

Awakening to Sin Q&A

Divine Truth Assistance Group: Group assistance sessions putting principles of Divine Truth into action. "Understanding Sin & Its Causes" is the fourth assistance group in the Education in Love series.

In this presentation titled, "Awakening to Sin Q&A", Jesus and Mary answer written questions from the audience about the material covered in the previous presentation "Awakening to Sin".

Recorded on the 23rd of February 2019 from 3:15pm in Noosaville, Queensland, Australia.

Jesus:

You've got so many awesome questions; I really don't know which ones to choose to be honest. There are so many very good questions. What we're going to do firstly, is just say, so let's ...

Mary:

Oh, here, here.

Jesus:

This is the Awakening to Sin Q&A, I should say, right at the beginning. This is the Awakening to Sin Q&A.

Mary:

That's your, just quick ones.

Jesus:

That's my quick ones, yes. I'll just keep this in my hand.

Mary:

Okay, alright.

Jesus:

Yes, okay. Now quite a lot of you have asked about the conscience or asked about the conscience in an indirect way. Questions like, what is the best way to learn God's Morality; could you explain how the conscience works; how can we connect to the conscience; what do you mean by the

conscience, is it awareness or is it awareness with understanding; how can I become more sensitive to God's Morality, these are all questions about the conscience.

What we'd like to say to you is, Mary and I did a series, I think it was in 2017 - 2018, about God's Laws of Repentance and Forgiveness

[20171226-1030 God's Laws of Forgiveness & Repentance](#) (The human conscience starts at Session 9 to Session 13 – this link is for S9P1)

In there, we had four, I think it was four-hour sessions or four- or five-hour sessions, so almost twenty hours of information about the conscience. So, what we would recommend that those people do is to watch those videos about the conscience.

It answers every question that you could probably come up with about the conscience and how it works, what the mechanism actually is, and it describes the interaction or the interplay between God and the mechanism of the conscience that exists in each person's soul. And so, we feel we don't really need to answer those questions because they've all been answered in that series of discussions. Make sense?

Alright, Joy, where are you, Yvonne, okay, you want to come down to the hot seat. We'll start with you first; this one can be dealt with fairly quickly. It's a good question.

Joy's question is, can you see your sin without first seeing the sin done to you? So, I'll say that again, can you see your sin without first seeing the sin done to you?

The answer is completely the opposite way around. You cannot see other people's sin without first seeing the sin you commit.

There's this concept often that, oh, we've got to connect with all the things done to us, you know, in our childhood and then, we'll be able to see what we do to other people. That's not actually true. And, in fact, I've seen so many people try this, and all have failed miserably, to be honest.

The reason why they fail is because unless you see your own sin, you cannot see how you've been hurt by others. And so, everyone who does a lot of emotional work tends to start in the wrong place, right. They tend to

start looking at what others do to them rather than looking first, at what they do to others.

Make sense? Do you have any questions about that?

Participant Female:

I have experienced it in a way where I feel how I've been harmed and then, that tips over into I've done that to others.

Jesus:

Yes, and it's never going to be an accurate reflection, never going to be fully properly analysed. You can't actually fully properly analyse it because - this is what I've found through my own personal experience, Mary finds exactly the same thing. Anybody who sincerely processes through their sin finds the same thing and that is, unless you first see your own sin, it's going to be very, very difficult to see how you were harmed. You will believe you've been harmed when you haven't been.

Mary:

Yes.

Jesus:

Right, and you'll also believe that you haven't been harmed where you have been, but if you process through your own sin first, that won't happen. So, it's a very important thing to recognise and it's also, one way that a lot of people get stuck with God's Truth.

Because they think they're processing through the actual emotion of their childhood injuries when the reality is, they're processing through tantrums about their childhood.

Mary:

I've seen many of you do that over the years, you know. Crying and crying about some way that you feel that you were harmed in your childhood, but because you don't want to fully examine - don't take off the glasses of how it is right now, then we don't, we cannot correctly assess how it was back then. We have to want a reality now, before we can actually access the reality then.

Jesus:

Yes, you can't trace your history without first starting where you are now and working back.

Mary:

Which is great if you think about it.

Jesus:

It makes your tracing down things a lot easier, but remember what we're also saying, it also has to be done emotionally. So, you can't start where you are now and try to work yourself back intellectually, right, you have to start emotionally.

It's about seeing your sin now and coming to see your sin fully now, right now, what it is you do now that's a sin, that you can start to trace down and see. This initial phase of discovering your sin, particularly when you are emotionally resistant to doing so does take a lot of sincere effort. That's why you'll need what we listed as the requirements, in the Awakening to Sin presentation. Without those requirements, you're not going to properly see things.

We do feel that has been your case, that you often don't properly see things, and this is the reason why, actually because you're often trying to trace it back to something that is in your childhood, without seeing the sin you're committing right now and then, working from there.

