

DIVINE TRUTH WORLD TOUR 2024

Jesus and Mary Magdalene

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7 countries 9 cities 12 venues 36 days

Belgium
Austria
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USA

Linton, UK – August 24-25, 2024
Transcribed by Pat Stewart

Preface

Disclaimer: This transcription is an independent project undertaken by me and is not associated with the Transcription Team at Divine Truth nor is it associated with Jesus and Mary and the Divine Truth Organization.

This transcript – **Linton, UK** is excerpts of the [Divine Truth](#) World Tour that Jesus and Mary did in 2024. I have not included general conversations prior to the start of the talks or at the end of the talks, housekeeping, updates on their future plans or mediumship sessions. Due to the size of this project, time codes are not included.

The audio used for this transcript has not yet been edited, so there are times when external noise made it difficult to decipher what was being said. Also at times, I found it difficult to understand or hear clearly some of the audience member's questions. I have noted these areas with a double question mark (??) or (difficult to decipher). I apologize for any errors in transcription.

I did my best to transcribe word for word as to what Jesus and Mary said. The only changes that were made were grammatical or to make something easier to read. At times I did paraphrase some of the questions and/or comments from audience members.

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Table of Contents

Preface.....	2
Linton, UK Day 1.....	4
Part 1 - August 24, 2024, at 1100	4
Part 2 - August 24, 2024, at 1150	17
Part 3 - August 24, 2024, at 1415	71
Linton, UK Day 2.....	123
Part 1 - August 25, 2024, at 1100	123
Part 2 - August 25, 2024, at 1330	179
Part 3 - August 25, 2024, at 1530	232

Linton, UK Day 1

Part 1 - August 24, 2024, at 1100

Linton, UK Day 1 Part 1

God's Standard of Love - God's Law

(Transcript starts at approximately 12 minutes)

Jesus:

We want to get to subjects regarding God's Law.

We talked a bit about how God's Law creates a framework that is basically the framework of how the whole universe operates. This framework is imposed upon everything in the entire universe. All the mathematics and science behind how the universe operates are all laws that God created to define how the universe operates physically.

But also, we started talking about other aspects of how other things operate - so, we wanted to talk about how it effects the human, in particular, in the physical way in which we live so, the kind of the things that happen to your body for example, and those kinds of things.

We wanted to raise how these laws effect you sexually, so how your sexual life is impacted by these laws. We wanted to focus a bit also, on how the emotions - there are laws that govern the flow of emotion, there are maths that define every emotion that you have, and there are laws that measure those emotions as to whether they are harmonious with love or not. And then, there are things that happen to the soul, if they're harmonious to love, and then things that happen when they're not harmonious.

And then, of course, the spiritual aspect of your life which includes a lot of your spiritual beliefs and things like that. It sort of includes things like - whether you believe in things like, and what you believe in, and how things, if you believe in things, that are out of harmony with love and truth, those beliefs will harm you, and there are reasons why those beliefs do harm you.

There is a common concept on Earth that we can believe anything, and it doesn't really matter, as long as we're sort of kind and loving, but that's actually not true. There are many people who we've seen in the spirit world over 2,000 years of seeing them arrive in the spirit world where their beliefs have had a huge impact on what happened to them after they passed, and so, beliefs do play a large part.

In fact, what you eventually find is that this sort of hierarchy (physical, sexual, emotional, spiritual), if you like, of laws being imposed upon you, as an individual, the spiritual ones are the highest and therefore, when you live out of harmony with spiritual law, you'll find that the penalty is the highest. And then, as you step down, you'll find, so the lowest penalties are applying to the physical, and the highest penalties are applying to the spiritual. We will give examples of this maybe over the next few days, but these areas of your life are all areas that God's Laws will define what happens in your life.

What God's Law does, is it creates a framework, not only for the universe, so mathematically the universe is defined, all the framework of how the universe works, all the maths and science involved in how that functions, is all determined by God's Laws, but also how you interface with the universe, so what happens to you while you're living in this universe, and remember, the Earth life is just a small portion of your life in this universe.

So, after you pass, your Earth body, your physical body will be gone, and then your spirit body is what will be engaged in terms of your life, and that spirit body has laws also, physically governing it and how it

works, but also these other laws still apply to you in your spirit form. It's very important to understand, initially that, laws, God's Law really define God's Standard of Love. So, every time God has set up a law, it is because He has a standard that He wants to uphold and whether that standard is physical, sexual, emotional or spiritual, the law will define what that the standard is, and any time you go against that standard, there will be a penalty, and we'll look at what that is, and anytime you live in harmony with that standard, there will be a reward, and it's quite simple in terms of understanding.

So, God's Law is one of the topics we'd like to talk about with you over the next two days, and the next five really while we're here in England.

Mary:

And Jesus, I know you wanted to relate this to God's Love as well, and how...

Jesus:

Yes, so every one of God's Law is really God imposing His standard of love on the universe. You could say the law is a standard of love that the law enforces in the universe. And every time there is an action taken by a human, because remember humans are given free will, so the gift of free will means that you're allowed to choose to uphold the law, or you can also to choose to work against it. You can do one or the other things.

Now when you choose to uphold the law, you are really choosing God's Standard of Love, but when you choose to go against the law, you're really saying, I don't want to live by God's Standard of Love. I want to live by my own standard of love instead. That's really what we're doing when we use our free will to choose the law, one way or the other.

So, we choose to live in harmony with the law, we're upholding God's Standard of Love; we choose to live in disharmony with the law, we are now really working against God's Standard of Love. Does that make sense?

Mary:

And God's Laws are there to educate us about love as well, aren't they.

Jesus:

That's right.

Mary:

So, they're basically - this framework is designed to help us learn when we don't yet have a relationship with God, when we're hitting the mark of love and when we're missing the mark of love, many times, we have our own definition of love which needs correction, and all the pain and suffering in our life is really coming from those false definitions.

Jesus:

Yes, so we introduced in some of the other groups, the concept of a target, and you know shooting an arrow against a target, and when you hit the bullseye, imagine you're shooting an arrow towards the bullseye, you could say, it was a perfect shot, couldn't you, like it was a great shot because it hit the target that you're aiming for. So, whenever we don't hit the target of God's Standard of Love, we are sinning. In fact, that is the definition of sin. To not hit the target of perfect love is sin.

Now a lot of people on Earth have this sort of belief that it is impossible for a human to meet the target of perfect love, and that's not actually true. There is this concept on Earth that has been developed over thousands of years now, that humans were somehow created imperfect, and as a result of our imperfection, we always feel

inclined towards breaking law, you know, that's our intention to break law, and so, there is this feeling amongst humans, generally, that it's impossible to actually uphold God's Laws.

But that's not actually true, it is actually possible to uphold God's Laws, in fact, not only possible, but it's also beneficial to uphold God's Laws as well. It's going to be beneficial to your life. It's going to be the best way to live your life, with the least amount of problems. In fact, if you uphold God's Law perfectly, you will actually have no problems, except the problems that other people cause. So, you have no problems that you cause in your own life; it will just be problems that other people who are not upholding the law cause to you.

And of course, if you're upholding the standard of love, you'll forgive them for it as well. So, you won't be all angry and bitter and twisted that they're not doing it either. So, when it comes to happiness, meeting the law is the most important thing.

Now, if God's Law is defining the structure of the universe, then as we said, when we are not upholding God's Standard of Love, or you could say, not upholding God's Law, we are fundamentally, sinning.

So, let's draw that, bad, red (referring to marker), good, blue (referring to marker) (Laughter), so, sin (red), so we're sinning. Now the law has a response to sin, just as the law has a response to being loving. The law's response to being loving is reward. The law's response to sin is a process that you need to go through to correct. So, that's the law's response.

You could say the first thing that happens when we sin, another not very nice thing is, we have some pain and suffering. Pain being sort of an instant thing that occurs once you break a law, and suffering, being a long-term thing that if you just continue to break the law over and over again, you'll end up suffering as a result of it. So, you end

up either with pain which is that instant sort of response to the law, or some long-term suffering when you sin.

Now, obviously, God doesn't want you to live in pain and suffering. He never created you to live in pain and suffering. He wants you to have a happy, joyful life without pain and suffering. In fact, God's true desire for all humans is to live in bliss, so that's His real desire. But He also knows that every time you break the loving standard, pain and suffering is going to be the result of the sin.

Now you can see already that if we can feel the pain and suffering to a degree, then it means that we're already becoming conscious, if we're properly educated, we're already becoming conscious that we've sinned. If pain and suffering is the result of sin, then it tells us, that okay, I'm having pain, so therefore, I must have sinned some way. It's a feedback system if you think about it of letting you know or informing you about your sin.

And then, you've got - what happens after pain and suffering, well, once the pain and suffering is recognised, realised, you could say this process is a process of becoming aware. Now aware is good, aware of the sin. So, we need to develop an awareness that we're not upholding God's Standard of Love, and one way that we develop an awareness individually is we start - if we can be sensitive to the pain and suffering we're in, we go, oh, there're areas here that I need to change either my spiritual beliefs, my emotional feelings, my sexual feelings or my physical actions. I need to change something there, so that I no longer sin, and therefore, don't have pain and suffering as a result of that sin.

Another thing that's also important to also understand, and these are things that come from the pain and suffering is, you can either develop a desire to correct your behaviour, so that's like, I've done something wrong, I recognised I did something wrong, in terms of broken the standard of love, I took some bad actions, I had some

pain and suffering as a result, then I realised, pain and suffering means that I sinned, where did I sin, and I start to feel, not just think, but actually feel where I sinned, and as a result of now feeling the sin, I then develop a desire within myself to correct it.

So, that's like, let's say I was a violent, abusive man towards women, let's say in the past I've even like physically hit women and so forth, you know, let's say I was an abusive husband in the past. My wife left me, that's a part of my pain and suffering. She'd probably leave, wouldn't she? If she had any love of self, she would definitely leave. And not only that, the people around me, would go, you're quite an abusive man, they'd be not wanting to spend a lot of time with me, that's another part of my pain and suffering.

But also, on top of that, my conscience, if I become sensitive, will start bothering me, and that's going to be the biggest pain and suffering because it will start getting on to you all the time, and start bothering you all the time, and in the process of that, I'm becoming aware that I sinned, that I did something wrong, and it was wrong for me to do that thing.

Now if I become truly aware and I really feel motivated to correct it, that's what I'll feel to do, to take actions whether they're spiritual, emotional, sexual or physical actions, we need to take to correct my behaviour. And I'll do that, not because I'm forced by anyone else, but because I'll want to myself. That's the goal, God's goal is that you're not forced by anybody else to fix the problem, but rather you want to fix the problem yourself, right, that's the goal.

And you think about that, if you had a child, and the child was unruly, the nicest thing the child could ever do is fix its own problem, isn't it, in terms of, work out why it's wanting to be unruly, work through the issues, come to the conclusion that it needs to change, and then take action to change. Now that would be a very loving process if the child decided to do that rather than you having to, as a parent, restrict its

behaviour all the time or control it in some way so that it doesn't continue to do the bad thing. Obviously, the best possible thing is that the child voluntarily goes through the action of correction. So, God's goal with you is that you voluntarily go through the action of creation.

And also, part of becoming aware is you also want to repair the damage of what you did so, let's say you are this angry man who harmed his wife, she left and everything, you would want to repair the damage. You would want to go, wow, I really harmed her life. I destroyed her self-confidence, I destroyed many other things, obviously, the family itself by my actions, and you would want to take actions to repair that. Now your ex-wife might not want to let you do that with her, but you would want to take actions that would help other things. So, you might end up, for example, working, you know providing services to help abused women, that might be one of the actions you might take to repair the damage of your own behaviour.

Now this correction and reparation process is called compensation. That's the term we've given it, compensation. The process of recognising you've sinned, seeing that there's pain and suffering involved, wanting then to correct your behaviour, and wanting to repair the damage of your behaviour, that's compensation.

Now you can do that without God. So, if you don't believe in God, you can do it without God, or you can do it with God. If you do it with God, you're going to have to involve a third process, which is a very important process called repentance. And that process, there are laws involving that process, which are separate to, and have a higher hierarchy than the laws involving in those processes (correct, repair).

So, the repentance process is what you would do with God, and you still go through correction and reparation, but because of repentance, you're going to go through it much faster, or if you're not repentant, you'll be asked by the law to correct your behaviour eventually, and a lot of times, when a person is not repentant, they are sort of - the law

grinds them into submission, like every day, it's a memory of what you did wrong, every day you realise you have to take some action, and because you don't really want to, the law is going to keep grinding, getting you to the point where you want to, that's the purpose of the law.

And the same goes with the process of repairing it. A lot of people like, they feel like they've fixed the problem, internally, but they don't take any action to actually repair the damage they've done in the past. Now the law is going to require that, at some point in the future, that you do repair the damage of the past. And you can see why because if you choose to correct your own behaviour so you don't do it anymore, you really still haven't fixed what you did, right, all you've done is, you've just corrected your future behaviour, but your past behaviour is still really not addressed, and so reparation is a very important part of the compensation process.

Now that is the topic I want to discuss with you the next two days, or five days if you're going to come to Damerham as well. And the way we're going to discuss it is really simple. I'm not going to say anything unless you've asked a question, right, so what we're going to do probably now, is we might just a little break so you can go to the toilet and whatever else. Think about some questions and if there're no hands up, then we're all going home. It's as simple as that.

Mary:

Now, Jesus, just before you do that, there's a couple of other points I know you wanted to mention here, just with the awareness, you just wanted to hit on the point about awakening, so really when we're saying awareness, first, we might start with a sense of awareness, but in order for us to actually correct our sin, we must have an awakening to that sin. So, that's different to an intellectual awareness.

Awakening means in my heart, in my feelings, I feel this is wrong, and unless I have that shift from my head-based awareness of, oh, maybe

something's wrong, or intellectually it makes sense that's wrong, to my heart-based feeling of like, oh, something's wrong, there's a problem in me, not outside of me, unless we do that we're not going to really engage any of these processes of those bottom three blue options that Jesus has put there about correction and reparation and repentance, and so, I'm just highlighting that because in our language, we're probably going to use the terms a little differently.

Awareness is about when I'm intellectually realising something, I'm becoming aware, and I might even become aware of the emotions within me that are driving that, but I don't yet feel that it's a sin, I don't yet feel that it's missing the mark of love. And then, when we talk about awakening, this is what we're talking about when, oh, I feel it in me, and I actually feel there's a problem that it's wrong from God's Perspective.

Jesus:

And the reason why this awakening is so important is that without it, you can't actually develop a relationship with God. So, there're many people who hear that, oh, I can have a relationship with God by just asking for God's Love, and they start asking for God's Love, and for a lot of people, they think they're asking, right, but firstly, there's not a lot of feeling in their asking, so it's more coming from their mind. Secondly, they have yet to awakened to the sin that's in them as to why God's Love can't flow into their soul even if they ask for it.

So, every time we ask for God's Love to flow into our soul, as long as it's sincere and in harmony with truth, we will receive love from God every time we ask. But unless we've had an awakening, we are generally not sincere, and we're generally not really going to ask because we're not sincere, so it's not a true desire coming from the heart to receive. It's only an intellectual idea at that point. So, the biggest problem we see is that people who we are trying to teach about receiving God's Love, which is the main thing, main purpose as to why Mary and I go around the world teaching people, is that when

it comes to this awakening process, most people are not awake with regard to their sin.

And as a result of that, there is a lot of, what you could classify as, insincere emotions as to why they're asking for God's Love, and of course, if there're insincere emotions, then it means we can't receive, God's not going to give us love when we're insincere. The reality is, love can only flow when we're in a state of truth, and some of the sub-aspects of truth is sincerity, honesty, openness, transparency, and so, if we are not transparent with ourselves with the way in which we're sinning, then of course, we're not honest, and therefore, we're not sincere, and therefore, love can't flow.

The Holy Spirit is a conduit that gets established between God and yourself, and through that conduit love comes, but that spirit, that conduit cannot connect to your soul unless you're in a state of truth, unless you're in a state of sincerity, unless you're in a state of transparency and honesty with yourself, not with everybody else, but also with everyone else, but primarily with yourself. It's the lack of self-awareness, the lack of self-honesty, the lack of the self not awakening that causes these problems.

And so, we can talk about receiving God's Love, but unless you go through this awakening process, you're not actually going to experience it, and if you don't experience it, it's going to be hard to believe it actually happens. Until you actually go through a personal experience, it doesn't matter how much somebody else explains to you that it works, until you actually go through the experience of your own personal experience, you're not going to really believe it, and therefore, not really engage the process.

And what we find is that most people don't go through the experience because of this awakening process not happening, an awakening to their own problems or sin, and what the cause of it, which is not

upholding God's Standard of Love, not having a desire to uphold God's Standard of Love.

Mary:

You could say that our desire is to help you understand how to receive God's Love, and also how to love others. But most times on Earth, we don't really understand what love is, and we don't understand where we're missing the mark of love, so, these next five days is really about trying to help anyone who wants to participate how they can understand God's Laws more and therefore, understand their sin more so that hopefully you can commence that relationship with God sincerely for yourself, and begin to love other people as well.

Jesus:

So, we want to sort of focus our conversation with you now on, you could say, three primary topics. Firstly, the topic of God's Law and how that upholds God's version of love, so what is God's version of love versus human versions of love, and what about this sin thing, what is that, how do we sin in these different areas (physical, sexual, emotional, spiritual), so this is where we'd like to focus your questions so that we can have a conversation about those things.

So, what I'm going to do actually is, we will flip over the board, and we'll keep referring back to this just to keep you on track with regard to your questions. Because obviously, it's these subjects, we feel when we visit, and we visit like tens of thousands of people, we see these general patterns which come up, which is, the biggest area where everybody struggles is recognising their own sin. In fact, sometimes people say, can you give us feedback, and a lot of times what that means is, can you tell me something nice about myself, generally that's what that means. And, of course, there's many things nice about you, but it's not the nice things that are stopping your relationship with God, it is the things that are not nice that are stopping your relationship with God.

So, we of course, want to share with you well, here are the areas where you're not so nice, the trouble with that is for most people, they go, don't tell me that I'm not so nice, I want to know that I'm nice, I want to know that I'm great, you should tell me good things about me, and a lot of times even their relationships have been established on the same basis, like as long as my partner tells me nice things about me, then I'm good with her. But as soon as she starts telling me things about me that I don't want to hear, I don't like her anymore, and a lot of people feel that way about their friends, their partner, and of course, about Mary and me.

But our goal is to help you have at least the first experience of receiving God's Love. Once you receive start having that experience, you'll recognise its benefits, and once you recognise its benefits, you'll probably, most likely want to continue having that experience. But having that experience requires some sense of understanding yourself in terms of understanding where I'm sinning and why I do it, and what's going on, and what causes me to do it, and even more fundamental things such as, what is God's version of love and how does that compare to my version of what I believe love to be.

Even just understand some basic principles of is my concept of love even accurate or true or real from God's Perspective or is it just all a figment of my creation, my own creations. So, this is where we would like to focus attention with regard to our discussions. Probably we're going to do that, probably the rest of our trip to be honest, but we'll see how we go with you guys here in England, and then our next port of call is Ireland, and then after that Canada and the US, and who knows, we might finish up having to have 10 weeks discussion about it rather than a five day discussion, but we'll see how that goes.

So, that's what we want to be our focus for the next couple of days. Time to have a short break so you can go to the toilet and stuff, get yourself comfortable, get out your pens and paper and work out some questions for us.

Part 2 - August 24, 2024, at 1150

Linton, UK Day 1 Part 2

Jesus:

Fire away guys, we're at your disposal. Not that we want you to dispose of us. (Laughter) So, if we start here, thank you. Okay, name?

Participant Female:

Hannah. Hi, how does my emotional experience educate me about God's Laws.

Jesus:

Alright, well let's, probably the best way to answer that Hannah, is to, this is something that we've had to do at a lot of the groups we've been at so far, is to explain a bit about the human soul and how it works because it's very important to understand God's design of the human soul versus your bodies.

As you might have seen me draw before, the human soul is a complete unit, and in your case, you've got a male attraction, right, so your soul looks like - feminine and masculine qualities, and half of your soul is very dominantly feminine, the other half of the soul very dominantly masculine. When you incarnate, you've seen me draw these things before, probably, yes. You've got your two bodies, and those bodies are created at conception, so you've got your spirit body and your physical body, they are genetically created through the process of your parents having sex, and conceiving and then, of course, these two bodies are created at that time.

And the genetic structure is very similar because if you pass into the spirit world, you want to be able to recognise yourself, so when this body is no longer being used (physical), this body (spirit) you want it to be recognisable to yourself. Imagine if it wasn't like that, it would

be like a shock when you pass, wouldn't it, who's this person I see in the mirror, type of thing. Whereas the beauty of them having the same similar genetic structure means that you can recognise, this is me still. And, of course, the other half of the soul goes through the same incarnation process.

You can see from that diagram, can't you, if you look at it, it's quite fundamentally basic to see that this is the real you (soul), the soul is the real you. The bodies you're in are just, what did one person in Australia call it, flesh suits. One's a flesh suit to use in the physical world, another is a flesh suit to use in the spirit world.

In the spirit world, there are dimensional spaces right up to the 36th dimension, 35th actually, where this body is useful. And it's useful because the soul has yet to become fully aware of its own capacity as a full soul, and until it becomes fully aware of its own capacity, it's really using half of the soul, each one, each half is using half of the soul to express itself.

So, you're using your feminine side of yourself, and the two bodies you have to express yourself. If you think about too, in your sleep state, when you're asleep, say eight hours a day, you're expressing yourself in your spirit body then, your physical body is left on your bed, hopefully you have one, and it rests, and the spirit body is utilised in the spirit world to express yourself there.

And so, not only do you get an educational process in terms of how to use your physical body through its senses. So, remember this physical body has senses, doesn't it. You have the sense of touch, taste, smell, hearing, sight and you're absorbing everything around you through these senses. So too, does your spirit body has senses, a superset of those senses. It has other senses in addition to sight, smell, hearing, and those kinds of senses, and these senses allow you, when you're in your sleep state, to experience spirit life and to get educated about spirit life. So, those things are happening all the time.

But every experience is being referred as a, you could say, channelled or referred back to the soul, every experience. So, every experience goes into this soul which is what you really are. Now this soul, when it began was not self-aware, but as soon as it has these bodies created, it begins the process of self-awareness, so it's now becoming aware of self. So, that's one of the things that it has to do.

And the other thing that it has, through this process, it's aware that it's an individual. The individualisation process has occurred where you're becoming aware, I am Hannah, whatever Hannah means. Which is really, if you think about it, the sum total of your experiences, isn't it. And every experience comes through this process, through the bodies, through the senses of the bodies, and into the soul. And it creates responses in the soul.

In other words, you're looking out on a beautiful view, you're sitting down in a nice park, garden, let's say, looking at a beautiful view, there's no traffic, no airplanes going overhead to distract you, and you're just absorbing the view, you're looking out on it, you're not only having your sensory experience, but now you're having emotions starting to flow in you, aren't you, it's sort of like, oh wow, this makes me feel happy, so that might be an emotion. It makes me feel peaceful or serene or content or tranquil, these are all other emotions. You might feel the energy of the trees that you're sitting under, or whatever, and you feel that, and you go, oh, this feels regenerative, it feels like I'm getting healed even, you know, you have those feelings as well.

From the senses, and you remember now, you've got your physical body senses, and your spirit body senses, and also there's soul senses of which your emotions are a primary part, are all now going through this total experience, immersive, you sort of feel immersed in it. It's the same feeling that many of you feel when you might go swimming or something like that, where you're in the water, it's a warm day, and the water is comfortable, not freezing cold, and you sort of feel

this water against your skin and just relaxing with it, particularly if it's a hot day, you feel relieved from the heat, so you're having this immersive, emotional experience.

And God designed you to have immersive, emotional experiences, that's the point of life actually. Happiness can only come from a collection of immersive, emotional experiences. So, your emotions are a part of the soul's function for you to be able to measure your experiences, and to work out whether you enjoy them or you don't. If you're having an immersive experience, but it's terrifying, obviously, you're not going to enjoy that. But if you're having an immersive experience, and it's happy and joyful and peaceful and calm and serene, then you're probably going to enjoy that.

So, you could say the soul, through the aspect - so, the question you had was about emotion, right, what it's doing with your soul. So, the soul experiencing emotion and using emotion to assess your immersive experiences that are happening in your senses, your sensory apparatus, your bodies, and even your soul has its own senses that are not included in these bodies, that emotion is what generates, you could say, your response to your experience.

So, it creates these experiences of which you remember because you've got your memory which is also in your soul, and you remember them. It's interesting that a lot of people feel their memory is in their mind, but actually the intellectual memory is in your spirit body's mind, but all of the emotions associated with your memory are all stored in the soul, so your soul actually remembers everything. And your spirit body's mind really is the way in which the soul expresses itself emotionally through the two bodies. And the physical body's brain is mostly performing the physiological functions that your physical body needs to live and survive.

So, in other words, your physical body's brain tells you when to breathe, when to eat, when to sleep, when to evacuate, when to do

all of these basic functions, and also, it passes experiences through the oral and the sight, the hearing, and all of the other sensory apparatus of the physical body, it passes them through a cord into the spirit body so the spirit body's mind can process them as well, and then that passes them through - it all happens instantly, passes them through to the soul, and the soul remembers the experience.

So, the emotional part of your experience is by far, the most important part of your experience because without it, you wouldn't be able to choose what is lovely to experience, and what is unpleasant to experience. And it is true that each of these bodies do have a, you could say, physiological functioning that allows for emotion to be generated through the experience.

An example is, in your brain you do have some chemicals actually that work, that as you have it, you might eat a food, and you have the feeling of elation eating that food, and so that experience of, oh, that food is lovely to eat, even though it might be bad for you, like sugar or something like that, will cause you to remember that, and then depending on the injuries that the soul has, emotionally, it will say, I'm going to keep doing that even if it's bad for me, things like that.

So, these bodies are basically sensory apparatus that God created to allow you to create experiences of which all of the experiences will have a large emotional component, and the emotion is actually stored in your soul, and remembered by the soul. So, remembered by you so that you can either repeat the action, or you can say, that wasn't very nice, and I really don't want to do that anymore, you know, that kind of decision-making process. So, now let's go back to your question, so if you can say your question again.

Participant Female:

How does my emotional experience educate me about God's Laws.

Jesus:

Can you see now because you're having an emotional experience, when the emotional experience turns out in the long-term to lead you to some pain or suffering, it's already educating you, don't do that. And if the long-term experiences lead you to a point of pleasure and bliss, your emotional experience is saying, do that more. So, without this emotional experience, I would not really be able to determine how I should act in the future and also would not have memories of joy or sorrow about the past.

And it's important to be able to have memories of the past as well as desires for the future, all of which must be emotionally experienced in order to be enjoyed or to have value. The emotional experience is a very important part of your way of determining whether something is lawless or not. It's like, how do you feel about it, is a very important thing.

Now, of course, our feelings can be distorted, can't they, which is the real problem. It's sort of like a child, for example, has its first taste of a candy and goes, I like that, right, it doesn't even say - it can be two years old, and it's like, oh (Laughter), give me more of that, just this feeling of, I like that, that the child recognises they got that, eventually, from store shopping, it's like every time we go past the candy aisle, oh, it's like, all lit up, because it equates the sweet taste with something good, right.

Of course, at that stage it's doesn't know that it's actually bad for it, does it, and that requires a bit more analysis in terms of time to see what are going to be the results. Now, you as a parent go, if you keep eating that candy, you're going to end up with no teeth, very probably a sick system (body) in terms of your system that's going on, and also, why is it that the child feels inclined towards the candy and not inclined towards an apple, which God actually created for it, as a sweet thing to eat.

If you look at what God created for sweets, what are all the sweets God created? (Audience calling out answers) All fruit, yes, much else? Honey, well, bees created that, God created bees, of course, I'm not saying God didn't, but really honey is used by bees to keep its procreation process going with its progeny.

Maple syrup, well it comes from a tree, so you could say there's trees, in fact, in Australia a lot of our Eucalyptus have honey as a part of the nectar that comes straight off of the flower and you flick it on your hand, you can just lick it and it's like honey. You don't even have to harvest the tree or anything. And, in fact, in Australia we've got lots and lots of birds called lorikeets, and some of you who have ever visited there, they're colourful, more colourful than sort of Mary's dress, and they eat the honey and that's all they do actually, a lot of birds just eat...

Mary:

...the nectar, it is nectar, isn't it.

Jesus:

The nectar, yes, it's nectar from the tree. So, you could say basically it's to do with vegetation here, is primarily God's Creation, honey really comes from bees' activities, so you could say that's an extension of it, but it's really these things that are the sweets. So, if we were intuned with our emotions and we were intuned with God's Laws, if we wanted something sweet, we'd do that, we'd eat those things.

But what do humans create as substitutes for that, candy, chocolate, and so forth, right, now they mimic certain functions in the brain that these things (fruit, nectar from trees) would also mimic, but they are also much more strongly aligned to emotional injury. So now, a person with an emotional injury with regard to sweets is going to be more attracted to them (candy, chocolate) than they are to them (fruit, nectar from trees).

But how the emotional experience will help us is, as we eat more of this (candy, chocolate), what will eventually happen? If we eat more candy, chocolate and everything to the point where we're eating it every day, a lot of every day, there's going to be a number of things that start happening to the physical body, and also to the digestive system in the physical body that start causing you pain. So, you could say, looking back on this diagram (flipping the whiteboard over), the sin must be eating those things because by engaging it regularly it ends up with causing pain in my body.

So, this is an example of a physical law being broken. So as long as I can be sensitive to the pain that's in my body, I'll recognise the law, that's the point. But if I'm not sensitive to the pain in my body, I'll just keep ignoring its pain and just keep eating the thing that's bad for me more and more and more.

Now can you see, the law, it's already educating me, but it really gets down to how sensitive I am emotionally, and also, sensorially in my body to realise whether it's bad for me or not. So, this is how a person gets overweight and eventually really fat and so forth, is because of the desensitisation to the process of what's causing me pain and suffering.

Now God created a system where He wants you to be sensitive in your physical body, your spiritual body, which is also physical, as well as your soul. Now a person who is sensitive in their soul with their emotion is going to recognise the law faster. So, that's the benefit of having these emotional experiences is if you're sensitive to it, you'll recognise oh, I can feel the pain coming on even, and I go, there's got to be something wrong here with what I'm doing.

And then, eventually what that does is it helps me realise from a physical level, oh, what I'm choosing to consume is actually causing me pain, causing the sensory experience of pain to my body, and therefore, the emotional response to that is going to be pain. I'm

going to go, well, that's not a good thing to do, and if I want to be healthy, and I want to actually have nice things that are helping my body, then I better chose a different form of food in order to make that shift.

So, that's how your emotional experiences effect even the choices you make for your physical form. But if you look at the other areas of life, so you look at the sexual area of life, you look at the spiritual area of life, it works in exactly the same way. There are spiritual beliefs you can have that are actually going to cause you pain. So, we talked about some of them in Portugal with a group about reincarnation and how it causes pain.

The belief of reincarnation and why it causes its pain. And then, there's the belief, the Christian belief that Jesus died for your sins, that's going to cause you pain in the long-term as well. The Muslim beliefs associated with feeling like you're going to, if you live a "righteous" life, you will be rewarded with many women in the spirit world, that's going to cause you pain too. Every false belief causes pain, and it's about how sensitive you are emotionally, as how early you recognise it.

So, the goal God has is to help you not desensitise emotionally, what He wants to do is He wants to help you sensitise emotionally, but if you think about our childhood, often it was the opposite to that where it's desensitising us emotionally, and so, we're going to have to reverse the desensitisation of our childhood in order to understand when something is harmful to me and to actually feel it in our feelings, in our emotions. So, yes, if you can be sensitive emotionally, it's a very, very good thing for you to learn, how to learn a law. Do you have any more questions about that.

Participant Female:

I was wondering if you could speak a little bit more about insincere versus sincere emotions.

Jesus:

Sure, many of you have seen me mention a few basic, you could call them, principles that would govern our life. On this trip, we started raising the principles, I think it was in Belgium actually. So, let's look at principles, let's say, loving principles. Firstly, love, obviously, then we've got truth, humility, faith, and let's put in action because we need to take some action about these things.

Loving Principles:

Love

Truth

Humility

Faith

Action

Now in 2016 we did a series of what we called Assistance Groups (AG) [Understanding God's Loving Laws](#) and in the very first one of these groups, we talked about these things as qualities worth developing. So, there're my qualities (love, truth, humility, faith, action) worth developing.

Now, obviously, in amongst that is truth. What does truth mean? If we look at truth, what do you think truth means? (Audience calling out answers) Facts, honesty, transparent - when we say God's Truth, and not my truth, well, pretty much everything is God's Truth and none of it is my truth, (Laughter) so the whole concept of my truth is really - there is no such thing really, is there. There's just God's Truth and there's whether I accept it or not.

Mary:

Really, what you're referring to there is, isn't it, about being humble about the truth, like wanting God's Truth, seeking truth in a humble way, isn't it.

Jesus:

That's right, so you could say, when it comes to truth, it doesn't belong to me. It belongs to God because God created it. God created the laws that govern what truth is and what the facts are. We're looking here at the qualities of truth, like what does it feel like. Facts are sort of almost without feeling, isn't it, but then if you look at some of these other things, you can start to see there're feelings involved, isn't there, like honest. What does that mean?

It means, so if we're talking about with self, I've got to be honest with myself, I've got to be honest about what drove me to an action, honest about why I was driven to that action. Transparent means I've got to get to the stage where I'm comfortable with you knowing everything about me and seeing everything about me. In fact, so comfortable with it, that I'm happy to be me, on an emotional level, I'm happy to be me and for you to see it.

So, if I feel sad, I start crying. I'm happy to start crying, that's me. In the moment, that's me being me. You can see that some of these things start to involve, don't they, an emotional experience. They're not just facts anymore, but they're actually emotional experiences that I will be happy to display. You could say they're facts of how I feel, is another way of putting it. But I'm happy to display the facts of how I feel.

Now how I feel is me being truthful about how I feel but is that truth what God feels I feel. To be truth, it would have to be what God feels I feel. An example of that is, I'm talking to you, and I start to get a bit frustrated, right, so what I do is, I don't want you to feel that I'm frustrated, so I make a joke, or I do something that sort of relaxes me, so that you don't see that I'm frustrated. Now in that moment, I haven't been truthful, not emotionally truthful. It's not God's Truth, God's Truth is I'm frustrated, and God's Law is measuring the frustration, and I can joke about it, but at the end of the day, God's Law is not measuring the joke as a good thing; God's Law is

measuring the frustration. The joke is a fake, and every time we fake something, God's Laws act in a corrective sense to it. And every time we do something in harmony with the truth of how we feel, then God's Laws will react positively to it.

So, a lot of people feel, oh, if I cover over my anger, as an example, then it means it's good, but actually from God's Perspective, it's bad. Because the law is saying, you're not being transparent, you're not being honest with how you're really feeling. Anger is what you really feel, so what are you going to do about that.

Now anger is also not what you really feel. Anger is used to manipulate what you really felt into a power state. So, God's Laws is saying, you don't even really feel angry, you feel sad or afraid and you're trying to control it with anger. You're trying to get power over the real feeling. So, God's Truth is, when it comes to emotion, God's Laws want us to actually measure the actual, and they actually do measure the actual emotion, not the emotion you fabricate to avoid it.

