end up in a very dark location for you. So, this the thing I'd be working on for you is these things (superiority, power, adoration, pedestal).

Now the reason why I brought up your specific example and latched on to it, is because it illustrates the basic points, doesn't it, that the feeling of being superior is a spiritual problem. It's not just an emotional one. It's a disharmony with the equality laws, the Laws of Love governing equality. Does that make sense.

So, it's actually a deep spiritual problem that is being faced there. The desire for power is also a spiritual problem because actually, if you think about it, if I truly understand my position in the universe, God is the one with the power, God is the one with the laws, and all I am is His Creation. Any power I actually have is gifted to me. It's not actually really mine, it's a gift that God gave me because He Created me, He Created my ability to express myself and everything else, so He gave me those powers.

When I want those powers for myself, I've got a spiritual problem. Adoration is an emotional problem, right, because it's sort of like, if you're only doing things or if you're doing things because you get adoration, then you're going to be influenced to do those things more, and that then is an addiction.

What I find is that I do things because they're just right, not because I'm adored. And the reality is, very few people on Earth adore me at this point. I could probably, maybe five, maybe five people on Earth, maybe. And so, I'm not addicted to adoration, I'm used to the opposite actually, being constantly attacked and belittled, and condescended to, even the spirits with you want to condescend to me, so I'm used to all that.

They get annoyed because it doesn't have a lot of effect on me, but the need for adoration is going to be - it's like a vortex that is coming out of you, like needing it from other people. It's actually, I see it as a weakness in the soul, the need for adoration. Because it's going to mean, you're only going to end up doing things that people adore you for.

Desire to be on a pedestal, another spiritual quality because God wants us equal. The only time God gives us anything other than equal, like responsibilities, Mary and I have responsibilities, but it's only because we already know ourselves to be equal. That's one of the reasons why we're given the responsibilities because we understand that probably more than most people do. So, being on a pedestal, spiritual problem.

Can you see a lot of these problems are actually spiritual problems, they contain emotion, right, so obviously, the desire for power comes from powerlessness issues in childhood generally, or the feeding of power in childhood by one or both parents. In your case by mum, it seems to me, has fed a lot of your feelings that you're her ideal son, in your childhood and through your teenage years. So, this has fed the feeling of desire for power and superiority.

These things are going to have to be addressed, and if you address them, you're addressing spiritual problems so that's going to have the biggest effect on your life. It's going to have a wide-reaching effect if you address that.

Firstly, just addressing those (superior, power, adoration, pedestal) will get rid of all the negative spirit influence you're under, the whole lot of it, will probably go just addressing those four things. Does that make sense to you.

And the beauty of addressing those things, is then you'll have some clarity in terms of what is actually my desire versus what is the spirit's desire to do that (good intentions) so that they can get that (superior, power, adoration, pedestal).

See at the moment, they're sort of motivating you to do many of these things because you believe them to be good, and so they can easily motivate you to do them, but their object is to get this, their addiction met. So, their object is very dark really, and they don't really care what happens

to you in that process. And they want you, of course, to be in harmony or agreement with them so that they can have a stronger bond to get these things from you. You follow.

Yes, so this is very good. The fact that you have some self-awareness, remember we said last week, awareness is not an awakening. You remember we said, awakening involves feeling all of this, like sort of how bad it is in the soul and wanting to change that. Awareness is I know that I've got these things happening, so that's very good that you at least know that because a lot of people in your position with the amount of spirit influence you actually do have, are not even aware of that. They aren't even aware that these are problems that they are facing.

Now, it's not that (good intentions) that's leading you astray, so all of the pure things relating to the obedience of God's Laws are not leading you astray, and these things will bring you rewards if purely motivated, so, they'll bring you rewards but it's that (superior, power, adoration, pedestal) that's going to bring some severe consequence.

And the other problem is, one spiritual fact, and it's a very important spiritual fact, I think I mentioned it last week, is if you become a teacher of others, you must make sure that what you're teaching is true. I don't mean expressing your opinion.

There's many times people ask me my opinion, and I say, well, my opinion is this. Now, you're allowed to have an opinion, and as I said earlier, my opinions change on a daily basis. So, an opinion is fine, as long as you're not teaching it as a fact, right. As soon as you start teaching it up as fact, you are now setting yourself up as a teacher. Now, if you setting yourself up as a teacher is not really a God-appointed assignment, now you're going to be teaching others falsehood, that destroys lives.

And, in fact, most of you don't know this, but the people who are in the worst places in hell at times, are the people who - not Stalin, and not Hitler, and those kinds of people, but the people who taught falsehood that generations of people - so you think about Stalin and Hitler, these people influenced or harmed people just in their generation. Once they died, and the people who were harmed by them died, the new generation is hardly harmed by them anymore. When you set yourself up as a teacher, it's

every generation for thousands of years can be harmed. Can you feel the significance of the difference.

One set of people harmed just the generation; the other set of people were harming people for thousands of years. For example, the people who corrupted Christianity, many of them are still in hell and they are in a darker place than Hitler is. So, that's sobering if you look at that.

And this is why, bringing yourself into align with spiritual principles are very important. It's actually very dangerous for you to teach others while these conditions exist (superior, power, adoration, pedestal). You follow? And, in fact, the spirits with you are using your desire to do this (good intentions) and your desire to have these feelings (superior, power, adoration, pedestal) against you. They're agreeing with you doing that, as long as they get that.

Mary:

And you can see how you even end up questioning, if you think about your question, you got to this point where you're like, do I even have these things anymore.

Jesus:

Yes, you're questioning that, and that's not a good thing to question because these are good things. What needs to happen is the purification of them, so they're not tainted by the error or the sin. Does that make sense?

Participant Male:

Yes, I mean that's what I've been trying to figure out, like whether I need to stop, so I've stopped a lot of things when I started to realise this was happening, so I've stopped a lot of it, partly just stopped anything to do with that thing list on the right, but yeah, I've just got figure that out.

Jesus:

Yes, the best course of action is to start looking at these things more seriously and to start addressing those things, the desire for those things. It's the desire for these things that attract the spirits helping you with those desires too. So, the trouble is, they are motivated to connect to someone like you, to have power over others. You're also, for different emotional and spiritual reasons, desiring the same thing. So, now the good things that you

want to do get tainted by you could say, the bad spiritual and emotional condition that exists.

If you can address the spiritual and emotional condition with more sincerity for yourself, then doing these things will not be dangerous at all. You won't enter into superiority with others, you won't enter into, I'm better than you because I'm helping you, you won't enter into some kind of damage of children by teaching them things that are actually out of harmony with love, and you're self-awareness will turn into self-awakening, you know, like you'll awakened to the problems and the sins you face, and these things will eventually disappear. So, you don't give up the good.

Mary:

Yes, and can I say, this is a lot how, if you like, evil wins on Earth. We meet a lot of people who say, I was doing this thing, I thought I loved it, some of it's not even those things, and I just loved it, and then I realised, oh, I've got all these addictions and injuries, and I was actually harming everyone with what I thought that I loved, so I'm just going to stop doing what I love, because obviously, it's harming people. But actually, you still walk away with these same issues (superior, power, adoration, pedestal), and just take it to the next it to the next thing that you do. And so, the evil the continues, but the aspiration for good has stopped. So, it's a very important lesson.

Jesus:

So, in that way, sort of evil has won. So, not a good thing to do.

Participant Male:

Thank you.

Jesus:

You're fine with that answer, you get that.

Participant Male:

Yes.

Jesus:

Good day.

Mary:

I mean, obviously, James we're not saying, just carrying on and just deal with those things as a side issue, you know.

Jesus:

Obviously, the sin, remember if we think of this diagram here (flipping the whiteboard over), if we think of that diagram there (obey God's Laws versus disobey God's Laws), can you see that if I can focus on stopping myself doing these things, obviously, it's going to have to be an emotional and spiritual process that stops these things, if I can stop these things, then anything I choose to do, will be in this category (obeying), and therefore, every one of those things you listed of what you want to do, you can do every one of them, and it will all be fine. There will be no problems at all.

It will, in fact, benefit you, benefit your future life now and in the spirit world, as well as benefit others. But if you live in this place, not dealing with some of those spiritual problems, then you can see, you can take actions, but they're all going to be tainted by the sin, and then as a result of that taint, there's a sort of like a thing that happens that you end up almost making a little decision here, and another little decision here, and another little decision here, and another little decision here (pretending to walk lower and lower as if going down stairs), and really what you're doing is stepping into hell as you make every little decision.

And for most people, they don't realise that - so let's say my condition is here (at head height), and then I make a little decision, and then I'm working along there, and a little decision (condition has lowered) and I'm working along there, in terms of my condition of love, you can see, it's only by looking and comparing before that I'm probably going to see that I've changed.

And this is something that happens on Earth with everything including the environment. Most of us are not noticing the change. We're making a little decision here, a little decision, there, a little decision there, often times we think we're being better with it, make a little decision, but we're not understanding that if you compared say, the environment here, not in England so much because England had tens of thousands of years of little decisions to result in the current environment you got here which is utterly devastatingly destroyed, and if it wasn't for rain you would be in bad trouble

here in England. You're already in bad trouble, but you'd be in a lot worse if it wasn't for the fact that you got regular rainfall.

In other countries, we see, like Austria, very similar, huge destruction, huge destruction that's happened over centuries and every generation didn't notice, the little bit of extra they were doing, and the little of extra they were doing, and the key in your life is to become sensitive, oh, that was a little bit darker than what I was doing before, you know, something's wrong here. I've got to stop this trajectory because of you do just a little bit darker, a little bit darker, a little bit darker, before you know it, it's going to be black.

And this is the trouble we face in the world as well with the environment. We're all sort of doing a little bit darker, a little bit darker, a little bit darker, not measuring the results very rapidly, and as a result, there is going to be some pretty dire consequences for the whole Earth ahead of us because we're not noticing the little bit, little bit, little bit that we're doing, you know.

So, before I just raised the issue of toilet paper which seems to be a really innocent issue, but you can see there's spiritual things involved in it. Like, everything has a spiritual thing involved in it, generally, a spiritual attitude involved in it. Like, a spiritual attitude of economy is involved in it, and that's a beautiful spiritual attitude. If we can develop economy in everything we do, life is going to be a lot better, right, so it's a beautiful spiritual attitude, but most of us, we don't notice the decay of spiritual attitudes very rapidly.

We generally, only notice the physical thing. Because remember last week, we talked about being physically, sensorially centric, in other words, we're just measuring the senses of our body, taste, touch, what we can smell, see, hear, that's the way we measure everything, and as a result of being sensorially bound, God's intention was that we weren't going to be bound by it, but we use it to interface with the world, but many people on Earth are bound by their senses to the point where unless something is so, so, so obvious, they can't see there's really any change, unless it's right, bang in your face.

So, interesting thing was covid, covid was a bang in-your-face thing, wasn't it. But your rights as individuals, what I mean by that is, the free will we should be given as individuals has been eaten away by your governments for 40, 50 years, during the wars and afterwards, 2nd and 1st World Wars and afterwards, your rights have been slowly eroded more and more and

more and more, and the average person didn't notice until covid. And when covid came along, now this video is probably going to be banned, right...

Mary:
Yes, yes.

Jesus:
...because I mentioned covid, but anyway, another problem, right, and once that come along, it's in everybody's face, and when it's in everybody's face, now they become aware, oh, our rights are being controlled here, or our free will is being controlled here, right, but it's been going on for centuries, centuries of time, and most of us don't notice because it's just eke a little bit, eke a little bit out, and unfortunately, for most of us, it's the same with our sin. We just do a little bit, a little bit more, a little bit more, our intention is not to end up in darkness, for the most part, but because we're just doing a little bit more, a little bit more, allow a little bit more, a little bit more, and you see this happening in the world today, everywhere.

I see it in the young people, in particular, everywhere like, you look at the sexual issues that young people face nowadays, there's been so much erosion of sexual morality, that now there's no such thing as sexual morality almost. It's just eaten away, eaten away, to the point where, from God's Assessment, it's dark as dark sexually, and yet the average person doesn't really see it very much. They see it more as progression, freedom, interestingly enough.

So, yes, very important, and so it's a very good question. Really, the question is, I'm doing something that I think it's good, but why is it that it doesn't it always turn out good, and the answer is because there is corruption involved in the good.

Participant Another Male:

In regard to the priorities, is it possible to define what is spiritual matters or to summarise it.

Jesus:
Okay, yes, very possible. So, let's do that. Spiritual matters are always principles. Do you know what I mean by principle?

Participant Male:
Yes.

Jesus:

So, if we look at principles, and this is very important to bear in mind for most of us, that principles to God are far more important than other things, and the reason why I know that for certain is because God's Laws are stricter when you break a principle than they are for any other thing.

Spiritual matters are principles based on love and truth. That's what a principle is. Now tomorrow morning what we're going to do is mention some of those principles, and if you want to do a bit of homework tonight, if you're up to it, there's a [2016 Assistance Groups](#) (AG) that can be downloaded from our website (downloads, event year 2016) you'll find in there, a series of AG that we did, and the very last two groups, which were done, I think was done in November of that year, so they should be at the top of that list because we list everything in reverse order that we do it, you'll see there's two groups that are called [God's Loving Laws](#), and in the God's Loving Laws group, we mentioned principles that are based on three main areas.

What we called fundamental principles, which are sort of the basis of how the entire universe sort of operates, in terms of the laws governing the universe, and in amongst those love and truth, are two of those principles, but everyone of God's Laws has a connection with fundamental principles that are listed in that group. And then there were order-based principles which are to do with hierarchy, scope,

Mary:
Things that enforce order in the world.

Jesus:
Yes, things that enforce order like governance.

Mary:
Responsibility.

Jesus:
And things like that.

And then the last group of principles we called soul-based principles, which are principles specifically created that govern the human soul.

So, God created principles like love and truth, for example, principles, they govern everything. You could say they are the fundamental building blocks or the fundamental structure of the universe. And then there are order-based principles, which order the universe and keep everything orderly, which includes keeping your emotions orderly, keeping your sexual and physical life orderly, and your spiritual life orderly, so these apply to all of these conditions.

And then there's specific principles that God created just because you are God's Highest Creation, and God needed some specific things that apply to His Highest Creation that didn't apply to anything else that the other things don't have self-awareness and they don't have free will, so God created a set of principles that guide the beings with free will, and guide the beings with self-awareness, and those things are soul-based principles.

And that list of principles govern, which are all based around love and truth, they govern your entire spiritual life, and when I say your entire spiritual life, your entire life is governed by your spiritual life. So, they all connect, all of these things here, we would classify them as spiritual principles, laws governing spiritual principles, and all of those things, and I think - by the way, there are far more than what we listed, we only listed I think 13 total principles in amongst those groupings, and God has hundreds of them, but the 13 we listed are the most fundamental.

Mary:
Seventeen.

Jesus:
Seventeen, was it, okay, so the 17 we listed are the most fundamental in the sense that if you can get your life in harmony with those 17 principles, you're going to be in harmony pretty much with every single law God's ever created, if you can get yourself in harmony with those principles. So, I suggest as a bit of homework, have a look at that third group.

Mary:
Now, you don't have time to watch all the videos.

Jesus:
No, not tonight.

Mary:
But there are actually pdf handouts ([Outline for Introduction to God's Loving Laws](#)) that we did for each talk that are well worth - like they are things you can research quickly, you can download them from the website.

Jesus:
And just read through them, you won't be able to read through them all tonight, of course, because there's quite a lot. We did, well, total we did near 70 hours of video in just the discussion of those things, so obviously, it's going to take you 70 hours if you're going to watch them, and if you're going to read them, it's going to take you quite a few hours, so maybe not tonight. But we recommend you do so because it will help you understand what the spiritual part of your life is.

Now all spiritual parts of your life do affect the emotions and do affect the sexual and physical parts of your life. An example of that is, one spiritual thing which is a soul-based principle is to do with how your soul works, and humility is actually to do with how your soul works. When you allow emotion to flow through your soul, then your soul works better than if you don't allow emotion to flow through your soul.

So, every time you lock down an emotion, you're actually disobeying a very fundamental spiritual law. You're breaking the law that governs the functioning of your soul. Now your soul requires that you feel and experience everything in order for it to pass through you. If you lock it down, if you suppress it, it won't pass through you, and it will get stored in you instead.

Now this is a very fundamental principle, spiritual principle about how the soul works, so when we teach that principle, people go, but, yeah I've got my emotions and I go, yeah, the reason why you've got your emotions is God created you to be an emotional being to have these emotions pass through you, and the reason why you've got the emotions is you didn't let them pass through you or somebody else didn't let them pass through you when you were young. And most people go, but I've got the emotion, and I go, yeah, but...

The principle is, you've got to let it pass through you. You've got to go through the experience. And they go, but I don't want to go through the experience. I know it's going to be painful, and I go, too bad, you're going to have to have the experience. You're going to have to go through the experience because if you're in harmony with the spiritual principle of how the soul functions, you will want to do it. You'll get to the stage where you want to do it and it won't matter to you how painful it is because you know that any pain that exists in your soul, if you experience it, will go and pass, and it will be gone.

And once you believe that you'll start doing it, but you have to believe it in your feelings to do it. And once you believe it, you will do it. Now most people on Earth don't believe it, and so they haven't done it. But it's a spiritual principle governing how the soul functions and so, that's an example of a spiritual principle solving a soul problem, but if you block an emotion in your soul, what happens, interestingly enough, is your two bodies, remember you're half of a soul, so Johnny, you are half a soul and you've got your half of the soul and you know your attraction is...

Participant Male:
Women.

Jesus:

Yes, so you know the other half of your soul is feminine, right, now if you block an emotion in your half of the soul, then something in your body is going to go wrong because there is no energy now flowing through your body from the emotion being blocked in that soul will affect a certain area of your body. So, let's say you block yourself to love, well what's going to start happening is you're going to start having heart problems. In your physical body, you'll start developing heart problems.

Firstly, the energy stops in the heart area of your spirit body, and then because there is a silver cord connecting the two bodies together, the heart in your physical body also gets affected by it. So, if I solve the spiritual problem of allowing myself to love and not holding on to my sadness about love, then I'm going to fix my heart in my physical body. So, that's an example of how me understanding the spiritual problem is solving a physical issue. Can you see.

Participant Male:

Yes.

Jesus:

Yes, so a lot of us want to - when we get a physical problem we go, I just want to fix it. Like, I've got heart disease, as people say, I just want to fix it. What do I do to fix it? Solve the spiritual problem, is the way to fix it. The spiritual problem is, you're not allowing yourself to feel your sadness about love, that's the spiritual problem. You're sad about love. You have an emotion about love that's locking you up with a belief that's false about love.

You think that if you block love, you're protecting yourself, that's a spiritual problem. It's not how the soul works. If you block love, you're blocking the flow of love through your soul. If you block the flow of love through your soul, you'll even block self-love in your soul, and as a result your heart will develop a problem and you'll die, your physical body will eventually die from that problem just because of the spiritual problem that caused it. Does that make sense?

Participant Male:

Yes.

Jesus:

So, if I examine that and I think, right, these principles, these spiritual problems, and we define them as principles based on love and truth, if these spiritual problems can be resolved, I not only will resolve my spiritual problems, but I'll also resolve all my beliefs and all the things that I believe and think, I'll be open to receiving truth from God, so I'll now know what to believe, not only will all that be solved, but I'll now deal with some emotions, and release some emotions that are in disharmony with love and truth.

In other words, I'll deal with all my sin, that'll be gone. And all my sexual and physical problems will just disappear, if I do it. So, can you see, if I focus on dealing with my spiritual problems first, it's the most economical in the long run to dealing with any problem. But most people go, forget about spiritual, forget about emotional, forget about sexual, I want all of those things happening the way they currently are, but I'm getting heart disease, tell me how to fix it.

And I'm going, well, this is how to fix it. You fix the spiritual problem, but I don't want to hear about the spiritual problem, you tell me what to do. So, the doctor, when you go to the doctor, he tells you what to do. What does he tell you what to do, Phil, you're a doctor, heart disease, what are you going to tell him what to do.

Participant Male:

Well, it's usually medication, isn't it, is what a doctor will tell you.

Jesus:

Right, so what kind of medication would they have to take.

Participant Male:

Depends what sort of disease it is.

Jesus:

Let's say I have a blockage in the valves of my heart with fat deposits and other things, what would I do.

Participant Male:

Well, you'll probably need to be on some aspirin.

Jesus:

Yes so, thinning my blood.

Participant Male:

Thinning blood, yes.

Jesus:

Yes, what else would I need to do if I had bad heart disease. I've got to change my diet, don't it, would you recommend that.

Participant Male:

Yes, for sure.

Jesus:

Dr. Phil. (Laughter) sorry, I couldn't resist that. So, he recommends that you also change your diet and whatever else. So, what is he doing? He's recommending physical solutions to a spiritual problem. How's that going to go. It's not going to work very well.

Participant Male:

It gets worse and worse Jesus.

Jesus:

It just gets worse and worse, doesn't it. And this is the part that's frustrating for doctors is that they have all of this medication now, and all of these prescriptions and all this medication, and usually by the time a person reaches my age or older, 60's and 70's, they're on so many things, it's like a potpourri, is it. (Laughs)

Participant Male:

You can hear them rattling when they walk because of the pills in their tummy.

Jesus:

Yes, basically, well they're rattling carrying them all in their belt band, where the days of the week on them, and yes, it's a problem. But because the focus is just fix me physically. You see, a doctor is just responding to your demands to be fixed physically without dealing with a spiritual problem.

But if everybody understood, no, there're spiritual problems that cause emotions that trigger all of these other problems, and if we deal with these spiritual problems, we'll fix these other problems. If everybody understood that, you'd go to the doctor and you'd say, I've got heart disease doc, and he'd say, okay, what we need to do is put you on a regime of opening your heart and dealing with all the reasons why you're sad about love, and what's going on in your history. We'll have to send you to a psychiatrist who's going to help you examine what's going on in your history to find out why you've locked yourself down with regard to your sadness about love and everything.

And you imagine giving that advice, the average person would go, what in the hell are you talking about, I just want to come here, give me a pill. And as any doctor well knows the average person just wants a pill because they don't want to deal with their spiritual problems, and they don't want to deal with their emotional problems. Makes sense.

Participant Female:

Hello, thank you for being here. It's Philipa.

Jesus:

You've forgotten now.

Mary:

It was a while ago.

Participant Female:

It was a question that I also had last week, was around the UK specifically, what are the biggest emotional injuries here that you feel prevent progress.

Jesus:

The very single biggest is what I would call a conspiracy. But it's not going to be, if you know me well, I'm not sort of into conspiracy theories very much, but this is the biggest conspiracy. (writing 'DON'T FEEL, BE AFRAID' in big letters on the whiteboard).

The single biggest conspiracy on Earth. Don't feel, being afraid of your feelings. Be afraid, you can't handle them. You're never going to be able to handle them. Do whatever you can to avoid them. The single biggest problem on Earth.

Basically, the biggest problem on Earth is humility. That's why we don't know much truth yet, that's why we don't hear from God yet about many things, it's why we don't understand much about the spirit world, it's why we don't get life in terms of how God created it to be, because fundamentally, we don't like humility.

We don't want to feel, we would rather stay afraid and live in our fear instead. The biggest problem on Earth, without a doubt. Of course, that particular problem begins by some other deeper spiritual problems, which is, I don't want to accept that God exists. I don't want to accept God's Laws. It really begins there, doesn't it, but that's a big problem.

Because if I can't develop this spiritual quality of humility, I am very shut down to any other form of development. It's going to be very, very difficult for me to change, and grow and develop, all the things that God wants me to do, it's going to be very hard for me to do, without humility.

Humility is the beginning, you could say, of change, but before humility, there's something you're going to need to have.

Mary:

And actually, this is something that John mentioned for this group, isn't it, that it's quite a block here. I'm pretty sure I know what you're going to say.

Jesus:

Well, I don't know if you do, but we'll see (Laughs), because that's not what I feel.

Mary:

It's not what you were going to say.

Jesus:

The biggest block to humility, what do you reckon it might be. So, firstly, we don't have faith in truth about humility.

So, what do I mean by that? What I mean is that we don't believe with all of our heart and have a desire to understand the truth about being humble. We don't want to know the truth about being humble. The truth about being humble is it's going to lead you to all truth. It's going to eventually lead you to love. It's going to also create huge changes in your life because you'll be humble about making changes no matter what the results.

So, can you see faith is a spiritual quality. Truth is a spiritual quality, because they're principles, and humility is a spiritual quality. This quality (circling 'truth' on the whiteboard) belongs to God. Is that not true. And this quality, humility, so truth belongs to God, only God, not yours. Humility belongs to you, me, it's up to me, and faith is up to me. So, to solve that biggest problem, I, no one else, I am going to have to develop faith in God's Truth about me being more humble.

I'm going to have to develop faith, and I'm going to have to develop humility, and if I do that and ask God about what the truth is, I will change. You follow. If you could boil all of human's problems, all of humanity's problems down to one problem, that's the problem.

There's no faith in God's Truth about humility. Lots of faith in arrogance, lots of faith in self-opinion, lots of faith in people who are arrogant, lots of faith in science, you know, like how many times do I hear that science is going to solve the world's problems, and I go, how is that going to be the case, when it's caused most of them in the first place. There's faith in all

these things that don't work, and yet we don't have any faith in humility because humility requires me to feel something, doesn't it. It requires me to feel something.

Humility requires me to feel something. Without humility, I will not feel. If I don't feel, I can't change. I can't have desires, I can't be happy, I can't be sad, I can't feel joy, I can't feel sorrow, I can't grow because humility allows me to accept more truth, so I know where to grow. I can't do anything without it.

I can't learn. I can't be a student, I can't understand anything because humility lets me absorb new ideas, right, without humility, I can't absorb new ideas. So, humility allows me to do a lot of things that I wouldn't otherwise be able to do, but if I have no faith in it, none of those things are going to happen. Because faith is a desire for humility, faith is what drives me to humility. Faith is saying, it's a good thing. You go there; it's a good thing. See when it comes to feeling feelings, most people have faith that it's a bad thing, they've got a corrupt faith, it's bad.

So, this is God's Truth that humility is good, and I need to develop faith in that. That's what I need to do. If I do not do that, my progress will be only driven by compensation. In other words, you'll be beaten into submission by the law, because the law's job is to cause you to have correction and reparation, that's the law's job. You're going to be beaten into submission by the law, unless you do that.

Then you'll love the law, if you do that. You won't need to be beaten into submission from it, because you're already doing it. Like, if you really loved the law, can you see, if you really loved the law and its results, can you see you won't need to be forced into doing them, you'll want to do them.

But when we don't love the law, when we don't have faith in the truth about humility, we don't love the law, and what happens then. We're going to have to be pressured into doing them somehow, for following the law at some point. And that's the purpose of the first five spheres of the spirit world. They're all there to pressure people into, through the law, to force people to eventually become loving, that's why they're there.

If we all had faith in the truth about humility, the first five spheres of the spirit world would no longer exist, and everybody who pass from Earth

would pass into the 6th sphere. Now that's something I would love to see happen soon. Of course, it's going to happen in my lifetime. (Laughter)

Mary:

It's a pretty long life.

Jesus:

Because I've got an eternal life, right, so sooner or later I'll see that happen, but it would be nice sooner than later because the average person from Earth passes in such extreme pain and agony with regard to the amount of breaking of the law that's occurred, and it's completely unnecessary, completely unnecessary. But because sin is a human creation, humans are going to have to deal with it, because God didn't create sin, humans did.