So, when it comes to sincerity which is another aspect of truth, which is what you asked about, sincerity is the feeling that how I really feel in this, is what I am expressing, emotionally. An example of that with God is this, let's say inside I've been taught all my life that God's a punishing God, God made hellfire, torment me when I pass, and on top of that, if I do pass into hellfire in the spirit world, then it means that I'm going to be there forever, and I've been taught this as a child. Now any child who's taught this is going to finish up mistrusting God, right, for sure.

Because you're thinking well, God's like this, this nasty person who's going to hammer me into submission forever if I do something wrong. It doesn't feel fair, so I feel God's unfair, God's unjust, I can't trust God, that's my true feeling. So, someone comes along like, Jesus comes along, and he says, you need to be responsive and ask God for love, but my sincere feeling is, God is a mongrel, that's my feeling.

Like, everything I've learnt from my childhood is that God is terrible, God's punishing, wrathful, vengeful, nasty, nasty piece of work is generally what a lot of people in their heart believe. So, why would I want to do that.

So, it would be far more sincere to talk about those emotions with God and say, I think you're a nasty, vengeful, wrathful God, and why would I want a relationship with you than it would be to try to fake a feeling that you don't have. So, that's the difference between facade and sincerity.

Sincerity is, you don't fake what's actually there, your emotional state, whatever that is, is what you present to people, but also to God. It is the same in a partnership. So, if I'm upset with Mary I don't go, oh, Mary, you know, everything's fine and make out that I'm not upset. I will have to say, I'm upset and the reason why I'm upset is because of this particular problem. I need to say it rather than be fake, and sincerity which is an aspect of truth will cause me to do that, will cause me to be honest in all my dealings with everyone. Does that answer your question. Good day.

Participant Male:

I have a question. Can you fully repent even though the people that were affected by your sins are still in pain, and then for instance, my young child, can I truly be happy even though I can see him still in...

Jesus:

...in pain as a result of your sins?

Participant Male:

Yes.

Jesus:

Very good question; let's have a look at that. So, here I am, I'm in this form (pointing to drawing on whiteboard) and I've taken actions,

I've had a child, and that child, obviously that child is half of a soul, right, as well. Are we talking about a male child.

Mary:

Yes, we met him, yes.

Jesus:

So, there's my child and I, actually my emotional feelings in a way have driven certain actions which have then involved my child. And then I'm going, well, I've done a lot of things to damage my child, and I start recognising, in other words, I have an awakening and during the process of this awakening I've become aware that I've harmed my child in different ways, and a lot of times the ways are more spiritual and emotional and sexual than they are physical even.

So, we've harmed our child in lots of different ways, we start realising it, and we're asking God for love, and we feel sorry for what we've done. We're asking God for love and because I'm in a state of awakening, I'll receive some love from God and then I'll feel happier as a result of receiving that love. I'll also go through some experience of correction where I no longer do those things with my child anymore. I also go through a little bit of pain, emotional pain as well, when I say a little bit, it might be quite significant amounts but I go through pain, releasing some of the reasons why I chose to take those actions towards my child, but in doing all of that, my child is still in the same state so, how can I be happy, is the question. It's pretty hard, isn't it.

When you notice that you've done things to harm somebody else, and you notice you've received some love, and you've gone through a corrective process, but you still notice that that person is in pain as a result of what you chose to do.

Firstly, there are a number of awarenesses that will develop in this process. The first one is this, sin always creates pain, not just for me

but also for others. Now once I understand that in my feelings, I will be a lot more circumspect, won't I, about how I sin, if I truly understand that. And one of the benefits of having children is, in fact, understanding that, coming to understand that more rapidly, and therefore, choosing to no longer sin as a result of understanding that. So, that's the first thing I'll understand.

Secondly, I have through the process become happier myself, so in other words, a process of repentance does lead to becoming happy, so I'll learn that. I become happier as I repent. Also, the process of repentance awakens me to awareness, more awareness, of things that are right and wrong. So, the process of repentance also causes a growing moral condition where I'm now recognising what is right and what is wrong more and more and more, but my child, unfortunately is still in the same state.

Now if I truly change, can you see with these things (pointing to list whiteboard), I will now start having a more loving interaction with my child, if I'm having an interaction at all, I will have a more loving interaction with my child. Now the child has the ability to go through the same process I had to go through because I'm educating my child how to do that, a more loving interaction with my child.

But if I'm not careful and I don't deal with another emotion, and that is every time I break a moral law, so if I write this in red now, so every time I break a moral law, I will have guilt.

sin = pain

(process of) repentance = (leads to becoming) happy

(process of) repentance = (causes a growing) moral (condition)

(break a moral law) = guilt (written in red)

(guilt is different to the feeling of shame)

In other words, I did something wrong, and the conscience is starting to work, because of my emotional sensitivity that we talked about just

earlier, my conscience is starting to work, as a result of my conscience starting to work, I'm now recognising the feeling of being condemned which is guilt. It's a feeling that says, you did something wrong, you are guilty of wrong. But that's different of a feeling of shame. Now what most people do is they confuse guilt with shame.

Guilt says you did something wrong, fix it. Shame says you did something wrong, just feel bad about it for the rest of your life. Do you recognise the difference. Guilt is saying, fix it; shame is saying, don't fix it, just stay in it.

Now if I act in my shame towards my child, I will actually commit more sin. And what I mean by that, by acting in my shame, I will start doing things like, come on kid, you need to get out of the problem I caused, you need to stop reminding me that I caused you damage, so you start acting in such a way towards your children that you try to force them out of the condition you created in them. It's a very unfair thing to do, but it's acting upon shame, not guilt.

A person who is guilty has been condemned and says, what I did was either right or wrong, and if it's wrong, correct it, fix it, would start to repair, firstly himself, so he'd go, why did I do those things towards my children, I'd sort that out. And then on top of that, wherever I could, I would take the action with my child where I'm actually acting to repair my own damage and correct myself, not my child.

Whenever I act in shame, I will act to correct my child and not myself. Now a person who's truly repentant acts to correct themselves and repair any damage they've done to other people in the process, but they do not choose to force another person to accept the process. They do not force another person to make changes themselves. So, in other words, I cannot force my child to make changes, that would be me trying to avoid my shame rather than to recognise that I'm guilty of a sin, and I just need to either correct it repair it, or both, both is really what I need to do.

But what most people do is they act in their shame, and they start trying to force the child to change based on their new awareness, and that's not an act of love at all, that's an act of avoiding shame. So, the question was, how can I be happy? Well, firstly, if you act in harmony with guilt which says, you did the wrong thing, and you try to correct or repair the damage to your best ability, then you can be happy because you're doing your best now to fix the problem.

But if you act in shame and you start pressurising the child to make changes, you shouldn't be happy. In fact, you're committing more sin to which you have more condemnation, more guilt, and so, you won't be happy. You'll be constantly worried about your child, constantly worried about what they're doing, constantly trying to measure what they're doing, and then constantly criticizing them about what they're doing, and all of these things will actually cause damage to the child.

So, a person who is truly repentant can be happy because they're choosing to properly correct and repair the damage of their past behaviour. But a person who's not truly repentant will choose to act in their shame trying to avoid other feelings of shame inside of themselves by trying to force the person they've harmed into a different course of action, which of course, is going to cause more sin. They're acting in a sinful manner, and it will cause more damage.

So, you, as a parent, have a responsibility to be happy. Can you see that. Because if you can become happy, you're not going to visit all of your unhappiness upon your child, and if shame is what you're acting in, that's your unhappiness. So, you have to go through your own unhappiness about that to the point where it's no longer there, so that you can be happy now, and content that you're doing everything you possibly can to correct your own behaviour and to repair the damage of your own behaviour without forcing the changes you're making upon another person.

Under those circumstances, you can be happy. So, emotionally you can sin, go through repentance and then actually be happy even though the people around you are not yet happy. And, in fact, you need to be happy in order for them to see the changes you've made. Makes sense?

Participant Male:

I think so. A fear, I have a lot of fear about this but that is probably more in the shame category.

Jesus:

Correct. Yes, your fear that you have about oh, look at the damage I've done to my child, and you see your child, as they grow up, you can start seeing them acting in the damage that you created. I've got two sons, and my oldest son is 40, my youngest one is 38, and I see them acting even now, to this day, in manners in which I taught them in my own sin, to act. Now I've corrected my own sin in almost all the areas that I had earlier, but my sons are still acting in it, and so, when I see them there doing that, the question I have to ask myself is, if I'm unhappy about that, then it means that I have more guilt to feel. It means that I've not done everything I can to repair that damage.

Firstly, remember it has to be everything I can, not with them, but with me first, and then do what I can to repair the damage, which I've tried to do and continue to do. And, in fact, once you recognise your sin, generally, you will continue the attempt to repair until such a time as the thing is repaired. The other thing I do too, is I pray to God about some things because I know I can't repair them now, and I know that it's only God and God's Laws and God's Love that is going to repair them. Does that make sense.

My son is not my son, right, he's God's Child, and all I did was brought his two bodies into the world, I didn't bring him (soul) there, just his two bodies, and so, he's not my son, he's God's Son, and so, at some point, I've got to recognise that I damaged God's Son, God's

Sons, two in my case, two sons, so I've damaged two of God's Children and at some point, if I'm humble, and I'm working my way through that, I will get to the stage where I no longer feel guilt anymore which means my process is complete. And on top of that, I will be happy because it's a responsibility for me to be happy so I can mirror to them, what they can do if they want to be happy. Does that make sense?

Participant Male:
Thank you.

Jesus:
So, very important to understand that when you act in fear as a parent, you are acting in your own shame and fear, it is going to damage the child further because any fear is the opposite of truth, so you're going to harm the child further.

Participant Female:
To that, I feel responsibility for a lot of people's pain, so like in this case probably I've sinned, but some people I don't know, and I want to feel the pain of it, it's also like an addiction, but it's also...

Jesus:
It's an addiction, yes.

Participant Female:
...it's from my mum and I think she uses a lot of shame until this day, and like a coping mechanism or I don't know how to call that.

Jesus:
Well, this is what happens with a lot of us when we're growing up, isn't it. We have a parent who feels that they want to constantly pull down their child in some way or another. Often times the parent does it because they feel that if the child takes a certain action that the

parent doesn't feel good about, then the parent often thinks that they're responsible for the child's action.

And so, what they try to do then, is they try to modify the child's behaviour by usually - some parents will do it psychologically so that's all about shame, guilt and all those kinds of things. Guilt, shaming their child, things like that. Other parents do it more verbally like where they start to get verbally abusive towards their children, and other parents will get even more violently abusive and start belting their child and everything to correct their behaviour.

The problem often is that, as a child, so if you're the child of this parent (drawing on whiteboard), and you're feeling this barrage of emotions that are coming right from a young age, and they're entering your soul, your half of the soul, and that then causes you to believe that to make the parent feel good about themselves, you've got to take a number of actions. And, unfortunately, the parent now has trained you to have an addiction to be responsible for others. Does that make sense?

So, now I've got this addiction to be responsible for others, and in particular, anybody who reflects a similar attitude or feeling as my parents' pain, I will be, in particular, attached to having the addiction of being responsible for them.

Participant Female:

I try to fix it or like to, how do you call it, the cause of the pain.

Jesus:

Well, yes, the parent is really fundamentally, saying to this child that is the cause of the parent's pain, and then the child has to change its behaviour in order to change the parent's feelings, is really what the parent is saying. So, the parent is basically training the child to actually have an addiction, which is by the way a sin, and the addiction is to feel responsible for people other than itself. You see,

fundamentally, the only person you really can change is yourself, and in fact, it's a lack of humility to believe you can change anyone else. Does that make sense to everyone.

It's a lack of humility to believe you can change anyone other than yourself. So, if I'm truly humble, I would go, look, the only person I can change is me. I can't change you. I can influence you into change, potentially, but I can't actually make you make the change. So, I can make suggestions, I can talk to you about some truth, that might help, but I can't physically do it myself. I'm not capable of doing it myself.

A lot of parents want to believe that their pain is caused by their child, and this causes the child to believe, to set up an addiction, to believe that it's responsible for its parents' pain. In the process of feeling responsible, it develops an addiction in its childhood, that then as an adult, it feels like I've got to keep doing this, I've got to keep doing this, I've got to keep doing this because if I keep doing this, eventually these people will be happy with me.

Participant Female:
I'll get love.

Jesus:
I'll get love from them if I keep doing it, yes, but it's not love, is it. Because if it was love, they would love you no matter what you did, right. So, not love. It's just the parents wanting the child's behaviour to change for the parent's sake. Now that's an addiction and it's going to have its own pain. And the pain is, every time you meet a new person, they've got a certain type of sadness or a certain type of fear or a certain type of rage that matches one or both of your parents, you'll feel inclined to do things for them, and save them from themselves.

Mary:

...even feel feelings for them.

Jesus:

...even try to feel feelings for them.

Mary:

...cry.

Jesus:

Yes, all sorts, you'll feel inclined to do all of that. Not being aware that actually it's an addiction, and therefore, a sin. And it's going to cause you trouble, this sin because you're going to disconnect from yourself and your own changes, in preference to connecting to other people and their problems, which you can't change, right, because the only person that can change the other person is themselves.

Participant Female:

It's my brain that does it, it's easier to help someone else than me because I...

Jesus:

Well, this is also what happens over time is, it's easier, for most people what happens is this, instead of me developing a love of self, instead of doing that, I work to get love from someone else. Because that person taught me that you're not going to get love until you do what I want.

Mary:

And, in fact, if you don't take on responsibility for my feelings, then there's going to be the opposite of love, there's going to be punishment, and so, it creates a double problem where you get sort of "positive" reinforcement, if you like, for taking on the pain of others and feeling like, oh, I've got to help solve that problem. emotionally, and then the kind of "negative" reinforcement, if you like, oh, if I just

do my own thing and feel my own feelings, everybody is very angry because I'm not sharing in their experience.

Participant Female:

Yes, I'm not allowed to feel that because everyone needs me.

Jesus:

Yes, well, you get to the stage even where you completely forget yourself in almost every circumstance if you're not careful, and that's going to have its own pain as well associated with it, so that tells you that it is an addiction, and also, that your avoiding love of self, which is actually a big thing that most people avoid. They would rather have someone else love them than to let everybody else off the hook for loving them, and instead they love themselves. Do you follow what I mean by that

Participant Female:

Yes, I do.

Jesus:

It's sort of like, if I let Mary off the hook for loving me, then she doesn't have to love me anymore, does she?

Participant Female:

It's the fear of being alone.

Jesus:

It's the fear of being unloved by everybody, but also, I don't want to develop a love of self, because that would let everybody else off the hook for loving me. If I love myself then I don't need Mary to love me, and I don't need you to love me, and I don't need anybody to love me if I love myself. But a lot of people when they contemplate that, they go, but then what's going to happen, nobody's going to love me. But actually, love is a gift, and sooner or later somebody is going to come along who actually does love you, and they'll love you,

not because of anything you've done for them or anything but because they want to give you that gift.

Mary:

And also, God created us to be okay alone. And a lot of us don't believe that anymore.

Jesus:

Yes, it is inevitable that you'll meet your soulmate in your future, it's inevitable, but God, between now and then, if you live in harmony with God's Principles and Laws, and in particular, in harmony with His Standard of Love, you won't be unhappy. You can become happy even though you've not met your other half yet. So, the only reason why we don't become happy is because we generally start relying on other people to love us rather than developing a sense of love of self.

Now for me, this was really tricky like, I remember in my 30's I went through a big experience with my family, where my whole family rejected me because I left their religious faith and they all just rejected me. And I'd come to realise that actually I didn't care about myself as much as I thought because I was so distressed by the fact my family didn't love me anymore, or didn't care about me anymore. Now once I worked my way through that, I came out the other end of that feeling very happy, and to this day, my family don't care about me, by the way, so they haven't really changed, but to this day, I'm happy now.

So, my love of self has grown, not perfect yet, but it's getting there, but I've got enough love of self now to not really worry about what they feel about me at all. I don't even think about it anymore; about what their feelings or thoughts are about me. I'm aware of what they are, but it doesn't bother me anymore.

Participant Female:

That sounds lovely.

Jesus:

Yes, it is lovely because it means that I'm not waiting - you know, it might take, who knows, it could take them a thousand years to love me. In the 1st century life, my father didn't love me very much in my 1st century life. The whole of my 1st century life, my father, Joseph, didn't love me much at all. He was very hard on me, critical, he wanted me to be a warrior, like a fighting Messiah, is what he wanted me to be, and he was quite angry with me a lot.

He was also on the Sanhedrin which was the 70 men who basically led the nation by the time of my death, and that was the Sanhedrin that condemned me to death. Even though my father wasn't involved in the vote, he wanted to be on the Sanhedrin that condemned me to death, so his feelings towards me weren't that good. After I passed, and he had some realisations about myself as a person, and my care of others and so forth, within the next 12-15 years, he changed completely so by the time he arrived in the spirit world, because he arrived in the spirit world well after I arrived, he arrived in the spirit world about 18 years after I arrived in the spirit world, and by the time he arrived, I could give him a hug and he could actually hug me and feel love for me.

But all of my life up until then, he didn't care about me at all. He was more forceful with me. In my childhood he actually put me through some things that resulted in my torture as a young child even, so there were lots of feelings that he had about me that changed over time. But if I had taken some responsibility for his feelings and tried to take responsibility for his life, what I would have done, is every time my dad wanted me to do something or be something, that's what I would have done, and it would have destroyed my relationship with God completely in that process. So, my real Father, I would have had no relationship with at all because my other father, the one who created my bodies, he wanted me to do something completely different.

So, this is the danger of not having some sense of self and love of self and getting into this addiction with your family to please them all the time. And that applies to husband and wife, partner as well, the danger of pleasing them all the time without it being a desire just to give them a gift rather than just feeling the need or the guilt of pleasing them, is you enter this addiction that in the end detunes you so far away from yourself, but also away from your relationship with God as well, so that's why it's such a big thing to address.

Participant Female:

Yes, thank you.

Participant Another Female:

And if you're by yourself and you can't satisfy that addiction with physical people, you do it with spirits.

Jesus:

Well, you often do it with your children next, so if you have children, you set up the addictions with your children which is obviously, also a sin. And then on top of that, yes, for the most part, even if you're by yourself, you'll set up the same addiction with spirits. So, you'll actually attract oppressive spirits who tell you what to do with the illusion that you're getting loved by them, and you'll attract them, and in the process of attracting them, they will get in your head a bit and tell you what to do with your life and so forth, to please themselves, and you'll be very attempted to do those things. In fact, some people we've met even believe those spirits to be God telling them what to do.

Participant Female:

Yes, and you've told me I've had spirits with me from early in my childhood, so is it a similar dynamic with them.

Jesus:

Well, you think about your relationship with your father. You know your relationship with your father is one where your father was quite oppressive telling you what to do, very disappointed with you when you didn't do what he wanted. Does that make sense? He's setting up things, thinking he's helping you, but really, he never asked you whether he's helping you, but he's thinking, self-righteously, I'm helping my daughter, helping her out, so this is what he's doing. So, if your father passes, can you see it's highly likely you're going to set up the same relationship with male spirits.

Participant Female:

Yes.

Jesus:

Because you'll actually interpret that as loving, and also you want the safety and security of somebody telling you what to do. It's an illusion of safety, of course, but you want it. And that's when we met you for the first time physically face-to-face, you were in that relationship with spirits. And one of the very first conversations, you remember the very first conversation, you invited us over for dinner and the very first conversation was, what about these spirits that are with you, like what are you doing here with them, and what's going, and how are you are getting manipulated by these people, and as a result of you becoming more aware, which is not yet awakening, but it's the first part of awakening, aware, by becoming more aware that it was not a good thing, you started becoming also, more aware of how they are influencing you, and this is how you become aware of oh, they're trying to set up my relationships. My very last relationship, they set up all together, you know, you become aware of these things through a process of discovery.

Participant Female:

Yes, and the difference between awareness and awakening, I can feel now, but I can't tell what I'm doing wrong, exactly.

Jesus:

That's right, that's right, that's the difference.

Participant Female:

But I can't tell what it is, so I can't tell what it is, and I don't have the incentive to stop it, or I don't know how to stop it.

Jesus:

That's right. So, you could say, aware is just going, something's wrong, something's wrong, like that's aware, right, I'm now worried that's something's wrong, but I don't know what's wrong, and I don't know why it's wrong, and I don't know how it's wrong, and I don't know what's really going on yet. So, you're going to discover all of those things down to awakening. Notice that I've put 10 there (writing on whiteboard #1 aware ... #10 awakening), I did that on purpose. (Laughter)

Participant Female:

I did notice that.

Jesus:

The reason why is there is a lot of steps, there's more than 10, but there's a lot of steps in between to get to this stage where I'm actually awake, where I go, I know what the sin is, I know what I'm doing, I know why I'm doing it, I know what emotion I need to address, I'm working through that emotion, I want to work through that emotion, I see the sin in it, and all of those kinds of things.

So, you often start off at this state where something is made, initially it might even just be intellectually, but usually it requires a bit of feeling of, something's wrong, something's wrong, and it bothers you, you know, this is where you have sleepless nights, right, where you're going something's wrong, and I don't know what about it, and then worry about it, and then you're praying about it maybe, asking other people about it as well, like what's going on here, can you see

anything, whatever. You're questioning the whole relationship of what's going on around you and so forth, because you're realising that you're being bothered.

Now there's a combination of things going with being bothered, and one of them is the conscience, which is God basically saying, something's wrong, something's wrong. If God can't tell you what's wrong, He can at least go, something's wrong. (Laughter) Does that make sense.

It's sort of like, you own a car, right, so you're driving along on the road with the car, and it is sort of wondering over the road a bit so, it doesn't go where you're pointing, sort of like (demonstrating wondering all over the road), like driving itself, it seems to be. I'm not talking about these new self-drive ones now, I'm just saying there's something wrong with the car. So, you know something's wrong, so that's this point (aware).

Now, it's easy for somebody to tell you something's wrong, it's easy even for you to recognise something's wrong. It's much, much more difficult to recognise what is wrong. That requires a number of things on your part. If you think about it with the vehicle driving along, it requires maybe a little experimentation, it requires somebody giving you some extra knowledge, it requires you understanding what might make a car wonder over the road because it could be all sorts of things, couldn't it. There can just be loose wheel nuts on your wheel and then in the next five kilometres it might come off or it could wheel alignment, what are called tire rods that control the angle of the vehicles on the road...

Participant Female:

And I have no idea what those things are, so I would have to find out what are they?

Jesus:

Exactly, exactly, and so most of us go, let's go to an expert. So, we go and take the vehicle to a mechanic, and he tells us what's wrong, so you can also do that, you can go to somebody who you believe is an expert, but the trouble with that is that it's not very self-reliant, and not very self-responsible. You're also now making a dependency on the person, so now you're dependent on them telling you things, when it comes to your soul is a dangerous thing.

Participant Female:

I need the education, so I understand so I don't do it again.

Jesus:

That's a part of this process - so once you become aware something's wrong, you sort of have got this thing going, wrong, wrong, wrong, wrong, but I don't know what, I don't know what, now that's going to motivate the desire in you, potentially, to discover what, which is a very good thing to do for yourself. This is something every person needs to do for themselves. Does that make sense?

Participant Female:

Yes.

Jesus:

So, this process of awareness is just that initial, something's wrong, right the way through to a complete awakening which is, I know exactly what is wrong, I know exactly what to do to fix it, I know exactly why it's wrong, I know exactly why it's a sin, I don't want to do it anymore, that requires a number of steps in between, and in about 2006 or 2007 or something, I wrote a document [Divine Law, Sin, Repentance & Forgiveness](#) which is on our website, describing the process of awakening which often begins on an intellectual basis where you step through seven or eight steps intellectually, and then there's still no awakening because for an awakening to happen, it has to be emotional. Because emotions motivate change, so it has to be

emotional, so you also have to go through a number of steps emotionally in order to awaken. And I did describe those steps back then, and so I'd recommend - it's good to sort of understand the process of awakening because then you can go, oh, I'm at aware, but I'm not any further than that, and what do I need to do to get from aware to awake.

Participant Female:

Yes, and with something like this, that's been with me all my life, I guess it will take a little while to go through those steps.

Jesus:

Certainly, certainly. Often the things that have been with us for a while, particularly, since we've been very young, it takes even a lot of time even to just get to aware, and usually after we get to aware, it's a lot easier because a desire develops to awake after we've become aware. But for many of us, it's like, and this is the case for most of you, you're not even aware of your sin yet, let alone awaken to it. You follow, because to become aware you've got to know something's wrong in a situation, and frequently, I see most of you acting in disharmony with love in a situation without seeing anything's wrong.

Participant Female:

Is this where the sensitivity comes in?

Jesus:

Emotional sensitivity in particular.

Participant Female:

Yes, to help with the awareness.

Jesus:

It helps; the conscience helps. We talked about the conscience a lot in Portugal, and also, I think we started that discussion in Austria, didn't we, so conscience helps a lot. Obviously, receiving love from God also

helps, but of course, you can't receive the love from God until you awaken to some sin, so it's sort of like you've got to go through the process first. So, that helps a lot, but also having honest, truthful friends can help you a lot, you know, people who care about you and love you, who you can sort of ask questions. It's like going to a mechanic, but you've just got to be careful of coming to rely on them.

[20171226-1030 God's Laws of Forgiveness & Repentance](#)

(this link is for part 9 discussing the conscience – the conscience is discussed from 9 through to 13)

And so, for myself, I've not had that in my life, like anybody I can sort of rely upon to tell me truths, and so, I've had to come to a strong reliance on the conscience in order to hear God's Truth being shared, and so when it comes the operation of the conscience, I'm very focused on it myself because that's like, God's your friend sharing facts, you know, truth, through the operation of the conscience and that can help you with your awareness to awakening process a lot.

Mary:

Can we also add Jesus, compassion with self, is quite important in that process. And curiosity, if you like, being curious, oh, oh, okay, I feel myself there...

Jesus:

...experimenting.

Mary:

...you know, sort of having a seeking kind of a heart about the whole process. Because it's a good process, but often we get uncomfortable because we start to judge what we're noticing, but actually if you can stay soft in that process it's so rewarding because each new part of the awareness or the things that open up you, oh, now I understand

myself so much better, oh, this is why my life has gone like this, it's quite a good process.

Participant Female:

And when it comes to judgement, it feels like I'm getting judged a lot by the spirits.

Jesus:

Well, you are. Spirits around you, generally, if they're in a co-dependent addiction with you, they don't want you to change, and so, they're going to do things like try to undermine your change.

Mary:

It's not a true judgement because they're quite happy with you in that process, it's just more trying to shame you, if you like, back into your old behaviour.

Participant Female:

Yes, and I've been realising like I've been agreeing with that, and now I'm trying to not agree with that.

Jesus:

But that's a part of the process of becoming awake, you go, oh, I was doing this, and I can't do that anymore either, and oh, I'm doing that, and God wants you to go through the process yourself because if you do it for yourself, you'll become very, very awake inside of yourself.

Participant Female:

Yes.

Jesus:

God wants the process to be voluntary on your part because He knows that if it's voluntary and you do it for yourself, you'll end up, not only end up with getting rid of the problem, but you'll also end up

with a great degree of confidence that you can solve any problem which is obviously very important as well.

Participant Female:

Yes, I did feel like, I didn't want to be dependent upon you, but like you are the source of truth, so I need the truth, but not to be asking you everything.

Jesus:

Yes, you say that, but actually when I did share with you about the stuff, you completely denied it at the beginning.

Participant Female:

Oh, that first dinner, I said I was just completely under the influence. I couldn't like...

Jesus:

I know, I know (Laughs), I know what was happening. But can you see how - what I'm saying is, you can even think or think you think that, oh, Jesus has actually shared some truth with me, but the reality is most of us don't even believe that in our heart, in the moment.

Participant Female:

So, I'm fully accepting it.

Jesus:

No, no because at the end of the day, you'll have to go through an experience to know whether it's true or not, and once you start going through the experience, you go, oh, this is what he was saying, right, now I get what he was saying, but that's a part of the awareness.

One of the beautiful things about awakening to your own sin, is that you become awake to others as well as a part of the process. And that's really handy when it comes to dealing with your own sin because then you start to be able to determine, what is my sin, and

what is the other's sin. In other words, just earlier when we talking to Isabella about her need to do things for others, feel guilty about others, you can start going, do I have to feel guilty about others, well, once you deal with that sin of feeling guilty, you'll recognise the sin of the other person demanding that you feel guilty. Does that make sense?

Participant Female:
Yes.

Jesus:
It's only by you going through your part that you start to recognise, oh, there's the other half of that.

Participant Female:
Yes, I have found that really confusing like, what's my fault and what's their fault, like who's sin is this.

Jesus:
Yes, and that's not going to be happening here (aware), that only happens here (awaken).

Participant Female:
Okay, I'll get there.

Jesus:
So, you've got to be, as Mary pointed out, loving to yourself, patient with self, go through the process, develop a desire to go through the process, but you've got to let yourself go through the process.

Mary:
Stay engaged in the process. A lot of people start to be aware, start the process, and then go, oh, I'm backing out. It's harder to back out once you've had initial awareness, but it's possible. Once you awaken, now you can never unsee or unfeel the truth.

Participant Female:

Yes, it does feel like up and down with it, at the moment.

Jesus:

Yes, well, in amongst here (aware), you'll find there are certain, you would say, there are certain sins of your own as to reasons why you do a thing. So, an example is, you might be pandering to spirits, in terms of doing what they suggest, but you have your own reasons for doing that. And during the process of becoming aware you go, oh, here's the reason why I'm doing that. I like them interfering with my life because it makes me feel maybe more secure, more financially secure, it makes me feel like I'm not going to get in trouble, there's all sorts of things that can be reasoning that you start working out in the process of becoming awake.

But once you are fully awake, you will not do it again. You will not want to do it again. You'll feel sorry about all of the actions taken and you'll correct them.

Participant Female:

So, in the process of awakening to a certain sin, you're sort of finding other sins along the way, and they're sort of like just usually a few main sins, and all the others are sort of tributaries from it.

Jesus:

Yes. That's the beauty of awareness is that, the aware to awakening process, is you become so aware that you can feel even the little tiny sins in everything you do as to what motivation, why you do it, why you want to do it, how it feels, you become aware of all of that, and where you've been doing it, every time you do it, everything.

Participant Female:

And when you say, you become aware of it, and you feel it, I get like sometimes a shooting pain here or like a feeling here, is that how the

conscience communicates, like through feeling different feelings in your soul.

Jesus:

When you say the conscience, God communicates to you via it, via the conscience, so God can tell you at any time what is wrong. The real issue we have is listening, you know, the lack of emotional sensitivity most of us have, and most of us have had that because of childhood experiences, the lack of emotional sensitivity that occurs causes you to no longer be able to listen clearly. So, God's always trying to share truth via the conscience, whether you hear it is really a function of how sensitive you are. One of the goals God has with us is to make us more sensitive, to help us become more sensitive people.

Participant Female:

And that sensitivity is like the whole of your physical body, spirit body, like...

Jesus:

Well, your soul really.

Participant Female:

...soul, because God communicates to the soul.

Jesus:

...via the conscience, yes. You're in a panic now Emma, do you reckon, so a lot of questions now are being driven by the panic, can you see that?

Participant Female:

Yes, I want to know it all right now.

Jesus:

Yes, yes, and this is another thing that - understand that fear is a feeling that you're going to have to go through. At the moment,

you're trying to avoid it. Now when you try to avoid fear, you start asking lots of questions, after question, after question, but you're actually not feeling your fear, and your fear is what's stopping you from understanding.

Participant Female:
Okay.

Jesus:
So, you're going to have to go through the fear, but you want a way to deal with these problems without going through fear.

Participant Female:
Yes, I want to understand it all really, really well. I think that's...

Jesus:
The purpose of that is to avoid fear, and it's not going to work, is what I'm saying. You're going to have to feel fear first, and this is about emotional truth, you're going to have to go through the feeling of fear, then all of this mind thing you're doing will sort of all dissipate, and you'll trust the emotional process rather than going through everything in your mind all the time. Do you follow?

Participant Female:
Yes.

Jesus:
But your dad taught you to use your mind all the time. So, actually a part of your process of awareness is going to be realising that actually, I like using my mind all the time so that I can avoid the feeling of fear. And in the process of avoiding my fear - fear stops me from understanding. So, that causes me to - more question, more question, more question, panic question, panic question, panic question, you know, like all the time. And in this panic question phase

of life, you're not going to be understanding anything because the fear is an emotion preventing understanding.

So, this is an awareness you have not had about your fear. If you could just choose to feel fear, then there would be internal soul freedom to absorb information, the fear prevents the absorption of information. So, I can say a whole heap of things, and you won't even hear them, just like our first conversation, right. I said a whole heap of things, and it was fortunate you had a recorder on because you didn't hear most of them until afterwards, right, when the fear started to die down a bit, then you could hear.

Now a very important thing is to allow yourself to feel the fear. So, what's the fear about it. It's going to be fear of disappointing dad, fear of disapproval from a male, fear of disapproval from God, thinking God is a male, there is a lot of things in there that are stopping you from grasping and it's about going through those things, feeling the fear, not avoiding it through questions.

Participant Female:

Okay, thank you.

Participant Male:

Okay, if I can find the words first because I feel fear speaking up. I'm in a gridlock and I have been forever. I think I'm in opposition to what I think God is, the world is, and when I say feeling feelings as the bottom line basically, I don't want to do that.

Jesus:

That's right.

Participant Male:

Because God would win, what I think God is, would win, so that's the gridlock basically, and I just don't know what to do.

Jesus:

Can I start by saying, because there's more to your question, but let's start with what you've already asked. This is an example of a spiritual belief, or you could say a spiritual sin causing emotional beliefs which are also sins. So, an example of this is, you believe God, fundamentally, is flawed. God doesn't care about you; God doesn't love you. So, these are spiritual beliefs which are actually sins, so there's pain associated with these beliefs.

Pain associated with these beliefs are I can't trust God, I can't listen to God, I can't ask God for anything, I've got to do everything myself, these are all, you could say, the pain associated with such beliefs. Now these beliefs were caused, obviously, in your childhood, but also you have chosen certain beliefs because of certain emotional reasons. There's a linkage here between the spiritual beliefs being chosen, and the emotional reason as to why the belief has been chosen. So, the emotion is, I can't handle emotion, like that's the feeling inside of you, the terror about emotion.

Participant Male:

Yes, overwhelm basically, being taken over.

Jesus:

Yes, a terror about being overwhelmed by your emotional experience, shall we say. So, the question then becomes, where did that terror come from and how did it get established, doesn't it. So, that's the terror about feeling any emotion of any kind, and by the way, most men on the planet have this terror. Women generally have less terror about it because for most men whenever they felt emotion, there was more violence, for most women whenever they feel emotion, there's less violence, generally speaking, and this is why men are generally terrified of their emotions than women are.

Men have then a desire to live in their mind, and that's why they start to embrace everything intellectually, and they start detuning from

their emotion quite significantly because they want to live in their mind, because in their mind, they can control the past experience of violence about their emotions.

So, fundamentally, you could say, there is a reason why the emotion exists as to, I can't handle things, I can't handle emotion, which is really, you could say, we called it in 2016, a [global terror](#) which exists in almost all of humanity of emotion.

Now in 2016 we did a series of groups, five-day groups, and I think it was the second group which was called Developing My Loving Self, wasn't it, the first one was Understanding My Loving Self, and then was [Developing My Loving Self](#).