Alright, so what are we going to talk about tomorrow? Well, what I'd like to do tomorrow is focus more on answering individual questions, but can you see the focus is not going to be on your feelings, is it. What we're going to do is answer your individual questions more based upon the principles surrounding the spiritual principle that needs to be learnt. Does that make sense to you.

If you learn the spiritual principle in your heart, the emotional and sexual and physical problems you face, will be solved. So, it's far better if we can focus on the spiritual side of this.

We also would like to discuss a little more about some of the spiritual principles that govern your life, and that would require some of you asking some questions about that because tomorrow, I'm not going to talk very much. Well, it's probably not right for me to say that. (Laughter)

I'm not going to talk very much except in response to your questions. Does that make sense. So, tomorrow, the goal is for you to feel about your questions that you want to ask, and we will relate them to spiritual principles. And the goal, so that we can eventually see where God's Laws are being broken so that we understand what we need to fix. That's the motivation of the discussion.

If we can go in that direction, this will give you a feeling of power in your personal life over dealing with your problems. See what I would like for each of you to feel is a deep confidence in humility, a deep confidence that

you can deal with anything yourself. A deep confidence that all you've got to do is engage the principles and you'll work through the problems emotionally and sexually and physically, you'll work through problems because you've engaged the spiritual principle. If we can grasp that by tomorrow evening and start to feel some of that in ourselves emotionally, then that's going to go a long way to solving many of the problems we face in our day-to-day life, right.

Very important to focus on the principles, and the purpose of this is to bring us more into harmony with God's Standard of Love so that we can see that everyone of God's Laws He created because He loves us, not because He's trying to make our life difficult and hard, and not because He's trying to torture you, He's not trying to browbeat you for the rest of your life, but every law is there as an expression of His Love for you, and when you begin to understand and grasp that, you realise, every law is helping me to grow in my joy and happiness in my experience of life.

Every law is for that purpose, so that's where we would like to go tomorrow. Sound alright with you. Of course, tomorrow we may also involve some spirit questions in our discussion because obviously, we want to help the spirits who are in attendance as much as we would like to help you, and sometime you'll find that their questions will cause you to ponder about what you may face in your future as well, so we'll do that too.

Alright. (Applause)

Thanks guys.

I would like to remind you of one thing, any personal thing you would like to ask us has a principle involved. A good thing for you to try to start to do is start looking at what principles are involved with every personal thing you face. And we would like to recommend that tomorrow, when you ask your questions, we would like you to have given some thought to the principle involved that might be needing to be addressed because of that question. We want to help you to be able to help yourself more.

We know that all of you after we finish this group will go home to your respective countries, and your respective homes, and Mary and I are going to be on talking to another group, and we're not going to be able to help

you, we're not going to be able to talk to you when we're there, we're going to be talking to them.

And it's physically impossible for any one person on Earth even to help you with all of your problems. That's why God's given you a guide, and a guardian to help keep you alive, to help you function, and to protect you, and God's given you your conscience so you can ask God any question. Any person including ourselves, we're limited. We're not going to be able to help you in every circumstance, so God can and so this is why it's such an important thing that you focus more attention on your relationship with God than your relationship with Mary and I. Does that make sense.

And so, what we would like you to do tomorrow with your questions, is we would like you to ponder about the principle and also, if possible, attempt to ask God through the operation of your conscience, attempt to ask God what God feels about it. Can you do that with your questions tomorrow.

So, you want to ask God what God feels about it, and also you want to try to understand what principles might be involved with your question. So, that's what we would like you to do tomorrow. Because what we're trying to do is to get you to put some more personal effort into your own life.

Okay, well thanks for your time today, and we'll see you here tomorrow morning.

Damerham, Hampshire, UK Day 2

Part 1 - August 31, 2024, at 1100

Damerham Day 2 Part 1

Jesus:

What other things are you going to take away from me today?
(Laughs)

Mary:

What do you mean, what other things?

Jesus:

Well, you know, I took away their toilet paper yesterday.

Mary:

Oh, I see. (Laughter)

Jesus:

Took away their coffee last week, chocolate the week before.

Mary:

What else is going to be a sin by 4pm. (Laughter) Hopefully we can focus on some of the spiritual principles, it will help us with all those physical decisions.

Jesus:

Yes, that's our focus today. So, last night remember I said, we'll probably try to get started straight away with questions and that you've given some thought to the principles involved.

There is one thing that I would like to raise with you guys today, but we'll see where the questions take us in the first hour, and if the questions don't take us in the direction of where I would like to have some discussion, then what I'll do is I'll just pause the questions, and

we'll raise some issues that we feel for many of the people in the group, particularly many of you young men in the group, that we would like to address, that we find worldwide is happening with many, many young men. And when I say young men, men under 40 or thereabouts.

There is a lot of things going on spiritually around many of you and we'd like to sort of discuss some of that as a part of our discussion today. Because we feel that many of you are actually, without knowing it, are severely misrepresenting our teachings through what you chose to do with your life and so, it's something we need to address.

Sound alright, okay. (Laughs)

Mary:

No one wants to ask a question now.

Jesus:

Well, let's get started, who wants to start first. Let's go to, yes, keep your hand up. Thank you. Name please.

Participant Male:

Daniel.

Jesus:

Daniel.

Participant Male:

Sort of first young man. So, I have two questions, I don't know which one to start with.

Jesus:

Yes.

Participant Male:
I'll go with that one.

Jesus:
Let's start with the one you feel the most about.

Participant Male:
Alright, so I feel I have feelings I'd really like to meet my soulmate.
And I feel her sometimes, I feel like that part is open so I don't want
to get into the story, right.

Jesus:
Do you think you already know who it is?

Participant Male:
I have an idea, but I'm open to being wrong.

Jesus:
(Laughs) okay, yes.

Participant Male:
And so, I'm kind of baffling with the sexuality. I guess principle wise,
I'd like how I'm harming myself, my soulmate, and the person who
I'm, for example, projecting on to.

Jesus:
Yes, so let's talk about this issue of - we have talked in a previous
group, I think it was in Portugal.

Mary:
Belgium is that what you were thinking of.

Jesus:
Portugal.

Mary:

Portugal and Belgium we talked about soulmates.

Jesus:

We talked about soulmates a bit in both of those countries.

Mary:

On the last day, that video, it might have been taken down. So, there's only an audio, on the last day of the last group.

Jesus:

It was taken down because of YouTube.

Participant Male:

Can I add something because I feel like, from my experience, if you feel like, for example, with porn, I don't want to watch that anymore because I feel like there's so much darkness in that, but there's degrees to that as well, right.

Jesus:

Well, we need to have a conversation about sexuality in general with this audience because it's one of your main problems.

Participant Male:

Yeah, yeah, yeah, but from experience if you feel, if you get a sense of how - what's actually going on, then you kind of drop the desire to do that and - I maybe be wrong, and then, yeah.

Jesus:

Can you see firstly, let's address one thing. You're asking questions, but you're not even allowing me to say anything.

We notice this a lot too because many of you have a very set idea of what the problems are, and so when you ask questions, it's a lot of times about making statements rather than asking questions about

what you already believe, and to be frank with you, what you believe is already quite corrupted so the more you share it, the more my group gets tainted by your sharing.

So, I would like to focus on the truth about the problems that most men, in particular, face, men of all ages, face when it comes to sexuality. And then, I'd also like to focus on the problems associated with what many men, particularly young men who are in competition with their fathers, face with regard to their ability to hear truth and also, spirit involvement in their activities in day-to-day life.

Those two areas are having a fairly large effect on the planet, on Earth, at the moment, and a lot of people in the guise of spirituality are actually doing a lot of damage. And this is what we also notice with our teachings is that people grab our teachings and then use our teachings to justify a lot of very unloving behaviour which is not what we're teaching. So, we want to address those things if we can.

I can feel your position. I can understand what your position is with sexuality so, let's discuss that first. But it's very connected to the issue of finding your soulmate as well. Because unless you deal with issues of inter-gender emotional issues, and you actually bring the sins that are inside of yourself and release those sins that are associated with inter-gender emotional issues, what will eventually happen is you'll be so close to your soulmate, there's no way you will ever find her on Earth, and there's no way you'll ever, even if you do find her, ever recognise her really as your soulmate anyway.

There are a number of things we need to discuss about the dynamics of how some of these things get set up, but also about what principles are involved with regard to sexual morality.

Because if you look at our hierarchy, remember that yesterday, we raised the hierarchy, what was the highest in our hierarchy.

Participant Male:
Truth, love...

Jesus:
So, what are they? Spiritual...

Participant Male:
Oh, spiritual, emotional.

Jesus:
Yes, so they're spiritual (one) matters or you could say they are spiritual principles, aren't they, which are the most important thing that should guide our life. And then comes, what is my emotional (two) condition, and obviously, in emotions, we can basically, broadly define emotions into two areas. You could say there are loving emotions, and then there's unloving emotions.

An example of that is fear is always an unloving emotion. So, you want to be able to release it and get rid of it because it's going to drive a lot of behaviour that's very unloving if you don't. So, fear is very much associated with sin.

Anger is usually, and I say usually, a very unloving emotion, when I say usually, what I mean is most people do, in Western society, do need to feel anger at some point because they have a lot of high demands and expectations, and they're going to have to work their way through the principles as to why they have those demands and expectations. And to do that, they're going to have to feel their anger, but at the end of the day, anger is all about controlling deeper, harder emotions to feel, so that's another example of an emotion that really is not good for you, and if you live in those places, you're going to get very dark, very quickly, generally.

So, there's emotion, and emotion, you've got good emotions as well, like loving emotions, and happiness, joy, these are good emotions.

And sorrow, in itself, is actually a good emotion in the sense that it's a emotion that you won't project upon others unless there's fear involved with your sorrow. So, what I mean by that is, if you feel grief by yourself, and without demanding anybody around you take your grief away, then that can be, actually, a loving expression of an emotion.

Even though the emotion, itself, will not exist in you once you become at-one with God, up until that point feeling grief is a fact of life, while you release emotions, so it's actually a healing emotion, grief. Anger is not a healing emotion. Fear is not a healing emotion. So, there are certain emotions that will heal you, and there's certain emotions that are just going to make your life worse.

Three, the same applies with the sexual side of things, right, so we talked about sexual. There're a whole lot of spiritual principles involved in sexuality that need to be understand and felt in the heart before you'll make changes with your sexuality.

The world today is becoming very, very permissive when it comes to sexuality. So, it's almost like sex with anyone is fine as long as it feels good and both people agree, and God does not agree with that idea. God doesn't agree with that idea because from God's Perspective, there are a lot of things that go on even if two people are consensual, there is a lot of things that go on that are not being addressed, that are actually very unloving in sexual behaviour, and these particular things are actually going to degrade your soul. Even if both of you are consenting, they are still going to degrade your soul.

So, sexual behaviour, and then of course, we talked about the last area of physical (four) life, and that's where I've mentioned things like toilet paper, for example, and engineering that I just talked about as an aside before we started this group this morning. There's a whole lot of physical areas where our lives are very unloving as well, and we

need to look at the spiritual principles, so that we change the physical areas of our life that are unloving.

On whiteboard:

1. spiritual principles
2. emotion
3. sexual
4. physical

So, really what we want to do, as you can see from that, is we want to focus on the spiritual principles when we're discussing the issue of both - so, the two issues that you've really raised in the one question are, how do I find my soulmate, so we want to talk a bit about soulmates, and then the other thing, how do I deal with my sexual addictions.

Mary:

Is that the guts of your question, they are the two main areas that you wanted to ask about.

Jesus:

You can see that they are related (soulmates and sexual addictions), aren't they?

Participant Male:

Yes.

Jesus:

Because if I'm in sexual addiction, I'm definitely going to find it a struggle either to find my soulmate, but even if I do find my soulmate, I'm probably going to destroy the relationship.

Participant Male:

Because there are sexual addictions and there's me being involved sexually when I'm not enjoying it, but I do it because I want to...

Jesus:

Well, that's all sexual addiction.

Participant Male:

Okay, yes, cool.

Jesus:

Most people's sexual addictions are also involving their emotional addictions, right, and often times their emotional addictions are even more intense than their sexual addictions, and that's what drives much of their sexual behaviour.

Participant Male:

Right, yes.

Jesus:

So, an example of that is, let's look at an emotional addiction. An emotional addiction of wanting power. So, let's say I've got an emotional addiction of wanting power, and when I became a teenager, I realised that, oh, people give up power in sex a lot. You know, and people take power over others in sex a lot. So, when I became a teenager, I worked out that, oh, I can meet this emotional desire for power by attempting to do things sexually that make me feel more powerful than the person I'm having sex with. Does that make sense to you?

So, the emotional addiction of wanting power causes you to also, generate a sexual addiction which is, I'm going to be dominating to get power over somebody. So, this is where you get things like, what do they call it, sadomasochism, BDSM (bondage, domination, sadism, masochism), bondage, where you've got one person has physical power over another, but also feels sexually turned on by having that physical power, and the other one is in a submissive role, and they feel sexually turned on being in a submissive role. And that's

indicative of emotional addictions that are coming out in the sexual behaviour of the person.

Mary:

But Jesus, you would have to say that's at the extreme, it's still happening many times when none of those practices are engaged.

Jesus:

Correct, correct, in fact, for the majority of people on Earth, most of their sexual addictions are involving emotions that drive their sexual behaviour.

So, let's say you're a guy who finishes up like just even looking at lots of different women, sexually, with a feeling that you would like to have sex with her, so that, in itself, from God's Perspective, just you looking, is a sin, it's already out of harmony with love, and underneath the looking is the emotion driving the looking, which is what? What emotion drives you to look at the bottoms of every woman you see or look at the breasts of every woman you see, or just see a woman as a sexual object and that's all, what emotions causes you to do that.

Participant Male:

Yes, I don't know.

Jesus:

Yes, that's right, the majority of people don't know.

Participant Male:

And I've been trying to like...

Jesus:

You're going to need to know.

Participant Male:

Yes, intellectually, I can't, I don't know.

Jesus:

Yes.

Participant Male:

I couldn't, at least, up until then, now.

Jesus:

Yes, and I think if we said the same to most men, most men would say, I don't really know. And in fact, a lot of men even go stronger than that, they actually say well, this is what a man does. Like, they're almost justifying, they're almost going, God created me to be this way, and that's the way I'm going to be, almost, for most men that's how they feel.

After you get a bit more sensitive, emotionally, or a bit more sensitive to the spiritual principles, you start seeing, oh, obviously, this behaviour doesn't feel right, and particularly, if I have a soulmate, she's not going to be that impressed with me looking at every woman while I'm with her so, it's going to be an issue.

And also, the body of my soulmate may not match your ideal woman body. So, what do you do then? And what I see a lot of people doing is saying, such and such is my soulmate, such and such is my soulmate, and what I see is, such and such matches the body type that you grew up believing was the best body type for a woman that you're sexually attracted to. And so, if that best body type was a big breasted woman, then you're looking for a woman with big boobs, or...

Participant Male:

Yes, yes, then there's - but then it could be both, right, because like it could be - I mean...

Mary:

You mean your soulmate could have big boobs.

Participant Male:

No, no. (Laughter)

Mary:

Sorry, I wasn't making fun, I just trying to help.

Jesus:

What do you mean by it could be both.

Mary:

Yes, what could be both.

Participant Male:

Me being attracted to both, my mum's physical appearance and then...

Jesus:

...or repelled by it.

Participant Male:

Or repelled.

Jesus:

Yes, you could also be repelled by it.

Mary:

Or you're saying, you could be attracted to more than one body type, is that what you mean.

Participant Male:

Yes, yes, thank you.

Jesus:

Yes, and being attracted to more than one body type is interesting in itself, because it's sort of like, well, obviously, you're already not understanding what body type contains a certain type of injury, like there's a common feeling on Earth, isn't there, and this is going to be very confronting for all of you, that a man is a certain ideal body type and a woman is certain ideal body type, right, now the actual truth is that God designed all of you to have a certain body type.

There is no such thing as different body types. God designed all of you to have the same body type, and what He did was, if we look at it from a mathematical perspective, He devised it around the Golden Ratio which is fundamentally that (pointing to '1.618' on whiteboard) with a lot of digits after it, and your entire body has been designed to be in this ratio. And if you are healthy, your body will be in this ratio.

Now this is if you're perfect and if your family was perfect, and if their mother and father were perfect, and the mother and father of your mother and father were perfect, and grandparents were perfect, then all of us would have perfect body type, the whole lot of us, we wouldn't be interfered with, with a body type at all, and then what would it be, all of us would look great, and so after a while you'd feel pretty much like, there's no body type that doesn't look great, and so therefore, we're not worried about body type anymore.

But at the moment on Earth, because there's been distortions, there's a lot of emotions in the lineage of the parents, and right down to great-grandparents and so forth, body types change based on the injuries that you face. So, what happens is this ratio starts getting distorted through the genetic and emotional injuries that get passed down from one generation to the next. And so, what we have now on Earth is far removed actually, and also, historically was far removed for many years was even so bad that people looked like animals for a while, that's how degraded their body types became because of all of these different injuries. But that (1.618) was the perfect thing.

So, part of the problem of this issue is in our souls, this (1.618) is programmed. This is instinctual. We're going to look at that and go, that's perfect. We're going to look at that ratio and everything we look at and think that that is perfect. The Greeks knew this, the Egyptians knew this in the past, the Romans knew this in the past, and nowadays most people are not educated about it because there's this whole rage about, you've got to accept my body type, that sort of thing meant that we've gone away from acknowledging that we are programmed to see beauty and recognise it.

Participant Male:

And then there's age as well, right.

Jesus:

Okay, so what we'd call that is physical, what we see as physical appearance, right, so that's one, and we've got age, so physical age we're talking about here. We've also got gender, because a lot of you don't realise it, but you have blockages towards one gender or the other or both because of your history. And so, some people who say they're attracted to the same gender are actually not attracted to the same gender at the soul level, but they feel they are because they've got a big blockage with their dad and they haven't dealt with that, or a big blockage with their mum, and they haven't dealt with that.

So, there's gender issues in terms of - we're talking about attraction now, not addiction. But what happens is, all of these things (physical appearance, age, gender) then, start to flick into your assessment, and you could say all of this assessment is physical sensory. In other words, your senses see, hear, like there're physical senses involved in assessment, most of this (pointing to list on whiteboard) is actually seeing, isn't it, what you see, and it's not really the person. You're not seeing the soul of the person; you're just seeing the physical appearance.

And it's interesting when we say to people - people say, oh, I think I know who my soulmate is, and I go, okay, what's she like or what's he like, and they list all the things they like about the person, and it happens to be the same thing as everybody else likes. And I'm going, well that doesn't tell me anything because the physical appearance of the person is not their soul, not their soul at all.

We have physical appearance stuff that's programmed, and then we also have physical appearance stuff that's based on addiction. In other words, my mum was a very nurturing woman towards me, let's say I'm a boy, my mum was very nurturing. So, I'm now looking for a woman probably with larger breasts because that's indicative of the nurturing emotion in a woman. A woman's emotions, usually their breasts will get overlarge if they nurture overly. So, this is a distortion of the physical appearance that's going on that happens over time.

So, when they were young, they didn't have it, but as they're growing and you see it during puberty a lot, the changes that occur. They're changing into the emotional injuries that their soul has ingested by that time. Does that make sense to you?

Participant Male:

Yes, yes, but my mum, like it's kind of the opposite because I was...

Jesus:

I know, I know, you keep wanting to tell me what your mum is, and I'm just giving the principle. You want to keep telling me what your personal situation is, I'm trying to give you some principles. (Laughs)

So, physical appearance is going to be dependent upon, now your mum wasn't nurturing, right, and smaller breasts and this is what you like. You don't like women with oversized breasts.

Participant Male:

But them, I am attracted to that as well.

Jesus:

Well, yes because you had no nurturing in your childhood as well.

Participant Male:

Right, so that's why.

Jesus:

So, physically you're now, you've got a couple of different emotions going on. This is why it's confusing for you because emotionally you've got, the one emotion is saying my mum has smaller breasts and I've idealised, or not, if you've idealised your mother then you would be attracted to a woman with smaller breasts. But if you haven't idealised your mother and you felt like you're not nurtured then you want a woman with bigger breasts and sometimes you want both because one indicates one thing and one indicates another thing, and you have both of those injuries.

So, and this is where a lot of attraction gets very distorted. And in the end, none of that (physical appearance, age, gender) matters.

Participant Male:

Good.

Jesus:

When it comes to soulmates. What matters are what the personality and the nature of your soul is, and you will see the personality and nature of the other person as being the same, right. And that's not what most people who tell us they've found their soulmate, and they think they know who they are feel. In fact, many people who say those things, go, I saw them on a video and like - we've had this happened - I saw that lady in whatever country on the video and she said similar things to me, and she felt the same way as I do, there's my soulmate.

There's no knowledge of the person's personality or nature. And also, hardly any knowledge of your own. The average person on Earth hardly lives in their personality or nature at all. They live in a facade for the most part.

And this is one thing John wanted to mention to you, our friend John, the Apostle John, wanted to mention to you as a group is that many of you don't realise how untruthful you're being by living in a facade, even to yourself. And so, this is a big problem that we see all around the Earth as well.

So, here we have a number of different issues (pointing to 'soulmates, sexual addiction, emotional addiction' on the whiteboard) which are defining, and of course, you've got, what you would classify as emotional addictions regarding appearance, regarding personality, and regarding character, and mostly the addictions are regarding character rather than personality. So, we should probably put the personality right on the end. But most of the addictions are regarding character.

In other words, many of you are attracted to people with very poor character, very poor character. So, let's say your soulmate happens to be in jail at the moment. Her character is such that she's done something that even society believes is wrong which is often like worse than what the average population believe is wrong, and therefore, probably worse than what you believe is wrong, so in other words, you believe what she's done is very wrong, but what if she's your soulmate. What are you going to do about that.

We've known people who, like, example, Emperor Nero of Roman times in the 1st century, his soulmate waited for him for 2000 years. She knew all the time after she died, she knew very quickly after she died that he was her soulmate. He tortured her to death in an arena. She was a Christian when she died, and he, obviously, was the Roman who put her in the arenas that they used for sport. And she worked

through all of her own feelings about that, realised who her soulmate was, that it was Nero, the man who had murdered her and her entire family. He had done all of that to her.

And she came to work her way through all of that. She came to love him, and all this time, he was in hell, in the hells of the spirit world, and going through, literally hundreds of thousands of sins that he committed on Earth, hundreds of thousands of sins, working his way through them, and she would come to him occasionally to try to help him and he wouldn't recognise her, and he didn't even know who she was, and it wasn't actually until he was in the 3rd sphere of the spirit world, so quite a good principled area of love that he realised, he didn't even realise that she was his soulmate, but he realised he wanted her to be.

And that's when she told him that she was, after he told her that he wanted her to be his soulmate. And he said to her, I know I'm not worthy of you, and all of those things, but I would really love it that my soulmate is like you. And he didn't realise that the entire time up until then, that she was helping him the entire time, trying to help him progress through all of his addictions and all of his problems, of which he had many of these (pointing to 'sexual addictions and emotional addictions' on the whiteboard).

You imagine, people in power for the most part, have unlimited, unfettered access to like, as many sexual partners as they want, and as many of their emotional addictions as they want to have, and so, of course, it was very difficult for him to make changes.

So, her desire to be with him wasn't based on his character, it was based on the knowledge of who he actually was in his soul, that she was his other half. She realised that during her own progress, she realised that she couldn't choose her soulmate, it was already done for her. All she had to do was discover who she was, firstly, and then also discover who he is, by discovering who she was.

And that's a very different thing than going, oh, I like the look of you, so you must be my soulmate. Or I feel attracted to you in some way, so you must be my soulmate. That's not the process that goes on here.

So, the issue then becomes, well we've got sexual addictions, we've got emotional addictions, we've got appearance addictions which are really physical addictions. We've got character-based issues, in other words, with certain character flaws that you like in another person.

An example of that, almost all the men in this audience like their women to be subservient. In other words, they want to be the god in their family. Pretty much all of you want the women to believe what you believe, feel what you feel, and also, feel for you more than you feel for them. And that gives you a feeling of power, authority. It's a very strong injury on Earth, most men on Earth have this problem.

But in the process of having this problem, there're a whole heap of spiritual principles being broken. Firstly, the principle of equality which is a very important love-based principle is being broken because basically, most men are sexually attracted to someone they're not equal to, that they feel better than, and so, this is a problem because what it does, is it causes, and unfortunately, many women have been brought up in this world we live in, for thousands of years, women have been brought to serve men. For thousands of years, the patriarchal society that we now are living in dominantly, most women have been brought up to serve a man.

You see this happening in families to this day where the little boy, he's allowed to do whatever he wants. He's allowed to have a messy room, he's just a boy, but the girl, she has to tidy up her room. She's got to help mum cooking and cleaning, and she's got to do all those other things, but the boy doesn't have to. Instead, we take the boy to soccer because that's a man thing, you know. Soccer, football, we take him.

So, we're encouraging even the next generation of children to still have this same attitude that women are there to serve, and unfortunately, many women now, in themselves, say I'm not a good woman if I'm not a good mother. No, being a good mother means that I sacrifice for my family, I sacrifice for my husband, and I sacrifice for my children, and the net result of that sacrifice is, the women in the family are treated as the lowest person in the family because she's doing everything for everyone else, and nothing for herself, and nothing that is good for her development of her personality, like discovering who she is and what she loves in life, and everything, that's all neglected for the sake of just being a mother and a wife, a partner and a mother.

And this is why many women have a desperation to have a child now as well. Because this is treated in society, unless you're a mother, you haven't experienced being a woman yet. So, these distortions, the flip side of that distortion is the men have the injury that this is the woman's role. My role is to go out and earn the bread, earn the dosh, earn the money.

Mary:
Not even sometimes.

Jesus:
Not even sometimes. Sometimes many of the younger men we're noticing have the idea, my role is to sit here like a prince and you go out and earn the money, and you come home and cook the meal, and you come and clean my clothes, and you do everything for me, and the woman does it because the man gives her a sense of approval and she's desperate for that. So, there are many women who are in desperation for man's approval, and they'll do that.

The problem with that is, these are all character things, in other words, areas of spiritual principles that are being blatantly ignored, and the primary one being equality, blatantly ignored in a relationship.

Now because that one (equality) is blatantly ignored, you can see that's going to cause distortions emotionally, which are I'm attracted to a person I can control, I'm attracted to a person who agrees with me, I'm attracted to a person who makes me feel good about myself, I'm attracted to a person who makes me feel sexually desirable and so forth.

And if they give me sex, then I feel like, oh, that means that I'm a great guy. When actually, if a woman ever come up to me other than Mary and offered me sex, I would go, what's wrong with me, why doesn't she get the message that Mary's my girl, you know what I mean, why didn't she get that message. That would be one of the first things I would look at, and then if I felt like, no, I'm definitely giving out the message, Mary's my girl, then I go, well, how can I help her to see that what she's doing with me is wrong. I'm not going to do anything with her sexually. In fact, whenever she feels that, I feel like, no, no, no, like your soulmate is somebody else.

But if I have a sense of equality, I can also feel, oh, the reason why she's doing these things is because she feels like she needs to offer herself to somebody, and obviously, the opposite feeling in the male must be that he wants somebody to offer herself to him. So, equality is a problem.

There're also issues, so whenever equality is not equal, there're now going to be bad things occur such as, so when equality is not being practiced, now we're going to have a power differential in the relationship, right. We're going to have an affection differential in the relationship. Do you understand what I mean by an affection differential. Like, a woman feels affectionate for the guy, but the guy can't really care less. As long as she feels affectionate, he's happy, but if she shows affection to anybody else, he's jealous, these kinds of things. So, these are like affection differentials.

There's also what I would classify as addiction differentials which, all these are addictions obviously, but where the person opens their heart more and one person closes their heart more in the relationship. So, you've got, what I would classify, as a love-power dynamic there. So, there's inequality, so instead of it being love, is all about power now, right, you've got affection, you've got also desire. When I desire Mary, and she remains aloof, then she has power over my desire. Does that make sense to you? And this is what goes on in many relationships.

Mary:

It doesn't make sense (speaking to an audience member).

Jesus:

No.

Mary:

So, if Jesus is very open with me and desirous of me...

Jesus:

...and I express my desire for Mary in terms of my day-to-day life, I want to spend time with her, I want to do things with her, I want to help her with her life, give her gifts.

Mary:

So, he's very open-hearted, he's opening his life, his time, his affection, and everything to me, and I'm withholding, I'm withheld, I have the power to say when, and how we'll engage, because he's very desirous and I'm very aloof, I can sort of "play" with his affections, I suppose you could say - you look so innocent Chris, but it's such a common issue.

Participant Male:

AJ is being fully open to you, fully giving, and that's within his control and his power; you have the right to refuse, I don't see why your

refusal would affect him at all in wanting you. He may choose to stop giving, but your refusal to...

Jesus:

Chris, the level of arrogance in you, it's extreme, but anyway...

Participant Male:

No, I get that, yes.

Jesus:

But if you'll listen to Mary, you'll see how it works. And also, can I say, you guys, whenever Mary starts opening her mouth, this is part of the problem that you do. This is one reason why Mary doesn't want to talk very much in the group like this, is because you're already projecting at the woman that anything she says is not of value, and so when she starts talking, you're already saying to her, it's not of value what you're saying, it's not of value what you're saying, I don't need to listen. Instead, yes, you do need to listen. She's a woman with a perspective that most of you ignore, so you need to listen.

I mean women, generally, their perspective, you ignore so, you need to listen.

Mary:

It's quite interesting being up here as a woman, because pretty much when I address any man, it's like I'm addressing - it's like Teflon, there's no reception when I speak. I watch you guys with Jesus, and he speaks, and there's sometimes a bit of reception, sometimes a bit of engagement, but as soon as I open my mouth, it's just like, I'm sort of talking to the walls sort of thing.

Jesus:

Yes, and most women feel this with you. Do you understand? Most women feel this with you, not just Mary. Any woman who's sensitive is going to feel this with you.

Mary:

Okay, we're talking about...

Jesus:

And Mary does not need to justify to you Chris, just because you have a different opinion of what she's saying. What she's saying is true and real, and you need to have a listen to it rather than opening your mouth before you've heard anything. So, let's do that.

Mary:

Yes, and the projection was very strong coming from you of like...

Jesus:

...very strong.

Mary:

It's rubbish, it's rubbish, which is why I sort of engaged you directly. So, if Jesus is expressing all this towards me, and I'm saying, oh, I want a relationship with Jesus...

Jesus:

...so in other words, I'm open-hearted and I want to come towards Mary, I want to spend time with Mary.

Mary:

What are you doing tomorrow, let's...

Jesus:

You're right that it is my choice.

Mary:

Absolutely.

Jesus:

But it is a loving choice, if she's my soulmate, it's a loving choice.

Mary:

And especially if this dynamic is we are in a relationship. I'm saying I want a relationship with you, which is what you were referring to.

Jesus:

Correct.

Mary:

In most marriages, and...

Jesus:

...by being in a marriage, you're really saying you want a relationship with the other person.

Mary:

It's like I'm saying, yes, I want to spend...

Jesus:

...by being in a partnership, you're saying that.

Mary:

Yes, but then Jesus is doing all of the expression of affection, he's making time for me, he's interested in what will make me happy, he notices things, he's expressive sexually and physically affection and then I withhold my own personality, my own desire, my own expression of affection, I'm really saying, I don't...

Jesus:

...the person who's withholding is in a power struggle with the person.

Mary:

They're saying, I'm not going to open myself to you, I'm not going to expose my heart to you, but you can do it with me, and therefore, I get to be...

Jesus:

...they get to feel that they're powerful over the person.

Mary:

They are trying to take power in that engagement, yes.

Jesus:

Yes, so not me, like I can have the attitude well, somebody can try to take that power of me, and it doesn't matter to me, I'm still going to be affectionate, and I'm still going to be, if it's Mary, I'm still going to be affectionate, I'm still going to do all those things whether she wants power over me or not.

Mary:

Yes, but you wouldn't...

Jesus:

...but I wouldn't respond to the power drive.

Mary:

You wouldn't respond to the power. And this happened, this has happened between us where, and it's very good, it's very triggering. When we first got together I had exactly that dynamic going on, and Jesus still felt very affectionate and desirous of me but wouldn't engage with me while I was wanting power. And that was great because it triggered all of my issues with power, and why I didn't want to expose my heart to a man and show myself.

Jesus:

Yes, and if a person is humble, they'll work through it emotionally, that's what they would do.

Mary:

Definitely it's up the free will desire of each person, he's not obliged, I'm not obliged to give that to him, but if I am in a relationship and saying I want to be with him, and I withhold those things...

Jesus:

...then you're being duplicitous, you see.

Participant Male:

So, that's what I felt when I walked in here yesterday, with you Mary, I felt the Teflon straight away, was that like...

Mary:

You felt Teflon towards me.

Participant Male:

See, I don't know. There was Teflon. Because with AJ, I was like, wow, he's amazing, I wish I was like him, all that stuff, but then I look at you...

Jesus:

A lot of you guys don't feel that way though, either.

Participant Male:

I know, but I was kind of afraid of you, I was afraid to look at you as well. And you'd look at me, and I would look away, and then I felt this confrontation of something, but I didn't know what it was, but I guess it was this, right.

Mary:

Yes, a lot of you guys, like a lot of you guys because I'm not putting out all this sexual energy, like oh, here I'll give you a bit of sexual energy, and a lot of women are trained...

Jesus:

...which is the main way which most of you guys trade with women, is through sexual energy. In other words, a woman gives me a feeling of sexual approval, I'm a great guy. A woman can't give me that feeling of sexual approval, she's a bitch.

Mary:

Yes.

Jesus:

That kind of thing.

Mary:

Yes, before I did any work on myself, that's how I engaged with men as well. I come from a family, my cousins, my uncles, my dad, my grandfather, they all wanted sexual energy, that's how they notice a woman. So, I used to just give it out. I wasn't like overtly flirtatious, I wouldn't have said, but I just gave special attention. It was like special attention to men.

Jesus:

And the men around Mary when I met her were extremely sexually demanding of her, like extremely.

Mary:

Yes.

Jesus:

Even family.

Mary:

It's a bit icky. So, yes, there's that, there's also a bit like, you know, Jesus is really being our personality and he loves truth, but I love it as much, but it's often, when I feel a lot - also you guys don't

understand, a lot of the younger men, you bring a lot of spirits who really want power over women. They really want it.

Jesus:

A strong desire for it.

Mary:

Yes, so partly it's my humility in just feeling about that, and still being myself, because I do have a tendency to still withdraw into myself a bit. But yes, I think a lot of you guys struggle with me because it's like, well, there's no sexual engagement so, what is there. Who is she? (Laughs) Do you want to add to that babe.

Jesus:

Well, I'm just listing all the things in inequality, you know, the opposite of equality, what is indicative of the opposite of equality. We could list probably 50 or 60 things here actually, all the opposite of equality. Like, you can have affection dynamic, you could also have approval dynamic. The man gives the woman approval only when the woman does what he wants her to do, is an example of that. So, that's an approval dynamic. That means the women needs approval from a man, but see many women do need approval from a man in the sense of an addiction because their dads didn't give them much approval.

Their dad's didn't give them much approval in their life, and so, and also many dads don't even give their daughters much time either in their life, because dad's off working all day, every day, often comes home when the kids have gone to bed when they're very young and so, naturally, the problem with that dynamic is, they hardly get to see their dad until their dad's got a better job and can come home earlier and things like that, and so, often times that's not until teenage life, and so many women become quite addicted to the need for a man's approval and many men know, you give a woman approval, and you give her too much approval, she won't do what you want. If you give

her just not enough approval, because of her desperation to have approval, often women will do what you want continuously.

That's the whole idea, the whole adage, treat them mean and keep them keen, and this is very common. In fact, there are whole internet sites now that are saying, men, if you want to have more sexual liaisons with women, this is how you treat a woman. And really what it's doing is hooking into the woman's desire for approval, and many women, if you give them some level of approval, it can just be some emotional approval, oh, you're a great girl, or being a great mum, or whatever, she'll want to go to bed with you. Most men understand this and therefore, they use it.

So, these are just examples (power, affection, desire, approval) of inequality in terms of the gender relationships, and as I said, we could just keep on going on and on and on down this list because there's a huge amount of addictions that result because of a lack of the spiritual principle of equality inside of a person.

In this audience, it's extreme, and in most of our audiences we meet, it's extreme in the sense that most women have been treated badly most of their lives by men, and most men know that they want to continue to treat women in this way, therefore, treat them badly. Like, most men don't even see this as bad treatment, they say I'm just giving the woman what she needs.

She needs to feel like she's cared for. The woman is just as capable for caring for herself as any other person, and by the way, most of you guys are fully incapable of caring for yourself, actually, in comparison to how a woman cares for herself, in many cases.

Often times, we see in a marriage even, the man just goes to work and comes home and that's all he basically does. He doesn't look after the finances, he doesn't look after the kids, he doesn't look after anything else in their life, he doesn't do the shopping, he doesn't do

the washing, he doesn't do the ironing, he doesn't do anything, even to care for his own responsibilities, aside from caring for the car, caring for the yard, and going to work, right.

Now she's got a lot more responsibilities than that guys, so why is there this power dynamic going on. And she's got to ask you to vacuum the floor, why don't you notice the floors' dirty. She's got to ask you to go and get some milk, well, if you drink milk, we don't, but you know, she's got to ask you to do some shopping. Why? You should know how much is in the fridge, just as much as she does. Like, these are just self-care issues, and so, most men are so used to doing this that they think it's normal.

You've been brought up to feel that way by your own mothers who think it's normal, ironically, and certainly by your fathers as well. And so, you've got a double injury. You've got dad in agreement with it, and you've got mum in agreement with it. So, you've got both parents agreeing that this makes you a good guy, and it makes you a terrible person from God's Principle-Perspective. In the sense of your character has been damaged by the lack of equality as a principle in your upbringing.

Now just that one injury (inequality) means that I'm going to be sexually attracted to a woman who gives me her power. I'm going to be sexually attracted to a woman who gives me her affection. And I might not care for her as much as she does for me. I'm going to be sexually attracted to a woman who expresses her desires for me, and I don't really have to express much desire for her. I'm going to be sexually attracted to a woman who gives me a sense that I'm a great guy, but I don't have to, in fact, how I do that is by telling her she's not as good a woman as I am, and that makes her keep doing it.

And that, obviously, is going to be very damaging to your relationships with the opposite gender, isn't it, very damaging.

Now, of course, this discussion so far has many of you here, some of you here, around six people here are gay, right, some of you don't even know it but, it's around that here are gay in the audience, and this does also apply to you because you've still got injuries associated with either gender that causes you to be in one of these dynamics, either the person with power or the person feeling they desire power, and the other person feeling they want to give the person power, and these kind of dynamics need to be sorted out, they need to be addressed.

Okay, so here we are just one spiritual principle and already we're getting a little list (equality - power, affection, desire, approval), and if we kept going, we could go, and at home, we have gone on for days and days and days and days listing all the things that that one spiritual principle causes, and we don't want to do that with you today, but it's something that's worth doing for yourself, right, to work out just one spiritual problem causing all of these different things in you where there's a mismatch of desire, a mismatch of affection, a power imbalance, a justice, they're justice issues. They're issues requiring a fix in terms of the way we perceive our relationship with the other person.

Now, of course, given enough time, if I act out these dynamics (power, affection, desire, approval) just those dynamics with Mary, can you see over time, she's going to first, probably like it. We probably wouldn't have been attracted to each other without her liking the opposite of what I'm liking to do, what I'm demanding from her, and then over time, she's going to feel exhausted, tired, she may even get a disease like cancer and other things all come from this inequality power dynamic, and she may get a disease. She may even eventually die as a result of her doing it or if she gets so tired and exhausted, she starts realising, this is all wrong.

I'm not putting up with it anymore, right. Now that's great, but now what does she do. You're in the demand, and she's now no longer in

accepting the demand. If I'm in that relationship, what do I now do because what's going to happen now is she's going to complain about almost everything I do which now no longer I don't have her approval anymore. She's also going to switch off her sexual and emotional desire to spend time with me because I'm basically being a cad most of the time to her, and she's going to switch that off.

Her affection will die, and she'll start going, you're just a power-mad man and I don't really want to be with you anymore. What do most men do then? Girls, you tell me, let's get out the mic, let's get the girls and say what have men done to you then when you start realising, Becs.

Participant Female:
Rage.

Jesus:
Yes, so rage, so they get so angry with you and how do they express that rage.

Participant Female:
Overtly or covertly.

Jesus:
Okay, covertly, how have they done that.

Participant Female:
Gaslighting and manipulation.

Jesus:
Right, so undermining every thought you have, undermining every way you think.

Mary:
You're just stuck up, rigid.

Jesus:

Yes, you're this and you're that.

Mary:

It's your problem, look at you, so angry.

Jesus:

Yes, it's all your problem. Look at me, I'm practicing Divine Truth, but you're not.

Participant Female:

The worst is using Divine Truth.

Jesus:

Yes, the worst is using God's Truth as a method of manipulating the power dynamic back. And this is how a lot of people are misrepresenting the truths we teach by actually going, oh, that all applies to the woman, but nothing applies to me. You know, this kind of thing.

So, rage, covert or overt.

Participant Female:

Physical threat.

Jesus:

Physical threat, standing over them, becoming a bullying, and as many of you know, it eventually leads in often times to murdering the entire family. You know, mother and all children, even stuff like that all comes from this response.

Participant Female:

And withholding sexually or withdrawing.

Jesus:

Withdrawing sexually, emotionally, they've already withdrawn because they're not sensitive to anything, but now they also withdraw their sexual approval. Now remember I said, a lot of women are looking for the sexual approval because they don't have it, they don't have it from their mother, they've never been told by their mothers they've got a nice body, they're told oh, you're looking a bit fat now, you know, isn't that not true girls, and then the men go, you're not looking after yourself, and of course, she doesn't want to look...

You've ripped the guts out of her, how is she going to feel that she needs to look after herself anymore.

Participant Female:

You kind of disappear and blame yourself.

Jesus:

Yes, so withdraw and just go all quiet and sullen, and blame yourself, but of course, all of these things are not really feeling your emotions as a woman, are they. But you can understand the responses given all of the crap coming at you, right.

What else have you experienced girls.

Participant Female:

Coercion, manipulation.

Jesus:

Yes, manipulation, undermining manipulation. Like manipulating events, manipulating your life, making decisions without you being involved, telling you they're doing it for your good, there's all sorts of things like that going on. And implying that you can't do it well enough for yourself so that you're going to need their help to do it, right. That's all maintaining this inequality.

Yes, let's continue, shall we.

Participant Female:
Cheating as well.

Jesus:
Cheating, yes, in other words, you're not good enough for me, but somebody else is so I'll go and find them and have sex with them instead.

Mary:
She likes me even if you stop liking me.

Jesus:
Yes, that's right.

Participant Another Female:
I could do a long list here, but physical abuse, actually telling lies about you, making out that you've done something wrong, controlling you financially, taking money off you, lying, making out that you've - there's a lot.

Jesus:
There's a lot.

Participant Female:
Controlling you, manipulating you and making worse, making you in a financial situation, and also being mean to you. I've got a situation at the moment where instead of being kind and just fixing something, they've actually gone the other way and shaved more off the door to be meaner. Things like that because it gives them power and control, and they like to see you scared and fearful, and in terror.

Jesus:
Yes, very important thing. They like to see a woman's fear because if a woman stays in fear, then she also possibly will stay in control.

Mary:
Under control.

Jesus:
Under control. So, they like to see a woman who's afraid.

Mary:
One of the biggest issues as women that we have is the unwillingness to feel our terror. Because most - this is the way we're manipulated most of the time.

Jesus:
Yes.

Mary:
I'm not going to feel terror, anyone who has a dark intention then towards you goes, well, that's alright, we'll just trigger the terror in whichever way, whether it's to tell you you're bad woman, or you're a selfish person, or you're just stupid and you can't make it in the world, or you're going to be physically unsafe, all of those things are all lies that we're told to keep us being dependent on them.

Jesus:
And also, being sexually engaged with a person who is abusive. Now, can we stop now, because we could go on for days. Can you see it's very interesting too, you girls can list it pretty easy right, because all of you at some times have probably experienced it which is also very interesting.

And we find this at home too when we raise these conversations, it's really interesting because the men all go all sheepish, and all feeling like, oh, now AJ doesn't like men very much, and he must like women more than he likes men. No, I'm just expressing what God's opinion is of your behaviour as men generally. Does that make sense. This is God's opinion of your behaviour generally.

And if you listened to your women, you would know that it's bad, and the fact is you don't know it's bad, mostly because you can't listen to a woman to know it's bad. You'd rather come along and listen to Jesus than you would listen to your partner, like that's pretty bad. She's in your life every day. Why aren't you listening to her.

Mary:

We meet a lot of women who feel very upset about that exact thing. Oh, he came to your lecture and now he wants to look at this, but I've been saying this for 15 years.

Jesus:

Yes, it's one of the reasons why some women say I don't want to listen to that guy, because you listen to him as if he's like not being saying things that I've been saying to you for 10 or 15 years, and why are you listening to him and not me.

Mary:

Some people actually bring their phone and say, Jesus I'm having this problem with my husband, could you talk about it, he'll listen to you...

Jesus:

...but he won't listen to me. Yes, so my advice to her, is leave him. Because if he can't listen to you, then what's the point of having a relationship with him. Like, if he can't even listen, there's a problem there, right. So, these people who claim that I break up relationships, well, sometimes I do. When you be honest with people, and they realise, oh, I'm in a bad relationship, what are they going do. They're going to probably leave, right, that's a good thing, isn't it.

I'm not afraid of saying that sometimes, my advice given to them based upon the principle is going to be, leave him because he's bad, until he sorts himself out. Even if he's your soulmate, leave him. Even if you think he's your soulmate, leave him. Because if he treats you in this way, it's not equal and while he treats you this way and doesn't

see it, there are major spiritual principles being broken and if you accept it, you are going to bear some penalties associated with accepting that kind of behaviour.

And I don't mean accepting it, like being angry about it, I mean just, you don't have to accept it. You don't have to be with the person. It doesn't matter whether you have children or not. If you have children, it's going to be harder, of course, because you're probably reliant on some income from him and so forth. And what I've seen a lot of men do, and this has happened very often, by the way, is the woman starts complaining about the lack of equality, the man says, put up with it or shut up, and the woman goes, no, I'm not putting up with it, so I'm leaving, and then she's got three kids and he doesn't want to provide for his children anymore either.

And this is why we have governments now enforcing men to pay child support because the men, themselves, have enough spiritual principles to say, I'm responsible for the children that I've brought into this world. They're too busy thinking - we've had some men come to our seminars and I ask them, do you pay child support, they say I broke up with my wife three years ago or something, because after I heard Divine Truth, I thought blah, blah, blah, and I say, do you pay child support at least, like do you at least do that. No, no.

Like, where's the love there. There's no love there. It's all about him and what he wants. He's not practicing God's Principles; he's practicing what I would classify as the opposite of God's Principles.

So, men you have a lot of problems in this regard and in many of you men who even think you don't have a problem, have a lot of problems in this regard. We've met very many mild-mannered men who are sexually projecting at women constantly, demanding of women constantly, so often there's this power thing.

And then there's another group of men, which some of you are also in this audience who are needy for women. Want a woman's constant attention, want's her constant approval, want's her constant acceptance, and the women just feel like as a barrage of stuff coming at them that you want from them, and none of that is actual attraction. None of it is attraction; it's all addiction.

So, one of the biggest problems that is on Earth is the relationship between the genders. You know that that's why there's like, oh, let's go down to the pub with my mates. Let's go and have a shower for my child, what do they call it?

Mary:
Baby shower.

Jesus:
I don't know why it's called that. I suppose it means shower the baby with gifts. Let's do that, but are the men invited. No. Why would I invite any man who's got that attitude, why would I even have him there, that's a girls' thing.

And then there's boys' things, like let's go to soccer, footy, let's go to footy.

Mary:
Fishing.

Jesus:
Look at a whole football stadium, how many women do you see in the stadium. It's like, well why are those men there. There often competitive with other men, competitive with their fathers, and they need to watch a nil-nil draw. (Laughter)

Mary:
Jesus really doesn't like soccer.

Jesus:

And a nil-nil draw, what is a half? Forty-five minutes, or something.

Mary:

Isn't it quarters in soccer.

Jesus:

Educate me in soccer.

Participant Female:

Two halves.

Jesus:

Half is 45 minutes, 90 minutes, the whole thing. And for 90 minutes they work their guts out and there's no result. Wouldn't it be better, they go outside and worked on the garden or something. Of course it would be.

But why do they go, because there're addictions involved. And those addictions meet a man's desires, meet a man's addictions, but not many women's addictions. Women are less competitive with men, right, they're often very competitive with women, of course, because of their relationships with their mothers, but going to sport doesn't solve that one, because most mothers say, no, you've got have a baby to solve that one.

So, there's all these addictions between the genders and inside each gender, and most of us on Earth have no idea how many there are. There's a multitude of them, it's like, goes on and on and on. And any psychologist around the world would surely understand, given all of the things they see on a day-to-day basis that these addictions all exist.

But a lot of times they're called, instead of being called addictions, they're called needs. In other words, it's very important that you

approve of your husband, and he approves of you. This is a need, a basic human need. No, it's not. It's a basic human addiction.

When you love yourself properly, you will not need anyone else to approve of you. You won't because you'll approve of yourself, and you'll feel God's approval of you, so you don't need it from anybody else. So, these so-called needs (power, affection, desire, approval), they're not designed in you, they are character flaws that need to be addressed.

Now if I am unable, in answer to Daniel's question, if I am unable to address these problems, just with this one problem of equality, and we haven't listed any others, any other spiritual principles like truth, self-responsibility, order, governance, who's responsible, there's a lot of other principles which we could also raise that occur in a relationship.

But just even this one issue of equality, if I'm not addressing that, who am I going to be attracted to. It's going to be the person who meets those requirements. In other words, if I'm power hungry in the relationship, the woman who has no power, I'll be attracted to. If I'm powerless in the relationship, the woman who has power over me, I'll be attracted to.

If I have a feeling of affection that I then interpret - see for most men, affection is sex, right, isn't that true. How is that true? How did that ever become true inside of you, that you think affection is sex. Obviously, there's got to be a problem there, an emotional problem there. Now affection might involve sex under certain circumstances, but why is affection sex, for most men.

And if they don't have sex, they feel like she doesn't want me anymore, and for most men if they don't have sex for a few days, it's like complain; a few months, it's like we've got major problems, I need to go and have an affair or something. But if it was a few years,

which it may be if you need to work your way through issues with your soulmate, at different times. If it's a few years, let's say it's five years, where you're with a person and you haven't had sex, how are most men by that time, well most men are not there by that time, right.

And the only time there are, is if there's other addictions being met, generally. And this is why, inside of men, you asked about porn earlier, inside of men, there is a lot of sadness which is then turned into demand which then gets turned into sexual demand which then gets turned into, I've got to constantly be sexually stimulated.

Mary:

Pornography addiction.

Jesus:

So, pornography. And if you deal with the sadness, then all of that dissipates, right, the sadness of feeling like your mum doesn't really like you very much, and the reality is, most mothers don't really like you very much because by now, you've become like their own husbands, who they also don't like very much because he's done the same thing with her for years and years and years. So, these patterns we see everywhere.

Mary:

I was just going to reiterate what you said, a lot of engagement with pornography is a number of different demands trying to be met, so it's a sexual demand really that you're engaging.

Jesus:

It turns into the need for sexual stimulation to avoid the sadness.

Mary:

Yes, so it can be to avoid the sadness, it can be to avoid feeling powerless in your own life, and unproductive in your own life, it can be to avoid the feeling that you're never approved of as a man.

Jesus:

That you don't receive any affection from somebody and how sad you are about that, but not understanding that for most of you guys, you've actually created the circumstance where no woman, who's in her right mind, would really want to give you affection or have a desire for you. If she's in her right mind, she wouldn't want to do that because it's like the inequality of such a relationship is so big that it's going to cause her a huge amount of pain if she got involved with you.

Mary:

And, of course, there's the opposite side of this that we haven't talked about is that the woman who is attracted to these injuries, obviously, has her own set of injuries that need to be dealt with. Because if many of you women are honest, you have repeated relationships with men who have these kinds of injuries, so that indicates something in us, that is not being dealt with.

Jesus:

Now let's just look, for a moment, to understand it better, let's just look at the dynamic, just even one of those things, so let's look at the issue of power. And just look at how it actually works in terms of what happens in the relationship. Here you've got the man (drawing on the whiteboard), and he's in a state where he wants power over a woman. In other words, he wants control of her thoughts and her feelings. He wants control of her thoughts because he wants her to think well of him. He wants control of her feelings, because he wants her to desire him. So, he wants to have power over her thoughts and her feelings.

Now if she's in a state where she wants to give the man good feelings and her good thoughts, can you see, she's in a service position, she's a servant. She's serving his power, giving him the feeling of power. Now if she has the injury that she wants to do that, which by the way, many times her own mother and her own father has created within her in her childhood, and she wants to do that, she'll willingly do it, right. And he goes, but it's what she wants, it's what she wants, and I'm going, yes, but you see the problem with that from God's Perspective is you've broken a spiritual principle which are the most severe penalties, remember we said this yesterday, the most severe penalties in your life are the spiritual principles getting broken.

So, even if she wants that, if he loved, was in harmony with the spiritual principle of equality, he would firstly, deal with why he wants power, whether she wants to serve him or not, he would do this, and then, he would also try to stop her from giving that power as well. He would also try to do that because knowing that it's actually her staying in this servant role is bad for her.

Mary:

This happened in our relationship. I was well trained, what does the man want, what does he feel, what do you want to do, how do you want it to be, and all of that stuff, and Jesus would go, what do you want. Why are you asking me all the time. Why are you deferring to me all of the time.

Jesus:

But it wasn't just a simple, what do you want, we'd often to sit down for hours and talk about, why it is you wanted those things. Like, my desire is to help Mary see that being a servant to me is not her role in life. Even though she's been taught to have that role, it's not her role in life. Her role in life is to engage her nature and desire. If she engages her nature, and it happens to be the same as my own, which will draw us closer, we'll end up wanting to do the same things in the

end, but she must do it for herself, and not because I want her to, not because I think she should.