This global terror of emotion is like - like, I don't believe much in conspiracy theories, right, but this is a conspiracy. The conspiracy is humans can't handle emotion in a loving manner. Emotion is what causes all of human problems, is the general conspiracy, and most of us have bought it off, and most of us have a severe amount of terror about even just being overwhelmed with just a little bit of emotion even. We're terrified of feeling things.

And because of that, we don't believe we are capable. The soul was created to be an emotional experience, like we said earlier. Remember when Hannah asked that question, it was like everything God designed, joy, happiness and everything is going to be an emotional experience. And everything humans create, sin, suffering, pain, they are also going to be emotional experiences, but the majority of us are so worried about having any emotional overwhelm at all that that's our primary sin.

So, the primary sin becomes this terror of emotion that exists within, and that terror of emotion drives most of our action. It will drive a series of belief systems, spiritual beliefs, it will drive as well. So, spiritual beliefs like God's cruel, God's harmful, God wants me to feel

and so, God's punishing, I don't want to feel. God wants me to feel, that's bad. You'll start setting up beliefs even with God associated with your terror of emotional experience.

And the problem with that is that, now we've got two sets of opposition internally to actually our growth in love. One set of opposition is emotional, and the other sets of opposition is spiritual. And spiritual always, generally, have a hierarchy of being higher in hierarchy over emotion even. So, we start imbibing spiritual beliefs about God, so an example of a spiritual belief is, I feel God is punishing, that's a spiritual belief. I feel God is cruel, I feel God doesn't care about me, they're all spiritual beliefs about God.

And these beliefs finishing up guiding many of my actions in terms of stopping me, they're justifications to not have to feel some fundamental emotions. And by the way, one of the hardest emotions you're ever going to have to feel, and this applies to all of you, is this (pointing to terror). Terror is an emotion that I find most people are almost - they believe themselves to be, the spiritual belief is that they are unable to feel terror, that it's the thing that you must avoid at all costs. Terror is the thing that must be avoided.

And so, anything that says I need to feel terror, automatically, we're starting to go, that's wrong, that's bad, that's not right. We start treating it as if it's a false belief. And in the process of doing that, we're justifying it, and in fact, what most people don't realise is that terror, for most people, terror is just like a bit of a mound inside of their soul, but we turn it into a mountain by having these additional beliefs associated with it.

So, instead of it becoming just an experience I'm going to need to go through for a few weeks or a few months, and maybe even a year or two, like you might have to feel terror every day for a year or two, let's say. Because you think about a childhood where it's violent, you know, it was violent for seven or eight, ten years, twelve years,

maybe fifteen for some people, then there's going to be a fair bit of terror associated with that violence that they're going to have to experience now as an adult. That's sort of locked at that age, and you've got to become comfortable with feeling it.

Once you feel that you can handle terror, you'll feel you can handle anything. And that's the beauty of being able to go through the emotion, is once you realise you can go through terror, you also realise you can go through any other emotion too. So, my experience of terror has been, I had terror for nearly six years, I had to feel for six years, and during that phase, I came to become very, very comfortable with feeling any other emotion as well.

So, that's the beauty of doing it, but it takes - this terror is actually infecting your spiritual beliefs, and that's why you said what you said about God, and your feelings about God is because this terror of your own feelings is actually creating in itself, intellectual beliefs which support the suppression of the terror. And if you're not careful, you can create hundreds of beliefs, internally, spiritual ones about God and about how the universe is created and about the human soul, that it's not emotional.

So, we meet people - an example of that is Buddhists, most Buddhists have created a whole belief structure which is supporting two or three primary concepts. The first one is that emotions are bad, you don't need to feel them; you just need to detune from them. The second one is that beliefs are bad, so it's better to have no beliefs, that's how you remain calm.

So, they've actually created a belief system that believe in no beliefs. Does that make sense? Just because of the terror of emotion, they created a belief system that says, if I have to absorb a belief then, it's going to result in potentially internal confusion, like I won't know what's - like, I'll latch on to something being right and it might be wrong. So, it's better to not think of right or wrong at all so, they

come up with a belief structure that says, there's no right or wrong; there's only love, but there's no right and wrong, is the general statement, but actually there is right and wrong.

What's loving is right, and what's unloving is wrong, but even the belief system has now been created to support the detunement, the terror that they have about emotion, and it creates a terror about belief, to the point, where you will construct an entire belief system that is all about not feeling and not having beliefs, and that's how far we will go, as humans, when we try to detune from these feelings. So, the question then becomes well, how do I feel my terror, isn't it.

Participant Male:
Exactly, where to start.

Jesus:
How do I get started with my terror. Well, when terror is within you, there are many attraction events, the Law of Attraction is working to trigger your terror. God knows that your terror is not good, so God is trying to create events, the law is trying to create events so that you can gently go through your terror. God's not trying to scare you to death, He's just bringing events which cause you to have some terror within, and these events are there to help you experience terror.

The key is what you do with them. The majority of persons use all sorts of techniques to avoid them. So, food, sex, action of some kind, distraction, technology, there's all these addictions that often people create just to avoid the feeling of terror. So, I've got to, number one, start unravelling my own addictions to how I avoid the experience of terror, every one of you will have different methods, and you've got to start unravelling it for yourself.

For me, I worked like, I was a workaholic, that was one way I avoided my terror. I was a planaholic, and what I mean by that is, I was addicted to just planning out every single day, the next day, the next

day, writing out what I was going to do the next day, what might go wrong the next day, how I would fix what might go wrong the next day, and you can imagine, I'm not very calm doing any of this, so that's what I was doing, is planning out my life.

In addition, I was doing things like choosing to use certain types of food, substances like, for me, a bit of wine every night was great, I found, so I had a collection of wine, and I would have a bit every night. I would also have a lot of sugar in my diet, so ice cream was a big thing for me. So, when I ate ice cream, I'd get a four-litre tub which is one gallon tub, and I'd divide into four, and that's my next four nights ice cream, one litre at a time. So, I found it very suppressive of my fear, so that's why I went for that.

Of course, all of these things had negative consequences, and once I started realising those consequences, I stopped many of these addictions. The other thing is that you need to be able to sit with yourself for an extended period of time just feeling your fear. So, what I taught myself to do, was to lay on my bed and I tried to do this for at least two hours a day where I'd lay on my bed, and I would just feel the fear in my body. So, I'd feel all of these sorts of pains and fear, like you know how your nerves jangle when you're in a state of fear, I'd feel that for two hours every day. I made a goal just to feel it.

And in the process, memories would come up and I would then be able to process the memories, and when the memories came up, some of my fear dissipated. So, I had a lot of fear about torture and abuse and other things like that based on my 1st century life and memories, and so I had to go through them, so I went through all of those memories, and in the process, my fear diminished, my terror of emotion diminished as well. And the more I became confident in myself that I could handle emotion, the more emotion I could handle. It's sort of like a snowball gathering - so right at the beginning, I was

like incredibly afraid and terrified while at the same time, very detuned from the terror, very insensitive to it.

And then as time went on, what happened was I became more and more intune with it, I started to feel it, feel it in my body, to the point where I could every day for a couple of hours just feel my terror and also, go through memories that caused that terror to exist, to the point where those memories went, I experienced them rather than holding on to them and as a result the terror diminished. Does that make sense?

Participant Male:

It does. There's just like one complication, one big complication, like if I - I mean, I don't want to do that sort of thing, so I have to force myself. I have to go kind of like, doing the good thing, is something that is a should, a should attached to that, I should be doing that.

Jesus:

Now this is a very good statement you made. I don't want to do it. Very important to recognise these statements, I don't want to. So, let's look at, I don't want to, shall we. What am I really saying? I shouldn't have to is sort of like an extension of that, isn't it, I shouldn't have to. Really, what's, I don't want to? Is it a sad state, is it a lacking in confidence state - (Audience calling out answers) it's an angry state, okay. So, really, I don't want to, is anger. Basically, you're saying, I'm angry about having to.

Participant Male:

Yes.

Jesus:

Yes, so anger is the feeling. I'm angry about having to. What's the purpose of anger?

Participant Male:

Actually, many things, the one thing is like the loneliness coming up when I stop sort of my addictions or thinking, planning, whatever, when I just stop, one of the first things coming up is loneliness, just emptiness.

Jesus:

So, what's the purpose of anger really if we look at it. Is to gain power over other feelings, isn't it.

Participant Male:

Yes.

Jesus:

When you say to yourself, I don't want to. It's sort of a very gentle expression of anger, isn't it.

Participant Male:

Yes.

Jesus:

Instead of going, I'm in a bloody rage and I can't, you know, instead of feeling the passion of your rage about it, I don't want to, is just I don't want to. It's almost like a misrepresentation of the level of rage, isn't it, in a way.

Firstly, obviously, you're going to have to connect to some of this anger, somehow, not for the purpose of keeping it, but for the purpose of recognising it, and its purpose. See the purpose of anger is to get some power over something else, over something you're scared of something you're terrified of, that's the purpose of the anger.

Unless I start seeing the relationship between anger and my sin of trying to get power over other emotions, unless I recognise the purpose of anger, I'm going to feel very justified to keep on doing it.

And if I keep on doing it, nothing is going to change. So, I need to start seeing that anger is a fruitless emotion as well, at some point, I need to recognise that.

Participant Male:

Well, it gives me something like, there's something I can do actually, I'm not just being overwhelmed or taken over by some outer force, I'm not just being a slave or servant.

Jesus:

Yes, but it's interesting you keep saying, remember that was your false belief about God. God doesn't want you to be His servant or His slave, He wants you to be a self-responsible, self-actualised individual, but your false belief which is, He wants me to be His slave is actually really, your anger telling you a false belief so that you don't have to feel, so you can feel power over your terror.

Participant Male:

Right.

Jesus:

So, you keep mentioning the false belief but, in your heart, you know it's a false belief, right.

Participant Male:

I hope it's wrong, otherwise, I would just have to kill myself or whatever, or hope I'm going to - I mean, really if I'm living in a hostile universe of course, there's no point of existing, so this is where I'm torn, you know.

Jesus:

Oh, of course, yes, and again, another false belief that we're living in a hostile universe. I understand it, but can you see that also comes from your childhood.

Participant Male:

I figure, yes. It must have come.

Jesus:

It's got to come from your childhood because how would you learn that we're living in a hostile universe and somebody else learns that they're living in a friendly one. Obviously, there's got to be something unique to your experience that that person hasn't had, right.

Participant Male:

Yes.

Jesus:

The reality is the belief that we live in a hostile universe is supportive of the anger that allows you to have power over the terror you feel about just surrendering to the feelings that you had in your childhood about it being a hostile universe. Does that make sense?

Participant Male:

Yes.

Jesus:

In other words, I've got to surrender to the belief that it was, when I was a child in order to experience that feeling that I had as a child, and then as I release that, I will come to see that it's not a hostile universe. Now if I don't want to do that, I've got to look at why do I want to hold on to idea it's a hostile universe. And there're reasons, isn't there, and every one of those reasons is giving me power over things I don't want to do.

It makes me feel like I shouldn't have to do it, I shouldn't have to do this emotional thing. I shouldn't have to go to my sadness, in particular. I shouldn't have to feel some of these feelings from my childhood, as an example. I should be able to sin because it's a hostile universe. You've got to sin in a hostile universe. This is how you cope

with a hostile universe is you give it back as much as it gives you. These beliefs prevent you from understanding that the, I don't want to, is really a situation of anger which is really power over a whole heap of emotion that you haven't wanted to feel and feel you shouldn't have to feel.

And, in fact, many people do feel that God is asking too much of them, in the sense that God's asking you to feel emotion you shouldn't have to feel. But the answer to that is, it's in you, and if you don't feel, it's going to kill you, right, so it's better out of you than in you, but most people don't believe that. They believe it's better to store emotion even though eventually it kills them, they'd rather store it than feel it.

So, at some point, there's going to have to be some different decisions, and at the moment, you're very much gravitating to the decision to have power over your feelings rather than be humble to them. Does that make sense?

Participant Male:
Yes.

Jesus:
And in the process of wanting power over your feelings, you're going to create a set of beliefs that support your over feelings, which includes belief about God, belief about the universe, hostile, belief about God unkind, punishing, all of which are not true, but they support your power over some hard feelings. You follow?

Participant Male:
Yes, I think I don't want to get into that situation of like being what's the word like, taken over, overwhelm is the...

Jesus:

Yes, you keep saying that and it's interesting, that must have happened in your childhood for you to keep saying that.

Mary:

And for you to feel that God is going to have power over you when you feel, which is a theme. Obviously, there's issues in your childhood relating to power and emotion.

Jesus:

And people having power over you, and people taking power over you, people wanting you to be submissive to them. Otherwise, you wouldn't keep saying the same words.

Participant Male:

Yes, my basic feeling is like I'm food, I'm just a function. I have to function otherwise, I'm whatever. It's not about me, and it's - even my will to exist sort of feels like is flawed or how can I say, taken over like, I have to exist for someone - for my mum or whatever.

Mary:

But see how - just can I say, it's very clear the way you're distancing yourself from your childhood experience even in this conversation and wanting - this is a very common thing that people do, it's God, it's God's Laws that are creating this feeling of being overpowered.

Jesus:

It's obviously about your mother right.

Mary:

But you are deferring it on to God because that's preferable to you, even the way you say it, it's like, oh well, if you want to say it's mum, that's not somewhere I'm going, it's God's problem.

Participant Male:

Actually, to me, it's a combination because like who allowed the whole thing or who created the whole thing.

Jesus:

Oh, yes.

Mary:

This is another disassembling that we do.

Jesus:

It's a very common method, but really what you're saying is mum and dad, you know mum and dad did some things, and particularly with this attitude that you feel, which is, I'm living for them, for their sake, I'm just for them, and that is exactly the feeling they have, right, but you would rather blame it on God than feel your pain about them. And again, this is creating power over the emotion you have with them by blaming God for what they did.

In other words, your mum and dad chose to sin, in their sin they damaged you, God gave them free will, so it's all God's fault.

Participant Male:

That's my logic, yes.

Jesus:

But if God didn't give them free will or you free will, then you would not understand what self-awareness is, you wouldn't be a self-aware being. You'd also not be able to feel happiness ever, you would not be able to feel any emotion ever, if God never gave you free will, you'd just be like a robot. At the end of the day, the gift of free will was necessary in order for you to experience joy, but the trouble with the gift of free will, you could say if there is a trouble, is that humans use it badly so, who are you going to blame for humans using it badly. Are you going to blame humans which are the actual cause of them using it badly, or God.

Now it's very easy to blame God because it gets you away from working through your issues with humans.

Mary:

And two issues it gets you away with, how other people use their will to harm you, and then how you are going to use your will to harm others or to deal with the harm that was done. When we do, oh, God that's a crappy system, we blame God, we do two things. We deny the responsibility of our parents and what effect that had on us, but we also deny responsibility for our choice to now deal with that and do better ourselves.

Jesus:

So, it gets you to have power over your feelings so much that in the end, you distance yourself from your feelings completely through the beliefs that are being constructed, and this is a very dangerous thing to do because in that place, you'll end up sinning a lot, and in the process of sinning a lot, you're going to find the law is quite strict about your sins. Just as, by the way, your law is strict about your mum and dad's sins, they are going to be corrected for their sins towards you, but if you keep doing this, you will also create many sins in your life as well, which of course, you, will then need to be corrected for as well.

So, this is where it gets down to the fact of it's like, at the end of the day, God demands, the law demands that I feel my stuff, it demands it. And it's going to demand it whether you or I like it or not, so at some point, you've got to reverse the construction of beliefs that support you avoiding and actually start imbibing beliefs that support you dealing, and you can do that.

You've imbibed a whole heap of beliefs that support you avoiding, so that means you're capable of creating beliefs that support you doing something so, why not create a whole heap of beliefs that support

you dealing. It would make sense, wouldn't it, that you also can do that, and that's what I would recommend you start doing.

Participant Male:

Alright, thank you.

Part 3 - August 24, 2024, at 1415

Linton UK Day 1 Part 3

Jesus:

Alright, who's next.

Participant Female:

I've just got two questions, one of them is a clarification. You mentioned happiness earlier which sounds nice. (Laughs)

Jesus:

Yes.

Participant Female:

Is it true to say that from God's point of view we have a moral obligation to be ourselves and a moral obligation to be happy.

Jesus:

Yes, which is interesting. It's like, one of the things I recognised early in my own progress in this life was that I wasn't very happy, and that I had a moral obligation to start attempting to strive for happiness. It's not something we often consider doing for ourselves, is it? And I also realized that if I was happy, then I would be able to also help others be happy. So, happiness is like sadness, I suppose, it's infectious. And happiness is more infectious than sadness actually. So, yes, it's a moral obligation to be happy.

When I say moral obligation, what it means is that, everything moral, so if we look at what we mean by moral, we're basically saying morally, we're saying that is God's definition, so it's God's definition of what is truth. So, morally, there're things that are true, and there're things that are false. One moral truth is that God wants you to be happy, and in fact, God created you to be happy, to experience happiness, but also, to desire to strive for happiness as well.

And you can understand why because if a person doesn't strive for something, then they become very listless, and also lacking in desire and motivation. So, very important to strive for happiness, but most people on Earth also are under the mistaken idea that the way to strive for happiness is to avoid all your sadness, and that's where we go very severely wrong because your sadness is carried around inside your soul, and so, you can strive for happiness while you're sad, it's going to be very hard, isn't it.

You've got, inside of your soul, there's all this sadness, nothing's coming out, nothing's being let out, and yet we're trying to get happy. The problem with that is if you strive for happiness while you're sad, and you don't let the sadness out, you'll eventually enter addictions and eventually sin striving for happiness. Because you're going to be driven by the avoidance of your sadness. God has designed a system where it's better if you feel and release your sadness so it's not with you anymore which, obviously, makes a lot of logical sense, but emotionally, for most of us, it makes not very much emotional sense.

What we do emotionally, is we're going, but if I've got to be sad before I can be happy, how long will it be before I'm happy. And the answer to that question is, quite soon, actually, because what you'll notice as you release certain sadness's, you have moments of happiness as a result of releasing the sadness, and so, it's not like an all or nothing thing that happens where you'll only be happy right at the end of it. What actually happens is, as you release sadness, you feel a building sense of happiness, which obviously, is going to help you strive for more. Good question though, Anna.

Participant Female:

The second part of it when you had the diagram with aware to awake, it seems to me that a large part of that process is prayer, well, something that can help with that process a lot is prayer.

Jesus:

Now, let's look at that for a moment because you're basically saying a large part of that process would be to involve God. Well, a person doesn't have to involve God at all, in fact to become awakened. Of course, if you're going to become awakened on issues relating to God, then you're going to have to involve God. But in order to become awakened, you don't actually have to involve God. It is helpful if you do because it's going to be much faster. It is also helpful if you do because God knows more than you do. And also, He's a constant source of truth, not a variable source.

Every person on Earth is a variable source of truth, even myself, variable source of truth. The reason why it's variable, is I only have a finite amount of time, I can't converse with everybody, so same applies to me as it does to you, in the sense that any person on Earth is not going to be able to be the source of all of your truth, but God can be. This is why it's obviously very helpful to ask God for assistance through the process, but there are many, many, billions of spirits actually, in particular who don't involve God in the process at all and yet, they become awakened to all their sin relating to other humans through the compensation process. So, you don't have to involve God but it is very helpful if you do.

Participant Female:

Okay, so it's not essential, but if we want to, but we have a block to prayer, we can't pray about your block to prayer.

Jesus:

Well, that's going to be problematic, isn't it.

Participant Female:

Yes.

Jesus:

It's sort of like, I want to involve God, but I don't really want to involve God. When you're saying a block to prayer, if we define prayer as this, prayer is the desire exercised, isn't it. You could say, it's a longing, and it has to be sincere which is the definition we said earlier, remember, we said sincere. So, imagine now, if I don't have a sincere desire or longing to communicate with God and receive answers from God, can you see, I'm not going to receive any, just as simple as that.

The law that allows our soul to receive things from God is all based around there being a longing that is sincere, in other words, a passion for what we want to know, and a sincerity in that passion. In other words, not because we want to avoid things, not because we want to get away with things, not because we want to be helped through everything, but rather we have a sincere desire just to know truth, for example, a sincere desire to just experience love, for example. So, that's a very different thing than doing it for a motivation that's insincere.

Now if the desire and longing is sincere, then that's classified as a prayer. In other words, that's a prayer that God hears. And God always responds to prayer. If God hears a prayer, He's going to respond. But when I say God hears, what I mean is that God only listens to requests that are meeting the criteria in harmony with His Standard of Love, and His Standard of Love is, you have to have a desire, a longing, you have to be sincere, that's His Standard, so now that's the standard of prayer.

I can say, I want to involve God, but I don't trust God. You can see the very first thing I probably should deal with is the fact that I don't trust God. And it's going to be very hard to involve God in a process of where I don't trust God, I'm going to have to work through why I don't trust God probably first, aren't I, because any prayer I have in that state will be insincere. It won't be sincere, it will be insincere, the opposite of sincere.

And so, what I need to do is have a feeling that I do want this thing. Now if my feeling is that I don't really want it, like don't really want to trust God, for example, then of course, that's the prayer. We're really saying to God, I don't really want to trust you, and God goes, okay, and that's it.

Participant Female:

So, what feels like a kind of awkwardness with the process of prayer is actually just a lack of sincerity and desire.

Mary:

Yes, and sometimes though Anna, feeling awkward about prayer is because you've got some internal rules about what prayer is - like you have to be formal with God or you have to get it right and you have to do the thing, and sometimes it's even just a lack of connection to the thing, getting like, oh, it's just me being real with God, and feeling my desires and expressing them to God.

Participant Female:

A bit of both.

Mary:

Yes, a bit of both.

Jesus:

Still insincere though, isn't it. Like any little feeling you have that interrupts a longing that is passionate, results in insincerity. Do you understand? It's sort of like, if I have a feeling towards to God that I don't really trust Him, or I have a feeling that He's going to take me over, or I have a feeling that's He's going to boss me around, have a feeling that He's going to be punishing of me, have a feeling that He's doesn't really care about me, than all of those feelings will result in an insincere longing, it does not exist under those circumstances. There's no desire in those circumstances, so naturally there is no prayer. So, now I'm on my own. I'm doing it on my own.

And obviously, the very first groups of emotions that are worth dealing with are the emotions relating to my feelings about God, because if I can deal with them, then I'm no longer alone dealing with everything else. But that being said, there are many, many billions of people, historically, in the spirit world, who have done it all by themselves. So, you can do it by yourself, and this is one of the things that God also wants us all to realise is that we are self-responsible, powerful beings who are capable of using our will in a very strong manner towards a direction that is loving.

We are also, very capable of using it towards a direction that is unloving, and God goes, isn't that wonderful. Because I've created a being that is self-determining, their own life will be determined largely by their own passions and desires and their own decisions. And your life, and this is where it's very important is, we notice that when we talk about emotion, and particularly emotion relating to childhood issues, you know, childhood harm, we hear a lot of people say to us things like, oh, because I was harmed, that's why I do this now, and it's not actually true.

For the most part, we do the things we do now because we've decided to do them. Now in some cases, we're deciding to do them to avoid the harm, that is true, but in many cases, we're decided to do them because we just want to be the opposite of what our parents were, or because we want to sin in our own way, there's lots of reasons why we choose to do what we do, and make the decisions we make, most of which are completely individual, and also, determined by myself, not anybody else.

So, a lot of people would like to believe that they're sort of innocent of any sin because other people influenced them to sin, but actually, if you truly analyse your life, you'll see that a lot of your sin is because you wanted to do it, you wanted to go down a certain road, and one of those roads was to not be sincere. Most of us learnt in our childhood that we were rewarded in our childhood for being fake, for

having a facade, we were rewarded for it, and so we then go through life going, if I'm fake, I'll get rewards, and we start acting in that manner in all of our life, just being fake here and being fake there.

Of course, from God's Perspective, it's not God's Standard of Love. And so, the prayer, whenever we even talk to God, a lot of times it's about, please help me avoid the pain I'm in. You see this a lot where, a lot of people start saying they want a relationship with God and you look at the underlying reason why, and for the most part, it's very selfish.

Now you, having a desire to be happy, by the way, is not selfish, but you, having a desire to avoid your pain and suffering is selfish. So, there's a complete difference between those two things. And most of us are thinking along the lines like, pain and suffering, good to avoid, and then we say, relationship with God, this is fantastic, God will help me avoid my pain and suffering, and He won't. And the reason why is because pain and suffering is a human creation, humans created it.

So, humans have to destroy what they created in order to be happy. Sin is a human creation, we have to learn how to get rid of it by destroying sin. We need to get rid of it. God is requiring, as self-responsible beings, that we do that.

So, yes, you can pray, it's going to help you a lot, but you've also got to recognise, oh, I'm wanting this from God because I just want to avoid something, or I'm wanting this from God because I want it to be easier than me having to go through a self-discovery process. I want God to be involved in my life because it helps me avoid my family, or my issues with other people, and God is not going to be involved in your life if that's your reason to have God in your life. He wants you to deal with other people, He wants you to sort things out with people. You can see that to be sincere from the way God measures it, is a lot harder than to be sincere the way humans measure it.

When we were young, we were taught that you could just say sorry and everyone would forgive you, right. I said in Portugal, it's like someone twisting you by the ear and taking you somewhere, say sorry, say sorry, and as a child, you go, no worries, no worries, I'll say sorry, so say sorry, and everybody forgives you and that's not how it's going to be with God. Firstly, God's not going to twist your ear and take you somewhere and say sorry. He's going to wait until you have a loving desire to do that yourself.

Secondly, He's not going to put pressure on you to do it, aside from the law itself just bringing events which are a part of the results of you breaking the law, but God's not going to force you and then, at the end of the day, if you did say sorry by being forced, are you really sorry. You're not. So, God wants a heart that's sorry, but He wants that from you in the sense that you want that, not because you're being told. So, that's where God's measure of sincerity is much higher than humans.

Participant Female:

Yes, and I can feel it when you were saying you can do it without God, I'm like, no, no, no, but actually, accepting that and feeling that and taking action on that takes the pressure off, and the demand off this relationship with God that I'm trying to develop.

Jesus:

That's true to a degree. It's like, for nearly 150,000 years on this planet, over that actually, people didn't have God's help to deal with their sin, but the law was helping them and everything, but they didn't have God's personal help aside from the use of the conscience. There was no love being offered during that time from God directly, the personal love. God loves all humans, of course, but there wasn't that personal love being offered. Since Amon and Aman passed, which were the first human couple on this Earth, passed, actually engaged sin right the way down to my coming in the 1st century, there was no love offered. So, everyone, every single person had to

do it by themselves, and they all did, the whole lot of them. There's many billions and billions of spirits you can meet in the spirit world now and they all did it. They all did this personal responsibility for sin.

What God's offering is a gift. He's offering the gift of helping us which is something that we can either take or reject. He's offering also the gift of His Love so that we become more sensitive to the process as well, and on top of that, He's always, all through history, offered the conscience as a mechanism via which we can receive truth so, we can do it. Unfortunately, on Earth, for most of us, we're even taught there's no real thing like sin.

We're taught there's no such thing, but those of us who were taught there is such a thing, we're taught, oh, it's going to get rubbed away by somebody else. Jesus' sacrifice, you know, the blood sacrifice is going to absolve you of all your sin. And all of these teachings are very false, of course, and they create an illusion in humanity that if there is such a concept of sin, then somebody else will get rid of it for you. So, God is not going to do that for you, He's going to help you which is different than doing it for you.

Participant Female:

Thank you. You were going to say something Mary?

Mary:

Oh, that's okay. I was just furthering some of the things you were saying (looking at Jesus).

Jesus:

No, say.

Mary:

I came to realise in my prayer, that a lot of times I was coming to God with the feeling of asking for love, but really, I was asking for the removal of my emotional pain, and I came to realise that's not God's

agenda. God can't feel my feelings for me, that's part of the gift that God has given me, that my experience is my own, and that that relationship with God is voluntary, it's not forced upon me, and that there will be no - God's not going to take things away from me because God wants me to understand that that's my responsibility.

And so, unless I'm willing to feel everything for myself, I can't really even feel that God's Love is a gift. It's only when I have that understanding of the lesson of humility that all of my feelings are my own, no one else, God, mum and dad, Jesus, no one else is going to actually feel them for me. And that that's part of my capacity and self-responsibility that I must develop. Only when I feel that, then do I feel God's Love is a gift. And it is something that can educate me further by receiving it about more of my sin, and if I engage repentance, God can help me with the causes, but even to engage repentance, I must reach the point where I'm willing to feel everything myself, and I want to.

It's interesting with prayer, through praying more, I've realised oh, a lot of my prayer is so sinful because it's actually wanting God to alleviate some of my feelings rather than educate me or just to receive love. And even when I was asking for love, I realised oh, I just think love is going to be the solution to my hard feeling and none of that is true. Does that make sense.

Participant Female:

Yes, it makes sense. And I think if you've got a feeling from your childhood of like, God I had to do everything on my own and it was so hard, and I had no help and then all of a sudden, you're like, there's this incredible being and you're like great, sign me up, but you're bypassing the original pain.

Jesus:

Correct.

Mary:
Yes, that's right.

Participant Female:
It was really helpful. Thanks guys.

Jesus:
Yes, perhaps we should mention at this point, what God's Love does for you as well, if you do receive it. Because it's important to understand that, to understand the mechanism that happens as a result of receiving love.

As we've already pointed out, to have a feeling that you would like or desire to have God's Love in your heart, you have to develop, obviously, a sincere longing or desire to receive it. And that's because God gave you, as Mary pointed out, the gift of free will, which says you're allowed to stop something or do it. You're allowed to make decisions, and your free will is very much based on your soul, and remember we said earlier that the soul, one of its primary functions is emotional. So, the expression of your free will is actually mostly emotional.

Your intellect is just responding in a lot of times to the emotion. A lot of the use of your free will revolves around how free you are, how loving your emotions are versus how unloving your emotions are. If you have unloving emotions, then you will exercise your free will, generally, in an unloving way. And if you have loving emotions, you will, generally, exercise your free will in a loving way.

It's all about the expression of your free will. So, firstly, God's teaching you, your free will, the will that God gave you, the capacity to make choices, decisions, and all of those things, that will is driven by your emotional condition. It's a very important thing to understand.

So, once we know that that's true, the free will is driven by our emotional condition, then obviously, we need to have some sensitivity to emotion in order to engage our free will properly, otherwise, we're just sort of like robots going, I have to do this, I'll do that, and I have to do this, I'll do that, rather than it being, I want to do this, I want to do that. The emotion will start driving us.

Now if the emotion drives us towards receiving God's Love, then of course, the emotion develops into a, you could call it a, passionate desire which we will define as a longing to receive God's Love. You can see that your free will is being exercised to feel emotions where you long for love.

That actually causes a connection with a conduit which I called the Holy Spirit in the 1st century. The reason why I called it the Holy Spirit was, God has lots of spirits. You could call His Spirit, His Energy. So, He has a happy spirit, so that's how He experiences all of His happiness. You could say He has a reflective spirit, a wise spirit, these are all - when I say spirits, what I mean is, energy, different types of energy coming from God. And even the operation of the conscience is a truthful spirit. It's an energy coming from God that interfaces with our soul that allows truth to be transmitted from God's Soul to ours.

And so, God's got all of these spirits and what I wanted to do in the 1st century was say, this is all of God's Energy, if you want to call, basically saying spirit is like energy, this is all God's Energies, of which, by the way, has an infinite number of, and there're all of these energies, but there's a special energy, which is just used for the transmission of His Love to the human soul, and so that's why I called it the Holy one, the best one if you like, you could say, the most precious one. Because it's the energy that God has and the connection that establishes this connection that allows God's Love which is very transformative to the human to actually change the human into a new creature. So, it's a very precious form of energy, the Holy Spirit.

And that Holy Spirit is activated by a passionate, desirous longing. Now that it's activated, now the love, now God's Love can flow into the human soul. That's what causes it to flow. There's an establishment of the connection and God's Love now starts to flow into the human as a result of that connection.

On the whiteboard:

1. Free will
2. Emotion
3. Passionate, desire, longing
4. Holy Spirit
5. God's Love flows into the human

Now God's Love doesn't change your sin, it causes you to be more sensitive to sin, but it doesn't get rid of your sin. Because in a lot of ways, your sin is the effect. We need to have a short discussion about the difference between cause and effect, right.

In a pure manner, you could say, there are some things that cause other things to occur, isn't there, so we could call them the causes of things. Now physically there's all sorts of things that we could use as a description of that. An example, a house gets built. That's the effect. What caused it? Substantially someone had a desire to do it, and then they decided to get all the resources together to do it, then they decided they have to use those resources in such a manner that you can make a house rather than a tent or a car or a mess, they had to put all the resources together in such a way, so there had to be planning, design, so you could say, all of those things are the causes, and then the effect was the house got built, that's the effect.

Now you could say that many of your sins are the effects or you could say much of your pain and suffering, so effect is pain and suffering of your sins. The cause of the pain and suffering is sin which is actually the desire to do things out of harmony with love that eventually will cause these effects (pain and suffering).

Now these effects are our creations, human creations, and they are created by another cause, which is also a human creation. Our desire to live out of harmony with the law, which is the primary cause of sin actually. So, you could say, in a way, sin has effects and causes, both of which were created by humans, not by God. By humans disobeying the law, or desiring to disobeying the law, the effect is pain and suffering, but that's caused by the desire to engage things out of harmony with law which is sin.

On the whiteboard:

Causes

Sin (human creation)

Effect

Pain & Suffering (our creation)

You can see that the sin itself can't be erased by God, right, we need to take responsibility for erasing it, but when we receive love, there's an interesting thing that happens and that is, the reasons why we wanted to sin, remember sin is the human creation, the desire of why we were motivated to sin, God can address. Because that comes from all different kinds of sources, and if you're humble, and you desire God to help you with these causes, then the causes can be eradicated.

So, driving the cause of sin is the desire to sin, obviously, but underlying that desire to sin, there are reasons why we choose to take actions that are out of harmony with love, and when you receive some of God's Love, you become more sensitive to them, you become open to getting rid of them, you desire to get rid of them, and that puts you into a place called repentance.

In a state of repentance, the cause of the sin, God's Love can help eradicate. Now the reason why you wanted to do the thing can be addressed, not the thing itself. The sin is the thing itself that you do, out of harmony with the law, the reason why you did it, can be now

addressed by God's Love entering the soul. So, the beauty of it also involving God is that you can get this additional help where, instead of having to work on the causes for centuries, you can actually ask for that love and that love, as it comes, will start addressing the causes without you having to deal with those causes yourself.

But in order for this to happen, you have to have an awakening that the cause exists. In other words, I can't be repentant for something I don't know anything about. I've got to know about it, I've got to be awakened to it in order to repent for it. And this is where most people get tripped up when it comes to receiving God's Love. They sort of want a magical pill that just says, take the pill, everything's cured. Rather than going, I have to first work out what I need cured before I can sincerely ask God for love to address that thing. That means I have to have an awakening before I can ask God about the thing.

Now the awakening process as we mentioned is right from awareness all the way through many steps until the point where we know what we're asking about. That's the thing that most people don't want to do. They want God to just magically go, abracadabra, you know, whatever, and boom and poof and bang, you're done, and it's all sorted. It's some magical fancy thing, and in fact, there's many people really attracted to that concept. The Christian abracadabra is Jesus' blood. Does that make sense?

Participant Female:

Yes.