She needs to think she should, and I can't change her thoughts, and I can't change her feelings. She can change her thoughts and feelings, and I shouldn't ever manipulate Mary's thoughts or feelings. I should never try to push her into something that I want her to do. All I need to do, is present the truth, God's Truth, and say, here's all your options, what do you want to do, and then it's her decision what she does.

And if she disagrees with me that it's God's Truth, have a discussion about that as well, because we need to both sort out whether it is God's Truth or not.

Mary:

And also you're not someone who just throws around God's Truth as a way to get me to listen if that makes sense.

Jesus:

Or to make you feel bad about yourself.

Mary:

Yes, you've developed yourself in a way that you - I feel very confident of your relationship with God rather than just listening to some Divine Truth videos and then saying, well God's Truth is, you should do what I want. Which is essentially what see happening in a lot of relationships where there's this idea that, oh, I've heard something that AJ said and now I'm going to use that to try and really get my emotional and sexual addiction met without doing any personal work on, what are my emotional and sexual addictions.

It's the same as deciding, oh, that person is my soulmate, without having done any work on those things (sexual and emotional

addiction). Jesus was celibate for five years, so five years outside of any kind of sexual relationship before...

Jesus:

...and I had already processed my emotions for 13 before I met Mary. Thirteen and five years completely celibate.

Mary:

Quite a lot of personal responsibility for the emotional and sexual addictions that he had, and then when we met, there were still emotional addictions that you had with women that you like thoroughly just got on with getting through the relationship.

Jesus:

So, her role is to not be your servant in any manner. Her role is to discover who she is and be that.

Mary:

And you ladies, when I started this relationship with Jesus, I hated that idea. I liked the sound of it, that's what I thought I was doing with my life, but actually when he didn't need to be to cook or clean or look after him financially, or especially, emotionally, which was my background in my family. I looked after daddy's emotions, when he didn't need that, it was very, very challenging for me.

I felt angry, I felt like what's my purpose, I had feelings in me I didn't even realise were there, because I could complain about doing all these things in my previous relationships, but when I got to one where it wasn't required of me, in fact, was rejected of me, oh, oh, okay, there's some investment in me in feeling like, I'm not going to be rejected if I do these things for the man, or I've got some sense of security in the relationship, because he needs me for something, he won't reject me, and all of those things were injuries in me about love that were causing me to seek out relationships with men who didn't treat me well.

Jesus:

So, I need to get to the stage where I don't need Mary at all, but I would desire her. I want to give her the gift of my love. Love is the most strong binding attraction with any people. Love is the binding attraction, not addiction, not needs, not oh, Mary's role is I can't cook for myself.

Like, my father, he's now 82, just turning 83 this coming year, he only started cooking for the family when my mother got sick, and she was 66. Before then, he didn't know how to cook anything. So, that's the environment I was brought up in, and one of the things I saw in that was, at a very young age, I saw this is wrong, and so, when I was six, I made a deal with my mother that I would cook three meals a week which I did until I left home, just because I could see it was unfair, what my father was demanding.

Now he's now better with her because he's cooking and taking a lot more responsibility for doing things like cleaning and cooking and so forth, but why did it take 60, well 40 something years of marriage, they were married when he was 21 and she was 16, and why did it take 44 years, and a terrible sickness to get to the point where he realised he needed to do that.

Mary:

That's 50 years babe. Because she was 16 when they got married and 66 when she got sick.

Jesus:

Yes, sorry, 50 years.

Mary:

But then the change didn't happen because he changed spiritually, it happened because he needed to eat.

Jesus:
That's right.

Mary:
I know that sounds funny, but that's true.

Jesus:
It's true, so it didn't happen because he's automatically now feeling like, I'm treating my wife unequally, it happened because she couldn't physically do it anymore, and so somebody had to, so he stepped up and did it. And this is what many women feel, isn't it, they only do it when you force them into doing it, when they have to do it for themselves, that's it. And this is a problem, and this causes anger between the genders, and then, of course, all that anger boils into their feelings of withdrawal, withdrawing love, withdrawing sex, withdrawing other things because there's no attraction when you've got to look after a man like a baby for 50 years. Do you know what I mean, so you start withdrawing all of those things.

And you don't respect him anymore or really admire him anymore, because you're sick of him really. And the world says, oh, stay in a marriage, it's all too hard to break up because the time you're 60 or 70, you've built a life where you're financially bound and all those kinds of things, and it's very hard after that to sort it all out, and I understand all that, but it does still need to be sorted out, but unfortunately, for most people, that only happens in the spirit world, you know, when there's less of the addictions of financial addictions, and security addictions, and they can start sorting out these particular problems.

But it fundamentally comes from, the lack of focus on the spiritual principles in a person's life, that's where it comes from. So, every problem you face, sexual addictions, pornography, the feelings that you have towards women, the feelings of looking at every woman, the feelings you have in terms of answering this particular question, all of

those feelings are all addictions, and so spiritual principles are the only things that are going to cure them. But those spiritual principles have to enter your heart, you have to want them in your heart for change to occur.

Without that, how do you recognise the other half of yourself. And this is why the average person never meets their soulmate on Earth or if they do, they never recognise them, even when they think somebody's their soulmate on Earth, they're still not with their soulmate for the most part, and they often do not get to be with their soulmate until the time they're in the 5th sphere of the spirit world.

Now as far as I can see in this room, there are only two couples who are actually with their soulmate, and Mary and I are one of them. So, that's very interesting in itself, isn't it. And it is rare in an audience even to have one couple, more than one couple in the audience with their soulmate. And the reason why that is the case is because very few people work through these things (sexual and emotional addictions), very few people work through these.

Mary:

So, their sexual addiction and their emotional addiction.

Jesus:

Yes, very few people work through that. And many people are using the principles of Divine Truth to go, you're my soulmate, I'm going to impose all of this inequality that I have in my heart on you now, because I've selected you to be my soulmate. I'm going to basically push you into being my soulmate. And then five years later, we talk to the same person, and they go, oh yes, I worked out I did the wrong thing. So, I went to another relationship, and I'd say to those people, you say you worked out you did the wrong thing, but you went to another relationship from that relationship and they say, yes. You haven't worked out anything. You've just gone from one woman to

another woman, or one man to another man, and you've just selected another one and said, they're my soulmate now.

There's no difference between what you did this time and last time. You didn't focus and feel and work your way through any of these addictions, emotional addictions and sexual addictions, and by the way, physical addictions as well. This is what appearance is, physical addictions.

There're things that happen in your childhood and your life where you go, that person's nice and so, you sort of feel the body type of that person is also nice, there's all sorts of things occurring with physical attraction that most people on Earth have no understanding with hardly at all. And as a result of that, none of these addictions get dealt with because the spiritual principle is ignored.

You see, unless you adhere to a spiritual principle, these things, you won't feel inclined to deal with them, you won't even feel inclined, you'll just go, but I want my emotional addictions, and I want my sexual addictions, and I want my physical addictions, and I'm not inclined to change unless I start seeing that these things, if I don't do something about the spiritual principles, those things are going to cause me the greatest future damage of my life, and for many of you, where you're headed, many of you young men in particular, it's going to absolutely destroy the rest of your life on Earth, and quite a few hundred years of your spirit life as well, because you didn't want to know the spiritual principle. So, this is why I'm saying to you, focus on the spiritual principle.

Mary:

And if we go to your original question Daniel, you know, you sort of put forward, oh, there's all this stuff, and I think I'm attracted here, I might be attracted there, and then there's my soulmate, and I want my soulmate, it's sort of like, the spiritual principle is like, you know, when you panning for gold or something and you put all the rocks and

all the stuff through a sieve, and you get finer and finer and finer, until you find what the truth is, if you like, in this situation. The spiritual principle is like the finest sieve you can put things through and a lot of people, because they hear Divine Truth, and they're like, oh, yeah, emotional addictions, I'll just look at some of that stuff, and then they're like, oh, but I'm confused. Like that sort of feels like an injury, but I can't really figure it out and I felt this, and I don't know, and all of those kinds of things is because, as Jesus is saying, they haven't applied the spiritual principle.

Applying the spiritual principle is going to help you to see where the actual error is in all of these other areas of your life.

Participant Male:

So, it's like cross-checking the dynamic in a relationship and my actions and desires against the principle, right, is it in harmony.

Mary:

Well, you want the principle to be in your heart. When the principle is in your heart, and you focus on getting those principles in your heart...

Jesus:

But a way to get it there, certainly, is to analyse all your past relationships and go, what did I want in those relationships. What makes me feel attracted to a woman, and why do I feel attracted under those circumstances, what's going on in me, and start listing every area in your soul where your soul is against some fundamental spiritual principles.

Participant Male:

And to get the principle engraved in my heart, it's from God, right, so I need to...

Jesus:

Well, there's two ways, isn't there. One way is to receive God's Love, and therefore, God's Love will expose the principles much more easily.

Participant Male:

That would be great.

Jesus:

That's one. The second way is that you've got to work on the principles yourself, which is the Natural Love Way, either way will work.

Participant Male:

But the quicker way is with God.

Mary:

Yes, the quicker way is with God.

Participant Male:

So, there's no sense to go the other way really.

Mary:

Yes, but when you receive God's Love about these principles, don't neglect the fact that your opposition to the principles has to leave you emotionally. So, it's not just...

Jesus:

...before you receive the love.

Participant Male:

So, it's the feeling of like the Teflon, initially.

Mary:

Well, whatever, you need to discover why am I Teflon with women. What makes me not Teflon with some women and quite ew with other

women. You know, if they're all your sisters, one of them is your soulmate, and all the rest are your sisters, why are some of them like ew.

Jesus:

See, why wouldn't you not be affectionate with all of your sisters. When I say affectionate, I don't mean sexually affectionate, I mean just feel a feeling of, I want to know about you, I want to understand what's going on for you, I want to feel what your life's been like, I want to understand...

Mary:

...what are you interested in.

Jesus:

What are you interested in and what your desires are and why wouldn't you want to get to know them. What we notice is most men completely blank a woman unless they have a selfish personal interest in the woman.

Mary:

She's going to meet a sexual or emotional addiction.

Jesus:

Now can I point out, you're now saying, this sounds really good about having the relationship with God, and can you feel the selfishness in it. You're basically saying, oh, it's a lot harder to get these principles, if I have to discover them myself, so what I'll do is I'll ask God for love and I'll get...

Participant Male:

So, that's not ?? self-responsibility then.

Jesus:

That's right, no self-responsibility in that. You're not going to receive God's Love under those circumstances and that's not going to work either. Also, on top of that, if you maintain that idea, who's going to come to you other than God. It's going to be spirits who meet these same addictions in you, and you're connecting to the spirits as if they are God, and you're getting all these wonderful feelings from those spirits which you believe are from God.

Mary:

Yes, I ask God, is she my soulmate, yes, God said yes, it's a yes. Am I on the right track here...

Jesus:

So, this spirit now has taken the place of God, so there's a spirit taking the place of God (drawing on the whiteboard), and you're believing he's God, and he's feeding you with all these addictions, and all this information, and all this, what you say is truth, none of it is truth, but it's all his opinion of what you should do, and if he sees you looking at this woman, and he goes, yeah, I'd like to have a bit of sex with her too, so yes, she's your soulmate.

Participant Male:

I know, and I think I kind of get it, correct me at any point, right, and you will, I know that the addictions are not from God, but I do them anyway.

Mary:

Yes, but sometimes you don't realise all of your addictions, and then you open yourself...

Jesus:

And you also, you don't understand the feelings that these (sexual addictions and emotional addictions), feel like when you receive them. You think they'll love, you feel they'll love. So, when you say, God

please give me love, and a spirit gives you those feelings, you go, it's God loving me, God loves me, I've received God's Love. Many of you have never received God's Love at all.

Participant Male:

Because my kind of point of reference is if I cry instantly that's God.

Jesus:

Not necessarily.

Mary:

No.

Participant Male:

Right.

Jesus:

You can cry when you don't get your addictions met. You think of a child, what does a child do when he doesn't get his addiction met, he has a bit of a scream first, right, carry on, carry on, yes.

Participant Male:

Specifically, when I ask for love.

Mary:

When you have a pleasant feeling and you cry and then you feel like that's God's Love, well you can also cry when a spirit gives you a feeling of being seen and loved for the first time in your life if you've never felt that.

Jesus:

And you're going to interpret that as God, and that's going to be a big mistake. God's Love is based upon - what is it based upon, spiritual principles.

Mary:

You know, the more you receive God's Love, the more refined you're going to become on the spiritual principles. So, River asked a question yesterday about who's going to be at-one with God first, I feel like I could be that guy, but when you've received God's Love, you don't have competitive feelings, you feel the sin in those feelings, oh, God doesn't feel like that.

Jesus:

That's the question of a person who's never received God's Love, but also the question of a person who's very over-cloaked by spirits.

Mary:

In this dynamic that Jesus was just drawing.

Jesus:

...in this dynamic, getting their addictions met through spirits. So, the spirit knows you have these addictions because he can see those colours coming out of you, and he goes, okay, this is great, I've got Daniel having these feelings, this is good, I can sort of capitalise on that a bit. You know, I'm Earthbound and I don't get the chance to have sex with any women anymore because most of the women in the spirit world just avoid me like the plague, so what I can do is I can connect to Daniel and just give him some feelings that he thinks are God.

So, here's Daniel (drawing on the whiteboard), and here's the spirit, give him some feelings that he thinks is God, oh, yeah, Daniel's going, oh yeah, give me more of that, give me more of that, give me more of that, and then in the process, he's getting you to look at different women, and go, yes, I think she's my soulmate, so when he's getting you to look at the women, he's just going, that's the next women I want you to have sex with.

Mary:

And she's got some injuries that you're going to be able to exploit, or I'll be able to exploit through you.

Jesus:

And this is why a lot of people, and one thing I must say, many of you young men, in particular, are in this dynamic, where you think that's God and it's not, and also, many of you are in this dynamic where you're getting told things to do and all of those things are actually out of harmony with principles, and many of you are in the dynamic where, when you look at a women and think she's for you, you're actually being told she's for you because she's got emotional injuries that will meet your emotional injuries. And on top of all of that, many of you are doing it in the name of God's Truth which is the very, very worst blasphemy of God's Truth you can imagine.

So, the sin is great when you do this. It's very bad for you, very bad for the woman, very bad for the spirit, very bad for your future, but also, you're misrepresenting the truths we're teaching by doing it. Which is also bad for God's Truth on Earth.

So, many of you go, I'd really like to help God's Truth on Earth and then you do things like this.

Mary:

Yes, and can I just point out that as we're talking about this, many of the spirits who are in this dynamic with you are causing you to freak out, get annoyed, sort of...

Jesus:

...shut down.

Mary:

...go, oh, none of it makes sense anymore.

Jesus:

...it doesn't apply to me.

Participant Male:

Sorry, so is that the shaking I've been feeling since yesterday.

Jesus:

Yes, there are a lot of spirits who are very afraid of whatever we're going to say today, and very afraid of what we said yesterday, actually. They're well entrenched in these relationships with you, many of you younger men in particular, well entrenched with these relationships. And also, for many women here, your sexual dynamics between partners have been one of being conciliatory to these kinds of injuries, so this is something to address, because it just means that you end up being controlled by others.

Participant Male:

My relationship with them is so deep and close that I can feel their fear through me even though I'm okay with sitting here shaking, like it doesn't bother me much.

Jesus:

They like that. This is the trouble is many of you are listening to Divine Truth and going, and in the process of listening to Divine Truth you're going, oh, we have to accept what we've always sort of had a suspicious of and that is there is a spirit world and there are spirits around us, and we have to accept all that, and the spirits around you are going, you beauty, they're now accepting things now. I can have more influence on them and if you don't adhere to the spiritual principles and you instead just deal with your emotions and deal with some of what you think is sexually and physically, they can go, okay, they want you to do this (circling 'emotional, sexual, physical' on the whiteboard), they want you do that because it will bind you more to them for the most part because you haven't adhered to any spiritual principles while you're doing that.

Most of the emotions you process will only be the emotions they let you process so you can get closer to them. And most of the sexual addictions you process, will be only the ones they let you process so you can get closer to them, and so they're happy for you to recognise there's a spirit world, and recognise there are spirits with you, and to even believe that they are God. They're happy for all that to occur.

Participant Male:

Yes, I can feel them, like I think I can.

Mary:

Now can I just quickly go back to what Daniel said, you said, my relationship with them is so close that I can feel their feelings as if they're my own.

Jesus:

You said feel their fear as if it's your own, but it's all their feelings, not just their fear.

Mary:

All their feelings and it's a good point because everybody on Earth is pretty much that close to spirits. There are spirits around every person who you don't even realise that that's not you. I know that sounds a bit freaky when I say it, but this is why we have to talk about it, because the more you're aware of it, the more you start to like, what you just did say, oh, now I feel that's them, and not me, yes, it's very important.

Jesus:

But the fact that they can pass all their feelings to you and you can feel them, that's how accepting you are of all of their feelings.

Participant Male:

Are you going to talk about how we stop this. (Laughter)

Jesus:

Well, really the clue is in the presentation, isn't it.

Participant Male:

Principles.

Jesus:

If you adhere to spiritual principles, if you look at the spiritual principles behind every action you take, and you examine it really closely and you ask for God's help to know what the principle is and understand the principle, can you see any attempt to control you from outside of you is nullified by you adhering to the principle. You're in a condition of moral fortitude.

In other words, someone can't influence you to do something immoral because you're adhering to the spiritual principle. The problem with what's going on for many of you is that there is no adherence to the spiritual principle, but there is adherence to other principles that we're teaching, and then in that process you open yourself up further to the very influences that are causing already a lot of damage in your life, and they like that so they'll let you do it. They'll even make you think like you are doing it the right way.

Mary:

Like, oh, I'm processing all these emotions and everything.

Jesus:

They make River feel like he's received God's Love when he's received none.

Mary:

Very often you're just feeling the spirit's emotions or the spirit, as Jesus is saying, is letting you feel some things, but this connection with these spirits is very easy to break actually, but it depends on you

desiring spiritual principles and releasing emotionally your opposition to the spiritual principles.

Jesus:

Does everyone get that. Very important.

Mary:

Like it's so fragile this connection actually.

Jesus:

Because it's based on feelings that are co-dependent.

Mary:

It's based on sexual and emotional addictions. There's and yours and actually they're incredibly temporary. They're not a part of you; they're not lasting things. They're only lasting because of the exercise of your personal will. And if you change your personal will, it's over.

Participant Male:

Change your will through desire.

Mary:

Through desire.

Participant Male:

Sincere desire for the principles.

Mary:

Yes.

Participant Male:

Just work on that and that's enough, for now.

Jesus:

Well, you remember, it's got to be an emotional process where you feel the principle, not just think it. So, for a person on the Natural Love Path, what they do is they realise there's a spiritual principle, so let's look at what a person on the Natural Love Path would do. They basically would go, let's say we look at the spiritual principle of truth as an example.

So, here I am looking at the spiritual principle of truth (writing on the whiteboard), what's involved in truth. Well, we go openness, transparency, honesty, that's honesty with yourself, as well as with somebody else. Transparency with yourself as well as someone else. Openness with yourself as well as someone else, right. Even if we just look at those three, there's more qualities of truth, these are just three (openness, transparency, honesty).

Let's look at those three. If I am open with myself, I would know what my faults are, and I'll be honest with myself about them because truth demands that. I will also be transparent with other people what my injuries are, not for the purpose of manipulating them, but for the purpose of helping them see me. I'll be open about that as well.

Like Mary has modelled this behaviour to you for years. She's open with you about her injuries. I've modelled it for years. I'm open with you about mine. It's an aspect of humility too, isn't it, to do these things, but it's also a truth.

Now can you see if those things are going on, in me, then it's going to be very hard for a spirit who's not open, not transparent, and not honest to like me at all. Very hard.

Mary:

Just that one quality alone.

Jesus:

They'll go, oh, he's like a leaking sieve, you know, a faulty tap. He keeps blurting out all these things that we're trying to use to manipulate other people, and he just says, oh, this is my fault, and I go, no, as a spirit. You imagine, you're there going, yeah, go for that power, go for that power, and then you're open with yourself and say, I want power and that's wrong, and you're also transparent with other people, yeah, I can feel I want power, that's wrong, in this situation, I need to just leave. And I'm honest about with myself and the other person.

Like, if given the opportunity, somebody says I'm really attracted to you, and you go, oh, I can see it's because you don't think very well of yourself and I like that, and honestly, I can't have a relationship with you. I'm honest with myself that I can't do it, because I'm adhering to the principle. You imagine what the spirit is going, he's going, no, no, I want the relationship, no, no I want the sex, no, no.

You know, the spirit is in a panic and he's going to make you feel like, try to push you into the relationship, and try to help justify, but if you're just in the state of truth, it's going to be very hard for you to listen.

Mary:

Yes, and can I add because I know we're raising the issue of mistaking spirits for God, like the level of spirit attack and influence that both Jesus and I, let's say spirit influence, I have been subject to a lot of spirit influence, especially since I remembered who I am, immense, but all my life, but really a lot. But because two of the spiritual principles, coincidentally the ones Jesus has written on the board, about equality amongst humans, and my love of truth.

Jesus:

Which are very much something that's solid in Mary and myself.

Mary:

Yes, these principles are strong in me because of that, even the influence, like I've had spirits trying to manipulate me, sexually, emotionally, physically, make me withdraw, shut up, like we were talking about yesterday, make me think I'm a very bad person, try to compete, all these things, but because those two qualities, just two qualities, were inside of me, none of them could confuse me that they're God.

None of them could - I didn't confuse them ever and think, oh, this must be God. Because any spirit who's in a dark condition doesn't have those qualities and I was sensitive to that. Does that make sense?

This is what I mean, if you have these spiritual principles, the confusion around the spirits, the identity or the nature of the spirits around you is cleared up very quickly, but also the difference between spirits and God becomes, even before you even connect to God you understand, well, these spiritual principles are from God, even if I have one of them, equality, if I'm connecting to a spirit or if I'm feeling something from what I think is God, and it's making me feel better than other people or competitive with other people or even less than other people, it can't be God.

Participant Male:

And then did you get sensitised to that straight away as soon as it gets in you or do you need to like...

Mary:

I think you have to long for these (equality, truth) principles. You have to develop a desire for them. It's not a kind of one and done thing. It's not like oh, I want that quality, I love that idea, it's going to be in me now...

Jesus:

Mary's lived a life where she wanted to go and help people in different countries who were in a place of inequality, she's demonstrated in her life, before she met me, way before she met me, that she was interested in making people in the world feel more equal with each other and she's acted that out her entire life since she was in her teenage years. So, it's not something that she got overnight.

Mary:

No, it was something that developed in me that's helped me, and what I'm saying is, if you develop it in you, but it will require development if it's not already there, like anything, that's why we're here on Earth to develop and to grow our will towards love. When you develop it, a lot of the other confusions in your life, about who is my soulmate, is this God I'm connecting to, all these things simplify. It's like the panning for the gold thing, oh, that's the truth here.

Jesus:

But I'm going to stop Mary now because she's said enough, to be honest with you, in particular. You're just in a panic because you don't want to go through the work. You want there to be a magical solution to this problem that you face. And there isn't going to be magical solution.

And this is the other addiction to spirits is they give you the illusion there is a magical solution. There is not a magical solution. You're going to have to develop these principles inside of yourself, and you're going to have to work your way through whether you want them. Remember, that's your will in exercise. God expects you to develop your will to want these things, not to just magically somehow, they come about.

When you are so focused on the magic of it all happening, wanting it all to happen magically, you are actually going to draw more spirit influence to yourself, and they're going to give you the illusion that it's

all going to happen magically, but if you just follow their direction, it will all happen magically, and it will all be wonderful, and you'll also end up deep in the hells when you pass if you do that. That will be the net result.

And that's the warning we wanted to provide to many of you is that this is the way you're headed. And because you don't want to do this yourself, remember there are certain qualities I said that you're going to have to have for yourself. Remember yesterday, what I said, what they were. Can you remember.

I said you had to have faith, that's your quality in what was it, God's Truth, so that's His Truth about being humble which is what you are going to have to do. And there's nobody else who's going to help you, nobody. God has designed the universe where nobody can help you with those qualities.

They can inspire you; they can encourage you, but you are going to have to do it for yourself. You're going to have to learn what it means to have faith in God's Truth, and you're also going to have to learn that the very first bit of faith you need to develop is in being humble, not in being arrogant which is what we see in many young men, but being humble to your true condition, whatever the true condition is.

Now what will help you is studying spiritual principles, and in the process of studying them, you'll learn, firstly, what they are in terms of their definition. Like what does it mean to love somebody, what is that. Is that they meet my addictions or is that I just give the gift of my love to them without there being any expectation in return. What does it actually feel like to love somebody without wanting anything from them. What does that feel like because most of you will not meet your soulmates until you have that feeling for them.

Where you just want to love them, not because of what they're going to bring you in your life, but because of what you want to give them.

Now that feeling, love, you need to, firstly, understand what it is, and understand how it's expressed. There're all faucets to kindness, compassion, understanding, listening, and all of these other qualities are involved in love of somebody.

So, if I love you, I'll listen to you, I'll become compassionate with your emotions, and understanding, I'll want to know, but also, I'm not going to put up with crap from you either. I'm not going to just go, browbeat me with your nature and personality, I'm not going to do that either. I'm going to go, no, I've had enough of you now if you're out of line, I'm going to do that too.

Love does these things, that's what God is doing with you. So, here's the principle, love, what is involved with love. Oh, there's this equality is one thing involved in love. Another thing involved in love is compassion and understanding and listening and being concerned for others, not just for yourself, not being selfish. So, you could actually write on the board, couldn't you, if you wanted to, if you really wanted to work through what love is, you could actually do this, couldn't you.

You could write on the top of your page, and this is something that I'd recommend you do with every principle. (HOMEWORK) You write at the top of the page, okay, love, what does that look like. What is it and what is it not.

In other words, this is the column where I'm going to put all the things love is, and this is the column where I'm going to put all the things that love isn't, right, that I know up until now for myself. And then I'm going to try to find the feeling of what love is in those things that I've defined. So, how does it feel to be compassionate. How does it feel to be understanding. How does it feel to want to listen to somebody.

And then on this side, all the things that love isn't, how do those things feel. How do they feel, not thinking now, I'm trying to feel what those things feel like. Now, there's my love page. Next page, truth, truth is on the top of the next page. And by the way, you might need more than a page, so truth is on the top of the next page.

How does truth feel. What is it. It's honest, open, all these different things, honest, open, transparent and so forth. What isn't it. It doesn't lie, it doesn't manipulate, doesn't try to hide things. You know, many of you believe that just hiding yourself is not a sin, but it is. Because it's in complete disharmony with the principle of truth.

So, if I can do this list for just love and truth alone, if I could even just be capable of doing that, and then I study my own life and go, how does my own life measure up with this principle. You could even ask God, couldn't you, and exercise the conscience.

God, how does my life - how am I not being open, how am I not being transparent. One way all of you are not being transparent is openingly declaring your income to anybody who asks. That's one way you're not being transparent.

Mary and I do that on the net, we've modelled that behaviour for nearly 15 years or whatever, 12 years, hardly anybody in the world has followed our example. But we do it because it's transparent, we're being transparent.

How are we going to learn what truth is. This is what truth feels like, and this is what it's not like. So, withholding things, not truth, withholding information, not truth, you could list all that down, there's your truth page, and then, again analyse your life and go, how am I going in this regard.

Am I demonstrating these qualities in my day-to-day life, and then you've got something to pray for, haven't you. Okay, I can see I don't

get truth really because I don't do it in my life. I don't get it. If I actually get a thing emotionally, I will do what's in this list automatically. This will be automatic for me to do these things.

If I don't get it emotionally, it's going to be a struggle to do what's in the 'is', whatever truth is, it's going to be a struggle to do in my life, if I'm not emotionally in harmony with truth, the principle of truth.

Mary:

You could really start another list, couldn't you, which is like, this is what love is, this is how I feel about doing that, or how I feel living that.

Jesus:

Yes, if you want to dig a bit deeper.

Mary:

Yes, because a lot of times we have quite emotional responses to - when it comes to humility and truthfulness, it shows us very quickly where we're actually rejecting the principle in our life.

Jesus:

So, remember there are like the four biggest principles that are going to have the biggest effect in your life are some fundamental principles which are love, truth, faith, humility. So, you could have four first pages, there's your first four pages of principles.

Love, truth, faith, humility. What is faith, and we're talking about faith in God, faith in God's Laws, what does it look like, and then what isn't it. Does it constantly doubt, constantly going oh, I don't know whether that's true, I don't know if I should do that.

Mary:

Seeking other people's opinions or checking in, putting off decisions.

Jesus:

And you can do this for yourself, but it requires some effort.

Mary:

That's the final point I wanted to make about this spirit influence thing for a lot of the young guys, like I'll say, unfortunately due to the way you've grown up in society and in your families, many times you haven't actually had to put in a dedicated effort to get a result.

Jesus:

...to do anything.

Mary:

...to do anything, and what is required to develop your will in harmony with God's Love is effort, and that goes for everyone, and that's a good thing. God wants you to understand how productive your will can be.

Jesus:

It's not only that it's proof of your will. The effort you put into something is evidence that you're using your will. If you just go, oh, I really like this thing, I think I'll go ahead and do that and you do it and it's really easy to do, whatever ?? is there that you've got a very strong will. There's none at all.

It's when you get opposition from everybody, family, friends, and you've got your own stuff to work through, and you still go ahead and do it, now that's proof you have a will, proof that you're actually developing a strong will.

And we would like all of you to be very strong-willed people, not weak will. Weak-will people are spirit over-cloaked often, influenced by all sorts of things, influenced by doubt, influenced by all sorts of negative things, a little bit of fear, a weak-will person just caves over, a little bit of things they're afraid of in life, they'll cave over, you know, weak-

will people are not morally, they don't have any moral character or moral strength, so we want you to be strong willed but strong willed in the spiritual principles, you know, in the right direction.

Mary:

And when you have a feeling that you should get results easily and you shouldn't have to exercise your will, you shouldn't have to develop you will, spirits love that. They come along and go, yeah, okay, I'll give you some feelings.

Jesus:

I'll make it easy for you.

Mary:

Because you haven't developed your will in this very strong moral way, you can't really discern what's going on, and you get confused.

Jesus:

And the reason why a lot of young men, in particular, are quite over-cloaked by spirits is because they want life to be easy.

Mary:

And they want to feel powerful, they want to feel accomplished, they want to feel like they're worthy without actually having to deal with the opposite feelings inside of themselves.

Part 2 - August 31, 2024, at 1345

Damerham Day 2 Part 2

Jesus:

How is everyone coping? Are you all good.

Mary:

Is it enough now, you want to go home, lie down. (Laughter)

Jesus:

Nothing better than truth. Truth is what leads to your freedom, leads you to love, leads you to a life of happiness, it's so good, but it's sometimes very confronting, isn't it, truth.

And this is something that most people need to get used to with regard to truth, is you need to get sort of used to the idea of God's Truth, you're going to find confronting. And the main reason why is because the Earth, itself, and all of us who have lived here on Earth, generally we're in the 1st sphere which is not a place of a lot of truth. And so, when these truths, these higher truths are presented to us, for most people, it's pretty tough, you know, because it's a lot of self-analyses needed, a lot of thinking and feeling about things needed, and that's a normal process.

The more you let yourself feel about it and work your way through that, the faster you'll find your life will change.

Alright, we're at your disposal until four o'clock. We'll go to a woman this time, shall we.

Participant Female:

Thanks.

Jesus:

Howdie.

Participant Female:

Our truth, I have a question, so until I've been in Austria I'm starting to speak up to God about how I feel about her and often it's not that really nice, and I found it that it's really helpful to know my history also because when I share how I feel to God about how I feel about Her, then I know it's not about God.

Jesus:

That's right. It's about how you feel about God, obviously.

Mary:

And things that have happened in your past that you're now putting on to God.

Participant Female:

Exactly. So, I just wonder if it's the only way to connect to God in a sincere way because sometimes I'm asking to God to come but I'm not sure if it's really God who is coming.

Jesus:

Yes, it's a good question. You know what you're doing is right, you need to be sincere about how you truly feel about God, and for most people, that's a pretty difficult thing to come to terms with because they start realising, wow, I've got a lot of feelings about God that I never thought I had and never realised were there even, and then after a while, you start realising, oh, these are not really about God, they're really about my mum and dad, after a while you realise that as well.

And so, you start seeing that a lot of the dynamic of your life as a child, so if you think of yourself (drawing on whiteboard), so remember you are half of a soul, your attraction is, I've got to stop telling people.

Participant Female:
Male.

Jesus:

When you were a child, when you were just young, you were just feeling, this half of the soul, is really just feeling like mum and dad are my God. And a lot of parents like that, actually, they like you, as a child, feeling like you're their everything, you're their boss...

Mary:

They're your boss.

Jesus:

You do things because they said to do them, that kind of thing. Mary was going to say.

Mary:

No, no, you're just saying that you're their everything, but you mean they're your everything.

Jesus:

Oh sorry, they're you're everything. And so, they want you to feel that way, so really in a lot of ways, most parents set themselves up as God to their child. The problem with that is that you start taking on all their beliefs, all their emotions, all their spiritual beliefs, and even all of their physical things that they do in their life that are normal. You know, if they go on holidays on Christmas, then you go on holidays on Christmas.

With emotion, if they feel like a certain person that is in their community is not a nice person, then you start feeling like they're not a nice person, and so forth. And when it comes to spiritual things, obviously, that's quite marked, whatever they believe, so if they're Christian, you'll probably be a Christian for a while. If they're Buddhist, you'd be a Buddhist for a while. If they're not interested in

any religion, then you'd be agnostic, you know what I mean. A lot of it comes from them.

Because fundamentally, for the child, mum and dad are sort of, you could say a replacement for God, and most parents are not humble in that they don't recognise that the people they brought into the world are not their children, they feel they own their children. So, there's some very dark feelings generally that are in families, where mum and dad sort of feel like ownership over the child.

A desire to teach the child what they believe they have learned in life, and obviously, what they believe they have learned is severely distorted based upon their experience, and based upon how they have either applied or not applied principles, and so in the end, you get all this sort of very dark, let's draw them in red for that reason, is dark influences upon the child's sensory experience which then gets filtered into the soul, doesn't it. So, it's sort of stored in your soul then.

And then, of course, when we talk about God on the other hand, so here we have God, right, and now you're starting to develop a relationship with God, or starting to think about God, of course, whatever you feel really towards these parents, starts to get reflected, firstly, unfortunately, back at God rather than the parents. Because for most of us, we still want the relationship with our parents.

We still want a feeling of family, we still want a feeling of the safety of the family, they'll look after me, and care for me, and those kinds of feelings is what we want the family experience to remain. And so, anything that mum and dad did that were out of harmony with God's Principles, we have a tendency to start blaming God for them, rather than blaming mum and dad for them, rather than saying, rather than blame, let's call it assigning responsibility to the person who did the damage. Instead, we start assigning responsibility to the person who didn't do the damage, God.

Now, that's a natural sort of process, but as you talk to God, what will happen is God - God's not like - you can yell at God and God's not going to go, I'm going to punish you now for yelling at me, right, and you can yell and scream at God and God's not going to go, well now I'm going to dismiss you for the rest of your life.

If you think about God, He's got ultimate power, He could actually say, I'm going to rub out your soul now because I don't like you anymore. He's not going to do any of that. He loves what He Created, no matter how damage it's gotten from other people.

So, God will share with you feelings that will help you see that, oh, a lot of this stuff is about someone else, and that's a normal process. Now the more honest with God you can be about what you feel towards God, it will also help you become more honest that these feelings are actually about your childhood and your mum and dad, and actually what's happening in this process, which is a very important thing to realise actually, is that you're swapping over mum and dad from being your God to God being your God.

So, in other words, you're treating mum and dad as if their thoughts are God, and their feelings are God, and their way of life is the way of life you admire the most and all those things, you disconnect from that and whatever you were projecting at them, starts to go towards God then. Does that make sense.

So, you start realising in that process that there's a process of disconnection between you as a child seeing them as God, and instead you start seeing God as God. Now this is a thing that every single person who ever sincerely goes through getting a connection with God will need to go through, so every single Christian, every single Muslim who's ever even had a thought of God before they started this are going to have to go through the same thing.

The reason why that is the case is because they think of God as whatever mum and dad have mirrored God to be, and this is why the Christian faith, if you look at the Christian faith, and the Muslim faith, and any faith that believes in one God, in fact, or in the case of Christians, there's three Gods in one, isn't there, you know, the triune God they believe in, God the Father, God the Son, and the Holy Ghost is what they believe in, and Muslim, one God, Allah, and if you look at their belief systems in terms of the treatment of women, both faiths believe women should be subservient to the man, for example.

Now that happens because most people in that society that accepts the belief have come up to believe dad is superior to mum, there's a feeling in there, and that allows you then to create a spiritual belief that supports what happened in the family. You follow.

And so, even the people who are already thinking they've got a relationship with God, actually have a distorted relationship with God. And they're going to have to go through this process of disconnecting from what the parental religious viewpoint was of God, and reconnecting and finding out who God or what God really is in terms of God's Nature and Character.

So, if you want to have a relationship with God, it's something that any person who has a relationship with God, who wants one, is going to have to go through. Every single person, every single Celestial spirit has gone through this process. So, don't feel it's like, oh, it's just me, and I'm terrible going through this process, it's a process that's valid and you're going to have to go through it.

Participant Female:

Thank you, yes. And is it all about self-responsibility, is it self-responsible to involve my guide in the process.

Jesus:

Yes, remember your guide, often there's two spirits that have been assigned to you, your guide hasn't really been assigned...

Mary:

No, your guardian.

Jesus:

Your guardian has been assigned.

Mary:

Sorry, yes.

Jesus:

Your guide is basically dependent upon your desires about spiritual development. So, if we look at the two people who can help you spiritually, the primary ones, is that you firstly, everyone has the guardian. So you, your half of the soul, has a guardian spirit and the role of that spirit is to protect you, physically protect your life so that you can live as long as possible on Earth so that you can have as long as possible experience on Earth so that you can learn as many things as you can while you're here, that's the purpose of trying to make that experience as long as possible. So, the guardian does that.

And so, you might be driving along in a vehicle and you're about to make a wrong turn, and there's a car coming past, and he's the one that goes, who yells at you, stop, you know, and you put your foot on the break and you go, whoa, I could have ran into that person and I didn't, but he's the one that said, for you to stop, he's that kind of fellow or woman, and they will help you live a long life if you listen to them.

Many men, in particular, don't listen so they do a whole heap of reckless things and as a result, as you well know, statistically most

men die before women, right, on the planet, and that's one of the reasons why.

The second person is your guide. Now your guide is a person who only comes to you and it's an assignment that God brings to you based upon your desires for spiritual development.

An example of that is, let's say you desire to be a Buddhist. Well, what will happen is you'll be assigned a spirit who will help you be a Buddhist, because that's your desire. It doesn't mean that God agrees with the desire, but because the desire is sincerely, it has to be sincerely established, God responds to the sincere desire, saying, well, that's what you want, so I'm going to give you someone who's going to help you do that.

Mary:

God's Laws really do that.

Jesus:

God's Laws do that, yes. Of course, when you start to want a true relationship with God and not just a religious relationship with God, then you usually will get a guide who is on the Divine Love Path, and that will be assigned to you.

And over the course of your development on Earth, that may be different spirits too. During the first few phases, let's say, for many of the young men in the audience we talked about earlier, there's a whole lot of quite dark spirit influence so sometimes the guide will be just to help you get rid of it, get rid of that influence. Because he's a spirit often times, who had the same kind of influence on Earth, he understands it better than anybody else because he's had to learn about it himself. And he'll often come and he can then, if you're sincere about getting rid of the influence, he can then help you so this is something that happened to Nicolas, in Austria, he developed some sincerity to deal with that, didn't you Nicolas, and then some spirits came to help him work his way through that, and they've been

helping ever since, and he's felt the benefit of that help, right, for a specific purpose.

But say Nicolas deals with a spirit influence, and then he decides oh, I would like to have more of this kind of relationship with God or that kind, I want to experiment with some of my passions, then he might get a Divine Love guide who has similar passions to him to help him experiment with those passions. Does that make sense. And he might not be the same spirit who was there before helping him with the spirits, the spirit influence he was under.

So, this happens to every person, if you're sincere, these things will happen. And so, over the course of your life on Earth, you may be assigned three, four, five or six or ten even, depending on what you develop, different people who are helping you. Depending on the skills of the spirit, because not every spirit has the same skills, you know, they're just like you, they have different passions, desires, skills, different experience.

So for example, on Earth, in the 1st century, the only person I've been a guide to on Earth was my daughter, Sarah, but I was with her her entire life because I had enough skill to help her with every aspect of her life, but if I didn't then somebody else would have been assigned.

And when Mary passed, Mary and me were her guides, after she passed. And so, sometimes it is a family member, from your prior family life who is the guide, but other times it won't be, just depends on the desires you have.

Mary:

Can I go back to end of your first question where you were saying, when I'm talking to God, I ask God to come, but I'm not sure is God coming. God's interested in you, absolutely, so God is always interested in you whether you express a desire or not, but as soon as you express a desire, you become more sensitive to God's feelings for

you, so never doubt that God isn't interested or there, it's just you becoming sensitive and open to feeling God's feelings for you. And also, when you ask for that for God's - you can ask for lots of things from God, God's Love is a good thing to ask for, but even God's Truth and Wisdom and all those things, you can ask for, if you have a Divine Love guide, they will also be attracted to you at those times to help highlight to you if you're not yet sensitive to God's feelings, to highlight to you what's the next thing Julie, to look at so that you can establish this relationship with God.

Jesus:

Yes, and one thing that you have been doing Julie, since, basically since Austria, right, when you came there, is that you're starting to focus more attention, aren't you, on God rather than on just everything else in life, and God loves that, you know, because it's like, God can help you with everything else in your life, so when a person focuses on God and is sincere about it, then God always is going to respond.

And also, as Mary pointed out, your desire opens up your heart to the response. Before then, a lot of times God's trying to help and every single person on Earth God is trying to help. He sees every Child as His Child, and He's trying to help every Child, and it's the same in the spirit world. Every spirit who's in a dark place, God's trying to help, personally help every single Child. And so, God has a feeling, I want to help every Child, but if your heart isn't open to the help, then your will is saying, I don't want any help from you to God.

And so, by now talking to God, even though you might be at sometimes yelling at God, you're now going, well I'm now recognising you, and God's going, you beauty, that's a great improvement.

Mary:

I'm in the room, yes.

Jesus:

I am around and I am here. I might not be the image you have of me, is what God feels, but at the end of the day, by engaging the beginnings of the relationship, you'll learn that if you're sincere.

So, God's very happy when a person starts expressing things to God, no matter how warped and damaged, because of the parent relationship, that might be, but God wants you to also listen to the answers as well. So, that's partially to do with the conscience, about how God gives you truth messages, and also, if you open your heart to receiving the love as well, there will be times when you go, oh, I know you're not like that, and you have some sincere desire to feel God's Love, and under those circumstances God will give you that love.

Initially, for most people, it's sort of like a dribble because we have a fairly closed heart, and then as your heart opens more and more, things change quite a lot, and if you can keep your heart open, as open as possible, obviously, things can change quite substantially in a short period of time.

It also means though that as you receive that love and truth, you're probably going to change things in your life and that's where it gets challenging for most people. Most people start to receive the love, start to have different feelings than they did before, start to have different thoughts than they had before, and then they go, but, wow, like it means, like if you're in a partnership where the man is abusive, you would want to leave him now, and then you're going to have to deal with some fears you've got now, and things like that.

So, there will be changes that happen in your life, but God's not going to force those changes on you, but often times, without making those changes, you can't continue to receive the love until you bring yourself in harmony with the love you've already received, and this is something that a lot of people neglect. And because they neglect that,

they stop receiving the love, and then for many, many years sometimes, their entire life, the rest of their life they don't receive any.

So, don't make the mistake of receiving that love, receiving the truth, and then not taking some action. Does that make sense. Yes, don't make that mistake either.

You want to receive the love, receive some truth, and then you'll feel like, 'groan', sometimes you'll feel like, 'groan', I've got to do something about what I've got now, what do I do. And the beauty of the relationship, is that it does confront many of the injuries you have. So, you might be afraid of people, so it's going to confront that. You might be afraid to speak up, well that's going to confront that. You might be afraid of your husband or your wife, it's going to confront that. You might be afraid of your mum and dad; it's going to confront that.

There're all these things that as you receive the love, there'll be confrontations, and you've got to be prepared to take the action that is necessary to stay in harmony with the love if you want to continue growing. So, that's the secret to continuing growth.

Participant Female:

Thank you. Can I add something. I guess I want to make sure that I'm self-responsible with how I deal with my process or deal with my emotions, because I've had the tendency to ask therapist or other people to be next to me when I'm dealing with my emotions, and I fear that I do the same with God or spirits.

Jesus:

Yes, and very good question.

Mary:

It's a good awareness to have.

Jesus:

Yes, what we find is a lot of people don't have the personal confidence to deal with things themselves. Now this comes from a lot of injuries from mum and dad basically teaching you that you need somebody else to handle things in your life. And a lot of people on Earth have that injury, and it's becoming a more and more common injury too. If you look at young children now, they have at a very young age, that same injury.

What God wants you to understand and this is for everybody, God wants you to understand that He Created you with the ability to cope with everything, everything. You can cope with anything. Mary and I have experienced some very, very hard things in our lives on Earth, both 1st century and now, and if you gain your feelings from God about you, one of the feelings is, God created you with the ability to handle everything.

And once you have some confidence in that yourself, then it's far better for you to engage your own progress than it is to get help from others. And there's a lot you learn by doing that.

Now it doesn't mean that you won't be helped by others because you've still got your guide and you still got God, and you still got people who want to help you, but when you become super-reliant on their assistance, you're now putting yourself in a place of dependency, and you're also creating a power dynamic where the other person now potentially may take power over you if they're not kind or considerate or in a loving space themselves, so you've got to be very careful that the person who's helping you, if anybody is helping you, that they are loving in the manner that they do it, and they're also not wanting you to become a dependent.

There are a lot of people who desire to help others who want others to be dependent on them, and that's something you've got to be very careful of in your progress.

What God wants for you is to realise that between you and God, everything can be dealt with. You don't need anyone else to deal with anything. However, when loving assistance is given to you, why would you not receive it. Does that make sense?

And there's plenty of times when you can ask for loving assistance and receive it, and God and spirits and even people on Earth want to help you with that assistance, but the dependency on it is actually something God wants you to break, not establish. So, He doesn't want you to become dependent on other people.

Because if you become dependent on other people, their opinions and their feelings and their beliefs will influence you. You follow me. And if their opinions and beliefs are not God's, then you can see you're going to just replace them (mum and dad), not with God, but with another person you become dependent on which you almost feel is God.

There's a big attraction on Earth to gurus, isn't there, like oh, I've got a guru, I've got a, what are they often called other than a guru, yes, an enlightened leader. When we were in Portugal, it was interesting because there was one woman who was considered to be an enlightened leader in the Buddhist faith who came to our presentations and she brought along with her half of her followers who didn't really even want to be there, but they came because she came.

And then also, there was a whole group of spirits who were feeding the entire addiction of all of that, who also came with them, and it's very interesting because when you say something that confronts or they feel is treating the person badly, so one of the things I said in Portugal is, reincarnation is false, it's not true. Everybody who had followed that belief was all up in arms immediately, and it's very interesting what happens then because if you follow a person and you hear a belief that confronts the person you're following's belief, now

you've got a choice, are you going to look at the truth or are you going to just follow the person still.

And if you're getting a lot of addictions from the person, and one addiction might be, I want to feel safe, and I want to feel secure, and I want to feel like I can handle things with somebody else's help, so that's an addiction. And if you have that addiction with the person, and they themselves don't like the truth, then what are you going to do. It's highly likely you'll stay listening to the person even though their beliefs are false rather than accepting God's Truth.

And God knows that God's Truth is what sets you free, not staying addicted to a person. This is where there's a lot of things that go on on Earth that are very damaging. We see it a lot in general Indian philosophy, Hindu and Buddhist, Indian philosophies, but we see it everywhere.

You see in Christianity, you know, everyone becoming dependent upon the minister, or in the Islamic faith, everyone becoming dependent upon the leader, the Shaykh, the Imam, becoming dependent on them rather than listening to God.

And so, if that person has an opinion that differs to God, who are you going to choose to follow now. It gets tricky, doesn't it. And this is why God wants you to realise you can handle everything yourself, you can deal with everything yourself, you can cope with everything yourself, with God's help you can deal with absolutely anything and find every truth, and you don't really need another person to do it.

However, having loving people who help you is fantastic, it is. And every one of you are going to experience that in your future no matter what your condition. In the spirit world when you pass, everyone of you no matter what your condition will get help from someone else.

And I've had help from lots of people. In the 1st century life, I had about 18 guides who were helping me at one point, and every one of them helped me until the point where they couldn't. Does that make sense. And that point, for me, was when I entered the 7th sphere, from then on, they couldn't really help me much anymore. I had to do that rest myself with my relationship with God, but they helped me up until then.

So, they helped me do a lot of things, they helped me to understand a lot of things about the spirit world that I didn't know. They helped me understand how to communicate with spirits, what kind of spirits I was communicating with. Myself and John the Baptist, we used to talk a lot to spirits, and they helped us work out, whether the spirit was dark or not dark, lots of things they helped me with.

They even helped me with - they had been told by God that I would be the Messiah and even helped me with that. To help me come to terms with that. I found it a big struggle to come to terms with that in the 1st century, and when I say a big struggle, it took me from the age of about 18 to 31 to deal with that, just that one thing.

And I was pretty sincere about dealing with it, but it was pretty hard because it was just against my whole idea of myself, not for any other reason than I was looking for somebody else to be the Messiah. It helped me deal with a lot of things, and they didn't even know what that meant, but they helped me do it. So, there's lots of ways that spirits can help you. And if they're loving, that's going to be the measure. Are they loving, are they trying to take control over my life or they just trying to help me with my life.

Mary:

But the awareness that you have that you have a tendency to seek other people to either validate or help you through your emotions, it's a great awareness to have.

Jesus:
Yes.

Mary:
Obviously, there's reasons why, and it's the reasons why that you'll need humility to let go of and that will help you discern what's my guide and what's a spirit who's just trying to help me, who's here because I'm needy, if you like.

Jesus:
So, again, if we go back to that previous suggestion we made before the break. Remember to write love up, and say what love is and what it isn't. What is love, is me becoming dependent on somebody, love. You see, if I write down what love is not, it is not dependent. So, love is self-responsible, desirous of looking after oneself, loving oneself. If that's what love is, and then I am choosing to become dependent, then I'm out of harmony with love. So, that's not a good thing.

That's different, isn't it, than being helped by somebody. So, there's plenty of times when I've sought help, and we still do actually, Mary and I, every couple of days we have conversations with our spirit friends, and I seek their advice on lots of different things. There's lots of different things that I sort of feel or see happening and I just ask them to help with the confirmation of those particular things. There's also a lot of things where we make plans for the future and they sometimes help me out with whether that's wise or not, at the moment, you know, things like that. So, there's lots of ways you can seek help.

Participant Female:
But you never ask them to be here with you to help you to process emotionally something.

Jesus:

I do that far less. Normally for me, I go, and they know now too, that I want to deal with all my stuff myself. So, I don't ask for that now, back in the beginning I did a bit, but now, no. And now they sort of have a hands-off approach to my emotion. They just say, you've got to deal with that, that's it.

Mary:

And in the end, only you can feel your feelings. Spirits can help you by, like I was saying before, highlighting, you're skipping this Julie or yes, you're on the right track Julie, but in the end, it's only you who is going to have your feelings. And some people have spirits' feelings through them because they are so desperate, I need to feel something and then, they open themselves up in that way.

But, yes, a spirit can't really help you to, even a loving spirit can't help you to have your feelings, because in the end, they can only give you truth or love which might help to trigger some feelings, but in the end, they're your feelings.

Jesus:

That's right. They can't help you develop faith, can't help you develop humility, they are qualities you need to develop. Now I must say though, many of you will find yourself developing a bit of a relationship with some spirit friends over time, and then those spirit friends will try to wean you off of them.

Participant Female:

Wean you, sorry.

Jesus:

Wean, what does it mean.

Mary:

It means like when the cow goes away from its mothers udder.

(Laughter)

Jesus:

Yes, so a lot of times it's like a nursing mother breast feeding her child, and sometimes you, the child, with a spirit friend, get quite connected to them and feel you start needing them, and as soon as a good spirit feels that from you, he or she will wean you from that. He will say, no, we're not having any of that, you need to stand up on your own two feet in this regard.

It's like these women who nurse their child until, some people we know, breast fed their child until they were five years old or something, well that's stunted the child's growth generally. Because it stops a child from learning to look after itself, generally.

Our spirit friends are not going to stunt your growth by nursing you when they feel like, no, stand up on your own two feet. We need you to stand up on your own two feet. We need you to have more confidence in yourself, more confidence in the way God created you to be which is a self-responsible person who loves, that's what God created you to be.

Participant Female:

Thank you.

Jesus:

No worries.

Participant Female:

Hi.

Jesus:

What was your name?

Participant Female:
Caroline.

Jesus:
Caroline, sorry I can't see properly.

Participant Female:
I think this has been going around in my head so it may come out completely wrong, but what I was trying to get to is years ago I felt, because I've abused, sexually abused, so now my understanding is that I've attracted obviously, abusive men.

Jesus:
Well, just be very careful - firstly, I need to stop you there. You've got to be very careful with this understanding. It would be better...

Participant Female:
Sorry, I was meaning, obviously, you know how you were talking about men this morning that I should have said that sorry.

Jesus:
Yes, no I understand that. I want to just - this whole thing that I attracted abusive men, I just want to address that comment first, and then you can continue with your question, is that alright Caroline.

Participant Female:
I'm not to sure what that is, but I'll say how that goes. Thank you.

Jesus:
Well, do you want to state your question first and then we'll go back to this point, or...

Mary:
I think she's not quite sure what the question is.

Participant Female:

I'll just finish what I was saying. So, I've attracted men in the past and I couldn't see the behaviour, what I was obviously attracting, and I felt I found my soulmate and I'm still not too sure, and it was a very, very different feeling. It wasn't sexually from my genitals sort of thing; it was my heart opened and it quite shocked me. I've never felt that, and he actually felt the same.