Jesus:

In their philosophy, Jesus' blood is the magical thing that all you've got to do is believe in Jesus' blood and saving you and bang you're saved and then you don't have to deal with your sin. Imagine if that was actually true, that would mean that you would not have to be aware of any of your sins at all. Now if you're not aware of any way in which you sin, there's a high likelihood you're going to do it again

even if the sin is gone, right, if you're not aware. You need to become aware in order to not do something again, so it makes no logical sense to believe in that belief, and of course, it's not true, but we want to believe it.

In some New Age philosophy, reincarnation is the solution. So, what's that saying, if you don't rub out your sin from last time, you've got another chance to rub it out this time. It's just another philosophy teaching you that's there's a way, a sort of magical process, well it's not very magical, it's actually, if you think about it, it's quite sort of a dark process if you think about the whole concept of reincarnation because it's basically saying, if I don't get things right this time, next time my life is going to be worse, but unfortunately I can't remember what it was like last time as to what caused the next time so that's not very nice, and so it gets very confusing very fast if you go along that line. It's a very unloving belief, obviously.

But again, people would like to believe it, I've got the life I've got right now because I'm getting either rewarded or punished for something I did in the past. Of course, they don't know what that thing was, but I'm being rewarded or punished for it. So, if I've got a really loving life right now, it means I was really good in the past, isn't that wonderful. And if you've got a terrible life right now it's because you were bad in the past.

So, now when it comes to my responsibility to love you, I'm going, I don't need to love you because you did bad things in the past that you deserve what you got now. There's all this false belief that comes from that belief which is very opposite to wanting to become a more loving person in the moment. And so, God expects from us that we go through this process because we want to become more loving people, and that's the fundamental desire that should drive us as to why we would like to have God's Love in our life, because we want to be more loving people.

And that's more loving to self, but it's also more loving to others, more loving to the environment, more loving to God even, more loving to our children, more loving to our friends, more loving to our partner, that's what should be the thing driving us, right, but for most of us when we start asking for love it's just because we feel unloved. In other words, it's not a good motivation, it's actually a very selfish one. It's like, I've been unloved all my life, I want God to love me, not I've been unloving all my life and I need to learn how to love and God's Love can teach me which would be a far better motivation.

So, when God's Love comes, it can begin, if I'm repentant and I've addressed, I have found inside of me my sin, I've awakened to my sin, I can ask for forgiveness and God's Love can come, and actually in that process of repentance, it clears away the reason why I did the thing. So, the actual reason why I did it, which might be very hard to find, gets cleared away, and I won't do it anymore.

Participant Female:

Yes, and the awakening to our own selfishness is such a huge part of that, and not to like judge ourselves for it, I don't know, it's one thing I've learned a lot from you guys, is being called up on my selfishness, I didn't want to see. It's like so crucial to this whole process.

Jesus:

Yes, unfortunately, for most of us we feel so unloved in our life that we're sort of desperate to be loved which also, generally means we're not desperate to love. Unfortunately, it's very one-sided. For most of us, it's sort of like, I want Mary to love me, not I want to love Mary. The same with God, I want God to love me, I don't want to love God. I don't want to be a more loving person, I want to just avoid the feelings of being unloved actually, if you think about it.

If the purpose of us receiving God's Love is to avoid being unloved, given the fact of what we learned about the soul, and it's emotional and everything, and God designed it that way, can you see it's against

even the design of the soul for God to respond, so naturally, God doesn't.

What we see is that a lot of people are not receiving love because they are avoiding the feelings of being unloved, and they want God to make those feelings go away, and of course, that's avoiding emotion which is actually a selfish act. So, very important to bear that in mind.

But if you can remember this process (1. Free will, 2. Emotion, 3. Passionate, desire, longing, 4. Holy Spirit, 5. God's Love flows into the human) and then you can remember, okay, the beauty of this process is God's Love, if I'm repentant, which means I have to become awakened to the sin, if I'm awakened to my sin, and I feel like I want it to be corrected, now God's Love sort of can reach in your soul and take away the reason why you sinned in that particular way.

You have to acknowledge the sin and understand the sin, and to a large degree, also you'll start to understand why you did it even, in that place, but in terms with dealing with why, God's Love can deal with why and remove it, that's the beauty of the Divine Love process, like receiving God's Love because the people who don't do that have to take the sin out of themselves by themselves which people have done, but it takes many years generally to do.

Of course, God designed you to be perfect, so He didn't put sin there in the first place, that only in through human desires being out of harmony with God's Laws. We can all do it, but it's just whether how much - like, do you want help to do it or like - to my mind, it's far better getting help to do it than it is to just do it all by myself, and then after you've done it all yourself, you still won't have a relationship with God anyway.

And the relationship with God brings many, many other blessings other than just sin. Because remember when you progress, if you

think about your sin, sin is a temporary condition, right, (drawing the spheres on the whiteboard) these are all different gradients, you could call them, aren't they, of love, and the time when you become at-one with God in love is the transition into the 8th sphere, you can see that all of these places are different sort of gradients of love, right, so these are all God's definition of love. You can't enter the 2nd sphere unless you accept God's definition of love that's in the 2nd sphere. And you can't enter the 3rd unless you accept God's definition of love that's in the 3rd sphere, and by the way, all the spheres below the 6th, so from 5 down, were all created by humans.

God created the potentiality of them existing, but not the reality of them. Humans, by lowering their condition of love, created those spheres. They are areas of the spirit world, and every Earth, there're seven Earths, and every Earth has this gradient system of different areas or dimensional spaces that exist based on how much love you have so, every one of them as the same design.

Every one of them, the perfect natural man arrives here (6th sphere), so when you conceive a child, that's where it arrives. And when the child is born, generally it's here (4th or 5th) because it's already absorbing the parents' and society's sin, but it's still much better than where Earth is because Earth is actually here, half way up the 1st sphere, that's where most places on Earth actually exist, in terms of the spheres of love, in terms of the gradient of love. So, it's really a quite hellish condition on Earth because the 1st sphere contains the hells, and this is why we've got bad problems on Earth, because our condition of love is not good.

When you look at this, if you can get God's help to deal with the reason why you sin, as long as you recognise what or awaken to why you sinned yourself, then God's Love can help you deal with the reason why you sin in that particular way, but if you can't see that you're sinning in a particular way, there's nothing to sincerely pray about, there's nothing you can talk to with God about because you

don't know that you're even sinning yet, and so this is why it's very important to understand the process of receiving God's Love and what it does.

Now when you receive the love, now you can see that the reason why we might be say, in the 1st sphere condition might be, it will be because I've sinned, obviously, that's the primary reason, but the cause of why I sinned, the reason behind why I sinned, I may not know, but a person who has to progress without God's Love, they have to know what that cause was, and they have to correct it, and they have to repair it as well. They have to do those things.

A person who receives some of God's Love, you'll actually, through the process, firstly, you have to awaken, so you have to know how you sinned, but then what happens, is you receive some of God's Love, and not only does the love cause you to get rid of the reason why you sinned, but also it helps you take the proper corrective and repairing actions because you're now sensitive to what you need to do. So, it helps you do a lot of things that would otherwise would not be - you'd have to work out yourself to do otherwise.

Mary:

Jesus, I think where you were headed was...

Jesus:

...yes, I was headed somewhere (Laughter)

Mary:

You were, I knew where you were going. You were talking about longing for God's Love to try and alleviate our pain and I believe the point you were going to make is, not only does that not work, but once you've reached the 7th sphere and entered the 8th sphere, you no longer have any pain, but you're still longing for God's Love.

Jesus:

Because remember every sphere below the 6th, we should say, means you are sinning against humans in some way or another, and above the 6th to the 8th, you are sinning against God some way or the other. Does that make sense?

The perfect natural man is in the 6th sphere, so he's free of sin against humans, but below the 6th sphere you still have sins against people that need to be addressed. And between the 6th and the 7th you have sins against God that needs to be addressed, if you want to ever progress above the 7th sphere.

You can see that, as Mary pointed out there, this point (7th sphere) down is all about, not only just dealing with sin, but also dealing with desire, I suppose you could say. You have to do both. But above that point is just dealing with desire, growing a desire. Below that point it's sin and desire that needs to be addressed, but you can see your sin, after the 7th sphere to 8th sphere transition is gone. That means sin is temporary. It will dissipate.

Mary:

Jesus has been talking a lot. Not just today, but for six weeks. When we're alone together we don't talk at all now. (Laughter)

Jesus:

I've been talking for some times three or four days, and then Mary and I will talk together for three or four days.

Mary:

And sometimes we catch up with people and you talk some more, a lot of talking.

Jesus:

Okay, so you can see sin, temporary. And this is a very good thing to know that sin is temporary because dealing with it means that it's only a short-term proposition which is a good thing to know, right.

Mary:

It's getting started with the awakening that feels like the hardest part sometimes.

Jesus:

It is the hardest part. The hardest part is the awakening.

Participant Another Female:

So, if you've reached a point where you're in a state of suffering and you're still not aware of the sin that's causing it...

Jesus:

...what do you do, is that what you're asking?

Participant Female:

What do you do, yes.

Jesus:

A very good question actually. Let's look at how suffering comes about, shall we. So, are you talking now about mostly physical suffering.

Participant Female:

Yes, say you've got a particular suffering.

Jesus:

Yes, so a particular body problem, a particular thing happening that causes you physical distress, that kind of thing.

Participant Female:

And it's constant.

Jesus:

And it's constant, yes.

Participant Female:

Shall I tell you what it is?

Jesus:

Join the club, you know, I've had many constant things that have gone on for years and years and years. So, this is a common thing. We understand why it comes about, right. To undo a problem you need to understand how it got created. Makes sense, doesn't it.

So, let's look at the soul, you've got your half of the soul, male attraction too, I think.

Participant Female:

Yes, I think so.

Jesus:

Yes, okay, (drawing on whiteboard) here's your two bodies, spirit body, physical body, when sinful emotions exist in the soul, and remember the sin can come, not only from you, but it can also come from your forefathers, can't it, because you can absorb in the womb, in particular, you could say, emotions and beliefs that come from your parents are absorbed from the moment of incarnation and the moment of incarnation is the time of your conception. So, from that moment on, you're absorbing things, from the environment around you, you're experiencing things, and inside the womb is very interesting because your mother and father have a large degree of responsibility for what you feel when you're inside the womb.

So, if mum and dad are arguing and fighting constantly, you're going to feel that inside the womb. If they have belief systems that are out of harmony with love, out of harmony with God's Truth, you're going to absorb some of those belief systems. If they have emotions that

are like, feel bad about themselves, you know, they feel terrible about themselves, then you're going to absorb some of that emotionally as well. And this is all happening because inside of the womb, you haven't got the capacity to reject things yet.

You haven't learnt how to reject feelings, and you haven't learnt how to reject thoughts or beliefs yet, and so, in the womb it's a very sensitive time because you haven't learnt how to stop things from entering you so they sort of just come in at your all the time.

Now of course, that process means that inside of your soul, there are feelings that you have by the time you're born even, there're feelings that you have that are out of harmony with truth and love. Now you might not have yet sinned though, yourself, because your parents' sin has entered you, but you haven't acted upon it yet. You haven't learnt that you're allowed to act and do whatever you like yet. And in the first seven years of your life, you start learning that; you start learning, oh, I can take this action, I can take that action.

Unfortunately, some of the actions are going to be based upon the sin you've already imbibed from your parents, so unfortunately, you're going to choose sometimes, if you don't see what's going wrong which most people don't do until they're five or six, of course, the conscience is still working telling you, oh, like if you desire to lie, your conscience will bother you when you were a child, if you told a lie, but there's a tendency to ignore it because you want to lie because you want to get things and so forth, and so, there's a tendency then to act in a manner that's out of harmony with love based upon a mixture of the injury you received and your own desire as well so, two of them combined together and then you take actions.

So, in that place, you start sinning. In that sinning, that sin occurs in the soul and particularly, what it does it damages you on an emotional level, so what happens is, with sin, remember I said up here (pointing to the whiteboard) sin equals and things like that, if you look at what

sin is doing, sin is emotion entering you as emotion out of harmony with love. Shall we just call it unloving emotion, but what I mean by that is that it's out of harmony with God's Love, that emotion that now exists in your feeling state and that exists in your soul.

Now sin causes it, the sins of others cause it, and your own decisions cause it. There are a lot of different reasons why it's there. Now because that exists now as feelings in your soul, and many of these feelings are actually against love of you, and then there's feelings that are against love of others. You could say there're two types of feelings in a way.

There're ones that refer to your love of others, and there's one that refers to your love of self. There is also, of course, ones that refer to love of the environment, there're ones that refer to love of God. Can you see there're all different types of love that we may have, but if you look at this love of others versus love-of-self thing for a moment.

Whenever there is a sin that causes you to lack love for yourself, right, you'll start exhibiting emotional problems in your body because all of the energy flow now is against yourself. When you have sins that are a lack of love towards others, you will be influencing their bodies, not your own. Now God actually treats sins against love of others as worse than love of self even, because you're actually affecting someone else above or beyond their will. Whereas when you do a lack of love of self, you're willingly engaged in doing it to yourself.

Now because you're willingly engaged in sinning against yourself, there is going to be a net result where the emotions that would normally flow, freedom of emotion that normally would flow in the body that maintains the spirit body and the physical body, so it's in the soul and it maintains those two bodies, the energy pathways in these bodies will get damaged. The spirit body is the first one to get damaged, and so what happens is what you know or maybe have

heard of as chakras which are really just energy points in your body that cross over.

There are around about 192 energy points in a normal body, and when I say a normal body, I mean a spirit body that hasn't received God's Love, so just a normal human. In the spirit body of a person who has received God's Love there are far more, but ones that are just in the normal state, there are 192 points of crossovers, and every point generally crosses over in specific places, like organs of your body, different joints in your body, there are crossovers and so forth. And wherever you don't love yourself, your body, your spirit body first will start having energy breakdown, and so, you could say, the general flow of a problem is, firstly, emotion existing in the soul that is sinful emotion.

Mary:

Could we call that emotion, it's sort of sinful emotion or unloving emotion existing almost as truth, we've decided it's truthful, haven't we.

Jesus:

Of course, so let's just call it sinful emotions, shall we.

Mary:

We believe it's righteous in some way.

Jesus:

We believe it's the right thing to do, but from God's Perspective it's wrong. Of course, with most sin we wouldn't commit it unless we didn't believe it was right. Isn't that true. Like you wouldn't lie unless you thought it was a good thing to do. You wouldn't steal unless you thought it was a good thing to do. Most of us, the things we do wrong, we do because we think it's good, but these are emotions that are against God's Love so therefore, sinful in nature.

So, the sinful emotion gets now reflected into a breakdown of the energy systems so, its sinful energy, you could say, being imposed upon the bodies. It's a breakdown of how God designed the body to have its energy flow, the spirit body, in particular. That then causes, if we don't fix it, it then causes an energy breakdown, this is in the spirit body, energy breakdown first, physical body, energy breakdown in the physical body, so that starts causing physical problems.

It starts with pain, so the first part of it is pain, and then if it continues, it will turn into suffering. In other words, it's a pain that just goes on and on and on and on and on and just gets worse.

Participant Female:

But my pain is tinnitus in my left ear and it's not exactly painful.

Jesus:

No, but it's annoying.

Participant Female:

It's constant.

Jesus:

So, constant ringing in one ear.

Participant Female:

Yes, really high pitch ringing in one ear and it causes me...

Jesus:

...distress.

Participant Female:

...distress constantly.

Jesus:

That's right, left ear, right.

Participant Female:
Yes.

Jesus:
There is a reason for it. There's obviously sin going on, right. And what I'm saying is there is a sinful emotion that it begins with. Do you want to know what it is?

Participant Female:
Yes.

Jesus:
Yes. You don't want to listen to women. It's about your mum, not wanting to listen to your mum.

Participant Female:
Oh, okay. Yes, she is annoying.

Jesus:
Yes, she's annoying, right. (Laughter) But you feel you have to listen to her, so you keep putting yourself in a position where you are listening to her, and you really don't want to listen to her. You follow?

Participant Female:
Is that sinful.

Jesus:
It's very sinful, yes, but hard to get rid of the emotions sometimes. Okay, so that then causes an effect in your spirit body where you're not wanting to hear women, not wanting to hear women, and so this blocks up this area, on your left side, your side of the body that effects all your earing starts to be affected. And because it's a sin, you're not actually addressing your mother, and saying, you don't want to listen to her anymore, and you're not going to have a relationship with her anymore while she's still berating you and

putting you down and all these other things, right, and you feel you're wrong if you do all of that, but actually you'd be right to do all of that, but you feel you're wrong.

So, you're believing the sin is righteous, you think it's right to just put up with this constant stuff coming from your mum as an act of sort of loving her.

Mary:

In order for something to get to a physical issue, you have to have no awareness or awakening to the sin, emotionally, otherwise, it wouldn't manifest into a physical issue.

Jesus:

So, that says to me, you're not seeing that it's actually wrong to not have an argument with your mum. You think not having an argument with your mum and just putting up with her until she passes is a good thing. And it's not a good thing, not for her or for you actually. You need to have an argument with her and say, mum I'm sick and tired of this whole berating thing that goes on, this constant annoying process that goes on.

The problem with this particular problem is you're also attracting some spirits, women spirits, who like to berate you as well. Because you haven't deal with your mum, so you're also attracting them, and you don't want to hear them, so all you hear instead is this constant whining that goes on in your ear, but not intelligible, right, because it's just annoying all the time, and you're not feeling your annoyance about it or your frustration with women about it, and particularly with your mum and women like her.

So, there is the spirit body energy breakdown that occurs, the energy in your spirit body in this area (pointing to his ear) it gets affected, and then as that gets affected, you now have a physical problem coming. Initially it's just an energy problem which then gets worse

and worse and worse until it turns into a physical symptom. So, by the time you've got a physical symptom, there's already a lot that's been denied. Does that make sense to you?

Participant Female:

Yes.

Jesus:

So, it starts with that sinful emotion which is, I've got to keep listening to women that I don't want to listen to, which is really about not wanting to listen to your mum because she is annoying. So, that then turns into the breakdown of your spirit - you're actually controlling your own spirit body in a way to try to turn off your hearing towards women. It's a purposeful action taken because you don't want to deal with your mum in a more proactive manner. You don't want to have a fight with her, an argument with her, you don't want her to go, I don't want you in my life anymore because you feel you still need her.

And so, you're not going to have the conversation or the disagreement, so now you're going to have to shut yourself down, remember I said any love-of-self issue is going to cause an issue in your own body. You're prepared to shut down your own hearing rather than have an argument with your mother.

Participant Female:

Yes, I am.

Jesus:

That's the cause of the problem. Now you can see the sin is, if you're honest, if you were truthful, you would need to have the disagreement with your mother. You need to go, mum, you're overbearing, you're always at me, I'm sick of listening to you, it's really annoying being in your company and unless you change this mum, I don't want a bar of you, I don't want you in my life, I don't

want to put up with you, I don't want to be around you at all. Can you see that might trigger other feelings you have, right, of guilt and all sorts of other things, but that's what needs to happen if you want to cure this particular problem.

What you end up doing in that state and because it's aimed at a lack of love of self, there is going to be pain and suffering in your body, not in hers. She's going to feel fine, her hearing is fine, right. Your hearing is not fine, so you can see that when we lack love of self, and we're unwilling to act in harmony with what love-of-self demands, then we are going to affect our own bodies, and therefore, we'll have a breakdown of our own bodies in some way or another to the point where either they are constantly annoying and eventually can turn into pain and suffering and even death.

Like a person who has cancer dies from it, often times, and that's sort of an extreme example that a person would rather die than deal with what they're giving out to others. They would rather die than do it. So, they'd rather have an extreme lack of love of self than they would deal with other people in their life. So, every physical problem you exhibit in your body is a direct reflection of your lack of desire to love yourself.

Now I've had a lot of lack of love of self in my life, so I've had lots of physical problems in my body, lots and lots. And it's taken me many years, sometimes, to solve them, but everyone that I deal with, the actual cause, the physical problem goes away completely. Just in this trip, I was pretty much abused and attacked by spirits for seven days when we arrived in Belgium, I couldn't sleep at all. So, I had seven days without sleep or whatever. I eventually got into some emotions. I went through some emotions. I said to Mary, the next day I'm going to be better, and I was.

And then, not only was I better, but a lot of my bowel problems are now all different as a result. I had bowel removed when I was 18

months old, and all of those problems are starting to heal themselves now.

Mary:

And also, your lower back.

Jesus:

And my lower back too. Up until a few years ago, I was really struggling to stand up for a long time. On this trip, since Belgium, I've been fine standing up, I don't feel any pain at all the whole day. But these have all changed from just dealing with one thing that I was dealing with. I cried for six hours, so I dealt with the thing, and things have changed for my body. That's because before then, there was a lack of love of self about the issues which was all about accepting attack from other people and sort of believing it as well rather than feeling it was wrong, and so, lack of love-of-self cause those physical problems.

Now as I said, a lack of love of others causes a lot of physical problems generally for others because all of your energy is aimed at others, but from God's Perspective, the sin still exists in yourself, and people who have a lack of love of others, generally have a lot more difficulty dealing with it because they exhibit less problems towards themselves, so they sort of go; I'm healthy, so I don't have to deal with anything, that kind of thing. But the other person they're living with is getting more and more and more unhealthy, right.

Participant Female:

So, if you see in your children as they've got physical problems, you are probably the cause of those.

Jesus:

Highly likely, yes, shutting them down in some way, causing them to shut down themselves. Children are very sensitive to adults trying to shut them down emotionally, as you well know, right, when you were

children, you were very sensitive probably to adults trying to shut you down, so the more a child feels that it's being shut down emotionally, and the more it blames itself for that state, the more likely it is to exhibit physical problems. Of course, if it blames others, it's more likely to be free of physical problems.

Which isn't better by the way, is it, it's actually worse from God's Perspective, but it demonstrates in a way though, doesn't it, how important God feels love of self.

Participant Female:
Thank you.

Jesus:
Did that answer your question though.

Participant Female:
Yes, thank you.

Jesus:
So, the basic principle is, sinful emotions cause spirit body energy to dissipate, that causes physical body's energy to dissipate in the area where you the sinful emotion is affecting you, and then that will cause initially some pain or discomfort, and then eventually that turns into suffering if it continues a long period of time. So, by the time we're suffering, we're already in a lot of detunement and we're going to have to undo quite a lot.

So, in the case of you with your mum, you're in this pattern with your mum of just feeling like, I've just got to listen to her even though I don't want to do anything she says, right, that's how you feel, isn't it, pretty much. And so, it's sort of like, oh, I've got to put up with her, I've got to put up with her, if I love her, I've got to put up with her and all this kind of stuff, but it's not true.

Participant Female:

I feel like she is the only person who loves me.

Jesus:

Yes, not true. She doesn't love you at all actually. But you don't want to accept that or feel that and that's why you're prepared to deal with her unloving behaviour without saying anything. Does that make sense to you? And that's why you want to do it. And it's a sinful emotion, so it's going to cause you discomfort, and the same towards yourself. And you're doing it for a reason, to be loved, that's the reason because you think you're not going to be loved if you have a disagreement with your mum. You think that she'll change, and she might actually.

If she's so used to being critical and telling you what to do and just being generally bossy in your life, and she's very used to it, of course, when you stop her from doing it, she's going to be pretty upset. Can you see how you feel about addressing her. You don't want to, do you.

Mary:

This is what I was meaning, the simple emotion is – you've got to be holding it like very closely (demonstrating hugging and holding on to something very tightly), like something that you really treasure and it's going to be right for you. In order for you to get to the point of physical suffering.

Jesus:

There's a whole stream of events that have to happen to get to the point of physical suffering and it all begins with that emotion, and the intensity of which a person wants to hold on to the emotion will determine how long this goes on for (pain and suffering). You can feel in you, you do not want to have any confrontation with your mum. She won't love you if you do, and if she doesn't love you then, you've got no one loving you in your world is what you feel.

But that's not true, you've God who loves you, and you've got some spirit friends actually who love you, your guide, your guardian loves you, so you've got people who love you, just not necessarily people on Earth, but you are thinking your mum loves you, but how does a person love you if they keep on (using his hand to demonstrate nattering in his ear) at you, not respecting your will, so that's not...

Participant Female:

Yes, there're a lot of things I don't do because of fear of her disapproval.

Jesus:

That's right.

Participant Female:

I'd like to take my kids out of school, but I can't imagine that; she'd have a meltdown.

Jesus:

Yes, you do a lot of things because of her disapproval which is the reason why you don't really want to hear her anymore, but you still feel like you have to do the things, right. And it's that resistance that you feel about changing it, that's going to cause this to continue.

Participant Female:

And get even worse.

Jesus:

And get potentially even worse, yes. My father has the same problem in the same ear actually, left ear. He doesn't like listening to women.

Participant Female:

It's quite a common problem.

Jesus:

It's a very common problem. You can see why though, right, because most of us don't want to address issues with other people. We'd rather just put up with whatever we have to listen to from them without actually addressing them having a conflict. We think it's unloving to have a conflict or we think - most of the time, we don't even get that far, we feel that if we have a conflict, then they won't care for us in the future, they won't love us in the future.

The reality is, from God's Perspective, they're not loving us right now. If I have to have a conflict with Mary in order to resolve an issue of love, then that means she didn't love me right now. Does that make sense? And if Mary has to raise issues with me with regard to love, then it means I wasn't loving her right now. So, obviously, our resistance to dealing with anything is often because we just don't want to feel the unloved emotion, we just don't want to feel that.

Participant Female:

Could I start with that before I confront her.

Mary:

No.

Jesus:

Sorry.

Participant Female:

Can I start with feeling the unloved before I would have a...

Jesus:

Yes, it's not going to work that way. You've already done that for how many years? You already know you're unloved, and you already know that you can't speak up, you already know that your mum might disapprove of you if you do, you already know all that, so you already know you're not being loved. So, you, feeling about it, obviously,

hasn't happened yet. The fastest way to feel a certain feeling is to take an action, and then you'll feel the feeling.

Mary:

A truthful moral action. It's not about being nasty, it's about growing in your love of self. The other person might think you're being nasty, but that doesn't mean you are.

Jesus:

Mum, I can't put up with your crap anymore. Mum goes, what crap? You say, you always natter and natter and natter, you want me to do things, it feels like I've got to constantly earn your love, but I've also got to just sit there and listen to it the whole time I'm with you. I've got to sit there and listen to what you want me to do, what you think is right for me to do, and blah, blah, blah. I've got to listen to it the whole time and I'm sick of it.

Participant Female:

We don't talk that much anymore.

Jesus:

I know. Well, of course, you don't. You just put up with it, right.

Participant Female:

...and I don't answer.

Mary:

You're just further proving our points. (Laughter)

Jesus:

...proving our point the more you talk. Lack of love of self is always going to cause physical problems in your own body,

Mary:

It's funny how we fight for a lack of love of self, isn't it, in our sins.

Jesus:

Yes, because we think we're going to be unloved by someone else if we love ourselves. And also, a lot of us don't realise that actually, we don't want to love ourselves because if we love ourselves, we let everybody else off the hook for loving us. They don't need to love us anymore, and the beauty of that though, is that the people who do love you, will love you. It won't be because of whatever you do or say, they'll just love you because of you being you.

That's not what your experience is with your mum. She loves you in your mind because of what you agree with her about which is not the same as her actually loving you under all circumstances. (pointing to whiteboard) Love of self.

Participant Another Female:

Hi, thanks for being here.

Jesus:

It's a pleasure.

Participant Female:

I wanted to ask a question about the deconstruction process and there's all the list of things to become awakened to, all the addictions, there's like a big list, well, there is a list you were saying recently that there is a natural list. I started going through the first one, and I just realised there was a whole lot of things in the process that I thought or thought God thought and going through that, like in terms of creating - it's an addiction as you said to write things down but with the denial I feel like I need to have everything written down to work through because there's so many things to work through.

Jesus:

Yes. (Laughs)

Participant Female:

Like what did you do, did you have pages and pages of like ??
addiction you found the fear, and found the...

Jesus:

Yes, let's look at it practically, I suppose, of how it would work. Of course, when we first start this process, we usually start because there's a lot of pain and suffering in our own personal life. Remember this diagram here (flipping whiteboard over), we've got a lot of this (pain and suffering) in our life, and so we go, we want to change some things so, we start thinking along the lines of, oh, I want to change a few things in my life to reduce my pain and suffering, basically.

And so, at this stage we're not really in an awakening process, are we, we're just sort of going, in some ways it's a little selfish too, isn't it, because it's going, oh, I'm in pain so I need to change something. It's a good thing, by the way, to see that, but it's not the end result really in the long run, because the end result in the long run is, I want to be more loving is really the thing we're aiming for. But at this stage (pain and suffering), we're just sort of in this pain and suffering and when somebody tells us, oh, it's because of our sin, we go, oh, and then somebody sort of explains it to us as to how that's the case, and this happens all the time in the spirit world, by the way, every single person who's ever helped in the spirit world has this explained to them.

If you don't go through this process here, you'll through it there. Somebody will come along and explain what's going on in your life and the reason why you're in pain. And at some point, you'll need to make some decisions. So, at this stage (pain and suffering), somebody sort of explains it, so Jesus comes along into your life, explains it. And then you go, okay, I've got to find my sins, is the intellectual concept, isn't it, it's sort of like, in my mind I'm thinking, if the my sin is the cause of my pain and suffering and I'm being told

that, and I actually sort of think that that might be true, then I've got to go and find my sins.

So, what do we do? A lot of us get out our portable whiteboard, so notepad and we go, I need to make a list. Now the only problem with making a list, by the way, I must point out, is that you're making a list of all the things you know. You're not making a list yet; of all the things you don't know because it's impossible to make a list of things you don't know. So, you usually start by making a list of the things you know.

So, I know I didn't treat my hubby that good, so I sinned against my hubby (writing on whiteboard). And then you might go, what did I do, well, he was pretty much a mummy's boy and I got sick of it, and so I started yelling at him, and telling him to tidy up after himself, and I got really annoyed with him not picking up his clothes and having to make a meal for him every day, and sending him off to work with a lunchbox and all that jazz, you know.

So, I got sick of him doing that and I decided I'm going to force him into doing all that himself, but instead of being loving about it, and just saying, I'm not going to do it, you need to work out what you're going to do, I started getting angry because I just want him to realise what he was doing, so I start getting angry about him, so that was one of my sins, let's say. I started getting really angry with my husband.

And then we go, okay, I'm sick of doing my kid's lunchboxes, now that I think about it as well, and sending them off to school. And they're like 10 or 11, they can easily do it themselves, but again, I got pretty annoyed with them because they didn't want to do it and they always complained, and I really want them to do it voluntarily, I don't want them to complain all the time, so I'm sick of their complaints so, I'm angry with them too, kids, I'm angry (writing on whiteboard).

So, I start realising oh, there's a lot of anger in me. That's interesting, there's a lot of anger going on, I feel angry with my husband, angry with my kids, I'm feeling pretty annoyed with life generally, I don't get to do much of what I want, so number three, I've decided I'm going to go off to the spa and get my nails done and get my feet massaged, and this is because I'm loving myself, and I'm sick of them, they're not doing anything for me, I'm going to do some things for myself instead.

So, I go off there and then I start realising, oh, that's really because I'm angry too, because I'm just trying to avoid the fact that there a lot of things going on in my life where I'm doing things for others, and not much for myself.

But anyway, I start making a list, and I start recognising there are problems in my life, so that's a good thing. But the problem with it so far is that it's all just in my head, isn't it. It's sort of like, I'm not really feeling much of it, I just feel mostly annoyed, and I don't even really understand necessarily why I'm so annoyed, but I just feel annoyed.

When I thought when I was in my teens about having a husband and children, I'm quite happy about the idea, and I was quite happy about the idea of sending him off to work with a lunchbox and sending my kids off to school with a lunchbox, I was quite happy about it then. But now, 15 years later, now that I'm actually in the situation for 15 years, I'm going, this isn't very nice at all, to me in particular, it's not very nice.

So, I'm starting to recognise that actually there must be other things going wrong in my life as well, not just the fact that I'm angry with my husband, but I must be angry for reasons. There must be reasons going on, and a lot of this really about lack of love of self, right, so far in this list, where I'm not loving myself by doing these things for other people because, for a start, I don't want to do them, and the reality is, you're not loving other people either if you just don't want to do

something, but you continue doing it, like you're not loving them either.

So, you start seeing that you're quite upset and angry, so you start making a list. You get out your notebook and you go, here's one, here's another one, here's another one, five pages later, still making a list. Now I did do that at the beginning, that's exactly what I did. So, I got to about 20 pages of stuff and I'm going, that's a lot of sin, right, that's a lot of sin, and I'm going, what in the hell do I do about all of this. It's sort of like - it's like shocking when you start looking at it properly, and you start worrying. Then you've got to add worry to your list because you start doing that as well.

Fear about dealing with it, so you add that to your list as well, and it's sort of like, now you've got 25 pages and it's still going on, and it's all just very overwhelming at this stage, intellectually, it's even intellectually overwhelming, isn't it, like wow.

Now you could say that's the start of my awareness, can you see that. You could say, I'm making these lists of all the things that are happening. I'm starting to choose to become aware, my awareness is beginning in my mind, intellectually. So, that's not a bad thing, by the way, because before then I was completely unaware in every sense. Now, I've at least got some awareness, but what most of do then is very interesting.

What we do then after we've made this list that we've become aware of, is that we start trying to act differently. So, what we try to do is we go, I'm really angry about sending my hubby off to work with a lunchbox every day because it means I've got to get up when he gets up, and if he gets up at four, I'm getting up at four. I've got to prepare the meal as well, but it's his lunch so he probably should do it, but I'm saying to myself, but I've got to do it because a good wife does that and also, I don't go to work so I feel a bit of guilt that I

don't go to work, so I want to do it for him because he goes to work for both of us.

So, I get myself a bit tied up with the whole thing. And what I end up doing, is I end up going, well, all I need to do here is change some actions on my part to make it easier on me. So, one way we do that is buy some prepared meals, and just say shove it in the microwave when you get to work. Or we might say to our children, I'm not preparing your lunches anymore, here's 10 pounds, go and get your lunches every day. So, that's alleviated you from the feeling without addressing much at all. You've taken action, but no feelings changed.

Participant Female:

I was going to say, but also my partner works from home, and I home school my child, so they don't go away.

Mary:

And does that get annoying.

Participant Female:

Yes.

Jesus:

Yes, of course. So, here we are, we're in this state where we're trying to take a different action, but actually my feelings haven't changed very much and all I'm really doing is alleviating the result of my previous action by taking a new action. But the underlying emotional reason why I took the action I took is still not addressed. And the underlying reason why I feel about it, is still not addressed. So, now I'm taking action thinking I'm doing the right thing and changing, but I'm actually not changing. In my heart, my emotions are still the same.

Now if your focus of making a list is to access the emotions, then the list is purposeful. But if your reason for making a list, is because you

just want to change your behaviour, then this list is not going to help you. You follow?

Participant Female:

Yes.

Jesus:

If my focus of my list is to find the emotional reason why I do something, it has a good purpose. If the reason why I'm making a list is just to change my physical behaviour...

Mary:

...or to self-punish.

Jesus:

...or to self-punish, then this list is not working. It's not going to work for me. I will need to do something in addition. Now frequently, what we want to do is make a list, change our behaviour, and why do we do that? Why do we make a list - so we feel bad about what we do or what's happening in our life, so we make a list of what's bad in our life, and then we choose to change our behaviour. Why do we do that? Why do we choose to change our behaviour using our mind, rather than it be a natural process of growth where we remove emotional reasons why we behave the way we do. There's got to be something going on emotionally, isn't there, where we're very uncomfortable with dealing the emotions.