Jesus:

Okay.

Participant Female:

And since that day, I don't think I've had a day where I've not felt something about him. And ex-boyfriends, I'd always within a week, I could have forgotten them and not felt them and not thought about them, and even when I try to forget this feeling, it just whosh comes back in, and it's like oh, ??

Jesus:

So, is this someone you've known all your life or...

Participant Female:

No, just probably the last 16 years.

Jesus:

Okay.

Participant Female:

Since I wanted to know about soulmates, when I heard you speak for the first time about soulmates, but I'm not too sure whether that is true, I desired it, but it was more I can't get him out of my head and my brain, and it drives me bonkers. (Laughter)

Jesus:

Because normally you could be able to get him out of your head if it was somebody else.

Participant Female:

It's just body, I can feel him around me, and I want to understand what...

Jesus:

So, is he in spirit or is he on Earth, he's on Earth.

Participant Female:

Yes. So, it was how can I get rid of it. (Laughter)

Jesus:

Why do you want to get rid of the feeling.

Participant Female:

I don't really, it's quite beautiful. It's really, really beautiful, but if it is an addiction, or what I was worried about hearing you this morning is if it is spirits throwing that feeling on me...

Jesus:

...giving you that feeling about that person.

Participant Female:

...then that's so unloving to actually connect with that because it can't be very nice for him if we're not soulmates. It feels like a loop, so if I'm getting that projection from a spirit, and then I'm projecting at him and then I've started to stop it, I don't want this feeling, I don't want to do this. I don't want it to go on a loop.

Jesus:

I understand what you're saying.

Participant Female:
Does that make sense.

Jesus:

Yes, but not really. But yes, no I understand completely what you're saying. I'm just - in terms of answering your question there's a few things we want to look at first.

Firstly, the issue of being abused. Let's look at that and also, look at dealing with that, shall we say. Let's start there. So, you are half of the soul (drawing on whiteboard), has some areas in your past which you've discussed with me a bit, haven't you, where you've been sexually abused.

Participant Female:

I didn't realise it at the time, but I then went into it and realised that when I was a little girl, my dad, but I didn't, I totally blocked it out, didn't have a clue.

Jesus:

Which most people do.

Participant Female:

Yes, and I think this is why I want to talk about it, because probably a lot of people don't know that either, do they, and people just close it down.

Jesus:

Correct.

Participant Female:

I've not really heard a lot of talks about sexual abuse at a young age, and how to deal with it.

Jesus:

Oh, we've talked a lot about it, yes, because we've had a lot of people, we've met who have had different issues of sexual abuse that they've had to deal with.

Participant Female:

So, I was about 40 before I realised that I had.

Jesus:

Yes, it's a very common thing, of course, isn't it, because there is a lot of sexual injuries on Earth, and therefore, a lot of abuse is going to happen, and it's more common, obviously, for women than men, but it's still very common.

Okay, so what the abuse does, and I don't want to talk about the abuse itself, what I want to do, is talk about what it does to you. Does that make sense.

So, what it does to you with regard to your relationship with the gender of the person who abused you. So, like if a woman had abused you, then these feelings would be probably towards women and yourself. If a man has abused you, there would be feelings towards a man and yourself, in relationship to men.

So, depending on the gender of the abuser, through the process of getting abused, you will have created inside of your soul some feelings. In the relationship with how you see yourself, so firstly, it's how you see yourself, and also then, how you see that gender. So, in this case, it was a man.

Participant Female:

Yes.

Jesus:

Yes, I know it's a man, I just saying. It's a man, yes. So, how you feel about men generally is going to be influenced by this abuse. Now it depends, doesn't it, on how you react to the feelings that are generated from the abuse, the grief. So, this abuse has caused grief, and then it depends on how you react to the grief as to what you will then do.

If you react to the grief by getting sort of angry about it, you know, you're afraid of feeling it so, you get into a state of anger, so there's obviously, an intermediate stage in there of fear. But if you get into a state of anger, then you might feel very angry with men all the time. But that hasn't been your pathin, has it.

Participant Female:

No, I've been very quiet because I've not got angry, I've got angry internally.

Jesus:

Correct, so there's the second thing, where this anger, is actually at yourself.

Participant Female:

Yes.

Jesus:

And blame of yourself.

Participant Female:

Not understanding things, getting confused, not knowing who to trust.

Jesus:

Yes, now this blame of self, in all these different areas causes, the blame of self, is the thing that causes the attraction, you follow me, to

certain types of men who are prone to blame you rather than themselves.

It's not actually the abuse that has caused the attraction. It's not like we're saying, oh, I've been abused so now I'm going to attract more abuse. That's not how it works. What happens a lot is the women who have been abused frequently, they start blaming - all their anger is upon self.

Now the problem with dumping a lot of anger on self, is that it opens up the ability for people who are also angry with women to take their anger out on you because you're already angry with yourself. Does that make sense to you?

Participant Female:

Totally, that's what I'm attracting right now, yes.

Jesus:

That's right.

Mary:

And we could say, attracted to, let's say you're attracted to it.

Jesus:

Because you're blaming yourself, you think that it's normal to blame you.

Participant Female:

Which is what I've always had, people have done that, so I didn't know any different, and they made me believe, and that's what you were talking about early this morning, isn't it. That that's what happens, you believe that you're wrong that you've been abused, but actually it's the abuser that's doing the wrong.

Jesus:

That's right, and what he's doing is he's taking advantage of the fact that you're going to blame yourself for how he treats you. He's taking advantage of that. So, that shows you his bad condition, his dark, bad condition, doesn't it, rather than your own.

Your own is in a state of blaming yourself, and then he says, right, this woman is blaming herself, so I can get away with a lot with this woman. I can treat her badly, emotionally. I can treat her badly, sexually. I can demand things from her. I can make her feel bad about herself and she'll just keep blaming herself and give me what I want which is power and control over her, and other things like that, sex, maybe too, she gives me all the things I want.

And so, it's the tendency to blame yourself, which is a lack of love of self, which causes them to be attracted to you, right.

Participant Female:

Yes.

Jesus:

So, you're alright with that so far.

Mary:

And God didn't design the law, that once you're abused, that you'll just get abused forever until you feel it.

Jesus:

No. It's not like that at all.

Mary:

That's not God's intention, that's not God's desire, so it's just very important that we understand God's Law does not want you to be harmed whether it's sexually, physically, verbally, yes.

Jesus:

Anyway, anyway at all. However, what happens, if you look at the general condition of the world, most people in the world take advantage of others when they can. Isn't that true.

Participant Female:

Yes.

Jesus:

There're very few people on Earth who recognise they could take advantage of you and don't, because most people are in a poor condition of love. They recognise they can take advantage of you, and they do, and that demonstrates their poor condition of love.

These men who take advantage of your blame of self, are in a very poor condition of love, and therefore, they are attracted to you blaming yourself. You follow me.

Participant Female:

Yes.

Jesus:

Now in the process of this occurring, those men, I'll draw them as well. Of course, they're connected to their own soul, you could say, their own half of the soul, but you can also see - this is them (pointing to whiteboard), and they obviously, have an injury where they're prepared, it's a dark injury, so therefore, I'm going to draw it in this sort of red colour, they're prepared to blame the women for a lot of things, which means that they've grown up with a mother who's blamed herself for a lot of things, and also, given them the feeling that they shouldn't blame themselves for anything.

So, those men are going to be attracted to your life because the anger that you feel about what happened to you is focused on yourself. You're saying to yourself, I am to blame for it. And, in fact,

these kinds of men who abuse women, also do believe that you are to blame for it as well.

They will even say that. Abusers often say to the children they abuse, oh, that's because you wanted that, you wanted this, you know, they say things like that. And these kind of men as adults often say the same thing, but you like that, you like me being a bit rough with you, you know, you like us having fights, and you like me being a bit bossy with you and being sexually demanding with you, it turns you on.

And to some degree it sort of does because the injury in the soul is to blame yourself, and so when somebody else blames you, it opens you up emotionally, and also energetically to their projections, and so you can even get sexually aroused by somebody blaming you which is unfortunate, but it's just a part of that injury.

So, if you don't deal with your blame of self, which I need to say, your attractions are showing you you still feel this way, aren't they.

Participant Female:

Yes.

Jesus:

So, your attractions are still showing you that you do have this tendency to blame yourself and this is why I latched on the words as well, because even the words a person use frequently show that the feeling still exists, right. So, there's this tendency to blame oneself within you saying, I attracted it, like I'm to blame for it. No. All you're responsible for is the fact that you haven't felt your grief about it yet, and that's caused you to have an angry suppression of your grief, and to use blame as a way of suppressing your grief.

If you blame yourself, you can see the dynamic, if you psychologically blame yourself for what happened, then you don't have to grieve what happened, and this kind of grief is quite gut-wrenching kind of

grief, and so you can store that grief rather than feeling it if you blame yourself. So, this is why, often we desire to blame ourselves.

And then on top of that, the men who abused you want to blame you for it as well, so there's an extra motivation to blame yourself as well. And so, it's very common for most people who have been abused to blame themselves for the abuse.

Now the problem with that is that this grief hasn't gone, and I still have a strong desire to blame myself for what happened to me. So, what kind of man is going to be attracted to me or attractive to me? This is something you don't want to face.

Participant Female:

Somebody that's not - that won't treat me nicely.

Jesus:

Yes, if you look at your history, you can see that's true.

Participant Female:

Abandon me and not be there and say that they love me, and I'm your soulmate, but then obviously, actions don't follow their words, which is what I'm kind of...

Jesus:

Now if the man is even your soulmate, can you see that unless you heal this, you're not going to know because you're already in a state of attracting a man who's going to take advantage of your blame of self.

Unless you get to this grief, and stop blaming yourself at all for the abuse, can you see you're going to be feeling more attracted to a man who blames you and you're going to be more emotionally open to the man who blames you, unless you feel this grief.

Now if the man is your soulmate, as you claim, the one you've known about...

Participant Female:

I don't know (Laughs), yes, you're right, I do claim he is my soulmate. I do claim it, I say it all the time, but then I'm not being humble. I'm not being humble in what, like you said yesterday, I'm not humble to know whether I'm right or wrong, and that's my problem.

Jesus:

Well, you do feel you're right, because...

Participant Female:

Doesn't mean I am right.

Jesus:

...otherwise, you wouldn't say it, right. So, you do feel he is, but while you have this, you are going to be very prone to attracting men who want to blame you. And they might even say they love you and care about you, just like an abuser would, by the way, you think about a lot of abuse happens, not violently, but I love you and this is why I'm touching your private bits, type of thing. You know, I'm just pleasuring you, that kind of thing that a lot of these guys say to their victims.

In a way, they're saying the same to you, and then blaming you for not having the relationship or sorting out the relationship, but again, the attraction is to this desire you have to blame yourself.

Now that is all avoidance of this big grief. The desire to blame yourself is an avoidance of the grief. You'll only grieve when you understand the truth which is you're not to blame, and once you start feeling you're not to blame, then you'll have something to cry about.

Participant Female:
Yes.

Jesus:
Once you believe you're to blame, you are switching off your grief.

Participant Female:
I felt very blamed for a lot of things for a long time really, and coming here these last few days...

Jesus:
Yes, we haven't seen each other for a while, have we.

Participant Female:
No. And so, that's great, thank you. Thank you for coming and thank you for yesterday. It was really amazing for me.

Jesus:
Yes, it's our pleasure Caroline. But can I just finish this here.

Participant Female:
Yes.

Jesus:
So, what I'm saying to you though, is that the person you're thinking is your soulmate, even if he is your soulmate, he is obviously attracted to you blaming yourself, and that's a problem because it doesn't matter whether he's your soulmate or not, if he's attracted you to blaming yourself, then whatever relationship you may set up with him, it's damaged from the beginning.

Participant Female:
Yes.

Jesus:

And can you see unless you get rid of the grief that causes the anger to blame yourself, unless you get rid of that grief, and also, work through why you want to get angry with yourself rather than feel that grief, which is all about your fear of how big that grief is.

Participant Female:

Okay, thank you.

Jesus:

Unless you deal with that, then whether he's your soulmate or not, you're going to be attracting a man who's going to have a strong tendency to blame you. Now if he turns out to be your soulmate, can you see that's going to cause you a lot of damage. If you allow him to have a relationship with you without you dealing with this, it's going to cause you a lot of damage because he's going to start blaming you for things, blaming you for things in your relationship, and you're going to take on that blame, and if he is your soulmate, you're going to be more open to taking on that blame from him than anybody else, and that's going to make your life very hard.

Participant Female:

It's been very hard since I've last seen you. It's been very hard, I've lost everything.

Jesus:

So, it's very important that - forget about him for a moment, so I'm saying forget about your soulmate if he is your soulmate, for a moment, which I know it sounds a bit confronting because unless you - this is your dynamic (circling drawing on whiteboard), and unless you deal with that dynamic, any relationship you have with him is going to be tainted.

Participant Female:

Yes.

Jesus:

And the problem with that is you're not going to be truthful with him because you're blaming yourself. When he is to blame, you're not going to be truthful with him about him being to blame for something, for some irresponsible unloving thing he did, and that's going to cause you to enter this dynamic that even if he is your soulmate, you're going to have a very bad relationship with him.

Now of course, he could choose to deal with that feeling, couldn't he, but I'm saying this to you because you can't control what he does.

Participant Female:

No, I can't.

Jesus:

You're not going to be to control him for the rest of your existence, even though he's your soulmate. A lot of people think, oh, I get my soulmate in my life, and I'll be able to get good control of him, and that's not the way it is at all, as anybody who's met their soulmate will tell you.

What needs to happen, is he needs to sort himself out too, as to why he's attracted to this, to you blaming yourself. Now the man you're talking about has no awareness of himself in this regard, none at all.

Participant Female:

He doesn't even believe in personal development.

Jesus:

Correct. So, is he going to do this.

Participant Female:

No.

Jesus:

No, he's not going to do it unless you deal with it yourself, and then whenever he tries to interact with you, you'll be able to, no, this is why. You'll be able to be direct with him, he's not going to do it in his current state.

Now one day in the future that might change through all sorts of things because God's trying to lead him to truth, just as much as He's trying to lead you to it.

Participant Female:

Yes.

Jesus:

But, unfortunately, he's in a very shut down state in terms of taking personal responsibility for his life and so, the reality is that he's probably unlikely going to do it very soon, unless you make this change. And then, if he is your soulmate, he'll feel pretty confronted by the change. You follow me.

Participant Female:

Yes.

Jesus:

If he is your soulmate, if he's not your soulmate, he won't be bothered by it at all.

Mary:

And you'll know. You'll know he's not your soulmate when...

Jesus:

...when you deal with this.

Mary:

The reality is you can't know who your soulmate is while you've got that still in you.

Participant Female:

Okay, thank you. So, what could you just go back and explain that why in previous ex-boyfriends I would forget about them in about a week or 10 days, but this feeling won't shift and it won't go, and the Law of Attraction will bring me his initials or a smell or something, and it's constant, and it can be really ramped up.

Mary:

You're not in a relationship with him.

Participant Female:

Pardon.

Mary:

Are you in a relationship with him.

Participant Female:

No, I haven't spoken to him for three years, four years, something like that.

Jesus:

Why would you think that might be happening?

Participant Female:

Well, I'm just questioning. I would convince myself before I came here today, oh, he's my soulmate, I get these feelings from him, oh, it's just wonderful, it drives me mad, but in reality, when I listen to what you said today, is it spirits just pumping me with the feelings to keep me away from the grief.

Jesus:

Well, yes, if you look at this dynamic of what you're trying to achieve which is blaming yourself to avoid your grief, right, that's what you're trying to achieve, to avoid this big grief because it's painful, right, trying to avoid that. And the spirits know that while you blame yourself, they can arrange your life so that men like this, they're attracted to you.

Mary:

Or you're attracted to them.

Jesus:

And they can set up sexual liaisons for you to go with the kind of men that they feel themselves to be, and if they give you those particular feelings that - all they've got to do is say, here's your soulmate, here's your soulmate, here's your soulmate, and give you feelings of openness towards them. You say you feel him around you all the time. This man isn't feeling at all, is he? Is he feeling at all.

Participant Female:

It was quite interesting because when we first met he actually said, what are you feeling, and I would say he's the most person that's talked about feelings, but he's obviously, not because otherwise, so...

Jesus:

If these spirits are around you, what are they trying to do?

Participant Female:

They are trying to make me still stay in the same dynamic, but for me it felt like an antenna - I had an antenna on my head and I was always like this, I was probably looking for the one, and then when I met him, it's like it fell off. And I don't have any attraction to anybody else.

Jesus:

No, you were looking for someone to help you with your grief. Which is not the same as looking for the one.

Participant Female:

Okay.

Jesus:

You were looking for someone to help you with your grief. Now people would want to take advantage of that. You blame yourself for what happened, and it helps you avoid your grief, but the blame of self means that spirits can come along and help you blame yourself for a lot of things which you do do, right.

Participant Female:

Yes.

Jesus:

You understand this dynamic, but you're not understanding what it attracts, Caroline.

Participant Female:

Say that again, the last word.

Jesus:

You sort of get what I just explained here, but you don't get what it attracts. What does it attract? You, blaming yourself, what does it attract.

Participant Female:

I'm assuming it's spirits because it isn't a physical person because I don't allow any of the men in.

Jesus:

No, I'm saying, physical or spiritual, I don't care, what does it attract. What kind of person.

Participant Female:

A not very loving person, kind person, abusive person.

Jesus:

Yes, that's what it attracts. So, that would apply whether they're spirits or people, would it not.

Participant Female:

Yes.

Jesus:

Okay, if you were disconnected from God yourself, and if you're not practicing principles yourself, and not morally connected to those principles yourself, which to a large degree over the last 15 years you have not been.

Participant Female:

Haven't, no, I agree, yes.

Jesus:

Then, of course, this particular dynamic that's occurring in yourself, is going to attract people who want to abuse you spiritually. How do they do that? They get you in a dynamic with somebody on Earth where you blame yourself more.

Mary:

But actually, this is quite tricky because you're not having the interaction with the man, he's still a fantasy at this point, you haven't actually spent time with him in a relationship, so for these spirits, that's kind of handy. Because if you think about all your ex-boyfriends, you got to sleep with them, you got to live with them, and

then you're like, oh, see ya, that's why you didn't think of them afterwards.

Participant Female:

Yes.

Mary:

But this guy, he's still like an idea yet to come in the future...

Jesus:

...that you can stay in an imaginary place with and open yourself to sexual energy coming from these spirits, a sexual exchange with those spirits.

Participant Female:

And it's interestingly, I've in the last month or six weeks, I've actually kind of thought, no, I don't want that sexual projection at me, I felt that, and I don't know whether it was about the time I was thinking of coming to see you again, but I just thought, no.

Jesus:

This guy is not aware of sexual projection at you at all, so where's the sexual projection coming from.

Participant Female:

He describes it that he felt I was his soulmate when we met, and he's married and he won't leave and he doesn't want to leave, but three years ago he said, he would leave, and he would deal with things what he needs to do and come.

Jesus:

Which he hasn't done.

Participant Female:

And I felt him all around me, I felt that, but I'm now questioning, is that - my question was...

Mary:

I don't know if you want the answer yet, Caroline.

Jesus:

No, because it's quite obvious what (Laughs), from what I described what the answer is.

Mary:

I think we've answered you, yes. I think we've answered you, but you're a bit caught up in the story of it and not interested in the truth yet.

Jesus:

No matter whether he's your soulmate or not, what I'm saying is, that's not the person you're feeling.

Participant Female:

No.

Jesus:

You're feeling the spirits who are giving you sexual feelings and you're having sexual feelings thinking it's him, or his spirit or his soul, and you're actually sharing it with them.

Participant Female:

Yes, and that's why I felt to stop in the last six, and that's why I was getting annoyed with it because I was feeling it wasn't - didn't feel right, it didn't feel...

Jesus:

Correct.

Mary:

Yeah, but now you're still just in the story.

Jesus:

Yes, stop your story. So, Mary can continue saying...

Mary:

Well, I think Jesus said it, just that you're in a dynamic with spirits who are trying to get you to keep this fantasy about this guy because it opens you...

Jesus:

...so, that you keep giving them sexual energy in the guise of them being this guy.

Mary:

Yes, and when you're around him, in the past, they might have gone, oh, yeah, have some feelings also for Caroline.

Jesus:

And he is the kind of guy who will also do the same thing as these spirits.

Mary:

Yes.

Jesus:

He is the kind of guy who's incorrectly, he's married, but he's sharing sexual energy with you, when he sees you, so that's off, right. So, he's in a very poor moral condition. But he's also doing the same thing as these spirits, taking advantage of you, and taking advantage of the feelings, he gets from you when he's with you. But when he's not with you, he can't feel you at all.

Mary:
Yes.

Jesus:
It's only when he's with you that he feels you.

Participant Female:
He says he could, but obviously...

Jesus:
Well, he obviously can't. Why is that obvious. Why should that be obvious to you. Wouldn't he feel the pain he's putting his other half through by doing this, wouldn't he? If he actually felt, wouldn't he also feel the pain that he's putting his marriage through by doing this.

Participant Female:
Yes, he has spoken about, he does feels grief and shame, but he's obviously not, feels it but is not feeling it, if that makes sense.

Jesus:
No, no, he's describing feelings to you so you keep on the hook and keep feeling the same things.

Participant Female:
Thank you.

Jesus:
Whether he's your soulmate or not is immaterial at this point. Because at the end of the day, unless you deal with this (grief), and unless you deal with this going on (spirits), you're not going to be able to really feel what's going on for him, right, but it's also stopping you from having a relationship.

These spirits obviously, want you for themselves. So, they want you to not have a relationship with anybody else. They want all of your

sexual energy. See, some spirits come along, and they want to share in sexual energy with a group of people, and then other spirits come along who have a strong sense of ownership, a strong sense of demand of control which is exactly what blaming yourself gives them, and they want you totally.

They want all of your sexual energy for themselves, right, because they don't have that for themselves. So, the trouble with the spirit who's doing this with you is that all he's doing, he is a, he, right, and all he's doing is causing you to stay in an imaginary place so that you allow this energy to keep flowing and you keep giving him the same energy so that he feels good about himself. And while that continues to happen, how can you know this man is your soulmate.

All he's (spirit) got to do is just tell you that he is. He is unavailable man, emotionally unavailable, sexually unavailable, and it's in the interest of this spirit to keep you on the hook about that, because while he, this spirit here, male, while this spirit keeps you in that hook, you are going to be open to any sexual energy coming from him and to him. You're going to give him sexual energy while he keeps you in this hook that you believe he (spirit) is him (soulmate).

You follow.

Participant Female:

Yes, that answers it, thank you. Yes, thank you very much.

Jesus:

Yes, and it all starts because of not dealing with this grief and that attracts this kind of abusive male spirit who goes, I can take - he's abusing you sexually.

Participant Female:

Thank you. So, it's working, going into the deep grief, looking at the principles of the higher things.

Jesus:

Yes, dealing with that grief which you've been very frightened of dealing with your whole life, right.

Participant Female:

And then, obviously, building up my self-worth to kind of...

Jesus:

It will happen naturally.

Participant Female:

Will it, okay, just by the grief going, it would happen naturally.

Jesus:

Once you deal with this grief, there's no reason to blame yourself anymore.

Participant Female:

Okay.

Jesus:

The purpose of the blame, itself, is to stop yourself from feeling grief. So, once you feel the grief, there's no reason to blame yourself anymore. Once you stop blaming yourself, these kinds of men will find it more and more and more difficult to connect with you, and as a result, you'll be able to tell. Is this a real connection or is this actually just a connection based upon my blame myself.

Participant Female:

Thank you. That's a lot.

Jesus:

A lot of talking in that from you (Laughs), and not a lot of listening.

Participant Female:

I know, sorry. No, I'm looking forward to seeing the recording so then I can really keep playing what you've said to me.

Jesus:

Well, you might have to blank out a lot of your words to hear mine.

Participant Female:

I'm sorry, yes.

Jesus:

I'm just joking.

Participant Female:

Why do I do that?

Jesus:

Well, you're afraid. You're afraid of dealing with this, and really you want a different story, you want a different answer. You want me to say, he is your soulmate, go for it.

Participant Female:

No, I'm tired of that.

Jesus:

Yes, you do. Let's get honest. You do want to say he's your soulmate, go for it, trust your feelings, go for it, break up the relationship. Take some proactive action so that his marriage breaks up or whatever, which I can't do, of course, because it would be unloving. But if you're honest with yourself,

Participant Female:

It feels yucky now.

Jesus:

Yes, well it's starting to feel yucky, but this has been going on how many years?

Participant Female:

Sixteen.

Jesus:

That's a long time before it felt yucky, right.

Mary:

And also, you're big panic Caroline is about the grief. So, every time we bring you back to the grief, you...

Jesus:

...you want to go off on another tangent. Do you understand?

Participant Female:

Yes, thank you very much. I appreciate that, thank you.

Jesus:

Good day. Mary's choice now.

Participant Female:

I'm ??

Jesus:

What was your name, sorry.

Mary:

Say it again.

Participant Female:

Angharod.

Jesus:

Very unusual name. How do you put up with it.

Participant Female:

Yes, I've got a lot of variations of it.

Jesus:

I bet you have.

Mary:

In Australia you wouldn't last five minutes, and they'd shortened it something.

Jesus:

They'd shortened it to something.

Participant Female:

It does get shortened to Harry, sometimes Anna, but Harry, yes.

Mary:

Is it a name you chose or was it given to you at birth.

Participant Female:

It was given to me. It's a Welsh name.

Jesus:

Well, they're not very loving parents. (Laughter) I'm just joking.

Participant Female:

It's had it's up and downs.

Jesus:

Yes, I bet, yes.

Participant Female:

At least I don't meet very often people with the same name. Oh, you're the woman with the weird name.

Jesus:

Yes, that's right, okay, Angharod, what would you like to talk about.

Participant Female:

It was a little bit in relation to the question back, that this lady over here said.

Jesus:

Julie, down the front, yes.

Participant Female:

Yes, in kind of looking outside of self for not necessarily to God, so I lean quite heavily into my dreams, and sleep state. So, now I'm really wondering what's going on there because I remember most of what goes on.

Jesus:

In your sleep state.

Participant Female:

Yes. And sometimes it's just bonkers and all these places I go. Often, it's really helpful. I get quite a lot of information, sometimes it's really unpleasant. So, I kind of lean into that, but now I'm like, what's happening so, from spirit influence or what's my attraction in that. Is it trustworthy.

Jesus:

I'm a bit confused as to how it applies to the principles so far. Have you examined the principles yourself.

Participant Female:

Well, I'm feeling a bit confused about that of like how it's...

Jesus:

What principles are involved in terms of.

Participant Female:

Yes, and relating to God, like I thought that I could trust my dreams as some external...

Jesus:

Okay, sort of like guidance.

Participant Female:

Yes, like my spirit guides, this is guidance that's coming, and I can trust that, and now I'm like, is this just my shit. (Laughter) Really, actually, it's not trustworthy.

Jesus:

Well, let's answer that a number of different ways, perhaps, but the first way, let's look at your life. How many hours are there a day, how many hours do you sleep.

Participant Female:

Eight.

Jesus:

How many hours are left over.