Participant Female:

It's an avoidance, isn't it.

Jesus:

Often times it's an avoidance, yes. It's often times the avoidance of the actual emotion, and so, what we do is we make the list, let's say this is a very rudimentary list, of course, if there's only three problems in your life, then you're doing pretty I think, but anyway.

So, you make the list and then you go, okay, my husband, I'm angry about making his meals so I'm just going to stop making meals. And I've seen women do this, right, very angry of course, stop making meals. Problem solved. (Laughter)

Participant Female:

Well, the emotions are still there, but...

Jesus:

Yes, the emotional reasons as why you were making meals for 15 years, what you were getting out of it, what the purpose of it was for you, the idea that you're giving love to people by making them less self-responsible for their own life, none of those things are addressed. All you've done is stop making meals, and that's stopped you being angry with your husband, but it actually hasn't stopped all the reasons why you were doing it which is the real problem.

You can see that by taking an action, I've actually sort of convinced myself that I've circumnavigated the problem, I've gotten around the problem, but actually the problem still is in my soul, so the feeling driving me doing it for 15 years prior is still in my soul. There's an error there. And also, by the way, the feeling driving him to expect it, is still in him as well because you've not talked about it, you've not addressed it with him as to why he even expects you to do that so, you've not actually addressed the problem.

You know what's going to happen then? Your anger will still build up in your soul and then, it's going to turn into, stop talking to him, stop having sex with him, stop intimacy in other words. It's going to just become worse and worse because the actual fundamental problem as to why something was done is still not addressed. And why the other person accepted it as loving is still not addressed either.

And the problem with doing that is you end up shutting yourself down more and more and more to avoid problems with a net result being,

eventually, it will be leave him, won't it, probably. Leave him, leave my life, find a lover, whatever.

Mary:

...start making his lunches. (Laughter)

Jesus:

Start making his lunches. Or find a lover that makes my lunch is what often happens. Like I'm sick of this and I'm never going to do it again, so I want the opposite now, which is still a sin, right. We end up making these changes intellectually which actually don't address the emotional state that's in error. If you're listing of things and you're writing down of things is helping you tune into the emotional reasons why you do things, well, that's great. But if your reason for making a list is to just take a whole series of actions which avoid the problem in the list, then your motive for the list is very much faulty; it's a sin in itself, actually.

Mary:

Another reason I've written lists is because sometimes I feel so afraid of the emotional content of the sin or how much it feels like it's a way of trying to get a sense of control. Okay, I'll deal with A, and then there will be B, and then it will be C, but actually in that process, I've gotten away from the overwhelm that I needed to go through which was actually fear of just opening up emotional to the issues. It's just about being sensitive to your motivations, isn't it.

Jesus:

Yes.

Participant Female:

But it's also, I think part of my thinking about it is wanting to get through the list and have completed the deconstruction process on each one, but because I'm worried my brain won't manage to remember where I'm at with each thing.

Mary:

And what I've come to understand is that your brain is very, very limited and a pretty weak tool in this whole process.

Jesus:

A pretty useless device, really.

Mary:

Yes, and it gets tricky, and it does all these things.

Jesus:

Your brain often is just responding to the emotional demand to continue the sin. So, unfortunately, your brain often is supporting your sin, rather than helping deconstruct it. The only way to deconstruct sin, is because all sin is emotional, you have to go through emotions, and this is what most people - by making a list to avoid the emotional process and there's a deep sense often of frustration about the emotional process. Like, how do I find the emotion. Well, this is going to require some sincere longing on your part to find them.

In the 1st century I said to everyone, "seek the truth, the truth will set you free". But you have to seek it and the only thing that is going to create freedom from your sin is you seeking the truth about it. And that requires a sincere desire to seek. In fact, God's made it that way.

Mary:

Jesus always used to say to me, trust the process that God has you in. If we go back to the start of the discussion about God's Laws, like God's Laws are working to help us in this awakening to sin process, so while the list, as Jesus said, could be helpful in some ways, if you're using the list to prevent just kind of going into this process with God where you're seeking for the sins to be pointed out to you emotionally, by the law, through your sincere attitude, and just allowing each new one to be exposed and dealt with as it comes up,

then the list is working against you. Do you sort of see what I mean there?

Often, we want to be in control of how it's going to go...

Jesus:
...emotionally.

Mary:
It's good to want to see all of our sins, but if we're using the list to go, right, I'm going to deal with mum issues these six months, and then dad issues after that, and then I'll look at the way I've treated my kids after that because that will be a lot clearer after I've done those two, it just doesn't work. I've tried; it doesn't work. And it's frustrating and you're like, no God, I'm on dad issues, (Laughter) why do you keep bringing me this stuff with the kids. I can't think about that now, I can't feel about that now.

Participant Female:
But I'm also really aware that the child issues because of my dad issues, but yes, obviously, humility is what it comes down to at the end, but while I'm with my child and he's talking at me, like I found it easier since I've started, I felt I started feeling a few years ago, I can do it when I'm really relaxed, just on my own in my room, but that's not cutting it anymore. I need to be with my child a lot, we need to go to groups, you know, home schooling there's so many - I need to deal with my fear of doing education badly so I can see God's Perspective on it as well, but yes, it's just prioritising, as you said, that time to feel, but yes, doing it with other people is something I really haven't got to.

Jesus:
Well, there's a lot involved with doing it with other people because there's embarrassment and shame and other things that happened in your childhood, where you were shamed when you cried, or made to

feel embarrassed when you cried, or made to feel embarrassed about having any emotion for the most part, and there is a lot of reasons why.

Participant Female:

My face looks quite gormless as well whenever my partner sees my face relaxing or feeling, he's, are you alright. But again, it's dealing with that shame of how I look to others.

Jesus:

Yes, but if you can just go back for a moment, the desire to feel, the true desire to feel will drive you into a state of feeling, not in an unloving driven manner, but it will lead you there. And I think we need to also, perhaps for the last few minutes, because it's near the end of our day, there's just a few things I'd like to say about God's process that He's got you through, and this applies to all of His Children. It's a very loving process that God has us going through, and if I can just say what it is.

Firstly, God is trying to share to you via the conscience, truth. The conscience is a part of your soul, so I'll just draw it as a complete soul, God's trying to share via the conscience truth with you. That's to help you, it's to help you become happier. When God can't share information by the conscience, He's also attempting to provide information to other souls who can share information with you. The first one of those is a guardian which is a spirit who has been assigned to help you with spiritual matters, only if you desire to progress with spiritual matters.

And also, has a guide that God's trying to help you with truth. And the guide's general thing is to try to protect you, so he's trying to help you with things like, if your relationship is potentially going to bring you harm, then your guide is going to be trying to share information with you about that as well, show you where that's happening.

Then God also created a whole heap of laws, the Law of Attraction, in particular, and the Law of Cause and Effect to help you come to terms with what's going on for you. So, that attracts events, and you will be faced with those events in order to help you deal with problems. If you think about it, the law is already exposing to you your next thing you need to deal with, if you're emotionally sensitive, you'll know straight away what that is.

Now anything that develops into a physical as we've already seen is indicative of a denied thing way, way back, emotionally. So, every physical problem you have is an attraction to help you see something's going on emotionally. But you've got all of these methods, and then on top of that, God is trying to influence people on Earth, so other souls on Earth who are face-to-face with you to talk with you so, you can be helped with some of your problems.

God's got all of these things going on all the time with every one of us, and how much influence that has upon us depends upon our openness to that influence, and that means it's dependent upon our sensitivity to the influence. The more aware we become, the more sensitive we become to the influence. So, we start seeing, oh, there's an indication, another problem, there's an indication, another issue, there's an indication, another issue, and of course, this is happening with all of the laws at any one time, but the thing that's going to have the most bearing on you is also, the most intense attraction.

What that means is whatever is in your face should be the first thing you deal with, you follow. If you just keep dealing with whatever is in your face right now, you'll be dealing with the next thing that God feels is the most important thing to deal with. This is what happens in the spirit world, most people are only helped on the next thing. They don't make great big lists, even though in front of most people, there is like a - Nero had hundreds of thousands of things on his list, literally, but God's Laws were just trying to help me deal with the next

biggest thing, the thing that was going to help him the most in the moment. Do you follow?

And so, if you allow the laws to work in the way they're intended to, you'll be able to see straight away what the next thing is, and then you need to be sincere about it, and start dealing with it. You can pray about it, you can also become aware of it, and then you've got to go through the process of awakening of it, but if you focus on the thing that is being brought to you constantly. In other words, if the thing causing you most distress in your life is your relationship with your children, then that's your next biggest thing. If the thing is causing you the most distress in your life is your relationship with your partner, that's the next biggest thing. If it's to do with what's going on at work, then that's the next biggest thing.

You just need to deal with the next biggest thing and then the next biggest thing after will come. Making a list means you want control of the next biggest thing. So, good luck with that (Laughter), you know, the control of the next biggest thing.

Mary:
I've tried.

Jesus:
Mary's tried that.

Mary:
It doesn't work.

Jesus:
I did it for a while until I recognised that God was always bringing me the next biggest thing anyway, and all I needed to do was focus on what I was attracting. the next biggest thing, and then I could work through it. Now there were times in that process where I've got to work through awareness through to awakening, and then I use a

notebook a lot actually. Like that helps me a lot to go, okay, the next biggest thing is this, what do I know about it already, what do I think I know about it, I pray about it, what do I think I know about it, I often write down a lot of things there, but I only focus on that, that next biggest thing.

So, at the moment, my next biggest thing is love of self, and that's why I need to finish now. (Laughter)

Applause.

Jesus:

Now just one head's up about tomorrow, we're going to start again at 11 o'clock, but we're going to introduce one additional topic to the conversation and that is the spirit influence that we're under with regard to sin so, we're going to introduce that to it. And what we may start to do tomorrow is start to a little bit of channelling trying to see how spirits are influencing some of the sins as well.

So, that way we get a more rounded view of the influences that are upon us, both on a physical level, but also on a spiritual level, on our spirit body and our physical body as a result of that. So, that's what we want to do tomorrow.

Linton, UK Day 2

Part 1 - August 25, 2024, at 1100

Linton, UK Day 2 Part 1

Jesus:

Mary and I haven't talked about what we're going to do today with each other, so Mary's a bit afraid of what I'm going to say today, but we'll see how we go.

I just want to say something though in terms of yesterday. Yesterday there was hardly any desire in most of you to look at your sin, hardly any desire at all. Now there's a number of reasons why that's the case, but I just want to highlight a few things today about what's going on, what was going on around you spiritually yesterday as well as what's going on for yourselves for many of you.

But one of the things I'd like to do first as a lead up to that is just talk a bit about God's Laws so that you understand them a bit better.

Now let's say that is the line of the law (drawing a vertical line on the whiteboard), that's the law. If you cross over one side of that law, so let's say this side of the law, the right side of this law is where you're in harmony with it. In other words, you're in harmony with love, and you're in harmony with the law. So, from God's Perspective, you stay that side of this line (right side), you're in harmony with love, and you're in harmony with law.

And in amongst that area, you can do anything you want, and you'll never be penalised. In fact, you will be rewarded. And it's interesting with regard to rewards because rewards are interesting because you have immediate rewards when you're loving, but you also have very long-term rewards. Some rewards, Mary and I are still benefiting from 2,000 years after we were loving. When you're loving, the rewards

continue often times forever, actually, in your life. So, that's a very interesting thing to remember with regard to rewards.

By living in harmony with love and law, God's made a universe that rewards you for that, and it rewards you, not only immediately, when you did the thing, but it also rewards you forever afterwards for doing that thing. So, that's a very loving provision, if you think about it, from God to do that.

So, we're in harmony with the law, so let's put on there (whiteboard), I'm harmonious here. I'm in harmony with love and law, and as a result I will be rewarded, and the rewards are both instant and on-going. And, by the way, that's even if I become unloving, the rewards for being loving before are still on-going. So, you're not punished because now you're unloving for the previous thing you were rewarded for, as long as you were even loving in the past, the reward will continue, even if you become unloving in the future.

So, this is a very interesting thing about the rewards provided for law. So, very important to understand the rewards. Here I am (drawing on whiteboard), living in this harmony with law. Of course, the problem is that a lot of times on Earth, there are a number of things that happen that cause me to get out of harmony with law. One, is that I could be ignorant of the law. So, I don't know where the line is, in other words, and so I accidentally cross it, because I didn't know where it was. So, that's one thing that can happen.

Another thing is that you can claim ignorance, but actually not be ignorant. An example of that is, you take an action, you know, often times in advance, whether that action will be loving or not, but you justify to yourself that it is loving, even when it's not. So, that's an example of now crossing the line, but now we can try to claim that we didn't know, but God's Law measures your sincerity, your truthfulness, and so God's Law knows whether you're doing it on purpose or if

you're doing it for selfish purposes or whether you're doing it just mistakenly because you didn't know, God's Laws measure all of that.

But it's not like human law, where you can drive along in the car, it says, we notice pretty much everybody in Europe pretty much drives 10-20 mph above the speed limit, it seems. So, in most countries, you can do this because nobody is going to catch up with you or you get caught up with very rarely, and so, you're driving along, you're speeding, and then if you get caught and pulled over, a lot of people will immediately go into a justification, like I needed to get there quicker, I wasn't really speeding, I didn't think I was doing that much, and a lot of these things, the police know, of course, that you're just lying. And very rare that a person is actually being truthful that they didn't actually know, right.

A lot of times we're engaging the process of breaking law, on purpose, but we're claiming to ourselves, and to others that it's not on purpose. We think it's a mistake, but not really. So, there's this law, and even doing something not on purpose, if it was truly in ignorance, you still cross the line, haven't you? Now from God's Perspective, this line is immovable, it is unable to be reasoned with, it's a law. It's like the Law of Gravity; you can't reason with it. It's just there, right, you break it, you're going to suffer the consequence. It's there, you're going to suffer consequence from breaking it.

Now when there's an intention, there're two laws you're now breaking, the law itself, it might be a physical law like the physical law of gravity, you're breaking that - let's say I fell off the stage here, I'm going to hurt myself probably, right, unless I catch myself somehow and land it, but I could hurt myself, potentially, even just such a small fall could kill you, actually, if you land wrong, and this is why Mary and I don't really like being on stages very much. It sort of feels, particularly, when we're close to them like this, it sort of feels like, a bit weird.

But if you think about it, if I purposely did that, or someone pushed me, you've broken not only the Law of Gravity, but also there's a law governing the intentional harm of yourself or others, and you've broken that as well. So, now there are two laws that have been broken. And one of them is just a physical law that effects your physical body, so that's the gravity one, and then, the other one is a law that affects you spiritually because of the lack of love, and that one has far more penalty on your soul than even the physical one has.

And so, most people don't realise that because there is a hierarchy of law, of course, that if you damage something physically, but there was no intention to do so, then there's less penalty than if you damaged it physically, and there was an intention to do so, because now you've broken more than one law, you've actually broken four different types of laws when you have an intention to do something versus no intention to do it.

You've broken a law physically, you've broken it emotionally, you've broken it spiritually, and you've also broken your laws governing your relationship with God as well. So, when you do something intentionally, you're actually breaking a lot of laws. When you do something mistakenly, like ignorance, then you're only breaking the law that is involved in the moment, but of course, ignorance is determined by the law itself, not by you. So, you can claim ignorance, but the law doesn't listen to your claims. There is no judge and jury that are just going to sit there and wait, and go, oh yeah, I think that's a valid reason for you breaking the law, and so, they let you break the law. It's not like that.

The law is broken, there is a penalty immediately, and God is not really involved even in the penalty with the exception that God set up the law in the first place. So, here we are, we're in this state where we can live in harmony with the law, and be rewarded, and the

rewards are immediate as well as permanent for my future, based on what I did in the past.

On the other hand, we can live in disharmony with the law. In other words, we labelled that yesterday, remember, the word, sin, we're sinning. We're in disharmony with the law. We're not living in harmony with love so, therefore, we're sinning.

Now we're in a state of actually, from the law's perspective, we're in a state of evil under certain circumstances. If it's a moral law, you're certainly in a state of evil. If it's a physical law, there's no evil attached to physical laws. But when anything is attached to a sexual, an emotional or a spiritual law, there is evil attached to it. So, you're actually in a state of evil except when you're breaking a physical law in this regard.

So, I need to list that (evil) as one of the problems or the problems that are associated with breaking a law. On top of that, you're now, you could say, you're lawless, you're attempting to be lawless, I should say, because it's just an illusion. Law is governing you and there's going to be a penalty for breaking it. And as I mentioned, sometimes breaking one law can result in penalties in lots of different areas of your life, and the more serious the law, the more the penalties are associated with it.

Remember yesterday, I drew a hierarchy, and I said the spiritual ones were the highest ones, and then the emotional ones were the next highest ones, and then the sexual ones were the next highest ones, and then the physical ones were the last in the hierarchy. Well, if you break a spiritual law, the penalties for breaking spiritual law are so extreme that you can just teach something falsely, that's false, and you can be in hell for hundreds of years because of it.

They are very, very serious. Because when you set yourself up as a teacher, unless you know for certain you are teaching the right thing,

the truth, and you can feel God's Approval for teaching that truth, unless that is happening, you are teaching an error and the problem with teaching an error is that many, many people will listen to you, and many, many people will make decisions based upon what they're hearing, and many people's lives will be influenced to such a degree that it causes many people extreme amounts of pain.

So, you break spiritual laws, you're in major trouble from the law's perspective. If you break a physical law, then there's just going to be an immediate consequence and that's the end of it. Now when I say that's the end of it, obviously, sometimes the consequence - like if I fell off this stage, broke my shoulder, then I'd probably feel my shoulder for the rest of my life, won't I. And I'll remember that, in this hall at Linton, I broke my shoulder, damn stage, I should have got off the stage. (Laughter) That would be the consequence, so I would have some long-term consequence in that I might have aches and pains as a result of having the break, but there's no penalty on my soul or my emotions or my spiritual condition once the law is just paid for like that, immediately.

But when it comes to anything sexual, which is actually to do with large amounts of emotion, usually tied to it as well, anything emotional and anything spiritual, there are very strong penalties, and this is what the average person on Earth does not want to face. They don't want to face that. And the average person on Earth doesn't even think that there are laws governing their emotions, and governing their spiritual way of life, and governing their sexuality, the average person on Earth wants to believe that they can just go along merrily doing their own thing, and everything will work out fine in the end, and this is why the majority of people on Earth arrive in the hells of the spirit world, not just in the 1st sphere, but in the lower parts of the 1st sphere, in darkness because they don't want to face that while they recognise there are physical laws, such as gravity, they completely deny that there's sexual, emotional and spiritual laws.

And as a result of that denial, they're often in complete disharmony with many of them, on purpose from the assessment of the law's position. Because if you choose to ignore something on purpose, from the law's position, it's the same as you choosing to do it. And this is something we need to keep in mind.

Now you can see that as I walk, you could say, towards this line (drawing on whiteboard), which is a line that is in rock, like it's not a line in sand. It's a firm line, and once I cross this barrier of the law's line, I am now assessed by the law as in disharmony. The extreme amounts in which I cross it, will determine how much disharmony. But once I cross that line, I am in disharmony with the law. I am sinning, there will be a penalty. It's guaranteed. It's non-negotiable, you can't negotiate with the law, not with God's.

And this is part of the problem we face, this human race, human laws, we get so used to negotiating with, completely ignoring all together, many of us. Most of us, in fact, in every country, most Western countries, there's literally volumes that would fill up a library of laws, and the majority of us don't even know what they are. Because there are so many laws that humans have made, and so we just go, well, I don't know what they are, so I'll just on my merry way, not trying to find out what they are, but I'll just do what I think is right.

Often not understanding that from that country's perspective, what you're doing is wrong. An example of that is, like we were talking to this guy who was English, on the plane, who was sitting next to us, and he was saying that in England you just made a law that if you don't send your child to school, I think it's for more than a week or something like that, he said.

Mary:
...just to school, isn't it.

Jesus:

Just don't send your child to school while in school hours, you get a fine now, in many places. He didn't know that, and he thought he could negotiate with it, and of course, they didn't negotiate and he finished up paying 240 pounds for his two child.

Mary:

...each child.

Jesus:

Each child, I think it was.

Mary:

...maybe both parents had to pay it actually, I think.

Jesus:

Sorry.

Mary:

I think they had to pay it four times, for each child, each parent.

Jesus:

Oh, yes, that's right, they penalised the parent with the same bill as the child, and you can understand why because the parent is responsible for the child's behaviour. Now a lot of people go, oh, that's a terrible law, but I can sort of understand why some countries are setting up laws like that because a lot of people we meet, do not send their children to school. And there're all sorts of reasons they give as to why they're not going to do it. But most of them are selfish reasons because of what they're going through themselves emotionally, and also, they're not thinking about the child, and thinking about the wide variety of experience the child needs to live a life, and also, the wide variety of opportunities the child has while it's at school to actually love others.

And so, the child learns that it doesn't have to love others when you take him out of school, it doesn't have to love others. Everyone is so focused on people loving me that they don't think you're giving your child an opportunity to love others. You understand. I learnt a lot about - I went to just a normal government-run school and I learnt a lot about loving others while I was at school, that my mum and dad wouldn't have taught me. My mum and dad didn't teach me, actually.

I learnt that if you be kind to people, generally, people respond positively. I learnt that if you're unkind to people, they generally respond negatively. I learnt a lot of things about love by going to school, besides the fact that I learnt about maths and science and other things that my parents had neither the skills, nor the energy, nor the opportunity, nor the time because they were so flat out working just to make ends meet, to teach me.

So, it was wonderful. I learnt a lot. By the time I was seven I was running my own businesses from, not from school, but from my home, and earning money and learning how to interact with other people, adults and children as well. And a lot of these opportunities wouldn't have been given to me if I didn't go to school.

Mary:

And also, you get exposure to different law, you realise, oh, mum and dad's law at home...

Jesus:

Mum and dad's law are like, those laws, but...

Mary:

...and then there's these other laws at school

Jesus:

...go to school and there's these other additional laws and you get some exposure to law, and you start working out too, whether some

of them are unkind or not, and then you can start making decisions about that. But see most people who take their children out of school want to protect their children from all of that, but what you're protecting them from is an education in love, actually, which you can do. You don't have to rely on the school to do it.

When the child comes home and says, oh, there was this bully today, you can educate the child about love and how to love the child, and forgive the bully for his actions, and for the parent to work through their emotions about the bully, and the parent to work through why they think their child is more important than the child that bullies their child, you know, there's all sorts of things, opportunities, you could say, that can teach you about love in these very, even negative situations.

Mary and I encounter many, many, many forms of attack, and all it does is it educates us further about love, and it also helps us progress. It just depends completely on your attitude, the attitude you take, right.

So, when we're living in harmony with law, we're in this place of being rewarded, when we go towards this line, and we cross the line of the law, we're now living in this place (disharmony, sin, evil, lawless, penalty). Now one thing I'd like to say is that there are many people who pass from this Earth, at the moment, there are around 20 billion spirits who are Earthbound, around the Earth. That means that every single one of you have on the average about three spirits who are Earthbound with you.

And they're with you for different reasons. Some of them are bullies, and they like to bully you. Some of them are power-trippers, and they like your power, and some of them are like sexually deviant, and they like your sexual deviance, and some of them are like, they want to just encourage you to do nothing for the rest of your life because they were forced into doing a whole of things, and they don't like that, and

they just want to live their life through you by you doing anything that they just decide to do.

Mary:

And some of them are bossy grandma's who want to tell you the way you should live.

Jesus:

Exactly, some of them are bossy grandma's and some are bossy dad's and some of them are bossy great grandpa's, so some of them are family members, in other words, who think they're looking after you and think they're protecting you, but they're actually not. And then some of them had nothing to do with you in your early phase of life, and they're not relatives or anything, but they're just attached to you because they like what you do or what you give them or what co-dependence you're in.

So, every time you live in this state (disharmony, sin, evil, lawless, penalty), you are encouraging spirits in co-dependence with you. You're encouraging them. You're encouraging dark spirits, now when I say dark spirits, many of them are just like normal mums and dads. You know, on Earth you would meet them in the street, and you'd go, oh, he's a normal person. He doesn't seem too attacking or anything, but he's become a spirit and he's worked out, now he can perve on every woman he wants to because he can now go to every woman's bathroom and check a woman's naked body out everywhere, and he can do it with impunity, so now he's saying, oh, I also want to get the rush of it so, I'll attach to a guy who also wants to and become a voyeur through the guy, and you get all these people who are just normal people on Earth, you think, but actually there's quite a lot of dark motivations in them and when they become spirits, they become even darker than they were on Earth because of what they feel are the possibilities of what they can do.

And so, in this state (disharmony, sin, evil, lawless, penalty, dark spirit), where you're breaking the law, another penalty is that you're attracting them, that's another penalty, that's another thing we're doing.

Now here, all yesterday, you had one big problem, most of you here had one big problem, not all, but most, and that is, you are in so much co-dependent with some of these spirits who are in a dark place, that they don't want you to get out of it, and you don't want to get out of it either. And so, Mary and I, being here, we're going, well, what's the point of being here if we've got a whole group of spirits who we can't even talk to because they are just in total co-dependence, we can't move them on for you because you're attracting them and the law, is acting in perfect harmony with your attraction, and then, on the other hand, you've got a group of people on Earth who don't want to change their sin. They don't want to look at their sin and change it.

So now, we're in a state where we come to help out, but really there's not a lot we can do because there's so much co-dependence. And this is the problem, is that most of us don't realise we're crossing the law all the time, we're getting all these negative results, and then we look back at our life and go, well, my life hasn't changed very much over the last 10 years, 15 years. Let's say you've heard Divine Truth for 10 years, how much has your life changed in that time.

It could be a very rapid change, it could be like, bang, bang, bang, bang, you know, like, new thing, new thing, new thing, new thing, deal with this emotion, deal with that emotion, new thing, new thing, better thing (snapping fingers), but what we actually notice is that often times people listen for 10 years or more, and barely any change. And that's because of this problem, this problem which is a dynamic, your relationship with God's Law and your desire to sin, and the dark spirit co-dependence that is present when you do this.

Now today, what's going to be our decision. It's sort of like, collectively, are we going to make a different decision because many - and we're not saying, some of you are power-type people, and some of you are sexualized, and some of you just like being bossed around because it means you don't have to make any decisions, and others of you like be bossy because you like to make other people's decisions for them, and all of these things (disharmony, sin, evil, lawless, penalty) create an attraction with spirits who are now also influencing you in your day-to-day life.

And remember yesterday we said, unless you awaken to the sin, a relationship with God is not possible. And remember we also said, the first step of awakening was, awareness. And most of you are not even aware that this is happening in your day-to-day life, don't want to be aware, don't want to be aware in your day-to-day life. And, of course, these spirits (dark) around you, they don't want you to be aware. They know what they're doing often times, although that's not strictly always true because they're just engaging their addiction with you, just like you're engaging your addiction with them without there being much awareness. So, even then, many of them don't really know, they know they're attached to you, but they think they're doing you a favour. They think that everything's going great, and why would you want to give that up.

One of the biggest reasons why Mary and I have been attacked in England is because the spirits that we've met so far in England, don't want to give up co-dependent addiction with people on Earth, and they realise that Mary and I are going to talk about that, and they don't want us to talk about that, right.

Mary:

So, let's talk about it. (Laughter)

Jesus:

In other countries, like in Belgium, there was a group of spirits involved in world domination and power that were attacking us. In Austria, it was a different group of spirits who were more involved in what you would call, they had harsh treatment from their history in Austria, and they now just want to get the maximum out of every person on Earth as a result of that harsh treatment.

In Portugal, most of the spirits were broken into two areas, one was a group of Buddhists spirits, and then the other was a group of sexualized spirits who just were teasing up everybody's sexual interactions and being involved in all of their sexual activity, and that were the two groups there.

And here, it's more variety than that, but the main problem is the fact that you want to sin, and then they like you sinning and they want you to keep sinning, and both you and they are not aware of what's actually happening.

Now remember I said here, on the harmony side (harmony, love, law, rewarded), you get rewarded, not only instantly for being in love, but also in the long-term, well, it's interesting on this side (disharmony), what happens with regard to sin. You get penalised immediately, but what do you think happens in the long-term?

It's an interesting question, isn't it. So, here you get rewarded in the long-term for the loving action; here, you get penalised immediately, but what happens in the long-term. Do you want to have a stab.

Participant Female:

Like more addictions, or like to do that regularly, you get more addiction.

Jesus:

Obviously, while you're staying in the sin, you are committing the sin every day, aren't you, so everyone that you commit, there is going to be a penalty, right, so that is definitely going to occur, the penalty. But what I'm asking is, let's say you stop that sin, what happens now?

Participant Female:

The dark spirit tries to pull you back maybe, or like to...

Jesus:

The law, itself, let's firstly look at the law, what happens is the law, itself, no longer penalises you, but you must be corrected for why you did the thing. So, there is a correction that has to occur. Obviously, if you do the right thing, there is no correction needed. It makes sense, doesn't it. But if you do the wrong thing, correction is required, and reparation is required. Remember we said that yesterday, repairing the damage of the sin.

So, we sin, now we're not sinning, but part of the penalty of the sin is not just the penalty with regard to what happens on our soul, but it's also now this and this (correction, reparation) will be demanded from me. These two additional things that I didn't need to do when I was here (in harmony) because there was no need for them when I'm here, they are now required from me. You follow?

Jesus:

So, these two things here (correction, reparation), while they are good things, you could avoid them all together if you just lived here, in this space of living in harmony with the law. But because we're living in disharmony with the law, these two good things (correction, reparation), they're good things that are required from us, but they're now definitely required from you. So, even if you stop the sin, you need to now be corrected as to why you engaged the sin in the first place, and you also need to repair all the damage you did to the extent you can possibly repair it as well.

Then on top of that, sin in itself creates an atmosphere around it. This atmosphere draws people who are also sinful to you. So, when you try to stop your sin, you are surrounded by people who want to keep you sinning in the same way you were. So, not only are you now going to be faced with correction, reparation, and the penalty of the sin on your soul, but now you're also going to be in a conflict with the dark spirits you attracted when you were sinning. Because they want you to stay there, and if you want to get out, there's going to be a conflict, there're going to be things they'll try to do to you to get you back into the sin because they want you in the sin.

You'll see, when you're a spirit, it's a lot easier to keep somebody in a place than it is when they get out of a place. So, they want to keep you here (disharmony) rather than let you get to here (harmony). Because if they let you get to here, you won't sin anymore, and then they've got to go and find somebody else who's going to do that sin for them.

If you can stay in harmony with love and law, the spirits, the dark spirits just give up, aside from attacking you like through third parties, it's very rare that they will attack you directly, and if they do attack you directly, it will be because of something you do, and you'll recognise it straight away, and you'd go, I'm doing a good thing, I've got to do that more.

Participant Male:

When you're talking about living in harmony with love on the right-hand side, are you meaning you've had an emotional shift and you just automatically living in harmony with love or you've had an awareness, and you just intellectually stop doing some of the sin.

Jesus:

Either one.

Participant Male:
Okay.

Jesus:

Of course, if you live emotionally in harmony with love, then of course, it means that there is no sin inside of you that needs to be corrected. If you're living intellectually in harmony with love, but not emotionally, then there is still a sin inside of you that needs to be corrected. Because the sin exists inside of the soul, not inside your mind. You understand.

The mind takes actions that are based upon the soul's desires, so the sin is existing in the soul. So, you can actually, and this is how people on the Natural Love Path progress, is they realise, oh, I'm doing the wrong thing, I feel like doing it, but I'm doing the wrong thing, I've got to stop. So, they stop. They stop doing it, and from that time on, they'll be rewarded, not as great rewards yet because they still have a desire to do it that's in their soul.

But what will happen is once they stop, they'll feel the desire to do the evil thing, and then, they'll have to go through emotions to let go of the reasons why they want to do that thing, and eventually those emotions will mean that they won't have a desire to do that thing anymore.

Participant Male:

So, I did that with alcohol, I drank every night for 10 years, lived and worked in bars. Initially giving up alcohol, I did the intellectual, so I'd have the hangovers.

Jesus:

Yes, do you still serve people alcohol.

Participant Male:

Do I now, oh, no.

Jesus:

So, you changed your job even.

Participant Male:

I changed my whole life.

Jesus:

Right, yes.

Participant Male:

In the beginning it was intellectual, I stopped drinking, but I still wanted it. I had the feeling of wanting to drink and I was in the beginning, I could easily be influenced to have a drink, and then over time, I went through, I was coming across Divine Truth, I must have gone through some emotion, I don't know what, but now alcohol feels like poison. I don't even think about it.

Jesus:

Just smelling it feels like poison.

Mary:

And often with alcohol you do you have spirits around you, and so when you make that - the same thing happened for me with alcohol, I sort of decided I'm not going to drink, and for about two years, I still had that feeling, like I'd come home from work, I wanted a glass of wine, kind of a feeling, and then I literally felt some spirits who had been around me, leave me, because they're like she's never going to do it again, it's pointless, and then I just didn't crave alcohol anymore.

Jesus:

So, it takes time to get rid of the atmosphere.

Participant Male:

Yes, so I haven't drunk alcohol now for 10 years, and I feel there is no desire, but then with these sexual injuries, so what I'm trying to do is apply that same principle to how I gave up alcohol to the sexual sin.

Jesus:

Well, the way you gave up alcohol wasn't God's Way, it was this way where you had correction.

Mary:

And it's a lot harder to do this way,

Jesus:

It's a lot harder to do it that way.

Mary:

It's a lot harder, what you - like, alcohol is literally a physical substance that you ingest, and you have emotional reasons for wanting it, it has a physiological effect that you emotionally crave, but when it comes to sexual issues, it's like Jesus was saying, there's much more emotional content.

Jesus:

And spiritual issues too and emotional issues.

Mary:

What I found with alcohol, it was the suppression of most emotion, but when you get into things like sexual injuries, here you have specific emotions that are driving issues about worth, and about power, and all of these things, and it's much harder to make, even, I'm sure you're finding, this intellectual shift, than an emotional one.

Jesus:

So, often a spirit in your place with the sexual injuries you have, Perry, will take 200 years to sort it out in the spirit world, just that one sexual stuff. Of course, on the Divine Love Path, it doesn't have

to be like that because you could be recognising the sin, wanting to repent for it, and then once you want to repent for it, the law measures your repentance, and when you pray to God for forgiveness, remember the cause or the reason as to why you want to do that sin is taken away. So, it can be one year or less, six months, and it's dealt with, right.

Participant Male:
Right.

Jesus:
Compared to a couple of hundred years, right. So, the average person with that addiction, and by the way, most men on the planet have these addictions with sex, the average person in the spirit world takes around 200 to 400 years to deal with that one addiction, by themselves. They have to go through a lot of different things in order to sort it out. The average person who progresses with God's Way, takes less than 10 years.

Participant Male:
Okay.

Jesus:
Obviously, God's Way is faster.

Mary:
More economical.

Jesus:
More economical, but it requires a sincere feeling, remember prayer, sincere, truthful desire for God's Love, and also to repent for the thing you're doing, recognising the full destruction of what you're trying to do.

Participant Male:

Yes, which I haven't done yet.

Jesus:

Which you haven't done yet, yes. So, naturally God's Love can't flow to you under those circumstances. It can only flow once you've had the awakening, and the awakening has not fully occurred yet. You have some awareness that, you know, the top level, the very first step of awakening, but there's still quite a lot of strong desires to do it.