Participant Female:

The rest. (Laughter)

Jesus:

Not a person who likes mathematics. So, yes, we have 16 hours of the day, how much is that in terms of percentage. We're sleeping eight hours out of 24 which is...

Mary:

I couldn't do 24 take out your name on percentages. (Laughs)

Participant Female:

Not under the spotlight either.

Jesus:

And we are awake 16 hours out of 24 which is two-thirds of my life which is basically saying 33% isn't it, and let's call it, round it up, 67% of my life I'm awake.

On whiteboard:

8 hours = $8/24 = 1/3 = 33\%$ (sleep)

16 hours = $16/24 = 2/3 = 67\%$ (awake)

Now God designed your life that way. That's why for the most part, almost wherever you live on Earth, and of course, that's not always true with different seasons, but for the most part, you'll get anywhere from 12 to 16 hours of daylight, and you'll get 8 to 12 hours of night for this reason. So, God designed it so your body clock works in such a way that you will be forced to sleep.

And the reason why God designed it that way is there's two things that happen in your sleep. So, in your sleep, there's two things that happen, there is the regen of your physical body, that's number one. And the second thing that happens is the education relating to your spirit life, let's call it of future life, because that's where you'll be in the end, right.

So, you're receiving - regenerating physical body, and then there's education of your future life going on when you're asleep. So, that's the purpose of those eight hours. And where's the rest of your time, here (pointing to '16' on the whiteboard). So, obviously, God feels for anybody who's living on Earth that there's more education to receive

here (16) on Earth, than there is to receive here (8) in the spirit world while you're asleep for the benefit of your life.

So, God designed it purposefully this way, to allow for you to have a period of time when you're regening this physical body because the physical body can't cope with being awake 24/7 for weeks on end. And the education of your future life occurs here. So, these two things (regen and education) are occurring in those eight hours, and then in these 16 hours, that's your primary education, your primary education. Alright.

Participant Female:
Yes.

Jesus:
Already, you can sort of see where I'm going with this, right.

Participant Female:
I can.

Jesus:
Yes, so here I am, I have my one-third of life, my 33% and I'm going that's telling me everything. Now already you can see that's not truth. Because God designed a system where this (67%) should tell you most things, and this (33%) leads you to the next things, not the other way around. You follow me.

Participant Female:
Yes.

Jesus:
So, the persons who focus mostly on their spirit life, the very first thing they're doing is avoiding their physical life.

Participant Female:
Okay.

Jesus:
Right, you know you're doing that.

Participant Female:
Yes, I can hold my hands up for that.

Jesus:
Yes, that's right. So, you know you're avoiding your physical life by sort of going, oh, I've got this amazing spirit life, and I'm remembering lots of it now, and there's more and more motivation to remember more and more of it, of course, and also, you call them your dreams and your experiences, now some of the things you think are your experiences are your dreams, and some of the things you think are your dreams are your experiences, ironically, so there's a bit of a mix-up in terms of what's really happening versus what...

Some of the things that are happening are to help you see you're avoiding a lot of things in your physical life. So, a purpose of dreams is your own self in your spirit form bothering you in your physical form saying, you need to deal with some things, that's the feeling. You in your spirit form are seeing some things that you don't like happening in your life on Earth that you choose to avoid while you're in your life on Earth.

Now let's look at all of this from a principle perspective. Firstly, there's the truth that that's only 33% of my life. The truth is, you may be here a bit while longer, right. How old are you now.

Participant Female:
Forty-seven.

Jesus:

Yes, and how long could you live.

Participant Female:

I suppose 100.

Jesus:

Yes, how long has your mum and dad and the other ones lived.

Participant Female:

Well, my dad not long, my mum's still going.

Jesus:

How old is she?

Participant Female:

I suppose my gran was 90.

Jesus:

Ninety, yes, so you're halfway. And of that half-way...

Mary:

You see the look, it's like, oh is it over yet. (Laughter)

Jesus:

You can see the feeling, right, the feeling is, I want to go sooner, that life is better. That's your feeling, right, and of course, that may eventually even cause your death by the way because you have that desire.

But the desire is driven by the desire to avoid your physical life. Now, if we look at the issues of principles. Let's look at the principle of truth. So, number one truth is, I want to avoid my physical life. Avoid is what I want, that's what I want to do. I want to avoid my physical life. Why would I want to avoid my physical life.

Participant Female:
Because it's painful.

Jesus:
Well, yes, so that's now a point of humility. I don't want to feel pain. I don't want to also, what else is another reason why you want to avoid it. If you felt the pain, and you didn't want to continue the pain, what would you have to do.

Participant Female:
Change.

Jesus:
Yes, you'd have to change your life.

Mary:
Make decisions.

Jesus:
You would have to take an action in harmony with love which you're avoiding, love of self, actually. You'd have to take an action in harmony with love which you're avoiding doing by having this stuff go on in your sleep time, you get to avoid the truth about your life, you get to avoid the pain of your life, and you get to avoid taking action in harmony with love of self while you're in this life.

And actually, you're working towards, from an emotional perspective, you're working towards wanting to die out of this life, to not be here anymore. You follow.

Participant Female:
Yes.

Jesus:
Which is actually almost like suicide, isn't it.

Participant Female:
Yes.

Jesus:

Just because you want to avoid the pain, the grief, and you don't want to take actions to love yourself. Now, obviously, you're very afraid of taking those actions otherwise, you wouldn't want to live most of your life here (sleep time), right. So, there's a benefit to your life there, which are these benefits (regen and educate), but God's trying to encourage you to go, if you pass into the spirit world while you want to avoid truth and you want to avoid pain, what do you think your spirit life is going to be like.

Participant Female:
Not much fun.

Jesus:

Not much fun because all of God's Laws in the spirit world say, don't avoid pain, and don't avoid truth. So, you'll be in quite severe disharmony with those principles when you pass. And people who are in severe disharmony with the principle, where do they go? Into the 1st sphere, into the hells of the 1st sphere generally, and is that going to be pleasant. It isn't going to be as pleasant as you think, right, if you do that. It's going to be very much the same and perhaps a bit worse than your current life.

Mary:

Ironically, in the state that you're in of avoiding your kind of lived existence on Earth now, and seeking this spirit life or the sleep state experiences, ironically if you pass in this state, you're very likely to become Earthbound to do exactly the same thing, avoid your spirit life by trying to have experiences in the other direction. So, that would be an irony, wouldn't it, if you avoid your whole life on Earth, and then you end up back here on Earth.

Jesus:

And you die because of that avoidance.

Participant Female:

Well, that's something I hadn't considered. (Laughter)

Jesus:

Exactly. But you can see the truth of the spirit world, the spirit world is more definite about you not avoiding. See here on Earth to a degree, you can have a level of comfort. Here in England, you can have a level of comfort, can't you. You can get the food you want, and you can get the drinks you want, and you can plan your life around avoiding most of the pain that you have by doing things or going on that excursion and all sorts of things you can do here, you won't be able to do that there. Whatever your pain is, you're going to be confronted with it, there.

Participant Female:

And I'm realising that as you're saying that, so I get that because I witnessed that when my dad died, and him then experiencing all of his pain, so I really know that's a truth, and I think I thought, well, it's going to be easier because I can't avoid it there, and so that's somehow...

Jesus:

No, you can avoid it there by becoming Earthbound.

Participant Female:

Yes, it never occurred to me that you could avoid it there.

Jesus:

In fact, a good 20 billion spirits currently on Earth, they're all Earthbound because of the same reason, they want to avoid their spirit life.

Participant Female:
Okay.

Jesus:

The trouble with avoiding pain is that it causes you to avoid it wherever you go. So, when you go to the spirit world, you're going to continue avoiding it, right. And from God's Perspective, this is how God feels about you, He's going, don't die, deal with this problem of changing why you're in pain before you die. Because if you don't deal with it here, it's going to be harder for you to deal with it there.

Not only that, you're going to experience the pain of a different environment on top of it being hard. You follow.

Participant Female:
Yes.

Jesus:

An environment that you can't escape, you can't go to the beach when you want to, you can't go to the movies when you want to, you can't watch television to zone out when you want to, you can't go and have a coffee or tea, you can't do those things because you're going to be really focused on the pain and trying to avoid it, that's all you'll be focused on doing.

In fact, if you're not careful when you pass, it will become a frenzy to avoid the pain, it becomes a frenzy for many and that's why they become Earthbound for many years.

Mary:

It's sort of like at the moment, you're sleeping hours are like a drug in a way, aren't they.

Jesus:
Yes.

Mary:

They're a drug in a way, aren't they.

Jesus:

They're an acceptable drug.

Mary:

You're trying to medicate yourself with this sort of stuff to avoid what's happening in your awake state, but you know, the thing about pain is, the more you avoid it, it just increases.

Jesus:

It increases your fear of it too, by the way.

Mary:

Yes, you develop these habits and beliefs that you're continually telling yourself I can't deal with my pain, it's too much to deal with, there will never be a good outcome if I deal with pain, but as soon as you start dealing with your pain, even if it's not all gone, your life starts to get better, your life on Earth starts to get better. Yes, so you've got a lot of happy life potential on Earth.

Jesus:

And also, your spirit life will be much happier if you deal with it now.

Mary:

Way more happier.

Jesus:

Way happier.

Participant Female:

Okay.

Jesus:

We've seen many people do this avoidance here only to experience extreme pain there.

Participant Female:

Okay.

Jesus:

And it's not the kind of pain there that you can get out of as easy.

Participant Female:

Noted.

Jesus:

Yes, we've had friends who have died from cancer, for example, and they're in more pain now than they've ever been on Earth, and they died a painful death, but they're still in more pain than they had on Earth because they're still avoiding the emotions that caused the problem, and so, yes, this is a truth about the spirit world that most people ignore.

And almost all New Age circles deny as well. And this is why a lot of people are attracted to New Age beliefs, because it helps them to believe, oh, I've got pain here, I'll go there, and I won't have pain anymore.

The majority of people when they pass in the spirit world, that's the time it's the most painful.

Participant Female:

Thank you.

Jesus:

So, you're better off dealing with your pain here than there.

Participant Female:
And not getting stuck.

Mary:
And not getting stuck, that's right.

Jesus:
So, I don't have any problem with you having a nice experience when you're asleep, that's all good, no problem with that, but the purpose of it is not in harmony with God's Principles.

Participant Female:
Thank you. It was really helpful.

Mary:
What you might find is the more you decide to deal with your life on Earth, the less exciting your sleep state will be, but your life on Earth will get better.

Jesus:
Yes, and not only that, you're learning lessons while you're here about desire, dealing with pain, that you can handle it, that you can deal with anything, you'll have more confidence in yourself as a result, you'll have more confidence about making decisions in your life, you won't be driven by as much fear, and all of these things will benefit your spirit life. This is why God wants you to learn it here rather than there.

Mary:
And you're obviously, very mediumistic, like that's a part of being quite mediumistic is having this ability, and I don't know about you, but sometimes when I'm denying stuff in my life, my dreams and - I wake up exhausted because it's been a big night.

Participant Female:

Yes, it's hours and hours of eventful - yes.

Mary:

Yes, lots of stuff going on, like lots of things to look at.

Jesus:

So you don't wake up rested.

Mary:

You don't wake up rested, and then it's harder to get through so, in this cycle of, oh, can I get to sleep oh, but sleep isn't restful and now I've got to do life and I don't want to deal with life, so I'll go back to sleep, and actually, yes, you can turn this thing around and use your powers for good, your mediumistic powers for good. (Laughter)

Jesus:

For your own sake, yes.

Mary:

In your awake state.

Jesus:

Makes sense.

Participant Female:

Yes, thank you.

Mary:

Let's go back to Laura.

Participant Female:

Okay, I feel a little bit fear, but over the last couple of days whenever I've attended these talks, I've come to an awareness that when I engage with people, I don't have a sincere desire to love them. I feel

like most of my engagements, I'm trying to get something from somebody, or it feels a little bit co-dependent. And so, last night I was trying to feel what principles might be engaged in, and I feel like it could be something to do with not feeling like I've got anything to give.

Jesus:

Yes, you could say, couldn't you, that so...

Mary:

It's really about a love principle, isn't it.

Jesus:

Well, there's a number of principles involved, isn't there, but let's look firstly, so I'll just write, Laura, is it, so this is Laura, notice I haven't drawn her as a (drawing a half soul on the whiteboard), (Laughter) just because it takes too much space now, and I need more space.

So, Laura, you're basically saying that one of the emotions inside of you is that, when I'm dealing with others, I'm basically looking for things from them rather than giving things to them. Now you can see that there might be a number of reasons why you want things from people.

Firstly, it could be what you said, couldn't it, which is the thing you would like it to be, can I say.

Mary:

Yes, we usually start with the thing we would like it to be.

Participant Female:

Low self-worth.

Jesus:

No self-love. Now how does no self-love, according to your assessment, cause you to not be interested in other people.

Participant Female:

For me, it feels like I've got nothing to give, it feels like a fear that I've got nothing to provide somebody else with.

Jesus:

So, nothing to give, yes, why do you feel there's nothing to give. Keep going. What was demanded of you in your childhood.

Participant Female:

(long pause as Laura is feeling)

You can feel that, can't you, like what was demanded of you in your childhood. Do you want me to speak for you because I can feel what you feel. But it's sometimes good for a person to say things. It's alright, can you feel the pain of that. There was a lot demanded from you in your childhood, right.

So, the reason why there's nothing to give, it's not because you have low self-worth, it's because you were demanded from in your childhood. In other words, parents sucking the life out of you. Environment sucking the life out of you. You've got to give, give, give, give until you're exhausted, you can't bear anymore.

And it feels to me too you sort of had a feeling of like, if I could just read or have a bit of private time to myself or I could just to have...

Mary:

...escape.

Jesus:

...a moment of peace. So, seeking escapes, you know, to get a moment of peace in your childhood. So, you're saying, it's no self-love, but I'm saying it's because of the demands from childhood, you feel you have nothing to give, and that's not related to self-love actually.

That's related to the fact you're now angry about that. You get angry about the demand, right, the demand from childhood gets you to feel like, I don't want to give anymore, I am sick of giving to people, I don't want to be in this position where people are demanding, and of course, the attraction is going to be more and more people demand things from you.

Participant Female:

Yes.

And so, you end up sort of almost being a recluse. Like you shut yourself down and try to stay away from people and try to be alone a lot, just to get some peace, just to get some feeling of control over the fact that there was all this demanded from you.

Mary:

And you also tend, in this state, to not want more friendships, I don't want more relationships, I don't want more because every time I get another friendship or something I feel like, oh, I've got to give, and I don't want to give anymore.

Jesus:

And unfortunately, because of the way the Law of Attraction works, which is fortunate in a way, every person you interact with is going to demand more from you.

Participant Female:

Okay.

Jesus:

Because it's there to trigger the feeling you have so, you feel the grief, right, so that's the attraction that's going to be there, but you're in an angry state.

Now in an angry state, it's like I am sick of this. I do not want to do this anymore. So, in an angry state, what is the person going to choose to do. It's like, I don't want to be interested in you, I don't want to listen to you, I don't want to have to hear your life, and I don't want to have to hear what problems you face, I just want to be left alone, leave me the f-alone.

Mary:

Or if we're interacting, you give me something.

Jesus:

Yes. Does that make sense?

Participant Female:
unable to hear

Jesus:

Yes, if we look the principles now in terms of how to solve the problem, can you see it starts with a lack of humility about this (pointing to 'demand from in childhood' on the whiteboard), you're not letting yourself grieve that this was your childhood.

You can see, even me just saying it to you caused grief to come up, right, and yet - so the grief is right there, it's right there, like you're so close to it, and yet, the anger is sort of keeping your grief under control, because you don't want to feel this from your childhood.

Now if you go through this which is really a point of humility, you have to face - you have to be humble enough to go through that, and then in the place of that, you're going to also have to face the truth

that that is true (demanded from in childhood). That is what happened to you. You follow. Nobody in your life is telling you that, but everybody in your life is saying, give me more, give me more, give me more, nobody is going, you've been demanded of a lot, haven't you. I'm probably the first person to say it to, right.

Participant Female:

Yes.

Jesus:

And so, you have to face the truth, and this is where it's handy with God, you see, if you had the conscience open, God could say, Laura, your childhood was bad. And unfortunately, on Earth a lot of people go, well, it wasn't that bad. There was no major thing that went on, and there was no major abuse, or there wasn't any major thing, but the trouble is when a child has been sucked from and drawn from emotionally all of their childhood, there is some pretty severe damage that is caused the child, and in particular, there's this feeling of exhaustion that develops in the child without the ability to grieve it, right, because the persons around you don't want you to grieve it.

If you grieved it, you would want to stop doing it, and they don't want you to stop doing it, so they want you to not grieve it either, And so, the demand in your childhood gets to an adult, and when you become an adult and you can make some choices, you can go, you beauty, now I'm an adult, I can divorce everybody from my life as much as possible now. I've got some level of control.

As long as I have a job, of course, they're sucking from me too, but as long as I have a job, and do the least amount I can do to have a private, personal, reclusive life, then I can control this feeling.

Participant Female:

Okay.

Jesus:

I can control this feeling somehow. Basically, it's anger controlling you from ever getting into humility, and facing the truth that this is the truth of your childhood.

Now if that grief of being demanded from all your childhood is let go, then you'll no longer be angry. Now what does that mean? To you that means, if somebody comes along and starts sucking from me just like they did in my childhood, I'll go back and do the same thing again, that's what it means to you.

In other words, you don't see any point letting go of your anger. You feel your anger with the whole thing is protective. You feel you're protecting yourself from ever having this happen to you again. You follow.

Participant Female:

I think so.

Jesus:

So, your anger, not only you think is helping you now, but you also think it's helping you for your future. And this is why there's no interest in other people, why you feel that you don't really care, so it's very good that you had that awareness over the last few days, very good because it's helping you see, oh, I am being unloving to other people, so this is very good to see, by keeping them all away from me as much as I possibly can.

This then causes you to ask the question, why do I do that. And you started focusing, interestingly, on no love of self, which is really a diversion from the reality of your childhood. And this is something we see a lot of people do.

Something happened in their childhood that's bad. It feels very sad, a lot of sorrow inside of a person because of that thing. So, what they

would rather do than feel the sorrow is create another reason why they're sad, and in this case, you're saying you lack love of self.

Now it's not the lack of love of self that is the problem that caused this problem, it's a lack of love of you from others that caused this problem. It's completely the opposite thing that caused this problem. Now, of course, in the way you're dealing with it, there is a lack of love of self.

Because obviously, if you keep staying angry, this feeling ('demand from in childhood'), will stay inside of you, and you'll become more and more of a recluse driven by the anger, and in the end, you'll end up being a lonely old woman who dies and nobody remembers her. Does that make sense?

Which won't be good for you because you'll enter the spirit world as a lonely old woman who also wants to be a recluse, right, and then you'll stay reclusive there, and we've seen people stay reclusive for hundreds of years in the spirit world until they've recognised, they have some pain to deal with from their childhood.

Mary:

Yes, with this grief that you're holding on to Laura, it really shuts your heart down from love, it shuts you down from receiving love because your association in childhood with...

Jesus:

...being loved.

Mary:

...quote unquote loved, is really being demanded from, and so you sort of shut off from people loving you, but then, as you can feel, you're also shut off from loving others as well.

Jesus:

Yes, so your definition of love from your childhood is, if I love someone, they'll take from me.

Mary:

And I must give.

Jesus:

I must give. I don't have my own life if I love somebody else. I don't have me, if I love somebody else. I don't experience me. These are all things that are now, because of your experience, now what you believe love is.

Participant Female:

Yes.

Jesus:

And unless that grief is felt, you will retain these beliefs and take them to your grave.

Participant Female:

How do I go about challenging that belief.

Mary:

Well, the quickest way is to feel your grief, that's how those beliefs will leave you.

Jesus:

All I had to say the truth to you, and you started crying. All you've got to do is repeat that truth to you until you finish crying, and you just keep doing that, until you finish crying.

Participant Female:

Okay.

Jesus:

You follow, yes. And then you'll start feeling about all the effects of it, and you'll probably want to cry about them too, and I don't blame you because they're terrible effects.

You don't know yourself well as a result of it, your view of love is that you try to reject it, keep it away from yourself, that means you haven't experienced much love in your life at all up to this point. It also means that every relationship you've had has been tainted by it because you just feel like, oh, I don't want the relationship. Everyone just keeps sucking from me and demanding things of me all the time, and so you're not experiencing what are the potential joys of having a good relationship because all you feel is just this series of bad ones. Makes sense?

Participant Female:

Yes.

Jesus:

So, truth first, have to face truth first. Truth is you were demanded from in your childhood, this is causing a lot of trouble for you while you store that grief, that's the truth. And if you can feel that grief, be humble to it, so this is about pray to God to recognise the truth every day. People have been taking from me all my life, how has it harmed me, how has it affected me, and then be humble enough to feel what God tells you about it, feel about what is said.

Just let yourself have some good cries about it, you know, some decent cries, like what you felt just now was minor compared to what you need to feel about it. You need to just let yourself have some gut-wrenching cries. Just really let yourself feel it, and as you do, these feelings will be relieved, and as those feelings are relieved, your anger will dissipate, as your anger dissipates your desire to understand or know people will change, and for the first time, you'll also be able to select nice people to have relationships with you who don't take from

you, who want to give to you instead, who want to have an equal relationship with you, not a demanding one. You'll attract that as well if you deal with this.

But you see, at the moment, your reality is not that, right, so this is your reality. People keep taking, I must give, I can't be me, this is the reality that you have come to believe is true because this happened to you in your childhood (demand from in childhood).

Participant Female:

Okay, thank you for that.

Mary:

Okay, did you want to ask anything else.

Jesus:

Yes, no, you good, no worries.

Mary:

One more.

Jesus:

Okay, maybe one more question and Mary's choice.

Mary:

What if we come to Mikey.

Participant Male:

I'm going to quickly grab some notes that I've made. My question was about - well, the question itself is, if we're so corrupted by selfishness, how do we transition to obeying law without selfish desire being the motivation. And I had a few thoughts about it, and I ran them through a couple of principles, just briefly looking last night.

A couple of the thoughts I had were, and you talked about these yesterday, but I still feel stubborn about this. So, I feel like you gave a lot of information about it, but I still was like, 'grrr', I'm not sure about this. So, you talked about spiritual beliefs that we have, so within the principles of spiritual beliefs or the spiritual principles encompassing selfishness, like hierarchical principles, so some of these are incorrect: wanting superiority, for example, are not a quality...

Jesus:

Let's go back to the original problem, okay, maybe before you read the rest off. Because it's a very good analysis.

Mary:

This is very good.

Jesus:

I want to just step by step through it a bit.

Participant Male:

Yes, of course.

Jesus:

Yes, for the sake of our audience.

Participant Male:

I'm sometimes wanting to go a bit quicker and not worry about...

Mary:

And you had a good think about it, so then...

Jesus:

So, you've had a good think about it, which is great, and we want to just share a bit with you about it.

Participant Male:
Cool.

Jesus:
You were raising the issue of if I am selfish, and as you correctly say, if I am selfish - I should just put your name up the board, which is...

Mary:
Mikey.

Participant Male:
Mikey, spelt key.

Jesus:
So, if I am selfish, then you can see my motivation to do most things is going to be selfish. That makes sense, doesn't it, to everyone.

If I've just got fundamentally a desire to either have pleasure or to avoid my own pain, and to have my own pleasure. So, let's define selfish. I want pleasure at any cost. I want to avoid pain at any cost. For most people, that's the definition of pleasure. That's how to have a good life.

You have pleasure at any cost, and you avoid pain at any cost, and then you end up with a good life. But it's actually a selfish life.

Mary:
A selfish life, do you agree that that's the definition of selfish, Mikey.

Participant Male:
I would feel so. I feel for myself like I'm more on the sins of omission side of things, currently. Like, I really don't speak up when I probably should, and I want to avoid...

Jesus:

So, you do a lot of avoidance.

Participant Male:

I think so, yes, you know, when you had the line drawn yesterday and this on the right, and that on the left, and I'm thinking very much, I feel like a lot of my real heavy sins of commission are probably dealt with the chunk of that and then...

Jesus:

In the terms of...

Participant Male:

Just like a lot of sexual addictions. I was like very much like sex, drugs, rock and roll, was kind of like my favorite sort of set of addictions around that with music, etc., so I feel like a lot that I've managed to really reign in. Some of it's still there.

Mary:

That's just your physical ones, but you certainly have other sins.

Jesus:

Yes, but also, you've reigned it in through control, but not necessarily through dealing with emotions.

Participant Male:

Yes, I'd agree with that.

Jesus:

You understand.

Participant Male:

Yes, yes.

Jesus:

So, yes, I agree you have reigned it in, and quite significantly, actually, right, but you still do have a lot of the desires to do those things.

Participant Male:

Definitely.

Jesus:

So, we need to make sure, and this applies to everybody, make sure when you're looking at a problem, that you don't think you've solved a problem just by controlling your behaviour. You solve a problem when you finish dealing with the emotion, that's when you solve a problem.

So, controlling your behaviour is helpful, and it helps you get more in line with the principles in terms of behaviour, but it's not helping the emotion be more in line with principle. And remember the emotion and the beliefs are what is driving the actions in your future.

It's very important to understand that I've got to address the emotional beliefs inside of me in order to make a substantial change on any issue.

Participant Male:

Yes.

Jesus:

Yes, so that's important to remember. So, you used to me like this really, you could say, pleasure at any cost.

Participant Male:

Yes, I was terrible.

Jesus:

Yes, and you've sort of tried to reign all that in because you realised that it's causing problems, right, in your life and other peoples' lives too. So, you've reigned that in, you've attempted to control that, but still not dealt with the emotional reasons why you wanted it, but now you've got it under some level of control.

And also, in the process of getting it under some level of control, you used a very strong will to do that, and as a result dropped off a lot of spirits who were influencing you to do those things too, by the way, so it wasn't a bad thing to do. I'm just saying, the spirits dropped off because they know you're not going to do it again or do the same things to the same intensity again.

Participant Male:

I feel quite strongly about change.

Jesus:

Correct, correct. And as a result of that developed, quite strong will to change, the spirits have sort of going, well, it's pointless hanging around Mikey anymore to get all those things from him, we'll back off as well, and that's actually alleviated a lot of the spirit pressure on you to do those things, which is great, right.

But the emotion is still not addressed, so that's something we've got to go back to. Okay, but yes, you're right, here you're now in the process of avoiding pain at any cost still. That is a sin of commission (pleasure), that's a sin of omission (avoidance), isn't it.

Participant Male:

So I was then looking at the desire principles, and you were talking to Tim yesterday about the idea of how we reject God's opinion if it basically doesn't agree with our own.

Jesus:
Yes.

Participant Male:
And this idea of desiring ignorance, so that was another thing that I was sort of running this through as a principled question, and then I was thinking about transformation principles, and the idea that is it possible I'm selfish because I also don't easily receive love from God and my heart is closed to more love. Would it be possible that through not feeling what love feels like, I'm then not able to understand how to give love in a selfless way.

Jesus:
Yes, not only possible, very probable, right, if you think about it. Because obviously, if you've never experienced love, you're going end up with an addiction to experience other things in place of love, and this is where most people enter their addictions. It's sort of like I want my addiction because the real thing's not working.

Participant Male:
Yes.

Jesus:
I've never had the real thing, and so you then start going, I never had the real thing, so what I really need is a substitute for the real thing.