Participant Male:

There is. I took some actions on the awareness, in terms of education, like reading books or...

Jesus:

Yes, which is good.

Participant Male:

Yes.

Jesus:

So, I'm not saying, don't do that.

Participant Male:

Yes, like the enmeshment, like a lot of counsellors who talk about the - well, you, yourself, talked about me quite extensively about the relationship with my mum.

Jesus:

Relationship with mum, yes.

Participant Male:

So, intellectually...

Jesus:

But see, sexual injuries are very interesting because often times, they're set up through a relationship with the opposite gender parent in your childhood before you're seven years of age. But you don't develop sexually until you're 12, 13, 14, 15, 16, you know, in your teenage puberty years, and then those sexual feelings start getting mixed up with the enmeshment, emotional enmeshment that you have with the parent. And as a result of that, there's really two blocks of problems, not just one.

One is the enmeshment, and then the other is the justification to use sex as a way to continue the enmeshment. And so, you've really got more problems than just the enmeshment, there's also the underlying justification to do the thing.

Participant Male:
To act on the sin.

Jesus:
Yes, because obviously, God designed your body so that when you are in a sexual situation, you feel some pleasure, and so what you end up doing in your puberty years, is you start joining pleasure with the enmeshment with the opposite gender parent. So now, there's all this complex stuff starting to happen through sexual development where you start getting enmeshed with, not only with your mum, of course, it's already happened in your childhood, but now you're using sex to get the same senses and feelings that you got from your mum, which is more intense than the feelings your got from your mum because there was no sex involved.

Participant Male:
Physical sex you mean.

Jesus:
Yes, no physical sex.

Participant Male:

I felt like with my mum, it was very strong from a very young age.

Participant Male:

I agree, but can you see - and this is something we find with every discussion we have generally with every person's sin, already you're blaming your mum, here (pointing to his heart).

Participant Male:

For my sin, yes.

Jesus:

Yes, in your heart, you're blaming your mum, and this is one reason why awakening hasn't occurred. Because in your heart, you're going, but my mum set this up and my mum set that up. So, what, it's in you now.

Participant Male:

Got it.

Jesus:

Like, forget about your mum for a moment, like in the sense of, yes, you need to sort out awareness, and reading up about these things helps with awareness, but at the end of the day, it doesn't lead to repentance. What happens for most people is, read up, read up, examine, investigate, and then they realise oh, lots of other people are to blame for my sin, and then they go, isn't that pleasant. I can now blame all those people for my sin and get away with sinning more rather than seeing it as my sin. You understand.

Participant Male:

Yes, I understand.

Jesus:

And this is something you have done, right, it's sort of like - there's this sort of feeling - once we say the truth, which is, yes, your parents have a degree of responsibility associated with what you have chosen to do with your life, and it's only a degree of responsibility, by the way. In the [2016 Assistance Group](#) (AG), (Understanding God's Loving Laws – 31 videos) where we talked about law, we talked about the responsibility and where the law assigns responsibility, and my suggestion is to listen to those, they're all videos that are all up on our site, so if you look under downloads, events, 2016, you'll see a long list of stuff all about law, and the last presentations were in I think November, December, or October, November or something, and they're all about God's Loving Laws, the principles behind God's Loving Laws.

But in that, we talked about things like, who's responsible for what. And it was really interesting when we did the presentation because there was a whole group of people there and we said, who thinks that your parents are mostly to blame for what's happening to you now, and everybody pretty much put their hand up. And, in fact, some people wanted to argue about it for a long time, and we were saying, no, there're only partially assigned responsibility because for the most part, we see the results, and yet we don't fix them.

An issue with regard to sexual immorality is this, we see the damage it does to other people, we do. It's like the very first person you cheated on or the first person that you harmed sexually, or the very first person that you engaged in a power way, you know, which is often common for men with women, they were harmed by it, and they felt that harmed and they often expressed it even. And yet, we just ignored it and went on to the next one.

So, this is what we do, the law is giving us feedback all the time that we're sinning, and we're going, no, I'm okay, I'm okay, I'm okay, because it's me, I'm allowed to get away with it. If it was somebody else, if Mary did it, then, oh, end of world (Laughs), but if I cheat on

Mary, then I'm allowed to get away with it, I've got my reasons. And this is the general way we see things, right.

With regard to something like sexual injury, sexual sin, there's a lot of complex spiritual and emotional reasons why we engage it, including the biggest reason which is, I'm allowed to because it feels good. Simple as that. And for most of us, that's enough of a reason to do something, because it feels good.

So, this relationship that most of us have is we're desensitising to pain, desensitising to pain, more and more and more, and in particular, we don't see the pain in others that we're causing. Because remember most of our sins are, what we've done harming others, right, that's where most of our sins are.

Participant Male:

My problem is growing that desire to feel how God feels about this sin.

Jesus:

And how He feels about your harm of others, your harm of women as well.

Participant Male:

Yes, I'm quite resistant to that.

Jesus:

All you're really just looking at is your harm of self, and even then, you're not that convinced that you're really harming yourself because you feel like, it feels good. It doesn't feel like its harmful, it feels good. So, you know, most of the time we're not very convinced that it's harmful, even to self.

Of course, we often also, don't see these (dark spirits), gathering around us, motivating us. We don't see the cloud of darkness that

we're carrying around with us, with our sins. And it is a cloud, there is an emotional cloud that surrounds you when you sin, that's your own emotion, and there's all sorts of colours to it, and spirits are attracted to those colours who also want to sin in the same way, and they get attracted to it all, and so you end up with a sort of cloud of your feelings along with the feelings of spirits all combining to cause this cloud. And we don't see any of that, of course, because we only see through this physical body we have, right, and that's all we see. We only see what we think is real, not what's actually real.

Mary:

But even, often if we sense those kinds of spirits around us, often in our sin, we think oh, these are good guys, they're helping me.

Jesus:

They helping you set up relationships. They helping you set up sex with girls, they're like a, what is it nowadays that we have, websites and everything that set up...

Mary:

...a dating site, a dating service.

Jesus:

Not dating sites, they're more sex sites, aren't they, what are they called? (Audience calling out answer) Kinder...

Mary:

No, Tinder, babe. (Laughter)

Jesus:

Tinder, sorry. Kinder that would be pretty bad.

Mary:

That would be bad.

Jesus:

Tinder, okay, so it's like - you can see I don't sort of keep up with those things. These spirits are like Tinder, they're on the lookout, on the lookout, on the lookout, causing you to look at specific people who will give you the satisfaction of your addiction, causing you to find them, causing you to be attracted to them, causing you to talk to them, causing you to interact with them.

Mary:

Know what to say, where to be.

Jesus:

Know what to say to them, and everything to set up the relationship. We've even, I think we've even done some channelling of some of those spirits, when we were in Brazil, wasn't it, there were a whole group of spirits who came to check us out, it was full on there with regard to this sexual stuff. And we talked to a group of spirits who just, that's all they did all the time, just set up relationships that they could then take part in, basically, they're having threesomes or foursomes or whatever with the people who are having sex on Earth.

Participant Male:

Yes, can I alleviate that cloud of spirits by becoming aware of them and not doing what they prompt me, does that help?

Jesus:

You will not alleviate them until your condition changes in your emotional state and get to the state where you don't want that anymore.

Participant Male:

Okay, so the complete awareness, at the complete awakening, is that when they will stop.

Jesus:

Yes, until then, they're going to fight for their position. And they're going to fight, like fight for their position.

Mary:

And also, they can see, it's like the alcohol example I gave where the spirits had to see that I wasn't ever going to do it anymore. When you haven't shifted in your emotional condition, they're like, oh, Perry's up for this.

Jesus:

We can manoeuvre him there, we can say, oh, she's your soulmate, and all sorts of new beliefs you get from different spiritual pursuits, they can say, oh, they're your soulmate, or you could say, what are the other ones, where they go, oh, they're my flame or whatever, and all sorts of things as to what they would do. They don't care if you learn about Divine Truth, as long as you don't apply it.

Mary:

Yes, and most of the spirits with you guys, feel exactly the same way. They're like yeah, listen, listen, whatever, but as long as you don't apply it.

Jesus:

Yes, as long as you walk away from here in the same state you came, and with very little worry about what's going on in terms of your life, they're happy. One of the reasons why they weren't so happy with us is because they're worried that after walking away today, you might be not as happy and therefore, start considering and that's why they go, yeah, let's attack the people who might share that truth with you first (referring to Mary and himself), to try to stop them from doing it. So, they've tried to do that, keep us away, attack us, make sure we don't get any sleep, noises that would not normally be there, you know, and make sure that we just feel tired all the time, and make sure we feel exhausted, and eventually, even trying to make us feel like everything is hopeless even.

Mary:
Yes.

Jesus:
Trying to do that, just to stop us from sharing the truth, and then, of course, if the truth isn't shared, then you'll never know, and if you never know, then they keep on doing what they're doing.

Participant Male:
Yes, I had an extremely sleepless night last night. Fire alarms were going to off in the hotel, I almost didn't want to ask more questions today because I was tired.

Jesus:
Yes, that's right, and we've had like a lot of people - with this particular event, we had 79 people booked, 53 rocked up.

Mary:
And we had over 80 actually booked in, some people cancelled in the last few days before, and then 20 or so people didn't show up yesterday.

Jesus:
Twenty-six.

Mary:
And it's the same today.

Participant Male:
So, I think some education, maybe would be to then for me to look at the reasons, growing that sincerity, like you mentioned yesterday to become awaken to that sin, there must be emotions blocking me from taking that step.

Mary:

Well, Jesus already told you.

Jesus:

To be honest with you, there're bigger things you need to become aware of first. The biggest thing you need to become aware of is this law is not going to move, and you don't appreciate that yet. It's not going to move, God's not negotiable on it, and as soon as you cross the line, this is the result. You need to first become aware of that. Because if you don't become aware of that, you will have no motivation to become aware of what's going on. Do you understand.

A lot of you think, oh, just tell me a bit of feedback about my personal circumstance. And I'm going, I've already given you feedback about your personal circumstance, there's a principle involved in your personal circumstance. The principle is, you live this side of the law, that's the result (harmony, love, law, rewarded); you live this side of the law, that's the result (disharmony, sin, evil, lawless, penalty, dark spirits).

Now when you get that principle, really emotionally get it, in your heart, you will start looking for your sins, and you won't need another person to look for them for you or tell you what they are. You will want to look for them, because you know every sin is going to cause pain and suffering. Every sin is going to have a penalty. Every sin attracts these spirits around me, and I don't want that anymore in my life.

In other words, you start seeing your problems from a big picture perspective. Instead of going, oh, but I've got this little niggle in my hip, can you tell me what that's about. And I've got this problem, and I've got this sort of sexual addiction, can you tell me what that's about. You don't do that anymore because you know, I want to know everything, not just one thing, not just the one thing that bothers me right now. I want to know everything going on, and once I [understand the principles](#) and this is why in the 2016 AG, we wanted

to focus the teaching of principles because if you teach a person the principle, they can apply that principle to every problem they face, and that is good if they do that.

The key thing here is to go, okay, here I am, I can live in this state (harmony). If I live in this state, I will have large rewards for living in this state, not only now but in my future. If I live in this state (disharmony), I'm going to have all of these problems as well as the additional things that I'm going to have to do which are correction and reparation. I'm going to have to do them too, as well as living in this state.

Now I know what I would prefer for myself, the major problem is for most people listening to Divine Truth is this, they don't believe that. They don't believe any of that. Even those of you who've been listening for years and years don't believe that because we still see you continuing the same sin. We still see you engaging the same problems, so you don't believe it yet, not here, not in your heart.

Participant Male:

I've done a process where I've gone, right, that's it, I don't want to engage this no more, it's messing my life up, so much pain, and I can see how in the past, and I'm aware of like, if I carry this on, it's not going to be looking good. But then the feeling...

Jesus:

Can you hear what you're saying. You're only seeing your own pain, nobody else's.

Participant Male:

Sure, yes.

Jesus:

Nobody else's. Your sins are about the pain you cause others, in particular, so you're not even seeing that yet, at all. Remember here,

in this place (disharmony), you're lawless, you're evil, you cause damage, not just to you. It's to other people as well, and this is what we don't look at. We don't see the damage we're causing to other people.

A simple example, I'm smoking marijuana, no harm in it, it's my body, I'm allowed to choose to do what I want, it's a medicine, what did they call it in Portugal?

Mary:

The plant medicine, which I think is hilarious.

Jesus:

Plant medicine. God created plants, I can take them as medicine, that's the general idea, right. But actually, there's a whole - because it's illegal in many countries, there's a whole dark side to the whole thing where people are dying to supply it. They getting killed to supply it. There're people in jail who have terrible lives because they supplied it. So, you're not thinking of any of those, right, you're just thinking, oh, it is plant medicine, we should be able to take it so, firstly that.

Secondly, there's a whole heap of dark spirits who like you taking it. The more you take it, the more chances there are you're going to become psychotic at some point in your future, actually, because there's going to be more and more and more and more dark spirits involved in the process. So, that's part of the penalty actually of doing it.

So, I'm avoiding all of my emotions, and there's a soul-based law that says, you shouldn't do that, by the way, and also, spiritually I'm justifying behaviour that is changing the flow of energy in my spiritual body which naturally is going to have physical consequences on my physical body as well, and I'm not seeing any of that. In the end,

there's actually a potential even, that I could go completely bonkers due to psychosis caused by dark spirits, and I'm ignoring all of that.

I don't see any of the damage of it, any of it, and I go, it makes me feel good, so I'm doing it. And that's all we look at; we don't look at anything else. So, we don't see the depth of the sin, you follow?

So, a person who's doing that is the same as what you're doing with the sexual stuff. Does that make sense? They're making these justifications, not understanding, this is what they're creating for their future. The future is going to be, firstly, there's a whole heap of evil that is being committed just to supply their habit. On top of that, there's dark spirits surrounding them trying to continue their habit. On top of that, they're going to have to correct, not only their habit, but the desire for the habit, and also correct why they want to harm other people in such ways. And then on top of that, they're going to have to make some reparation, and all of that would be unnecessary if they lived here (harmony).

And when I feel that, in my feelings, when I feel the truth of that, I'm going to start going, wow, I can apply this truth to all of my life. Every area of my life, I can look at this. Does that make sense?

Participant Male:

Yes, is that just a case of taking some time to consider the effects of what you're doing and then feeling about it.

Jesus:

Perry, I'm saying, first get this (crossing the line). Forget about your problem, forget about your problem for a moment because your problem is just one of many that you're raising. It's just one of many, forget about the individual problem for a moment.

Participant Male:

Okay.

Jesus:

Let's look at the principle governing every problem.

Participant Male:

Got it.

Jesus:

This is the principle governing every problem. Forget about your individual problem just for a moment, and ask yourself whether you actually, in your heart, get the principle governing every problem.

Participant Male:

Got it.

Jesus:

And what I'm saying to you is, you don't yet get that principle. Now if you could get that principle, if you could sort of reflect upon, pray about, ask for help about, getting this fundamental principle about God's Law. You see, we get so involved in our just little personal issue, that we think somehow that this information doesn't apply to that issue.

We get so tied up in the personal issue, and its results, and its penalties, and its problems and whatever, including often times, the happiness we seem to get from doing the thing. And we get so tied up in that, that we forget the fundamental principle.

Now the way I've progressed in my life in the 1st century, and now, and all the way through the spirit world, is by not forgetting principles. Once a principle is established to me, I don't forget it. You follow.

Participant Male:
Yes.

Jesus:

And this is what I found for my life; I can apply that principle to every single problem I face. So, it's more important I get this principle, than it is to understand my individual sins right at this moment. I need to have an awakening about the principle. Remember this principle is a spiritual condition. You understand? And what did I say the hierarchy was?

Participant Male:
Spiritual, emotional, sexual, physical.

Jesus:

Okay. This is a spiritual belief. It has the highest hierarchy, the highest control over your life. You understand this spiritual belief, you can apply it to all of your emotions, all of your sexual addictions, all of your sexual problems, and any problem that's happening to you physically, if you can get this. If you can feel it and get it in your heart. You follow? Then you can apply it everywhere.

When you're asking for the solution to individual problems, you're proving you do not get this principle. Because a person who gets this principle, doesn't ask anymore. They don't need to ask anymore because they know how to solve every problem they face. This is why it's of highest hierarchy. It also means that if you don't get this principle, it causes most of your sin. Almost all of your sins that you're committing, and this applies to all the spirits here as well as most of you are because you do not understand this principle.

It's not because you have an addiction with your mother or some sexual justifications or some physical justifications or you had some injury as a child, it's because you don't in your heart get the principle.

If I got the principle, then I could apply this principle to every problem in every facet of life that I face, and I will get good results.

This is the beauty about God's Way, it simplifies everything. See the average person who is trying to progress goes, last week or so I told people in Portugal that the average person has anywhere from 1,000 to 10,000 sins that they commit regularly, and you go, how am I going to deal with that. You know what I mean? How am I going to solve that.

You solve it by focusing on the principles, by understanding the spiritual problem first. You see, what you're trying to do, when you're dealing with your problem, is you're trying to understand the sexual problem first, which is very low in the hierarchy. The spiritual problem is the bigger problem. The spiritual problem is, I don't get this. I don't get how God's Laws work, fundamentally, I don't get it. I don't feel it in my heart, how God's Laws work.

If I can do something about that and come to actually feel how they work, then every single problem I face, I can apply the principle, and I'll want to, and I'll desire to. Now that's going to solve every problem I have, not just the sexual one. You follow?

Participant Male:
Yes.

Jesus:
So, the biggest issue most people face who are listening to God's Truth already, who are listening to Divine Truth already, and have been listening for years and years and years, is they don't understand the fundamental principles associated with God's Laws. That's why in 2016; we felt the need to teach them because most people don't understand them. And yet, when we taught them in that discussion, it was very interesting. The average people went away and said, oh,

that was interesting, and I'm going, what do you mean interesting? It's life changing, (Laughter) not interesting.

What do you mean interesting, my goodness me. If you really get this principle, your whole life will be different, your whole life.

Participant Male:

So, I could go back to the 2016 videos, and recap.

Jesus:

Yes, yes, and that's one of the things we've been recommending people do in the last talks as well, to go back and understand the principles associated with God's Laws. But fundamentally what I'm describing here is what happens, what happens when you choose to live in harmony with love and law, and what happens when you don't.

And if you really understand the principle of that in your heart, you'll be very motivated, not just for selfish reasons, but also for the sake of loving others, you'll be very motivated to no longer live in this area (disharmony) of your life on any issue.

Participant Male:

And you'd know it's cropping up, because you desire the sin.

Jesus:

Yes, of course, because your desire is set here (harmony), and so you start noticing things. You go, there I go, there's another, I didn't know that before, and this is what I need to do to apply myself to that issue as well.

By the way, there's even sins involved when you don't engage your true nature, your personality, and the way to solve that is exactly this same way. You need to live in this place with that as well. So, it works with all things. The main principle is the law is immovable. You cannot

negotiate with it. It is definite. It always will have the same results. You break the law; it's always going to get the same results.

The first thing to remember, you know, you're not going to arrive in the spirit world and go, God, I'm very unhappy where I am, can we just - what can I do to get out of here. And God's not going to go to you, well, if you pay a little bit, like the whole Catholic version of get somebody on Earth to pay a bit of money to the priest, and they'll pray for you, and that will get you out of here.

Honestly, nobody can get you out of there, nobody, including myself, Jesus can't get you out of there, no spirit can get you out of there, no Celestial spirit will get you out of there. It's going to be where it is, immovable. Wonderful, it's wonderful because it means all the people who are slimy on Earth, well, all of them are going to have to be corrected. Wonderful. (Laughter)

All the people who are sexual deviants on Earth, they're all going to have to be corrected, wonderful. Wonderful. How do you have a happy universe if there's a lot of those people in it. It's wonderful that it's like that. All the liars and all the stealers, and all the cheaters, and all the people even damage the environment, all of them too, which includes most of the people in the audience here, they're all going to have to be corrected, wonderful. And that's how you end up with a happy environment in the spirit world in different places that look much better than Earth because there's a whole heap of people there that have now been changed because of these wonderful laws.

But what I see is that most people disrespect God's Law. There's a huge amount of disrespect on the planet for God's Law, huge amount. And while that disrespect remains, there's going to be this pain and suffering, and all of these results, evil results, and as well, everybody who engages it, and this is what we also notice too, is that more and more people are passing in a state where they're darker, they've got

more dark spirits around them, and they need more correction and reparation than ever before.

It's not good what's going on. And, of course, there's now 8 billion people on this Earth, all doing this, so the results for the Earth are not going to be that good either, and in the end, we all live in it, so even for those of us who are trying to live here (harmony), it's not going to be that good results because we're all living with all the others who want to be lawless. And that's something that, obviously, again, the beauty of living here is that anything that you do is going to be rewarded, anything in this state. Anything that's in harmony with love, anything that's in harmony with the law, will be rewarded, right now, and right into your future, right into your future.

An example of that is if you take responsibility now for your life, it's going to reward you right until you pass, just that one thing. Just that one principle and it will be beautiful.

What I want to focus you on, and the reason why I have engaged you in the way I have, is I want to focus you on the principle. Don't think that when I start teaching principles, and this is what I notice a lot, most people go, oh, that doesn't apply to me, turn that off. That doesn't apply to me, turn that off. I don't find that very interesting, turn that off. You know, they have all these different responses to the principle, but actually, it's the principle that's going to save you. Like, I don't save you, the principles save you, but only if you engage them. Makes sense?

Participant Male:
Makes sense. Thank you.

Participant Female:
I've got two questions, the first one is, so practically, you're in way of giving us an understanding of the principle, how do we go from it being here (head), to like I'm doing it.

Jesus:

And I feel like I want to do it, and I feel like this is real, this is true, very good question, because that's the biggest problem, isn't it. The biggest problem is, we can be taught the principle, but we don't really think it applies, and we don't feel it applies, to me. Well, that's a good question, isn't it, like, how do I get from a stage where I'm taught something that I've listened to in my head, but it's not yet in my heart. So, how do I do that? Any idea?

Participant Female:

I can initially feel like the emotion of layer of like, the emotions that come up from thinking it to feeling - like when you're saying it, so I'm like there's maybe emotions first.

Jesus:

Okay, so I'm taught something, so that means that some information came to me from outside of me, doesn't it? And by the way, for the rest of your existence, everything that comes to you will be from outside of you, so get used to that. Like, it's not like you naturally know the truth, that's not how it works. God had it so that you had to discover it from what's going on externally. Now sometimes it will be people who share it, sometimes it will be laws that make something obvious to you, you will be a taught one.

Let's call you, this is the real word, you'll be a disciple, old word, right, but it actually means a taught one. So, you'll be a taught one, so that's going to be a place for the rest of your existence. The more you can be a taught one, the better your life is going to be. The more you become a student in life, the better your life is going to be. So, you're a taught one, you're a disciple or a person who is now learned in the way the law works, here, in your mind, at this stage.

So, firstly it goes into your mind. If we really wanted to look at what's going on, (drawing on whiteboard) you've got your soul, of which you are one-half, right, your attraction is?

Participant Female:
Male.

Jesus:

I should stop drawing it beforehand because sometimes people get pretty challenged when I do that because I'm going, that's your attraction, and they go, no, it's not, and I go, yes, it is, but you just don't know that yet. So, I've got to make sure I ask first what you think your attraction is.

Okay, so what's going on is that you've got this wonderful apparatus called an ear, and somebody says something to you and draws some pictures which go in your other apparatus called the eye, and at the moment your senses are being used to gather information. So, that's all that's really happening with me being here. Senses are being used to gather information.

So, it goes in your ear, goes in your eye, and it enters your brain and it gets transmitted to the place where your thoughts occur which is in this body (spirit) so, I'm now thinking about the issue, but in my soul, I've got a lot of emotions that say, none of this is true, none of this is real, that doesn't apply to me, that doesn't make any sense, what's going on, I don't understand, right, all emotional stuff going on. I don't want to believe that, it sounds very harsh, sounds like cruel, God's cruel, you know, there're sorts of things.

There're all sorts of things, so, there's all this emotion that is getting stirred up in the discussion about a law, right, so you could say now, the soul, which is where all of your emotions exist, all your emotions and errors exist in the soul. You've got a lot of emotions that I'm drawing in red at this stage because they are sinful emotions. They are emotions that are driving or actually that include the desire for you to sin in the way you want to.

You get this principle taught to you, this one (flipping whiteboard over), of the law, disharmony, whatever, but now inside of the soul, you've heard it all and it's gone into your mind, and inside of your soul there are a number of things, like oh, do I believe him, he's saying he's Jesus, he might be a bit of an idiot so I don't know if I can accept that. So, that's how a lot of people, almost everybody we meet, initially, says, he's saying he's Jesus, so you can't listen to him, as simple as that.

Like everything I say makes a lot of sense, right, if you listen, but most people don't even get that far, and so, there's all this reasoning, emotional reasonings inside of your soul now which are saying, I shouldn't listen, it's bad for me to listen, I don't want to listen. There's internal justifications like, how is it affecting me personally, I don't want to feel affected that way, and all these things, and this all starts percolating up, you could say, bringing to the surface, or you could say, bringing from the hidden depths of your soul all of these emotions you didn't know you had.

Now we've got four principles governing our life, what are the four principles? Love, truth, faith, humility, and we should always also add the fifth one of taking action. All these emotions start coming up, what do I do with them. Well, if we're following God's Way, what we do with them is we be humble about them. We also test the thing out for truth, and the way we do that is by looking at the love in the thing, and then once we have some validation of those things, we will develop some faith.

Mary:

Sometimes we have to take some action to test the...

Jesus:

Of course, we're going to have to take some action to test the truth.

Mary:

And that will help build our faith.

Jesus:

You follow? They're all related, aren't they? So, I apply that to this problem. This problem is, I've been taught I've got a lot of sin, I've been taught that I'm going to have to deal with it at some point in my future, do I believe that. Well, let's apply these principles to the problem.

Does it sound to you to be loving, that you're going to have to get rid of all the things you do to harm other people? Does that sound like a loving thing. Well, it certainly sounds like a loving thing to me. So, if you look at the loving thing, we go, alright the love issue is ticked. Which, by the way, should be our primary determining issue as to whether something is true or not. Because remember I said, right from the beginning, that God's Love created all of the laws in the universe, therefore, every single thing that happens in the universe must be based around it. And so, for me to assess whether I'm hearing something is going to be accurate or not, the very first way for me to assess it, is by going, is it loving or not. Does it sound loving to me.

Now when you ask a person is it good for you to get rid of all your problems, the average person goes, well, no, I'd like to bury them, but when I ask is it good for you to get rid of your problems because of the damage you do to others with them, now the average person goes, of course, it's good to get rid of them then. And so, obviously, you can start seeing that love is involved.

Now if love is involved, there is a very high likelihood of truth being involved. And when I say high likelihood, truth must be involved if love is involved. So, before I even get to the point of sorting out my heart with regard to an issue, the very first thing I got to start sorting out is my head, about the issue, because unfortunately, for the

majority of us we have been taught to be head-centric, to be thinkers rather than feelers. So, the very first thing I'm going to have to start doing is going, does this make logical sense to me, and is there logic in the love of it, and so I can apply all these rules to it, and that will help me with these emotions.

Because these emotions are screaming at me, don't listen anymore, don't listen anymore, it's bad, it's going to be bad for your future, most people go into a panic when they start hearing that they've got dark spirits around them, that they got their addictions, and they're drawing the dark spirits to them, and they go into these meltdowns about all that, emotionally, even though it's true. But if you're humble, you'll go, well, is it loving for me to feel my emotions rather than dump them on someone else, what do you think?

Audience:
Yes.

Jesus:
Yes, it seems loving to do that, doesn't it. So, that means that the principle of humility is loving. For me to own my stuff rather than dump it on you, that principle is loving. Now faith in what is loving, truthful and humble will help me deal with any emotion, any. So, you can be in a panic, you can be in a rage, you can be sad because of what you hear today, whatever it is you need to be, if you're humble, you'll just feel it. Humility will get you through that.

And it will help you retain the idea, so the very first way to get from a taught person in your head, you know, through your ears into your head, is to start feeling about these principles (love, truth, faith, humility, action) and how that applies to the thing you've been taught.

So, when we look at this particular issue (flipping whiteboard over showing God's Law), you can see that it's harmonious with love to see

that obviously, when I do things wrong, it hurts others. So, I can see, do things wrong, hurts others; if I do things right, it won't hurt others. It's, obviously, also for me, more loving to myself to not have penalties than it is for me to keep on having penalties. So, obviously, to not have penalties, I need to live here (harmony), and it's less loving for me to live here (disharmony), so it's more loving to recognise that if I stay in a state where I do things wrong than naturally, there will be penalties, it's loving for me to see that.

Mary:

Well, it's sort of loving to see that that's an educational process, isn't it. If there was no penalty for sin which is not the same as punishment, it's a penalty, He's trying to give us feedback to, oh, we're missing the mark of love, so it makes sense logically and lovingly that there would be a penalty and that there would be a reward when we're in harmony with the law.

Jesus:

So, at this stage, not only am I just thinking about this teaching, but I'm also starting to feel about the teaching and I'm going, umm, this does feel sort of loving to me. If you look at a lot of other beliefs, you look at say, New Age belief, reincarnation sorts you out. So, karma is visited upon you the next time you come to Earth. Does that seem very loving to you. Wouldn't it be better if it's visited on you while you're here rather than the next time you're here. And also, how loving it is for you to not remember the last time you were here. And instead, all of the problems of the last time you were here be imposed on this time you're here, that doesn't seem very loving to me. It feels very unloving actually.

It feels like, what, you're telling me I did a whole heap of bad things in my previous life and that's why this life is not working out, but can you tell me what bad things I did in my previous life, and they go, no, that's hidden from you. That's not very loving. So, you can analyse

the taught, the teaching by applying the fundamental principles (love, truth, faith, humility, action) to it.

So, if you look at the teaching that I've just given you about God's Laws, you can see that love is involved in it. You can also see, many of you will already see, oh, that's why that thing is happening in my life because I'm actually living in disharmony with love somewhere, and that particular thing starts happening. Remember yesterday, with yourself, wasn't it, who asked about your mum, and my ringing in my ear, and I talked about what was going on there, that's an example of like, okay, I do have those feelings. I don't want to give them up, but I do have them, and you can start seeing a relationship between the physical problem and the spiritual one.

The beauty of applying these principles to a teaching is that it helps you sort through your emotions about the teaching. Don't dismiss a teaching just because you feel emotional about it. You need to apply the principles of love, truth, faith and humility to it before you disagree with a teaching, and that's how you sort out teachings.

Now to get them into your heart which was your question, can you see I must first allow the blockages in my heart to be released about the teaching. So, if we look at this soul (drawing on whiteboard), there might be lots of different reasons why I don't want to believe or feel that the teaching might be wrong.

For example, I said, God created laws, that means that a belief in God is required, and I don't believe in God, so what do I do? I would have to deal with emotions, as to why I don't believe in God. I would have to work through the feelings associated with why I don't believe in God because it's stopping me from accepting the loving teaching. It's stopping me from accepting that so, I'm going to have to deal with that.

Then I feel like I can make my own laws which means I don't feel God is the law-maker, I feel I am so, number two thing I'm going to have to deal with, God has laws. I'm going to have to feel about that. Does that make sense? But not only does it make sense, but emotionally, what opposition do I have in me that makes me feel like that's not true.

It's a lot about not choosing to develop emotions that accept it, but first, clear out the emotions that cause you to reject it. Yesterday, everybody we talked to personally, rejected what we said to them, absolutely everyone. There was a complete rejection and resistance at the soul level to listening to anything we shared. So, obviously, that means there're emotions that say, I don't want to accept that, I don't want to accept that, I don't want to accept that. Feel those emotions.

You've got to work through what emotions are causing you to reject truth, and reject love, and reject faith, and reject humility. Those emotions are essential to deal with. And the very first emotions that are essential to deal are the ones about God, and the next ones, if you think about it, based on priority, the very first things that should be dealt with, not the things that you want to deal with. You know, like, you want to deal with, oh, I've got a bit of pain in my hip or I've got a broken leg, oh, I had this injury occur, or I've got this problem in my ear or whatever, they're not the very first things you need to deal with.

The very first things you need to deal with are the most important things.

How do you feel about God?

How do you feel about the fact that God established laws?

And how do you feel about those two things first, before you feel about anything else? Because everything I say to you is going to be

based on those two things. And if you haven't sorted out those two things, you're going to reject pretty much everything else I say.

You can understand why because you've got a whole group of emotions rejecting the reality that there is a God and God has laws. And so, if you're in the state emotionally where you're rejecting those two facts, how are you then going to accept it when I say to you, this is how the law works?

This is the issue with the law that most of us face, but if I can't accept that there is a God and actually feel in my heart there is one, and I can't accept that that God has the right and also, has created laws that determine the framework or the structure of the whole universe around us, including the structure of my soul, my spirit body, my physical body, and also measures every single thing through mathematical design, if I can't fundamentally believe that, then when some guy, Jesus, comes along and starts teaching me the truth about this, the law, and how it works, what am I going to do?

But I want to know about my childhood accident, or what happened here, or why I feel like doing that, that's what I want to know. And I'm going, well, you're not going to know until you understand you're comparing everything with God's Law. You're not going to know anything actually, until you understand that fundamental thing.

So, very important to see that the very first things you need to deal with emotionally are not what you believe you need to deal with, like which for most people it's, I'm physically feeling bad, I want to deal with that. Or I'm having a bad relationship, I want to deal with that. Or I've got a life-threatening disease, I want to deal with. None of those things are the first things you should be dealing with actually, even if you have a life-threatening disease.

Because unless you understand there is a God, and you feel there is one, and God has laws and those laws have defined what's happened

to you, unless you get that on a fundamental level, you're not going to see that your cancer or your illnesses or your problems with your partner or your problems with your children or any of the other problems you face, including work, and all these other things, you won't get that all of them are happening because there're fundamental laws of love being broken. Does that make sense.

Participant Female:

Yes, thank you.

Jesus:

So, the very first thing you need to start doing is allow the teaching to be present and then start working through your emotional reasons why you're finding it a very big struggle to accept it in your feelings.

Participant Female:

Yes, it kind of makes my second question a bit redundant because that's quite a lot to work on. (Laughter)

Jesus:

Your second question you mean, yes, go on.

Participant Female:

Yes, but it was actually more of a clarification. If on the other side of the board, so am I right in understanding that correction and reparation of the Law of Compensation, which you could technically do on the Natural Love Path, and then there's the Law of Repentance which involves God or could you help me understand that better.

Jesus:

Well actually, the correction and reparation are going to be involved whether you repent or not. They are going to be forced upon you by the Laws of Compensation. However, when you repent, there is something that happens inside of you that means correction is a lot easier to attain. Because the correction process requires you releasing

the causal emotional the reason why you did the thing, and when you repent and you talk to God about your repentance, God's Love does that for you.

Participant Female:
What is repentance?

Jesus:
It's a sincere feeling inside of yourself that you understand and are completely awake to the sin, and you're gut wrenchingly sorry that you've committed it, and you don't want to do it ever again.

Mary:
You're willing to feel the pain of the sin upon yourself and on others.

Jesus:
And you're willing to go through anything to not do it again. Now in the 2016 AG we defined that, so my suggestion is, have a look at those groups, particularly the third one on the law because we defined what repentance was. Mary and I have also done a whole, I think it's 70 hours of video on the Laws of Forgiveness and Repentance. ([Session 1 of 14 Part 1 - God's Truth about the Operation of Forgiveness & Repentance](#))

Participant Female:
Thank you.