Participant Male:
Which is instinctual, right, because I was then thinking like...

Jesus:
If it was instinctual, there wouldn't be laws governing sin about it.

Participant Male:

Sorry, I meant instinctual as in our condition, it's not from self-awareness, it's like an instinct of I want to avoid pain, this is what I've been taught to do.

Jesus:

Yes, I wouldn't call it instinctual.

Participant Male:

Okay.

Jesus:

In fact, by calling it instinctual, you're saying really, that God put in you an instinct to do this, and that's not true.

Participant Male:

I didn't mean from God's - I see what you're saying, I agree with you.

Jesus:

I know what you mean.

Mary:

And what we're picking up on it is there's this emotion in you about avoiding personal responsibility for the things that you are choosing to do in addiction.

Participant Male:

Okay.

Mary:

Yes.

Jesus:

And that's not instinctual. God never placed your, what's it called, predilection, is that the right word.

Mary:
Predilection, you mean.

Jesus:
Predilection, which means, the tendency towards, God never put the tendency towards that in you.

Participant Male:
Okay, I've misunderstood something because I was looking at one of the, I forget what you call them...

Mary:
Outlines.

Participant Male:
Thank you, and I was looking at the human will principles, and one of the bullet points was, have desires from self-awareness rather than instinct.

Jesus:
Yes.

Mary:
Yes, you do, but the instinct is...

Jesus:
...all of the instincts God placed in you were always loving, and so you're saying, oh, instinct means that I have this instinct to avoid pain.

Participant Male:
Yes, I was thinking it was an addiction-al instinct to just be in that kind of...

Jesus:

When we say by instinct, what we mean is there is an instinct on Earth, an example of that is instinct causes you to go through puberty.

Participant Male:

Oh, right, okay. I never thought of it that way.

Jesus:

So, it's a natural process that causes you to go through puberty that God has designed and it's an instinctual design of the soul to trigger the bodies into puberty through that process of puberty, in the process of becoming an adult. And the reason why that's instinctual is because it gets you to realise you have a mate and then start to look for your soulmate and everything.

Participant Male:

Okay, I'm starting to see how I've misunderstood this now.

Jesus:

That's right, so you've got to be careful sometimes, there's often a misunderstanding of words because we have the desire to think of it a different way rather than...

Participant Male:

...right, which is kind of the bit I said a second ago, my desires are to ignore what God thinks and to think about what I'm thinking about.

Jesus:

Correct, yes.

Mary:

Alright, so should we just go to the question, which is if I'm very selfish, but I hear that I need to live in harmony with God's Laws to be happy.

Jesus:

Yes, so now my conscience starts bothering me, and go, wow, I'm pretty selfish and I'd really like to get all of these selfish desires met, and you know, this is how it starts to feel after a while (scratching his head), doesn't it, I don't really want to hear all this truth, but I'm hearing it now, and I can't unhear it now, and now it's bothering me and I sort of feel like...

Participant Male:

I haven't got any hair left.

Jesus:

Yes, and I won't have soon if I keep doing that, but it's sort of like, it bothers me that my conscience now, because I've heard a truth, now it bothers me, and it goes, okay, yes, if I look at my life, I'm not really helping other people, I don't really have a desire to help others, I don't really have a desire to even know other people really, I just want to have a desire to get pleasure which was where you were before, and then you worked through that, because obviously, your conscience bothered you about that, right.

And then, oh now, my conscience is bothering me about this other thing, now I'm trying to avoid pain, and I'm trying to get people to meet my addictions to avoid my pain, and that's all pretty hard, and that's starting to bother me too now. It's sort of like, what can I do now to actually have pleasure.

Because God designed you to have joy and pleasure, He did. And God designed you to also feel pain, by the way. Because if He didn't design you to feel pain, then whenever you had it, you wouldn't be able to feel it. It wouldn't be very good, so He designed you to feel pain, and also, pleasure. He designed a universe to be focused towards bringing you pleasure.

God wants to give you the gift of having pleasure in your life, that's what God wants, but not at any cost.

Mary:

And Mikey, isn't your question really, well, if I know this now, that in order to like have true lasting pleasure, I have to live in harmony with God's Law, and there's a very definite line, but I already know I'm selfish, if I just live in harmony with God's Laws, just for a selfish desire just to have more pleasure, then how does that work.

Participant Male:

Yes, it feels like a Chinese finger trap. (Laughter) I'm kind of going, like how do I get out of this. I'm selfish already, and I'm looking at them and going, they sound good, but am I just wanting it selfishly, probably.

Jesus:

Well, firstly, is it selfish to want pleasure, or is it selfish to want pleasure at any cost.

Participant Male:

Okay.

Jesus:

Which one is selfish.

Participant Male:

The second one. I think if it's at any cost because then you'd probably just bulldoze anyone to your own free will if you just ?? for what you want.

Jesus:

Correct, so isn't it - if I want pleasure, I will want pleasure for me, and I'd also want it for you, wouldn't I?

Participant Male:

Yes.

Jesus:

And that's not selfish if I want it for you as much as I want it for me. It's not the seeking of pleasure that's selfish, it's the desire to seek pleasure for me and not for you.

Participant Male:

Yes, which I know you've said that I am very mixed up about this concept because my mum is very much a pleasure at any cost at the expense of myself; while telling me she's loving me, and it's very...

Jesus:

...very confusing.

Participant Male:

...and I'm very angry about selfishness because it's very confusing and it's not kind it's quite wicked really.

Jesus:

Yes, that's right, it is wicked. But if I love you, I will want not only pleasure for me, but pleasure for you. I want you to enjoy whatever we go and do. Let's say, here's an example, we're going down the beach, well maybe that's not so common in England. (Laughter)

Participant Male:

Yes, it is. I'm from Scarborough, I'm from a seaside town, so the beach means a lot to me, I love it. I'll go to the beach with you.

Jesus:

Yes, down in Bournemouth where we're staying, we walk along the beach every night and there's like hundreds of little, tiny huts where everybody's out there until like, we're walking past at 9:30pm at night

and they're still out there having their BBQ's and everything, obviously enjoying the beach.

Let's say we want the pleasure of going down to the beach and enjoying some recreational time. If you don't enjoy it, and I'm with you, I won't force you to come with me. Because that would be - I want your pleasure as much as I want my own. So, I'm happy to do it by myself without your participation, but if you do participate, I would love you to enjoy it as much as I do, so I would try, you know, do you like boogie boarding and there's a bit of waves, then let's go boogie boarding. And even if I like surfing on a board, and you like boogie boarding, I'll do boogie boarding with you because I'm enjoying boogie boarding just as much as I'm enjoying your company.

Participant Male:

I can see us enjoying it in that situation. It's not like you're sacrificing what you want to do.

Jesus:

Correct. So, if I really hated boogie boarding, I wouldn't do it. But if I enjoy it, and you love it, and I'm interested in your pleasure as much as mine, then I'll probably do it with you. I wouldn't worry. I can go surf boarding another time when I'm not with you.

Participant Male:

See, I've not experienced much of that in my life so, that's kind of an alien concept to me.

Jesus:

That's right, so what I'm suggesting is the desire for pleasure, God desired to create a universe to give you pleasure. So, this part of that equation (circling 'I want pleasure' on the whiteboard), God's happy with it. But He's not happy with this part of it (pointing to 'at any cost' on the whiteboard), that's out of harmony with lots of principles.

Out of harmony with love, out of harmony with truth, out of harmony with responsibility, caring for others. If you look at the issues of love, in particular, it's out of harmony with so many issues, understanding people, and caring for people.

Mary:
Equality.

Jesus:
Equality and all sorts of things because we're actually putting people down in order for us to have pleasure. We're making their life miserable so I can be happy, which is what your mum did with you, right. So, obviously, very bad. It's 'at any cost' that's the problem with the pleasure. Makes sense?

Participant Male:
It does make sense. Can I ask about the self-responsibility aspect as well.

Jesus:
Sure.

Participant Male:
I'm wondering how, because I feel like within the 'I want pleasure', I still feel like there's a twisted kind of inside out guilt about that which then drives the 'at any cost' because I'm almost angry that I'm not getting pleasure, I'm not allowed pleasure so then, I go and get it in ways that is not as sinful, potentially.

Jesus:
Yes, that's right. If you seek pleasure in a loving manner, because God wants you to want pleasure, but in harmony with love of self and others.

Mary:

And really what you're describing is that you're avoiding pain in the seeking. You're saying, I was not allowed pleasure, so now I'm getting my pleasure. You're avoiding the pain of I was not allowed the pleasure.

Participant Male:

Okay, and is that where I'm being self-responsible in avoiding the pain and then saying, well, I didn't have this, so I can kind of go and do whatever I want and that's my justification, not being responsible.

Jesus:

Correct.

Mary:

Yes.

Jesus:

It's the avoidance of pain which is a demonstration of a lack of self-responsibility.

Participant Male:

Okay.

Jesus:

Because that is inside of you now, and only you can feel it. And if you avoid it, you're going to purposefully and mistakenly harm others with it.

Participant Male:

Yes, and I get a lot of influence to do so.

Jesus:

Of course, by other people who feel the same way, yes, of course. So, this part (avoiding pain) is very unloving. It's also not humble. You

follow. The principle of humility is not being adhered to there. It's like, I've got to learn how to feel my pain rather than visit my pain on others.

A lot of the Earthbound spirits, the reason why they're Earthbound is they're visiting their pain on others. And of course, that's going to result in more pain for them, but also pain for the people they're visiting upon. And you don't want to do that because that's where a lot of your sin happens, where you're avoiding pain.

There's no harm in seeking pleasure, as long as it's not at the cost of other people or the environment or sacrificing any of God's Laws, and this whole process of avoiding pain, whether it's at any cost or any reason is wrong.

Participant Male:

Thank you. I understand that's the way out of the finger trap, is that pleasure is okay, it's just the way that I'm doing it is not.

Jesus:

Yes, you're using pleasure to avoid pain, and many people are doing this. An example of that is video gaming, very common thing amongst young fellows in particular nowadays, very competitive as well, by the way, and often money involved and all sorts of things, but a lot of it is, they're living a life in a game rather than living their actual life, and that is indicative of the fact they're avoiding a lot of pain in their life, their physical life by immersing themselves in an imaginary life.

And that's an example of avoiding pain which is sinful. So, most video gaming is sinful because most people are doing it for that reason. So, I've just taken away your video games too now guys. (Laughter)

Mary:

There's a list.

Jesus:

Yesterday it was toilet paper, now it's video games.

Participant Male:

You can keep your nil-nil draws as well by the way; we don't like them either.

Jesus:

Yes, I bet you don't. But it's funny that you're watching for 90 minutes, anyway, that's a different matter.

So, yes, and in fact, even the games I must say, and I joke about it, but the fact is that men like to just watch a spectacle in order to avoid their pain. That's why most men are there. They're avoiding pain with their fathers, in particular, competition with other males. And so, they go to watch a competition that they're immersed in for 90 minutes that has no result. And they're immersed in it for 90 minutes, and they're full of emotion about it and everything else which is actually the emotion that they probably need to feel about their dads, for the most part.

And they are immersed in the competition of it because they fundamentally, inside of themselves, feel like they are competing with dad and it's not working very well, and so now they want to exorcise those painful demons in a game that somebody else is playing and they go to watch.

Participant Male:

Good to know.

Jesus:

So, it's an example of avoiding pain. When you go to something that is basically a fundamental, like if there was a result there'd at least be a reason for being there, wouldn't there.

Participant Male:
There is results.

Jesus:
How do you design a game when you're highly competitive, why design a game where there's no result.

Participant Male:
But there is, there is a result.

Jesus:
No there isn't.

Participant Male:
?? table, the draws are a valid result, and if it's a knockout competition, there's extra time.

Jesus:
There he goes explaining away the ?? (Laughter)

Participant Male:
There is though.

Jesus:
There he goes. Can you see if you're really competitive and you were thinking about it properly and you weren't just immersed in the spectacle to avoid your pain, you would go, this isn't a very good game unless there's a result, so let's make sure there's a result, wouldn't you.

Participant Male:
Okay. I'll think about that.

Jesus:

Penalty shootout, doesn't work, another penalty shootout, doesn't work, another penalty shootout, until it works, then we get a result. At least there's a result.

A person who's just watching the spectacle to avoid pain doesn't care if there is a result, actually, doesn't actually care. Because inside of themselves they're just there for the spectacle, they're there to avoid their pain.

And this is why you see the whole grandstands of men avoiding their pain and when there's a nil-nil draw, half of them want to riot, or when there's a referee indecision, half of them want to riot because there's so much pain. So many feelings of competitions with their dads that haven't been dealt and addressed with, and so, they like that.

And this is why a lot of sports on Earth are brutal like, you know, you look at American Gridiron or something or Australian rules football or other things like that, they're just physical body on body, brutal where they get injuries and even death, just for the spectacle because men have this strong tendency to avoid their pain, particularly with their fathers, and want to visit it on each other instead.

Participant Male:

Okay.

Jesus:

And so, this competition-based emotions are an example of avoiding pain at any cost, thinking that there's a lot of pleasure in this spectacle when actually all there is is quite a lot of pain in the spectacle that is being avoided.

This whole system is created to, obviously, when you say yes, at the beginning, yes, most people are motivated selfishly, they want pleasure at any cost and avoid their pain at any cost.

Conscience bothers you, great. It's good that your conscience bothers you about these matters because nothing is going to change unless it bothers you. And then you start looking at it, but you can see that this becomes quite a problem, this avoiding pain at any cost, or avoiding pain at all, actually, becomes a bit problem because that's going to cause you to do things out of harmony with love, and act in anger about a lot of things.

Act in anger whenever your pain is triggered. And interestingly enough, God's Law of Attraction is wanting to trigger that pain every single moment it's there. It's sort of like, if you think about it, it's like, this is what God's Laws are doing. It's like, Mary has pain right there in her shoulder and God's Laws is going (poking Mary's shoulder), pushing the exact area where the pain is.

Participant Male:

I get a bit confused with this because I feel like a question was asked earlier, I've got a dynamic where I feel the blame a lot of that and I get a lot of people blaming me, so then I have a resistance to - I wonder whether, I'm definitely avoiding pain, I know that, but then I'm kind of feeling like, oh, it's not fair that someone's blaming me, so then I get quite resistive and rebellious about going into the - because the pain that I'm feeling underneath that is pretty severe.

Jesus:

Yes, but it's 'ant' stuff.

Mary:

You're just using anger to feel powerful over your pain.

Participant Male:

Okay.

Jesus:

The pain might be severe, like I've had much severe pain in my life. Pain might be severe, but in the end, it's temporary if you let it go. The only time it's not temporary is if you store it, and then it guides the rest of your life. There're some fundamental spiritual beliefs about pain that you need to accept.

Participant Male:

Okay.

Jesus:

One of the fundamental beliefs is, if you let it go, it's better than keeping it in. That's a fundamental spiritual belief that almost everybody on the planet doesn't agree with.

Participant Male:

See I thought I had that feeling because I feel like I've done a chunk where I've learnt that, but I've obviously not.

Jesus:

No.

Participant Male:

Okay.

Jesus:

No, there's the intellectual acknowledgement that that may be true, but no emotional shift. Makes sense.

Participant Male:

Yes, it makes sense.

Jesus:

And this is the trouble with the change of pleasure as well, remember, I said there's an intellectual acknowledgement and you've actually

used control to change the pleasure, but actually not a lot of emotional shifts yet.

See a lot of this (I want pleasure) was driven by the avoidance of this (pain) in your past, right, and you haven't dealt with the pain that drove it. There's a spiritual belief that's faulty which is, humility doesn't work. Is really the spiritual belief...

Participant Male:
Right.

Jesus:
...which is a false belief. Humility does work, and in fact, as I said to you yesterday, humility is a large part of God's Way, very large part of God's Way. If you can learn how to be humble, you can learn a lot of things from being humble, including absorb truths from God, and also receive love from people and from God because you're humble.

But humility is a spiritual belief that needs to be in my heart and not just in my head, not just in my thoughts. It has to turn into a feeling that I love humility because it works, and it's good for me and it's good for everybody.

Participant Male:
Yes, you're right, I don't feel that yet.

Jesus:
Yes.

Participant Male:
I feel like I love truth, but not humility.

Jesus:
Correct, I agree with the statement that you love truth, but you don't love truth about humility.

Participant Male:
Right, okay. (Laughter)

Jesus:
And remember I said in the beginning, you have to have faith in God's Truth about humility, and you don't have that. So, I agree you love some truth, but not the truth about humility.

Participant Male:
No, because I can get quite self-righteous and angry about truth at times, and I can weaponize it and be quite whatever, and I see that that is really unloving, and I can really be off-putting for people with truth and I'm very aware of that I don't want to be like that.

Jesus:
And this is one way that a lot of people damage Divine Truth by hearing God's Truth and then weaponizing it.

Participant Male:
And it sounds like a religion and it's not.

Jesus:
Yes, that's right. It's because of the lack of humility. You see, unless you make that fundamental change, and remember I said the change was, have faith in God's Truth about humility, and God's Truth about humility is, it's good for you.

Participant Male:
Right.

Jesus:
It's great for you, it's great for everybody. It's a great way to solve the world's problems actually. Because if all of us own our own pain and take responsibility for our own pain, then I'm not going to visit my pain on you, and you won't visit your pain on me. Isn't that

wonderful. It means that I'm only responsible for my own, and I'm not bearing the consequence of yours because you are responsible for yours, and you're not bearing the consequence of mine, because I'm responsible for mine.

This is very fair, that I should be responsible for my pain, and you should be responsible for yours. And having faith in God's Truth about humility is going to get you over these problems of selfishness as well.

Participant Male:
Okay, thank you.

Jesus:
Yes, because the more humble you become, the more you become equal with others and you go, Emma's pain is just as important for me to avoid creating Emma's pain as it is for me to feel and release my own pain, so I don't create any more pain for me. It's just as important for me to do it for Emma as it is for me to do it for me.

And so, I'm no longer selfish because I have, remember, you could say, the antidote to selfishness is equality, right, isn't it. I'm interested in your pleasure as much as mine. I'm interested in being responsible for my pain so I don't visit it on you. I don't want to cause you extra pain.

Participant Male:
And that's equality, is one of the spiritual principles.

Jesus:
It's a principle of love, one of the primary ones about love, equality. So, you can see I've got faith, a spiritual quality. I need faith in God's Truth, another spiritual quality, that my emotions, being humble to my emotions works, humble another spiritual quality.

Mary:

Part of self-responsibility isn't it.

Jesus:

And I'm self-responsible, another spiritual quality. I'm self-responsible for my own pain.

It's one thing to say mum and dad caused it, it's another thing to go, well it's too bad now, mum and dad caused it, it's in me now, and I'm carrying it. Do you want it in you or out of you. It makes a lot of sense; I want it out of me.

Participant Male:

Yes, and I've been quite stuck on that.

Jesus:

Yes, of course, it makes sense that humility is the key to that, right. So, spiritual quality, humility. And then, I've got self-responsibility, as Mary pointed out, spiritual quality. A great spiritual quality to develop. You can see how many spiritual qualities are involved in the problem, and you think about the rest of our day today, so far, pretty much everything we've discussed, a spiritual quality was involved in the problem.

Lack of self-love, lack of truth, lack of humility, lack of faith, all spiritual qualities involved in the problem, and this is why I've said from yesterday, remember, I want to focus you on the spiritual qualities, the spiritual principles because once you start grasping them, they'll give you great motivation to change. Once you get them in your heart, they'll be great motivation to change. Makes sense.

Participant Male:

Yes.

Jesus:

So, all of your self-reflection, great. The conscience bothering you, great. This is a good thing. Dealing with the spiritual quality of humility to feel your pain needs to be done emotionally.

Participant Male:

It could be better.

Jesus:

I need to get to the point where I feel it's good for me to do that.

Participant Male:

Yes, you're right, I don't feel that. I can feel that within myself now.

Jesus:

If I don't feel that, I'm going to feel, avoid it. And as soon as I feel avoid it, there's all sorts of ways that I will choose to avoid it.

Participant Male:

And I will justify it on top of that.

Jesus:

And you'll justify every one of them, so let's justify going to footie today. Let's justify and watch people clash with each other all day competitively. It would be different if it was a game that everybody - surely there're games we could make that are not all competitive all the time. I can think of how to turn almost every game into a joy, you know, including football, soccer, we call it in Australia.

Participant Male:

Yes.

Jesus:

Including that you could almost turn every game into a joy, but of course, while everybody's avoiding their pain, it's going to be pretty hard because nobody will like it. (Laughter)

Because they want the competition and they want somebody, you know, in Gridiron, they want somebody bashing somebody else up occasionally, because that's what you feel about doing with your dad, right. And so, it's like I want that to happen on the field, and I get involved in that, and I want there to be frustration in a game.

So, this is why soccer is very attractive, particularly to Europeans, because you have a frustrating life, to be honest. Like there's a lot of frustrations in your day-to-day life. Space frustrations, control frustrations, law frustrations, there's all these different frustrations that then go, I want to exorcise this demon of frustration in me by having a game that's frustrating. So, I can watch a frustrating game and I can focus all of my pain on that rather than actually feel all the frustration of my life.

Men are very prone to this, right, and so it's mostly men, of course, that are attracted to these kinds of things. And it's all to do with the avoidance of pain, which is all to do with the spiritual principle of, I don't yet get what humility is. I don't understand it yet.

So, the way to fix that is be honest with yourself and go, I don't get it yet. Do I want to get it? Obviously, to get it, you're going to have to want to get it first. And then it's like, pray to God for more love, pray to God to understand why humility is good, pray to God about getting why it's such a good thing for your life, and also for everybody else's life.

And the more you do that, the more inspiration you'll receive, the more direction from your guide you'll receive, the more experience in life you'll get, and you'll go, oh, yes, I see there's that person avoiding

humility and look what happened there. And there's that person over there avoiding humility, and look at the bad thing they did, and here's me avoiding humility and look at what I went and did.

And then you'll go, oh, if I was just more humble that problem wouldn't exist, and then you'll, in your heart, you'll start feeling humility, really good for everybody, including me.

Most of us we think, humility good for everyone else, truth good for everyone else, faith good for everyone else, love good, oh yes, you all should love me, thank you, but we don't think the rules apply to me and mostly because of the pain.

The avoidance of pain and our fear of pain is causing almost every single problem that exists on Earth right at this moment.

Participant Male:

So, I imagine the emotional terror is a big driver of that as well.

Jesus:

That's right, terror of emotion, afraid to feel emotion, afraid to look funny feeling emotion, afraid to show emotion to anybody, afraid to not have control of emotion, afraid that if you have emotion that you will do something wild or stupid or bad or so dark that you end up in jail. There's so much terror of emotion.

Of course, any of those things might happen if you try to avoid your emotion, and they do happen all the time. But when you truly desire to feel your emotion, none of those things will happen. Even for many of you guys, you've been involved in avoiding emotion to taking of drugs, and all of these other things, which also can cause things like schizophrenia and psychotic episodes and all sorts of other things, none of those things will happen either because you can handle yourself.

Participant Male:

Yes, I get a lot of those types of psychotic episodes or whatever ?? or whatever it's been.

Jesus:

And you won't feel drawn to any drug as a result because you can handle yourself. You can deal with all your feelings, and also as you deal with them and release them, you'll be happier anyway and you will have less of them. You'll have less unhappiness and unhappy emotions.

Participant Male:

And then I'll be motivated probably more to keep obeying the law.

Jesus:

That's right, and you'll also be motivated to seek pleasure, but not at any cost and you'll seek pleasure for everybody. You won't just want to create your own pleasure; you'll want to create pleasure for other people. You know, you'll start taking actions in your life, doing work in your life that actually benefits other people, not just you.

Participant Male:

Yes.

Jesus:

You'll do all that as well. It will be a natural consequence if you do this. And that's the beauty of God's Truth is that God wants us to enjoy our life, but not at the sacrifice of others, and not at the sacrifice of the environment which is going on terribly at the moment in all society, not at the sacrifice of dealing with your feelings, not at the sacrifice of other peoples' feelings.

He wants you to have pleasure, but in a loving manner, is the criteria, is the laws' demand. And if you can see that and you start feeling that, and you even feel it so much that that's what you want to do,

then of course, your life will change, and the people around you will change, and also, a lot more people will like you as well, eventually. They might not like you right at the beginning, but they'll like you eventually because they will be motivated.

You know, I've been attacked over and over again for lots and lots of years, but a lot of people who attack me, have a grudging respect. Because I've been consistent the whole time, been loving with them the whole time, and so, they have a grudging respect of it as well. Do you know what I mean.

So, even if they don't like me very much, they still respect me to a degree. And because I do practice what I preach, and I also, I continually help others without requiring anything in return.

Participant Male:

And I imagine you respect yourself as well in that place.

Jesus:

Of course, of course. I know that I'm doing the right thing. God's telling me I'm doing the right thing. God's happy with me, that's all I need. That's all I need to know is that He's happy because I'm following His Principles, but also because He's happy that I'm happy.

Participant Male:

Yes, thanks very much, both of you. That was very helpful.

Jesus:

Well, that's the end of our day today. Hopefully you've learnt something from today.

Audience:

(Applause)

Jesus:
Thanks guys.

Damerham, Hampshire, UK Day 3

Part 1 - September 1, 2024, 1000

Day 3 Part 1 not transcribed.

Mediumship with Vanesa – Vanesa is a 6th sphere spirit representing a group of 10,000 Natural Love Spirits ranging from the 2nd to the 6th sphere. Jesus discusses with them the importance of and connecting to God.

Part 2 - September 1, 2024, 1130

Day 3 Part 2 not transcribed.

Mediumship with Errol – Errol died at the age of 21 in a car accident and is representing a group of young men in the spirit world who want power and sex by influencing the young men in the group. Jesus helps them see the damage they're doing and helps them connect to God.

Part 3 - September 1, 2024, 1400

Day 3 Part 3 not transcribed.

Mediumship with Arthur – Arthur was interested in mediumship while on Earth and dedicated a piece of property which is now known as the [Aurthur Findlay College](#) which is a college for mediums. Jesus and Arthur discuss mediumship and the issues of mediumship on Earth today. Jesus introduces Arthur to John in the spirit world. Arthur also suggests that Jesus and Mary visit the Aurthur Findlay College at some point in the future.

In this video they also discuss the God's Way organization and future plans.

HOMEWORK

Day 1 Part 2

When asking questions - ask God what God feels about it and also try to understand what principles might be involved with your question. What we're trying to do is to get you to put some more personal effort into your own life.

Education in Love Assistance Group – Group 3 - 2016

(Principles Playlist)

[Understanding God's Loving Laws](#)

Day 2 Part 1

On four separate pages, write out what love, truth, faith and humility is and isn't.

LOVE

What it is?

What it is not?

TRUTH

What it is?

What it is not?

FAITH

What it is?

What it is not?

HUMILITY

What it is?

What it is not?

If you want to go a bit deeper, you can reflect on the following:
How does love, truth, faith and humility feel.

You could even ask God and exercise the conscience.

God where am I not being loving.

God where am I not being truthful.

God where is my faith corrupted.

God where am I not being humble.

How does my own life measure up with these principles.
Am I demonstrating these qualities in my day-to-day life.
How does it feel when I live in harmony with these principles.
How does it feel when I live out of harmony with these principles.