Jesus:
Okay, so yes, it's very important to understand that, of course, you can also go through repentance which will also involve correction and reparation, but because the correction process, when you're doing it by yourself, means that you've got to find the reason why you did it, and you've got to stop that reason inside of yourself.

Whereas, when you repent, after you've awakened from a sin, God's Love finds the reason why you did it, and erases it for you. So, that's why I recommend going that direction. But it requires sincere repentance, not for the sake of getting away with it. Because if you have a feeling of, oh, I'm going to pray God because Jesus told me it will help me...

Mary:
...it's quicker.

Jesus:
...get away with the whole process, the long process of correction the other way. That's not sincere.

Mary:
In reality, the law demands the same thing whether you're doing it the Natural Love Way or the Divine Love Way, the law demands that you reach a place where you're awakened to your sin, you're willing to feel the pain, you're aware of the pain, and you're not avoiding the pain of the sin upon yourself, others, the environment, God - God doesn't feel pain, but you know, in that relationship. So, the law requires that, God's Law requires that, but when you engage repentance, you can get God's assistance in that process which is why it's quicker. If you engage compensation or compensation really engages you because you don't want to engage that process with your free will.

Jesus:
All of you are already in a state of compensation.

Mary:
It's already happening.

Jesus:
It's already happening.

Mary:

A lot of the pain and suffering in your life is not because of what happened to you as a child, it's because of the sin you've engaged through your own free will choices up until this point.

Jesus:

Makes sense.

Participant Female:

Yes, thank you very much.

Jesus:

So, it's very important to realise, I need to get this principle (God's Law) in my heart, to get that principle in my heart, I'm going to have to deal with how I feel about God and the whole principle of God, and the whole idea of God, and who God is, and what God's Nature is and everything, and I'm going to have to also deal with the fact that God created laws, what those laws would be, how do they govern my life, how do they actually work, I would have to allow myself emotionally to conceive that those things are true.

Now if I can't conceive of those things emotionally as true, then every other discussion I have with you will be a waste of time. Every single one. Because every discussion I'll have with you will be based on the fact that God exists, and God has laws. And eventually, of course, one of the other things that is very helpful to understand is the human soul itself. How it works, how it's been created, why it's been created the way it's been created and so forth. That's helpful but you don't need to understand that initially, what you need to understand for sure, is that (God, God's Laws), and that needs to be a feeling in you to understand, not just a thought.

It has to be that you feel it's true, because if you don't feel it's true, you're going to ignore God's Laws. You're just going to ignore them, and this is why many people who have been listening to Divine Truth

for years, still continue their sin. Because fundamentally, they don't believe either God exists or that God created laws that are going to govern your life.

Mary:

It's sort of like still an idea in their head, isn't it, it's an idea outside of their soul, and so, therefore, you can play with it, there's a feeling it's maybe.

Jesus:

...possible, interesting.

Mary:

When you get the feeling it's, whoa, no, that's real, then it's a part of your reality, it governs your decisions.

Jesus:

And of course, God is doing everything God possibly can to help you understand His Laws. If you think about it, every single day of your life, you live by physical laws that God created. Even your own body lives by them. Like, the law that produces oxygen on the planet, because there are laws, photosynthesis, along with other processes. All God's Creations, none of which humans had anything to do with it, through the entire of existence. There're all things that someone other than humans created, and they're all there sustaining your very ability to breathe.

So, if that's not enough proof in itself, I would say, something's wrong, but then if you look at the fact that you don't fly out into space, the fact that there's gravity, the fact that there's all these physical laws that keep you here on the planet, safely on the planet. And the only time, generally, you have an accident is when you disobey them. You know, people die on a plane, the law was disobeyed. People die on a road, car accident, laws were disobeyed about the protection of the physical body, about how safety and other

things, laws disobeyed. This is why people die physically often times because laws are disobeyed.

So, why would it not then make sense, that if there're so many physical laws that every one of us every day, why would it also, not make sense then, there must be laws governing larger areas of your life that bring you potentially, more happiness or more sadness, such as the sexual area of your life, the emotional area of your life, and the spiritual area of your life.

Because if you look at life in terms of its joy, there's not a lot of it comes from physical, most of it comes from the other parts of life, sexual, emotional and spiritual. That's where most of your joy actually comes from in the long run. If you think, it's mostly the emotions you feel that cause you to experience even the feeling of joy, so without emotion, it's like, joy wouldn't even be something you felt. So, anything governing those things, must be of higher priority. And if there's all these physical laws, that somebody else other than humans made that govern your day-to-day life, would it not also make sense then, that there are all these laws that govern these higher, more happier areas of your life, than just the physical. Of course it would make sense, but again, that's something you've got to resolve in your own heart by releasing all the reasons why you don't want to believe that. Like, what's motivating you to not believe these things. Does that make sense?

So, when it comes back to this, this law, we'll be breaking in a few minutes for lunch, but when it comes back to this, and this is something I want to continue with afterwards, which is a change of what I said I was going to do yesterday, right. The reason why I'd like to continue with this is, we want to sort of get more honed in on the principle and how the principle is going to benefit the rest of your life.

Because every time you engage a principle, you can apply it to every single thing in your life. So, it's like the old principle of not giving a

man a fish because he wants a fish today to eat but teaching him how to fish so he can be self-sufficient. So, what I'm trying to do here, is teach you how to be self-sufficient in solving your own problems with regard to the law. It's a very important thing to understand.

And if you can get this principle in your heart, like solidly in your emotional state, then when it comes to facing your personal problems, of which many of us have many, you'll be able to solve every single one of them, every single one.

And God designed a system that does solve every single one of your problems. So, every relationship problem you've ever had, every friendship problem you've ever had, any problem with your children you've ever had, any problem you've have with your own body, any problem you have with your own life is solved the same way.

Understanding the law is the beginning of it. If I can get that in my heart and believe it with my whole heart, then I can start applying it in all of these little areas of my life. But if I don't get the fundamental principle that God exists, and God has established law and this is how they work, then I'm going to be full of questions about all these little things all the time, and I'm going to be thinking that there's a new rule for every question I have, and there's not. The fundamental principles are right there. Makes sense.

Elsa:

Yes. (Laughter)

Jesus:

Yes. (Laughter) Thanks.

So, what we want to do after the break, is we can sort of hone in a little bit more upon different issues that we've raised in this discussion with regard to how God's Standard of Love is upheld in the law, and if you can grasp that and focus on, over the coming years, getting that

feeling in your heart that it's really good that God's done this. It's good for me that God's done this. It's going to help me. It's going to help me change and grow, and it's going to help my life, and it's going to bring me joy, and if I can be internally convinced of that, and by the way, nobody else is going to convince you of it. You're going to have to go through the process of convincing yourself on it.

Because if somebody else tries to convince you, you're going to just go, I don't believe it yet, I don't believe it yet. It's only when you are convinced that you'll then engage the steps needed to resolve your sin, that's only then.

So, that's what I'd like to remind you of for the rest of the day.

Part 2 - August 25, 2024, at 1330

Linton, UK Day 2 Part 2

Jesus:

Alright, so back to this tricky conversation. So, what we're thinking of doing now, maybe, is just illustrating these principles more in practice, in terms of how you would apply the principles sort of thing.

Participant Female:

So, as an example with abortion...

Jesus:

Yes, well, I think stuff like that is pretty obvious. What I'd probably like to do is focus more on the things that are not so obvious. It's the things that are obvious, that most of us start to go, oh, I need to deal with that, and I need to deal with this, and I need to deal with that, and that is true, you do. You do need to deal with these things.

But if the fact that it's already obvious means that you've already got a level of aware, not yet awaken maybe, but certainly aware and when you're aware, you can begin to work your way towards awaken by using the principles that we've discussed.

The problem for most of us is, the areas where we're not aware. And often these areas are very - well, let's look at the reason why that's the case, as to why certain things are less obviously, and we're less aware of them. Let's do that first, I think.

The level of awareness of problems here on Earth is very, very low, in terms of the level of awareness of what's loving and what's not loving. And the reason why that is the case is that, if we look at the spheres of the spirit world (drawing on whiteboard), the Earth life is actually quite strongly entrenched in, just lower than the middle of the 1st sphere of the spirit world so, it's actually in the hells of the spirit world, that's normal Earth life.

So, what we view as normal is, actually from God's Perspective, so remember here, the discussion began yesterday with God's Standard of Love, from God's Perspective, the standard of love on Earth is in the hells. So, that means that almost everything you think is love, is not love.

Now when we say that to people, they don't really get the significance of that statement. It's sort of like earlier, when I was talking to Perry about the significance of understanding the principle behind the law. Most of us when we hear it first, we just don't understand how big of an impact it's going to have on you when you really get it in your heart.

And the same applies to really getting this in your heart, once you realise that the Earth life, by God's Standards, in the hell of the spirit world, then you can start to see, there's a number of things that this fact should start to make you realise about your own life. In that there is this small area of life, which is called, normal life, where below that area of life, we think that's bad.

So, we think that anybody who does the things that are not a part of normal life, they're bad. An example of that is, someone murders another person, that was bad. Someone rapes another person, that was bad. Now I'm not saying that everybody on Earth believes it's bad, I'm just saying that the majority of people and the majority of laws on Earth, human laws, believe it's bad. So, that means that the average person on Earth believes it's bad.

The problem is that when you go above this band of area where people think it's good, everybody on Earth also believes that is bad. So, now you're operating on Earth within a band that God defines as actually quite evil, God's Laws define as very unloving, and yet on Earth, we've got the bottom of that band is, underneath that is, unloving, the world's definition of unloving is, that's unloving. But also, if you start to progress beyond what the average person in the

world believes is good, they also believe that's unloving, for the most part.

Now that also means, for the majority of us, that applies to us too, we think the same way as that. So, that means that, let's say somebody is really truthful with us. The truth is actually something that is very high, from God's definition of love. In fact, if you're completely honest and truthful all the time, even if you've not received any of God's Love, you will be in the 2nd sphere of the spirit world, in terms of your spiritual development. If you're honest and truthful all the time, with yourself and with others.

But what is the average person on Earth feel about someone who's honest and truthful all the time. A lot of people don't like it, do they. It's like, that person is self-righteous, self-righteous person. They're always telling me the truth about whatever they believe is true, and I don't want to hear it anymore, I'm sick of it. That's the average person's response. Because the average person believes that a person who is truthful all the time is bad. They believe that that's unloving.

We have a very narrow band on Earth, this band here (normal life) of what we believe is loving, but actually from God's Perspective, it's quite evil, but from human perspective, that's what love is, that's what love would do.

Another example, if Mary needs cheering up, I'm loving if I cheer her up. Just a simple thing, right, she needs cheering up, I'm loving if I do it. And if I need cheering up, she's loving if she cheers me up. From God's Perspective, that's completely false. If a person is sad, from God's Perspective, they need to feel their sadness. I need to help them access their sadness.

Mary:

Do you need to help them?

Jesus:

If I'm loving, I will want to help them access their sadness. I don't have to help them, but if I'm loving, I will want to help them feel their sadness. Which is exactly the opposite, probably, of what the person wants.

So, let's say I've got some sadness, if Mary reminds me of it every single day, if I'm in this state of love (normal life), in this sort of evil place really, I'm going to go, Mary you're being an unloving bitch now, right, (Mary laughs) I don't like you anymore. If you keep up this, you and I are off, you know, we're done, if you don't do this thing that I define as love for me, and you keep telling me the truth which I don't want to hear, because I'm sick of hearing it from you. I keep hearing this truth, this Divine Truth stuff, crap, I just don't want to hear it from you anymore.

And so, I'm feeling that she's being unloving and yet, she would be being loving, from God's Perspective. So, this is our problem, is a lot of times we think, oh, that was okay, that was loving. That was okay.

Now let's give you some little examples that we've experienced in the last few weeks with others.

Let's start with problem #1, these are just little problems, seemingly, small problems, right. Okay, for this event we had originally 80 people were booked for this event. Mary sent out an email one week ago saying, if you need to cancel, please cancel so other people can come. I think about 10 people cancelled.

Mary:

Yes, there's probably a few more than 80, I think we might have hit 90 at one point, and we got back to 75.

Jesus:

Okay so, we were 90 at one point, and then one week close to the event, Mary sent out an email saying, if you want to cancel, please cancel now so other people can come. Fifteen people cancelled, but they only cancelled after Mary sent out the email. Very unloving. Because Mary should not have had to send out an email in order for them to be loving, can you see, but they thought they were being loving. But they weren't being loving because Mary had to send the email before they were being loving, so it wasn't motivated by them, it was motivated by Mary asking them to be loving.

So, problem here (normal life), is if somebody asks me to love them, I will, but if somebody doesn't, then I won't. That's a problem, isn't it, because if it was really love, I would love them all the time, not just when they ask me.

Okay, 15 cancel, so we're left with 75. What happens, more people book.

Mary:

No.

Jesus:

There was 79 in the end, four extras booked.

Mary:

Yes, that's true.

Jesus:

So, we then had four extras.

Mary:

Well, my math, you know, some people when I put up the notice, they - this is why it's all a bit topsy turvy, but yes, thereabouts. It's probably more than four.

Jesus:

With these 15 cancellations, how do you cancel something that you've organized well in advance? Like, you'd have to cancel accommodation, you'd have to cancel your travel, this tells me that they didn't organize any of those things, so how unloving is that. They haven't even organized their own life enough to come to a place to learn more about love enough, even though they made a booking.

Why did they do that? It's because the event was free. Now it's interesting, version of love, if something is free, what do you do?

Mary:

Exploit it.

Jesus:

You exploit it. So, like free food, you eat as much of it as you possibly can. Free fruit and veggies, you get 10 weeks' worth and most of it goes rotten. Anything that's free, somebody decided to give you a free car, you'd take it no matter what it was, right. It doesn't matter how unloving it is for the environment or anything, most people would take it, right. Because this version of love, the world's version of love says, exploit anything that's free. Doesn't it? Can you feel that.

Can you even feel in your own self, the feeling you have when it says, it's free, can you feel yourself light up, maybe you should go, that kind of thing. So, many people book our events because they're free.

But does that mean they appreciate the event? See often times not, so this version of love (normal life) says, people, if you give them things for free, so the world's version of love at the moment is, if you give them things for free, they won't appreciate them, so you've got to charge something. That's the world's version of love. It says, otherwise, all the people who exploit free will exploit you. So, you've got to charge them something.

And you can see why most events on the planet, you know, we were in Austria, they charge you to go to the toilet. See in Australia, you pull on the side of the road to go to the toilet and it's all free, but in Austria, pull on the side of the road to go to the toilet, it will cost you, well it was one euro or two euros. So, my bodily functions are being taxed.

Mary:
And isn't that supposedly because...

Jesus:
...people exploit free.

Mary:
Yes, they don't care for the toilet that's free.

Jesus:
They don't care for the toilet, they don't look after the toilet, somebody has to clean the toilet, they don't pay for someone to clean the toilet. There was another place we went to in Germany, we pulled up to the toilet, went to the toilet, and there was this guy who's outside who cleans them, so we gave him a tip, but the toilet was free.

Now when something's actually free, what the average person does, is exploit it, and then, of course, they have to make a rule, another version of love that says, we got to stop these people exploiting, so what we're going to do, is we're going to charge them some money to stop them exploiting, but that's not love either.

But anyway, we've got the 90, there's 15 who cancelled, and they only booked because it was free, and then they didn't organize their life to get there, and it was easy to cancel because it was free. So, now we end up with 79. So, the night before we started this event, there was 79. How many people rocked up? Fifty-three rocked up, so

that's 26 people who didn't cancel which is even more unloving than this (cancelling after receiving Mary's email), isn't it, even more unloving, and they didn't turn up either.

So, you could say the people who cancelled, now some of them, very few of them will say to us, we're cancelling because of this thing, and quite often, like in Brussels, we had one person cancel because their mother died. And we go, fair enough, you're going to go to a funeral, there's things to organize, you'd understand that, but most people just say, can you cancel me.

And it's interesting, the website lets you cancel yourself, and yet, even though that's the case, they email Mary and tell her to cancel them. And I'm going, but you can do it on the website faster than you can email Mary. Does that make any sense? Well, it does because they want to be nursed, and down here, another version of this love says, nurse me.

You know, my mother nursed me, my parents nursed me, people who love me, nurse me, they're claiming they're Jesus and Mary, they should love me, so they should nurse me. Another version of love, out of harmony with God's Truth, but this hellish version of love says, I should expect it, I should be nursed.

Now we've had, of the 90, if you add the four, 94 people total bookings, and if you go 15 and 26, how much is that 41, 41 were unloving. And this is just the people who rocked up, 53. Look at the percentage, it's almost half.

Now we spent ages trying to find venues that were of big enough capacity, what we thought would be big enough capacity here, and we tried to find some in Birmingham, where it was closer to everybody's airport and everything to get here if they were flying in. Anyway, we come up with all of these issues and scenarios, and in the end, it was getting more and more closer to the time we were going

away, so we had to make some decisions and so, we decided here, what's here, called Linton.

And we travelled 23,000 km and we're organized enough to get here on the day we said we were going to arrive. Not only that, but we were also organized enough to bring gear with us that took me six months to organize. We had to buy it from overseas because you can't buy it in Australia because of the frequencies that we needed to have here when we're here, and so we got all this equipment together, and did all of that, raised the funds and all those things to come, and yet, people who live here, nearly 50% of them, couldn't get here, when they had originally booked.

So, that says, version of love, I can do anything I want, really, isn't it. But in particular, I can cancel anything I want and it's not unloving for me to do so, that's the general feeling. Because if a person felt it was unloving in their heart, would they, do it? No, of course not. So, obviously, they believe it's loving, and now Mary and I know that the average who rocks up to one of our events is in normal life, so we know already that you're going to be unloving, but it makes it so hard to plan it for an event.

When there was a potential of 94 people being here, and only 53 rocks up, we could have got a venue half the size. We could have bought half the speakers, you know, so there's no consideration. So, here's another version of love, I don't have to consider the effect of my decision on anyone else, that's the version of love in this normal life on Earth. You follow? I don't have to consider you; all I've got to do is think about me. In other words, selfishness, average version of love.

Now you can see in this equation (pointing to the numbers on the whiteboard), there's a lot of people (41), who think this behaviour is normal. And yet, that's why the Earth is in the hells, because we think this (ask me, exploit free, nurse me, I can do anything) is all normal

sort of behaviour for a person, the average person who believes themselves to be loving. We think it's normal behaviour, so we do it.

And isn't that interesting. That's just a practical, physical thing of rocking up to a thing you booked, but because it was free, all these other things became possible. So, Mary's going, we need to have a booking fee, type of thing. How do we stop this, how do we stop this from happening.

Mary:

No, we were both thinking of that.

Jesus:

Well, I'm not, but...

Mary:

I'm not - I don't feel we should have any monetary exchange about this.

Jesus:

That's right, but how do we have a penalty for the people who are so unloving. Because God's Laws have a penalty whenever you're unloving. Well, of course, when we think about it, God's Law is already working upon those people. This is an example where the law is quite strict about the fact if a person asks before they'll do something loving, then the law says, you didn't do it at all. So, if somebody has to ask you to be loving, and you are then loving, the law actually measures that as if you weren't loving at all.

If you exploit things, the law says there's a penalty for that, exploitation of others. If you want nursing, the law says, there's a penalty for that as well. And the law says, this whole idea that I can do anything and I don't have to consider the effect of what I do on you, the law says, no, you do have to consider it, so there's a penalty for that as well.

So, these people, the 41 people, and most of you probably never considered any of these things either, right, if you're honest with yourself, but those 41 people believe these things (ask me, exploit free, nurse me, I can do anything) are okay, and that's why they are in the hells. You follow?

And when they pass, they will be, just for that reason. Now, of course, there must be a lot of things that happened in their life that caused them to think these things, isn't there, that caused a person to think these things, but God says, you still broke the law. God doesn't care what happened in your life to bring you about to this point where you're unloving to others. The law doesn't care, it just says, you're doing it, you're being unloving to others.

In fact, if somebody was unloving to you in your past, surely, if you were loving yourself, you'd go, wow, people were unloving to me in my past, I don't want to do that to someone else, surely, that's what would be the way we would think. But, no, that's not the way we think. We think, other people were unloving to me, this is normal, I'm allowed to be unloving to other people too. That's what we think.

Participant Female:

Is this worse in the UK than other places.

Mary:

No.

Jesus:

This has been our worst venue.

Mary:

So far.

Jesus:

So far.

Mary:

No, but in terms of percentages, no, Portugal was very bad, and I've got emails from people from every event that we're going to, either asking me to cancel their ticket for them, asking me to put them on the waiting list, like lots of things you can do via the system, and asking me to send me the address, asking me to...

Jesus:

Which is all on the actual screen that you book on.

Mary:

...confirm the start and end times, which is all on the listing, like we went to a lot of trouble, the two of us (Jesus and Mary), to really give a lot of information, so that we didn't have to do those things. So, I don't feel it's worse in the UK, no.

Participant Female:

And is it this feeling because the NHS Health Care System in the country loses like hundreds of millions on wasted doctors' appointments, wasted ambulance calls, wasted beds, and yet, everyone in the country moans about the free NHS Health Care System and it's being destroyed. Is that the same emotion.

Jesus:

Same emotions, yes. You'll see it happening with every free event that's ever done in England probably, and we see it with every free event that happens all around the world to be honest.

So, these are sort of very dark emotions, and the average person goes, oh, because it was free, there's no penalty for me to not cancel it, I just don't rock up. No penalty for me, but what about the penalty for the other people. The other people who couldn't go because you booked a time slot. The same goes in health care, you book a time slot, if you don't rock up, then somebody else is missing out on that time slot, that's not loving to the other person.

It's actually a sin of omission to, well, it's a sin of commission to book something you have no intention of going to; it's a sin of omission to not cancel it soon enough to allow somebody else to go.

Mary:

And not going to a doctor's appointment is, or any appointment, if you like, you're wasting the time of the person who's set aside their time, there's costs of their wages, the other person who could have come, the extra money, say in the NHS that the taxpayer is then, paying to provide another appointment to that person who didn't go to the first one. Yes, so there's many, many issues.

Jesus:

Yes, so you know what's going to happen eventually, don't you?

Mary:

They'll want to privatise it.

Jesus:

They're going to privatise it because of the attitudes that are very unloving, but privatising it just makes it more unloving.

Mary:

Worse, yes.

Jesus:

Yes, have a look at the US and what's going on there with health care, it just makes it more unloving. But it's our own fault, collectively, because of our attitudes, at the end of the day. If we had a very loving attitude to the provision of things that are free to us, then surely, we would be more responsible with the way we use them. So, you can see this attitude everywhere, it's not just with our events, it's everywhere.

Mary:

It's very hard to receive God's Love when you have these attitudes inside of you because nothing is really a gift. You sort of feel entitled to things.

Jesus:

Yes, so there's a great level of entitlement in this idea. The trouble with normal life on Earth is that it's in the hells, and in the hells, you have all of these really bad attitudes. The average person doesn't see them. It's like, why isn't Mary responding to my email to cancel my ticket. Because it would be unloving for her to do so, actually.

Mary:

In the end, I don't know if I should say that (Laughs). I do cancel those tickets because I think of the other person who might want to take it up.

Jesus:

But we don't send an email back to the person...

Mary:

...saying I have cancelled your ticket or anything like that. They probably get a notification as I cancel it.

Jesus:

But it's a very unloving process, isn't it, that's just for us though. You also think, our first venue in Belgium cost us 3,200 euros which is around about, let's put it in Australian dollars, it's around about \$5,500 Australian dollars for a three-day venue for 50 people.

Now the Belgium site could only allow 54 people so that's costing us around \$100 AUD per seat for the three-day event. Here it's costing us 300 pounds per day for all of your seats. Yesterday we got 40 pounds. You can see we're pretty short by 260 pounds for the seats, just paying for the seat. So, here it was \$100 AUD per seat being paid

in Europe for the three-day event, so divide those three days, it's \$33 per day per person.

Jesus:

Now you can see that if I go, it's a free event, I don't have to contribute so, who does that. Who pays for the seat? Somebody else is paying for the seat. So, we don't even think, am I even willing to pay for my own seat. Free event - am I even willing to pay for my own seat by doing something. You don't have to always put money in either, do you, to do something. If you went to a free event, and they said it was a free event, help them clean up. There's going to be rubbish everywhere probably because people are pretty bad when it comes to free events, they put rubbish everywhere as well. So, help them clean up or help them do something.

Love would motivate me to do these things, but when it's - somebody pays for this, and it was myself and Mary that paid for the seat, but then, it was really interesting, a person comes a long and starts arguing with me about what I'm teaching. They're sitting on a seat that I paid for, in a venue that I paid for, and I'm giving my time for free, and they think they're allowed to argue with me. How unloving is that.

I understand you've got your own opinions, I understand you've got your own ideas, I don't want to hear them. You want to share your own opinion and your own ideas, go and get a venue of your own, pay for the seats, and I'll come, but I'm not going to argue with you because that would be unloving.

The average person goes, if I don't agree with something, argue about it, not sit and ponder or contemplate or just think about it or analysis it with love, but no, there is an underlying need to just voice a disagreement, even though the seat is free to the person, and not only, is it - by the way, these are only the higher costs of the event of the venue. It also cost us nearly 3,000 euros each to get there, to the

venue, so now we're talking nearly 10,000 euros it cost us to get to Belgium to do the event.

Now our total donations for the event were 3,200 euros, now it cost us 10,000 euros to get there so that gives me a shortfall of 6,800 euros, and you know who paid that, one person in Austria, one person.

It's again, interesting, isn't it, people who've got money, they should be the one to pay. Another unloving thing here, another unloving attitude, is why the average person is in the hells, another unloving attitude. There are so many unloving attitudes and remember God's Laws are very strict about these unloving attitudes. So, every one of those unloving attitudes has a penalty associated with it, every one of them attracts certain types of spirits, remember exactly what I said here (flipping the whiteboard over), every one of them demonstrates a level of evil, every one of them demonstrates how lawless the individual is, every one of them has a penalty associated with it, everyone of them attracts dark spirits.

How many dark spirits do you think there are encouraging no one to rock up at our events? There's millions, millions, so we often have people say, I'm just getting too attacked, I can't come, and I'm going, well, if you just respond to a dark spirit's motivation to attack you, by doing what the dark spirit wanted you to do, what do you think the next result is going to be? Isn't it more dark spirits going, we can just tell her, attack her a bit, and she won't go.

Mary:
She'll do whatever we want.

Jesus:
She'll do whatever we want. So, can you see how all of these things happen, and it's even on these tiny little things, like this is just one event that's happening in the world. There's 8 billion people doing

things every day in the world, and we're only like, what 50 or 60 of us here, and there's another nearly 8 billion people out there doing all sorts of things, and if 50% of us are like this, it doesn't look good for the Earth, does it?

You look at what God provides on Earth, everything God provides is free. The oxygen you breathe is free. And what do we do with it, exploit it, we dirty the oxygen we breathe because it's free. It doesn't cost us anything to dirty it, so we dirty it. We pump out huge amounts of pollution, we put heaps of garbage into the sea, we stop the natural ways, the ecology changes and fixes itself and repairs itself, by damaging it, we don't think of anything because it's all free.

But I bet you if you had a to pay \$1000 every time you did some damage to the environment, right, you'd start reconsidering your actions but isn't that sad. The very environment we live in is free, and we go ahead and just damage it more and damage it more and damage it more. Because of the same attitude, exploit whatever is free.

Oxygen is free, the very thing we need. Water is free. Is it free for you? No, what's happened there. God provided it for free and somebody gets the gift for free and says, oh, we can make money off of this so, let's provide water in an unloving bottle, plastic one, so that's going to be damage to the environment, and then, also, let's charge more than it costs to have the same thing made out of something else, like Coke, which is also water, but the water costs more than a Coke.

In Australia, the water costs four times more than a Coke, for the same volume. Like something's gone wrong there, yes. Something that God's provided for free, we are damaging and then on top of the fact that we are damaging it, it's essential for life, not as essential as oxygen, obviously, if you don't have oxygen, it's going to be a few minutes, and you die. If you don't have water though, a few days and

you're going to die. So, something that God provided for free which is essential to human life, and we've monetised it.

That's how unloving we are. We monetise anything that's essential for human life because we can make more money off of it than anything that's not essential for human life because everybody has to use the thing that's essential, so you make more money from it, so let's monetise the whole thing. How unloving is that. Who ever dreamed up that idea, and then whoever followed along with the idea and thought it was a great idea, how unloving are they. It's a silly, silly idea. It's not in harmony with love, but this is how far we go because this is what we classify as normal life on Earth.

And we're prepared as a society to accept it even, we're prepared to not protest it, when I say protest, I don't mean unloving protest where everybody gets out, like what's happened here in the last few weeks, right, I mean a loving thing where we're saying, no, this is wrong and none of us should agree with this.

But we don't because we're scared of conflict and scared of people condemning us now because we're disagreeing with most of society and so forth, but it would be good if we did that, but everybody in society thinks, no, whenever you're afraid, that's bad, so don't do anything you're afraid of, which means don't do anything to confront unloving behaviour in anybody else, basically.

So, in other words, just accept the unloving behaviour, well, that's unloving, actually. It's unloving to accept unloving behaviour. That's unloving too. I can't do that if I want to be loving. I can't accept the unloving behaviour, I have to make, at least, some comment about it which is the reason why I'm making this comment now about it. Do you follow? Because it's unloving behaviour and I can't accept it.

Now Mary and I are going to keep providing our seminars for free. Because God's Truth was given to us free, so it needs to be given to

you free, but you can see the lack of love in most people causes them to think that they can exploit even that.

Now how many of you thought about this before you came to the event, like thought about these things (ask me, exploit free, nurse me, I can do anything). Not many, a few of you I know do, but not many of us, and that's because we've come to accept that what society says is love is good enough and isn't that sad. Because if we accept what society says is good enough, then it's probably going to mean we're going to get more of it because nobody's saying, no, we've got to better than this. As a group of people, we need to be better than this.

So, it's very, very tricky, isn't it, to even - like you look at God provides all these things for free and look what the people on Earth is doing to those three things, like monetising everything. One day you're going to be paying for your oxygen, I'm sure. In some ways you already are because you know the carbon neutral things, where you have to pay for something to become carbon neutral. Why do you have to pay for something to be carbon neutral, shouldn't it already be carbon neutral. Why do we have to pay for it be?

If all of us were living a life where we planted enough trees, and we lived in an environment where there's enough oxygen being produced, then we wouldn't have to pay for something to be carbon neutral. And many of us go down here, in this area of love, which is normal life, which is not loving at all, we go, oh, I can do the unloving thing because I paid for it to be carbon free, but you didn't pay for it, somebody else did the work. Is that loving? That you only have to fork over some money because you're wealthy to somebody else, and then they can do the work for you, so you don't have to do the work. Isn't that lacking self-responsibility? Well, of course, it is, from God's Perspective, it's unloving.

The reason why I've raised this as an issue is because you can see the average person on Earth, and even the average person who attends our events, doesn't know what love is, does not know what love is yet. So, how do we change that? It's a tricky question, isn't it.

If you're really concerned about what's going on on Earth, and you were concerned about things that were happening in your own life, the only thing that's really going to change anything is for everybody to get more in harmony with love and law, and then we'll all experience the reward from doing that. We will be rewarded for doing that. That's the only way things are going to actually change.

And, by the way, that also applies for all the spirits in the hells as well. The only way their life is going to change is if they bring their life into more harmony with love and law. It's the same principle. That's the only way it's going to change. So, even these dark spirits, all they really are, is people who still feel that the Earth's normal life is loving. They've just died, and they continue in the same feelings and beliefs that it's loving. Does that make sense.

And so, that's all they are, the dark spirits. So, when we talk about dark spirits, we can feel in many of you go, yeah, the main reason why I did that unloving thing was because of the dark spirits with me. Well, that's not true. The main reason why you do an unloving thing is because of the darkness within you. And those dark spirits can only influence you if you've got some tangible thing inside of you to manipulate in some way or other, right. So, we've got to stop blaming dark spirits for what they influence you to do.

The only way you're going to disconnect, at some point you're going to have to disconnect, is by making sure that your passion in life is to live in harmony with love and law, that's the only way you're going to disconnect from them.

Like I said earlier, many of you have two or three of these spirits influencing your life, influencing your addictions, some of you are regularly taking drugs like, marijuana, coffee, whatever, some of you are regularly just hardly living a life where you act in harmony with love of others. In other words, some of you are just very selfish with your life, you don't help anybody in your life, you don't decide to try to help and assist other people. And then, others of you have issues with family and friends, where you don't want to speak up, and you have a terrible lack of love of self in that place, right, where you don't want to speak up and live the life you know is going to be better for you because of all the people who may attack you for that. So, that's you living in harmony with fear.

And fear is what people believe is justified, in normal life, the average person feels, if you're afraid it means you don't have to do it. If you're afraid it means that anything you're planning, you don't have to actually finish up doing. The average person on Earth believes that. But that's not God's Standard, God Standard is, I don't care if you're afraid, you damn well do the right thing, otherwise, the law is going to have it's result, right, whether you're afraid or not. God's Law doesn't go, oh, Jesus was afraid, I'll let him get away with that. That's not how the law works.

So, we've got to stop valuing fear as a motivation for being unloving, and we've got to choose to be loving even when we're afraid. Many of us are afraid to be truthful, so the loving thing is for to be truthful, so the law doesn't care whether you're afraid to be truthful, it's saying, be truthful, otherwise, there is a penalty. You've got to learn to be truthful even though you're afraid.

And to be honest, if you do that, you'll feel your fear better, and if you're humble, you'll work through your fear and you'll get to the point where you're truthful and you're not afraid, that's what will happen. But if you use fear as a justification, then really, you're just accepting that this hellish life we have on Earth, this thing we call

normal life, you're accepting the restrictions it's placing on you and saying that's my justification for my own unloving behaviour, and it's not a justification from God's Perspective.

Participant Male:

I have my son, the cute little boy, and since before we came here, and during the talk, I'm terrified about him making noise, and it caused me to miss a lot of the talk yesterday and today because I took him outside so that there wouldn't be noise. So, one question is, because I feel like it's a little bit like I wanted to do the loving thing, but I was actually terrified by not doing the loving thing.

Jesus:

Yes, (Laughs) I get you. What was your name, sorry?

Participant Male:

Edo.

Jesus:

Well, Edo, firstly, it's very loving for you to take your son outside when he's making noise because then everybody else can hear, and also, we have recordings and then everybody there can hear, so that's a very loving thing to do. The good question though is, from God's Perspective is, if you're afraid and that's why you did it, from God's Perspective, you weren't driven by love, you were driven by fear to do it. Now from God's Perspective, that's like, you weren't loving, you were just driven by fear. You follow?

Participant Male:

Yes.

Jesus:

Now sometimes we can do this. We can take what seems to be a loving action, but the motivation is not loving. So, the motivation was fear, if the motivation is fear, then the motivation is not loving, and

therefore, the law measures the motivation as well as the action. You did a loving thing in the sense, it would be defined as loving to not have noise for the rest of the people, and by the way, we have recordings for this exact purpose, so any person with children can just go out whenever they want, and come back whenever they want and they're not going to miss out because we've got a recording. That's the reason why we do recordings.

But in doing it out of fear, that's the problem, because that's not a loving thing to do it out of fear. It's more loving if you just did it because you love people, and you go, right, he's making a racket, I've got to take him out.

Participant Male:

But then in order to confront the fear, I would have to do unloving things.

Jesus:

No, you don't have to do unloving things to confront fear.

Participant Male:

How would you suggest that I do that?

Jesus:

Well, how would you confront the fear of - so, what's the motivation, so you think about your motivations as to why you felt that you had to take him out, out of fear, what was the feeling in you about that? Can you feel what it was?

Participant Male:

I think I was afraid you guys being angry.

Jesus:

Well, have you ever seen me being angry in a group, like all of our groups, the whole thing's recorded generally, have you ever seen me angry.

Participant Male:

No, but I did hear you talk about unloving people, and I don't want to be one of those.

Jesus:

Okay, okay, so the real problem...

Mary:

After this talk though, we know we're all unloving people, but anyway, and not to get you away from it.

Jesus:

Not to get you away from it but, so the real problem was a feeling of potentially feeling like you're going to get shamed, isn't it.

Participant Male:

Yes.

Jesus:

Which actually comes from, like I'm not into shaming people. The whole reason for saying all this was not to shame people, it was just to point out a fact, and that is, almost everybody on Earth is in the hells, that's a fact. And I'm just giving you an example of how that's a fact. So, it's not for the point of shaming anybody, it's for the purpose of making you aware, actually, that this is a fact.

But your fear of being shamed, obviously, comes from childhood issues in your own life, where you were shamed, and you've not let it go yet. So, the way to lovingly confront it is to put yourself in

situations where you might be shamed but when you're doing a loving thing. So, what would you do there?

An example of that is, there's a truth you need to speak up for, but you feel ashamed and so, you don't speak up. If you wanted to confront that issue, you would speak up instead. And whatever shame people heaped on you, you would bring it on. I did the right thing. So, I'm not suggesting that you do the wrong thing as a way of triggering emotion. The way to trigger emotion properly is actually to do the loving thing, in harmony with the law, and then the sinful emotion will be exposed. Does that make sense to you?

Participant Male:

Yes.

Jesus:

So, the correct action is, when we know there's a sinful emotion inside of us, the correct action would be to do the loving thing, and to do it in truth and in harmony with humility and let whatever happens around me happen to trigger whatever emotion I have inside of me.

Participant Male:

So, I need to find the loving things to do that would trigger the thing the event.

Jesus:

Correct, that's what you need to do. So, you know the shame exists, you know the fear of shame exists as well, and the fear of shame exists because the shame exists and you haven't felt it yet, from your childhood. So, you end up afraid of that shame, so you know those two things exist, so the best way to confront it is in a loving manner, not in an unloving one. Because in an unloving one, you would feel guilty afterwards as well because the law will punish you, so you don't want to do the unloving thing in order to deal with an emotion that you know is unloving.

Participant Male:

That makes total sense. Thank you.

Participant Female:

I am afraid to ask this. I've been in a situation where I was very triggered and it's in public, so I asked and it was given, and I was very, very challenged, and I met a person that has tried to harm me in the past, but I was on the way to the gym, so how do I deal with the fear that I had when I was in a public space, what is the loving way because I often also feel very sad when I'm in the public or when I'm surrounded by people that are not loving.

Jesus:

Yes, well, very firstly, we must say that the addiction to be private with dealing with your problems is an unloving addiction. So, do you understand what I mean by that. The world sort of thinks all of your unloving behaviour, all of your actions should be all dealt with in private, and the addiction to deal with it in private is to do with the fact that we don't want to be exposed in public. So, I'm not suggesting in public that you should deal with your feelings, what I'm saying is the addiction to do it in private is a problem.

Now to illustrate that what I mean is, let's say in public you do something to harm me, right, and I feel, let's say I'm embarrassed, if I'm unwilling to feel my embarrassment in public, then it's likely what I will do, is I'll start wanting to defend myself or even attack you because I will perceive what you did to me as an attack. Because I'm not owning my own feelings, my own addictions, but if I own my own feelings, I'm prepared to just sit there and be embarrassed. I'm prepared to be humble enough to be able to cope with being embarrassed.

There are many times Mary and I feel quite embarrassed. One person came up, where was it, in Austria, and he bowed down to me like a, what, like I found that very embarrassing. He thinks I'm Jesus, you

know, got bow down to Jesus or whatever, and I'm going, get up, get up, what's wrong with you (Laughs). I'm just a person and why are you doing this, you know, there's something wrong, why are you doing this. But it was embarrassing, like other people watched and saw, and it felt quite embarrassing to me, but I can just feel my embarrassment in public and just still - because I'm feeling my embarrassment, I can now be loving to the person. So, I grabbed him, and said, stand up, I'm your brother, and gave him a hug. You don't treat me like that, is what I said to him.

And if you're embarrassed, you can feel your embarrassment in public. There's no problem with feeling your embarrassment in public. Now let's say the embarrassment is so strong that you start crying, and then after a while you connect with something, and you're crying very loudly, well then, of course, the polite thing to do would be to withdraw and go to a place where people are not going to be bothered by you feeling your emotion, and that you're not imposing your emotion upon the space.

So, another thing I don't do, is I don't sit in front of people crying or screaming or carrying on with my emotion; I go and deal with those things in private because it's not loving for me to do, even with Mary around. If I'm starting to cry, I say, Mary, I just go to my room, feel my feelings, so Mary can get on with doing other things in her life rather than being bothered with my noise. You follow?

I don't do that out of embarrassment, I do that out of love for Mary. In every situation, love can be considered, and it doesn't matter how damaged you are and whatever your emotions you've got to deal with, if you're humble, you'll consider love in the process but also be humble in the moment. And you're capable of doing that, everybody is.

Participant Male:

I was wanting to ask about the free seats or like the free venue, if you make a like a fee and the people that don't come have to pay the fee, and the people that do come, they get refunded.

Mary:

We thought about Tim. We were thinking about like how do we create a system that's loving, where there is some penalty, kind of trying to reflect God's Laws, where there's a penalty for just the lack of love, but nothing on the people who love. But we both feel like there shouldn't be any monetary, even there you have to have money upfront in order to come, and that feels like it's limiting some people.

Jesus:

What about the people who are really poor.

Mary:

Yes, so it doesn't feel right. And also, I think what Jesus just did, is the best way to deal with it, really.

Jesus:

Educate.

Mary:

Educate people, what's involved, we probably could do more to educate people about the time, effort and energy that we put into even finding locations and setting up things, but just educating people about their sinful feelings, is probably the biggest thing we can do.

Jesus:

Yes, it's the only solution. The only solution is to educate people. Mary and I, in our love for you, we want to make sure when you come there's a sit. So, if 90 people are booked, we're going to try to make sure there are 95 seats or more seats.

Mary:

Always more than booked, we accommodate.

Jesus:

We try to do, yes. And the reason why that is, is that if you have to sit on the floor for five hours listening, it's very hard. You're not going to be able to hear for that amount of time. So, if we do have an environment and sometimes, we do at home, have an environment where everybody is just sitting out in the backyard on the ground, on the grass. We often do teaching at home where we've all been working, and then at lunch time from midday to 2pm we do some teaching, and all of us are sitting out on the ground and everything, in our work clothes, and that kind of environment, we know that if we go too long, everybody is going to get more and more uncomfortable, so obviously, we try to keep it to a certain length so people don't get that uncomfortable. We're always trying to think about how - what we choose to do is going to impact your ability to actually feel and process anything about what we're talking about.

(Approximately the next 10 minutes of discussion not transcribed - continuing the discussion about setting up the venue so that it's loving to the audience.)

We're not facing the sin because - this is why I had this conversation with you (flipping the whiteboard over) is to start facing where we're at. Because the world is there (normal life), and we're not far removed from it. If you were far removed from it, you would be like us, you would be attacked every day, the media would attack you every day, people who are in your life would attack you every day if you were more like us. Something to look forward to. (Laughter)

Well, it is in a way, because it means you're doing better. You're doing better than the average. I sort of look upon attack as, oh, that's happening, that proves we're on the right track rather than being on the wrong track.

These are things you think about when you feel loving towards people. You're not going to be guided by your fears, you're not going to be guided by your desire to fit in with the world. In the 1st century, I used to say a lot, be no part of the world. You can live in the world and be no part of it. And this is what I meant because if you're a part of the world and you fit in with the world, it means you're in the same condition as the world. And if you look at the world's condition, it's not very good.

What amazes me, is the average person looks at the world condition and says, I'm better than that. I find that quite hypocritical and also, not very self-analytical actually. Because it's like, you're living in the world and everyone around you is okay with you. If that's the case, then it probably means you're in the same condition as they are. And that's not good. You look where the world is headed, it's not good. It's not good on a lot of levels.

We're getting more and more violence, there's more and more war, there's more and more environmental destruction, there's more and more medically, like manufactured diseases, like the world is getting to be a mess, right, and it's because of the love issue (normal life), that's why. There's no other reason than the lack of love, that's why.

Participant Male:

When we come to a group, how can we help to make the group more loving?

Jesus:

Great question, yes. The way you make something more loving is you come in with an open-hearted desire to learn. If you think about children, we see very young children, and those of you who have had children, you will know that when they're quite young, once they get past the stage of it's all just body functions, you know, wee, poo, eat, drink, whatever, and they get to the stage where they are able to be reasoned with which often begins quite young, like you can begin

reasoning with a child, usually, anywhere from about seven months onwards, you can start that process. Most people don't until they're two or three, but you can start a lot earlier.

Once you can start reasoning with a child, the child starts asking questions, it says, daddy, what's the sun, how does the sun work, and you go, (Laughs) the average parent goes, oh, I don't know son, let me look it up, let me go and investigate it. But if you think about it, a child is that young and they're asking very intelligent questions that the average adult can't even really answer, why is the sky blue, that kind of question.

So, they're asking about the world around them. And they are open to receiving an answer without judgement and without criticism, what they do is, they're in this sort of state, aren't they, where they ask and then they receive, and then they feel about it, but that doesn't make a lot of sense to me dad, you know, that kind of thing. Like, if dad said, years ago they used to believe the sun is the back of two elephants, you know, that kind of thing (Laughs), well the average person looking up says, I can't see the elephants, dad. So, he's going to ask more questions because he's felt about it and he's analysed the answered and going, there is something wrong with this answer because I can feel there's something wrong with the answer, right, but he doesn't criticise even then, does he. He's still in a place of, well that doesn't make sense, type of feeling, not in a place of you're dead wrong, not totally critical about the whole thing, he's open to receive.

Now if the average person who heard Divine Truth came with that spirit, can you see they'd also bring with them a posse of spirits, because remember every person has spirits around them, this person has spirits around him, so every person has spirits around them, so they'd bring spirits who are also in this questioning state. So, you imagine the atmosphere then. You can feel, can't you, that the atmosphere would be very good. It would be very conducive to

learning, very conducive to helping you understand better and so forth.

The key is to be in a child-like state when it comes to receiving truth, which is really, if you look at the (flipping whiteboard over), oh, it's not there anymore, remember the four, five things I mentioned, humility is one of those things. If you come into a place with a humble state, that is going to mean the atmosphere around you is going to remain in a humble state, then that atmosphere is going to influence other people into a humble state, and if everybody in the room is in a humble state when we share truth, it actually is no effort to share truth to a room that's humble, at all.

As Mary knows, very enjoyable, isn't it babe.

Mary:

Yes, we've had times like that in Australia in the past year, haven't we, where just the conversation kept going and going from lunch time until after dinner time, and it was like no time was passing because everyone was in this state of just seeking and interest and reflective and...

Jesus:

So, when Mary and I talk to a group that's very resistive, it takes quite a lot of energy to do five hours of talking to a group that's resistive. But if you start talking to a group that's not resistive, five hours pass and you go, where did that go, it's like a breeze to talk to those people. So, yes, bring along a state where you're open to receiving more truth, no matter how confronting it is, that's one of the best ways, so that means bring along a humble state, doesn't it, not a fighting state or a - I'm there, you know, he's saying he's Jesus, I've got to criticise all this, well, you don't have to really.

Two-thousand years, I've had a lot of criticism, you don't really need to add to it. (Laughter) I've heard most of it, like there's so many

times when I've gone to someone in the spirit world and they've asked for Jesus to come, so I've come and I say, I'm Jesus, and they go, what. (Laughter) Because they don't expect me to be like I am, so there's many times that that's happen, millions of times actually that that's happened. You imagine there's a lot of Christians on the planet who ask for Jesus after they pass, and if they're sincere, which often they're not, but if they are, then I'll go, and if I feel they're sincere I'll go, and then I rock up, and they go, what, where's the right-hand of God, and why aren't you God, and this surely isn't what God looks like, and there's all sorts of criticisms and everything, so I'm used to people criticizing me for all sorts of things, and I've had thousands of years of it.

But if you're open, then you've got the capacity to receive, but if you're closed, it doesn't matter what people give you as a gift, you won't receive it. And many of you have heard that illustration where you've got your hand-fisted, somebody gives you something, you can't pick it up, can you, it's the same principle in your heart really, isn't it. If you've got a closed heart, somebody shares something with you, it's not going to enter. And, of course, everything Divine Truth has to enter your heart, not your head. So, there's many people who think that they are in a good state when they come, but actually their heart is quite shut down.

So, the key is to open your heart, your feelings, right, now many people feel when I say that to them that I'm a dangerous cult leader now, influencing people to open their heart to things that they're not sure of, and the reality is that you do need to open your heart to everything you're not sure of, but you still also need to be able to evaluate it, just like the child would.

Mary:

The idea that we protect ourselves from holding back ideas is not based logic. I won't listen to any new idea or any new thought and that will protect me. Actually, it makes you more unsafe really

because you're limiting your access to truth and you're saying also, I can't find truth, I can't discern truth.

Jesus:

Yes, you're actually displaying your inability to have some self confidence in your ability to analyse.

Mary:

And if you don't have confidence in your ability to analyse, you need to develop that, that's very important for your future life.

Jesus:

Yes, we would encourage you to develop that.

Participant Female:

A question about spirit influence, I feel like I'm getting a lot of influence not to ask this question.

Jesus:

Okay.

Participant Female:

I guess personally I feel I get some influence to not - I sometimes help people with dealing with their emotions and I get a lot of shut down and negative influence, so I guess the question is, how to deal with the influence as we're trying to move to the other side of the line, and also, how to deal with spirit attack.

Jesus:

Can you feel in yourself that you're quite afraid of spirit attack.

Participant Female:

Yes.

Jesus:

Yes, and this is the main problem many of you face is that when we start talking about spirits, many of you start thinking them almost like as if they're monsters. Do you know what I mean. And it is true that there are many spirits that are quite dark and evil, and they are quite sort of monstrous in a way, but they are just people. They are people who've lived on Earth before and now they're in the spirit world, and they died for whatever reason, and they've got their own problems just like you have.

So, the very first way to deal with these influences, the dark spirit influences, is to firstly, understand that they are just normal people, and they have normal problems, and they act, as the average person on Earth does, quite unlovingly, that's where they are. The beauty of understanding that is that you can then, instead of viewing them as a monster, you can view them as a person with problems rather than being monsters.

Now our spirit friends, if you want to call them that, many of them are not very friendly.

Mary:

We can call them brothers and sisters.

Jesus:

We can call them our brothers and sisters, they have their own personal problems, and their condition of love will demonstrate how they behave with those personal problems, just like a person on Earth will behave badly under certain circumstances because of certain personal problems, so too will a spirit in the spirit world. If I understand that and have some compassion for them, a lot of spirits who are dark spirits don't want you to feel compassion for them. What they want you to feel is what?

Mary:
Fear.

Jesus:

Yes, well fear first, and then usually when you don't want to feel fear, what happens? You get angry, they don't mind that either because you can be quite influenced whether you're afraid or you're angry. An example is when you're afraid, you can be pushed into doing things you didn't really want to do, but you feel like you have to do because you're afraid. When you're angry, you can be just triggered by somebody pushing the button of your anger that causes you to go and do something unloving, so in either place, you can be quite manipulated whether you're in fear or anger.

For yourself, the main feeling is fear, right, so whenever a spirit gets around you, you're not really assessing why they're there or anything because already you're afraid, emotionally you're afraid. So, the very first thing you're going to need to do is deal with your fear of them, but they are just people who are not in a good place, just like many people you meet in the street, that's all they really are. And if you have compassion for them, that's not fear.

Now most spirits who want power over people on Earth, want you to be in fear. In order to control you, they need one of three things: co-dependence, fear or rage from you. That's what they need. So, co-dependence meaning, they need you to need something that they need. It's like a drunk man in the spirit world, he needs a drinker on Earth, he needs to connect to somebody who's an alcoholic and get him to drink more, that's what he needs.

Mary:

Or they need you to want something that they promise, and that you will give them something in return, like classical co-dependence on Earth.

Jesus:

So, co-dependence is a large reason why people get influenced on Earth. An example of that, the question you asked was about emotion. Now a person who doesn't want to feel their emotion is going to be co-dependant with a spirit who doesn't want to feel emotion. The reality is when you're working with somebody who doesn't want to feel emotion, you're going to have to work with more than one person at the same time, because you're going to have to work with the spirit who doesn't want to feel emotion, and the person who doesn't want to feel the emotion.

So, while you're working with the person in the physical, you can also talk with the spirit and try to help them to work through their thing as well, but if you're afraid of them, you won't do that obviously, right, you won't do that.

The first thing a spirit wants is co-dependence, these darker spirits I'm talking about.

The second thing they want is outright fear. Fear gives them an adrenaline hit of power so, when you get afraid, they feel powerful. It's like a person on Earth who's abusive. If I was an abusive male, the way to make Mary do whatever I want is to make her afraid, and then she's so afraid, I'll just want her to do something, and she'll go and do it, and the spirits know that and so they, like people who want power, like you feeling afraid.

If you're in a state of fear with regard to spirits, you would need to deal with that. You need to feel your fear, work through your fear so you're no longer in fear.

Mary:

Because the reality is you're not going to feel compassion for them while you're afraid, you can't fake that, you have to deal with some feelings to get to that state, don't you.

Jesus:

Then with regard to anger, when you get angry, obviously, you become very uncontrolled, and the reason why you're angry is because an addiction is not getting met. Spirits like that because they want you to meet the addiction that they want you to meet. A lot of them like your anger because what it does is it helps them meet addictions through you. So, what would you do there? You would have to look at your addictions that drive your anger. Your expectations, your demands, and if you deal with those three things, you'll not be bothered by dark spirits ever again.

Participant Female:

Thank you.

Jesus:

So, it's quite simple, of course, what's actually happening on Earth at the moment, is that huge numbers of people are bothered by dark spirits all the time. In this audience, you've got probably, from what I can see, you've got probably 10 of the younger men are all bothered by abusive dark spirits.

Mary:

At least.

Jesus:

And then you've got, most of the women in the audience are also bothered by abusive male spirits, and a couple of you in the audience, men, are actually in league with power-mad male spirits, and then, (long pause) yes, a lot of you are dominated by family spirits who have the same family-based injuries as you have as well.

Jesus:

But all of those relationships would disappear if you dealt with those three things.

Mary:

And the thing about spirits, like Jesus said, spirits are people, they're just people. Some people can see these people that are in their spirit form, most people at this point on Earth can't see them, but they are people. And what I found with spirit attack and spirit influence is that those spirits who I've been open to their attack or open to their influence, they were hooking into injuries in me, and I had the same patterns in relationships with people on Earth. And if you understand that, then you can deal with the relationships with people on Earth in a humble manner, it will help you with the spirits. You can deal with the spirits in a humble manner, it helps you with the relationships on Earth, it's the same soul that you have, and the same soul condition that you can change.

Participant Female:

Thank you. I had another question, but it might not be appropriate for the topic.

Jesus:

Is it off topic.

Participant Female:

It's related to sin and the effect of my soulmate.

Jesus:

Well, that's on topic.

Participant Female:

So, how sin accumulates by one half of the soul effects the other half.

Jesus:

No, not at all.

Mary:

No, not at all. We had this question in Portugal.

Jesus:

And not at all, and the main reason why, if I can illustrate why is, (drawing on whiteboard) when you incarnate, obviously, there's this feeling, see in the union-state before you incarnate, you're not conscious at all. There's no consciousness, no self-awareness, no awareness of anything else around you, there is some instinctual things that you know you need to do, but even that's not a knowledge, it's just an automatic thing, just like any other instinctual thing, and the instinct of the soul is to incarnate.

Incarnate means it needs to split in two halves and join to the two bodies that are created at conception, so the spirit body and a physical body which are both created at conception. The soul knows it needs to do that process, right, that's all it really knows.

So, it's not aware of this duality. When you first come, there's no soul-based awareness of the duality, the fact that you're two halves. At this stage, you're thinking you're just one half, one person. Of course, that happens to the other half at some point whether it's before or after you, is dependent upon a lot of different laws operating, and we can't go into those right now.

Now because of the condition that you weren't aware, it's fundamentally, the way it feels, emotionally feels, is that you're like that (drawing the soul separate on the whiteboard). In other words, it's a sort of separation that exists emotionally, because you're having two separate emotional experiences. The reason why God really created it that way is so that there's two chances to discover yourself rather than just one. See, if it was just one then you'd have to, if the one person didn't have a linkage to another, in any way, then if it was just one half having to go through the experience by itself, then you'd have to discover everything yourself. So, you'd have to discover masculinity and femininity. It would probably be no feminine body or masculine body under those circumstances either.

God created the process, because if you're in separate bodies, as you go through the life experience on Earth, there are certain things that get triggered, from the soul, and also from the bodies that trigger you into action in your life.

An example of that is puberty. Puberty triggers you into thinking about somebody else. A lot of children, you know that don't you, a lot of children when they're very, very young hardly think about anybody else at all. And then over time, they get to think about other people like mum and dad, and sisters and brothers, and they have to work with them, and then they go to school and whatever and they have friends, and they have to think of them.

So, they're growing in, you could say, their expression of love is growing, but they don't think about a partner, like the other half of themselves until usually they start puberty, and then they start feeling like, I want to be with somebody else in a relationship, a sexual relationship. So, the development sexually aids the soul to become conscious that it's a half of another. Does that make sense to you.

But while it's imbibing its injuries and not conscious of the other, its injuries have to be dealt with by the half of the soul, not the whole soul. So, the reality is actually, that one half of the soul can become a Celestial spirit which is in the 8th sphere of the spirit world, and the other half can be in the hells, in terms of their loving condition. But, of course, if you think about it, you're in the hells, and then your soulmate is in the 8th sphere, there's going to be a lot easier for you to get to the 8th sphere, if your soulmate is already there, isn't it.

Because they're going to come and visit you, they're going to want to be with you at some point, they're going to want to recognise you, they'll come to spend time with you, you might not even know that they're your soulmate for many, many years while they're doing this, but they'll know because they know who their soulmate is before you did.

Because they are in a higher condition of love than you are, so they would know.

And then they'll come and eventually you'll become aware, and so this gives you the opportunities to change and even to receive God's Love that you would not otherwise have it. Every soul has got two opportunities to receive God's Love, not just one, two, because there's two different halves that can both receive. And once one half receives, the other half, the soul benefits.

So, God has created it this way so that firstly, there would be no pain when you incarnate, aside from the pain that your parents caused you. There is no pain from the loss of the memory of your other half, none at all. You will go through a process of individualisation which defines who you are, and in the process of that, if you continue to grow, receiving God's Love, you will eventually get joined back with your soulmate, but both of you will be conscious of yourselves. You will be conscious of who you are, what you want out of life, your personality, your nature, and you'll also have to have developed a character in harmony with love as a part of that process.

Because development is something that each half of the soul also needs to do by themselves, while they are growing together. In other words, if Mary was in the 8th sphere, and I'm in the 1st sphere, the only way we can really be together is for me to get to the 8th sphere. Can you see, so I need to develop in love in order for me and Mary to be together, and there's a great pull on me from Mary in the 8th sphere for me to develop in love. Once she has developed in love, there is an influence, one half of the soul - remember every positive influence is permanent and long-term.

Remember we discussed the rewards of living in harmony with love, and one of those - remember I said that every time you do something loving, there is a permanent benefit, so one of the permanent benefits of a Celestial spirit living in harmony with love is that, if I, the person

who's in the hells, and a part of this soul actually, when I start to - even just during normal life, there will be some level of influence over me from her condition on to me, and God designed it this way so it just makes it easier for you to progress.

So, you're not alone even in your progress, the other half of you is there too, right, trying to progress.

Mary:

And the loving influence is the stronger influence rather than the unloving one.

Jesus:

The more unloving the influence is, the more selfish it is, and therefore, the more self-absorbed it is, and therefore, the more it's just like, the half of the soul experiencing it. Does that make sense? So, the more unloving your feelings are, the less impact you can have on the other half of your soul. But the more loving you become, the more impact you can have on the other half of your soul.

Mary:

It's a good system, isn't it.

Participant Female:

By default.

Jesus:

By default.

Participant Female:

It's a very good system. Thank you.

Jesus:

No worries.

Participant Male:

Hey guys, my question is actually about God's Love on removing sin, but I was just going to mention about spirit attack actually, just because I had some yesterday. And before coming to the event, obviously, I'm recording and things, and I felt this kind of feeling before I left to say, don't do this, this is bad, you shouldn't do this, but it felt very much like people behind a window kind of projecting just saying muffled almost sounds, like don't do that. And I kind of just politely told them to jog on. (Laughter) (unable to hear)

But my question was really about something you mentioned yesterday with receiving God's Love; you mentioned that God's Love can help remove the reasons to why we sin.

Jesus:

The cause.

Participant Male:

The cause, and if I understand sin to be my desire out of harmony with love, my desire to avoid my grief and fear and all of these other emotions, but you also said it's our responsibility to address those, our own sin, it's our own creation, so what is it exactly God's removing when you say that.

Jesus:

Well, every time you sin, every time you break the law, that is your creation. So, firstly, let's make that clear. Secondly, every time you have a creation that is a sin, obviously, that creation has effects, and these effects include some of the effects that we listed here, which include the fact that you become more evil, you become more lawless, you become more spirit motivated, negatively.

Mary:

You create pain for others.

Jesus:

You create pain for others, and also, you're going to need correction and you're going to need reparation, these are all the effects of your sin. So, all of those effects are effects and even the need for correction and the need for reparation are effects, right. The purpose of them is to deal with the cause, but they are the effects of your sin.

But there is a reason why you sinned, internally. Does that make sense. A motivation, a desire that exists inside of you. And that desire comes, usually, from some point in your life, from some event in your life. Many times, you don't even know what it is, but it comes from some event.

Now when you receive love, if God's Love can clear away your memory of the event, which is how it works, then of course, the reason why you sinned is now cleared. The way it works is that - all compensation works on memories. So, all change works on memories, but they're not what you guys feel are memories. A lot of you feel a memory is like a thought. Does that make sense?

Participant Male:

Yes, you mean more like an emotional memory.

Jesus:

Yes, they are all emotions, and they do contain thoughts, but they contain far more than thoughts. They contain things like smells and emotions and experiences and sensory feelings, and all sorts of things. An actual memory is made up of all the sensory apparatus coming from your physical body, all the sensory apparatus coming from your spirit body, and all of the senses of your soul mixed together to create the experience, so that is what fundamentally is a memory.

To clear away a problem at its cause, the way you do it, the way God does it, is to clear away the memory. So, He rubs out the memory at

the emotional level, not the intellectual one. So, the intellectual memory remains, but the emotional signature of the memory dissipates. You follow me?

Participant Male:

Yes, it's like reformatting a hard drive, but the hard drive's my soul.

Jesus:

Sort of, yes. Of course, it only reformats one thing.

Participant Male:

One part, yes,

Jesus:

The thing you become awakened to, but that's the way it works by rubbing out the memories. By the way, the Law of Compensation which includes correction, rubs out memories too, but in a very slow manner, and you've got to do it yourself. You've got to get to the stage where you forget.

Mary:

Because there's no emotional signature left on it.

Jesus:

If you look at the way God's Love works versus the way the normal way of progressing works...

Mary:

Compensation.

Jesus:

Compensation. Let me just draw the two separate things, because this is a good thing to understand for your progress. One works by you having memories, now we've had a lot of discussions about this with people in Australia, there's recordings of it all but we haven't had

time. We've got probably 1200 hours of recordings that we haven't edited at this stage. So, these are some things we've discussed.

So, you have memories. There's two ways to deal with your memories, one is to go through all of the emotions that remind you of the event to the point where there are no more emotions left, so you end up with no emotions or you could say, no emotional memory of the event.

So, let's say you've been abused, you'd have to go through the feelings of be abused or the emotions that they caused until there was no longer any emotion associated with being abused, and you can't emotionally remember it anymore. You can remember the event in your mind, but it has no emotional power over you anymore.

So, that's one way. That is called compensation. And in particular, it's correcting, it's not the reparation side of compensation, it's the correction side. Because once you have no emotion related to the memory, you're not going to act in the memory anymore. It makes sense, doesn't it?

On the other side, so you can think about it as a doctor, you can think about it as you're dealing with the emotional person and what you're doing is you're getting them to go through a process where they no longer, emotionally, remember the event. In other words, every time you talk about the event, they have no emotions left about it. It's like they can talk about the event as if it was like going down the shop and buying some fruit or something, with no negative feelings associated with the event at all.

It's not the same as denial, by the way. Because people can deny events, but when you start talking about them, they're in a rage, so that's a very different state.

Participant Male:
It's almost the opposite.

Jesus:

Yes, it's almost the opposite. When people are in denial, you start talking about their memories and they're like, whoa, they get very emotional, very quickly, generally, which is indicative of the fact that they haven't done this, right.

So, by the time they've got no emotion, if you ever read the [Padgett Messages](#), that's called forgetting. In other words, the emotion is forgotten. Does that make sense? So, that's the process of compensation.

The process of receiving God's Love is, you have the memory, and the memory causes you to sin, so in amongst here there is sin obviously (pointing the compensation side), so you focus on the sin and repent for the sin, and what God's Love does is it comes and rubs out the memory. So, it's not rubbing out the sin, it's rubbing out the memory that causes you to sin.

Mary:

So, therefore, you cease sinning a lot quicker. You still have your emotions, and you still have the effects of the sin that you need to deal with.

Jesus:

Yes, you still have to repair the sin, and people do, but there's no longer any personal, emotional signature in the sin inside of them because God rubbed it out. In other words, they've forgotten but it was because of God's Love being received, they've forgotten now.

Participant Male:

And again, we're talking about the emotional memory of the event.

Jesus:

Correct, not the intellect. The intellect always remains with you for the rest of your existence. So, I can remember every event that's ever happened in my life, you follow? The more connected to your soul you become, the more you remember every event that's connected to your life. When I say, I can remember, what I mean is, generally, humans can remember every event in their life.

Mary:

It is possible, is that what you mean?

Jesus:

Sorry.

Mary:

It's possible, it's a possibility.

Jesus:

You will get to the stage where you will remember every event in your life. Of course, some events are going to be very hard to recall because they might have happened 140,000 years ago, you know, and time has the effect of sort of, wow, there's a lot of things that has happened over those 140,000 years. So, I know spirits who are about 165,000 years old, and when you talk to them about their experience when they were on Earth, it's like, just let me (thinking), let me go through all of that first to remember that event.

Amon and Aman, the first human couple, which you will have the ability to talk to when you pass probably, they've got to cast their mind back to the beginning of human life on Earth to remember their life on Earth, that's a long time, right, so naturally they're going to take a while to recall it, because there're a lot of memories to go through. And also, the problem with recalling it, is there are no emotions associated with those memories. It's like, oh, that happened, almost like it happened to somebody else.

Participant Male:
Can I ask one more question?

Mary:
Can I just clarify one more thing that was inherent in your last question, was about - because you referenced Jesus talking about how we have to be responsible for our own sin and relating that to repentance.

Jesus:
So, this is me still being responsible for that sin.

Mary:
Just don't be confused that - you feel like you're taking a lot of responsibility in the repentance process.

Participant Male:
That was my next question.

Jesus:
Total responsibility.

Participant Male:
Doesn't this mean that I'm still taking responsibility, and also, to be repentant, I am taking responsibility, so I'm already addressing that.

Jesus:
Correct, so the sin, you're taking full responsibility for, but the memory that basically is a fundamental operating reason why you sin in that manner is removed, just like it would be in this process (referring to the compensation side), but it just takes a lot longer time to get to a point where you forget.

Mary:

It's like in this compensation process, the law is still forcing you, it's forcing you to take responsibility. In the repentance process, you're saying, I want to, I'm doing it.

Jesus:

Can I also say though, compensation is forcing you through a process for your own happiness' sake, actually, because it's like, God knows that you've got a whole heap of things that you experienced on Earth, and the biggest things that you're going to feel worse about are the things you've been guilty of doing. In other words, you won't feel worse about your mum and dad treating you badly, you'll feel worse about you treating your children badly. Does that make sense to you?

When you've harmed others, that's what you're going to feel worse about. And this is a common thing, the more sensitive you become, you feel worse about your own sin, than you do anybody else's around you. In fact, you get to a point where other people will sin around you, and you go, well, that's not me sinning so it doesn't matter. What matters is me sinning because you feel that intensely, the pain and suffering internally that goes on when you sin.

And so, this process (compensation), God designed to make you happy because if you no longer remember the emotion, the guilt associated with the sin, then of course, you're now free of it, completely. Does that make sense to you?

Participant Male:

Yes.

Jesus:

So, the purpose of both courses of action (compensation and repentance) is to make you happy, to make you free of the emotion, it allows you to forget the emotion. And so, the process of compensation will eventually result in the forgetting of emotion, just

like the process of repentance will result in the forgetting of emotion. The difference is, in this path (compensation), you've got to work through your memories one by one, you've got to work through finding them, it's pretty tough.

Here, on this process (repentance), you've got repent for your sin, and the memory disappears. It's a lot easier. Remember, we're talking about emotional memory, experiential memory probably we should say, because it's not just emotional, it's sensory and all sorts, that's what disappears. And you're just left with an intellectual record of the event. Because if you didn't have the intellectual record, you wouldn't remember what you've been through and what sort of made you be the person you are now.

Participant Male:

You're just a happy, confused person with amnesia.

Jesus:

Yes, you would be an amnesia person, wouldn't you, and you know that people with amnesia are not necessarily happy.

Mary:

And you wouldn't have moral development, like this is a part of your moral development as well.

Jesus:

So, this is a very powerful process, and one way or the other, you're going to end up forgetting how bad you feel, which is really good because you get to the stage where you experience bliss, right, one way or the other that's where you'll get. Of course, on this path (compensation), you won't get that way with - you won't get to deal with anything with God, so you'll still remember how you feel about God.

So, a person who follows this path (compensation), always still remembers, even in the 6th sphere, their feelings about God. So, if they have bad feelings about God, they remember them. So, that's just something to bear in mind because many 6th sphere spirits we've talked to, who do have quite dark feelings about God, but they're still loving to everybody else. But when we start talking to them about God, emotionally, they feel very distraught.

They've ignored it for such a long time that they think they've forgotten, but actually they haven't forgotten emotionally, it's still there. So, they've been in denial of it, in other words.

On this path (repentance), you will also deal with everything about God. In other words, you'll forget all your bad emotions about God on that path as well. They'll all go too.

Just have a short break, shall we. Probably that needs to be the end of our discussion, I think, and we'll focus a bit on, after this, about what we intend to do in the future and all those kinds of things.

Part 3 - August 25, 2024, at 1530

Day 2 Part 3 Future plans not transcribed at this time