Because you'll find that it'll really surprise you, because you'll work back and you'll see that a lot of the things you thought were bad from your childhood weren't actually sins and then, you'll also find that a lot of things you thought were good from your childhood were actually sins, if you trace them back in this manner. But if you go try to jump over your current state, and look at how others have harmed you, then you're not going to be able to accurately trace anything back, to be honest.

Make sense, yes. And we see a lot of you falling into that trap so it's a great question.

Mary:

Yes, and this is why wanting to know morality is so important because as soon as we desire God's Morality, we can start to assess ourselves as we are right now.

Also becoming sensitive to pain and suffering which we'll talk about in the next session, very important because we connect to the pain and suffering we're in right now, that gives us a lot of information as well about our condition and so on.

Participant Female:

Thank you very much.

Jesus:

No worries, thank you Joy.

Mary:

Nice to see you, Joy.

Jesus:

Yes, good to see you.

Participant Another Female:

Jesus:

Arvarna, your question is, when you are talking about awakening to sin are you talking about sinning as a whole or individual sins? (Laughs)

And a number of you have asked this, Di Marshall, Di you asked pretty much the same question, similar question. Is the process of awakening to sin something which is general for all sin, or is it something which happens with specific sins, with one sin and then it gets stronger?

Mary:

It's a good question.

Jesus:

Yes, good questions. Alright. You'd like it to be about the general sin, wouldn't you? (Laughter)

Mary:

(ding) there it is.

Jesus:

It's like if I could just get rid of them all at once, that would be fantastic.

Mary:

I don't know if I, myself, could if I saw all my sins immediately. (Laughter)

Jesus:

The reality is the way sin has piled up in our soul, if we could say that it's like layers and it's impossible to awaken to all of the sins inside of your soul at the same time, right. And to be frank, it would be impossible for you to emotionally cope with as well.

God designed it in such a way that they come off in layers, but you've got to want them, either way.

Participant Female:

I think what I meant was that, so is it a process of just emotionally realising that we're pretty much sinning all the time or - and then maybe along the way discovering the individual sins or something or not really.

Jesus:

Well, you know, how can you emotionally realise you're pretty much sinning all the time, if you think about it practically, how can you emotionally realise that? It's one thing to realise that we're probably sinning all the time, right.

Participant Female:

Yes.

Jesus:

But can you emotionally realise that you're probably sinning all the time. Would it be the word, probably, that you'd be using. See if you awaken to a sin, would you use the word probably?

Participant Female:

Oh, no. Probably not, right. (Laughter)

Mary:

Definitely not, definitely not, let's get into definites.

Jesus:

So, if I'm using the word probably, like I'm probably sinning all the time, that's an intellectual awareness that it's possibly true, but there's no emotional awakening yet, is there?

Mary:

Can I say, you've got to be careful at this point because a lot of you were on the brink of this, this morning. After my talk at the start of Jesus' first talk, a lot of you went to the edge and he brought you back of really this feeling of like, I'm sinning all the time, I'm a terrible, shameful, hideous person; that's not awakening to sin, that's attacking yourself, you know, and really punishing yourself, that's not what we mean.

Jesus:

It's also not an accurate reflection of what you really feel.

Mary:

No. (Laughs)

Jesus:

Because what you really feel is you still want to sin. (Laughs)

Mary:

When we talk about attitudes tomorrow, we'll see that most of us have a pretty self-righteous attitude about sinning, actually.

Jesus:

You know, a person who awakens to sin is honest about how they feel about it.

It's interesting, probably over the last few years, you (speaking to Mary) have talked to people a bit, haven't you darling, about what you've come to realise about different things and sometimes, Mary's gone through this feeling of like, I realise I'm just a drug addict with certain emotions.

You know what I mean, like needing this emotion to satisfy myself in some way.

Mary:

Yes, part of the awakening to sin is feeling the compulsion. You have to feel your current state and become sensitive to the effects of that state, but you have to feel it first. And a lot of us, what we feel is, no, I bloody want my sin; there's no joy in life without it, you know, what the hell.

Jesus:

When do I get happiness unless I sin, you know?

Mary:

You know, this is drudgery without sin, is really how most people feel. And you have to connect to that and realise that that's how you feel, and in that process, if you're sincere about it, you then begin to feel like, whoa, that's hurting and that's not moral, and actually it's hurting me as well, and hurting others, and that's part of this process of awakening to sin.

So, while Jesus has talked to you about the qualities you need to develop and what the broad concepts are, when it comes to awakening to individual sins, you go through these different phases where you realise how much you want the sin.

And you have to let go of judgement of that in that place, but that's not about condoning this. At the moment you're condoning the sin in yourself, but in awakening, you awaken to the fact of how much you want it, you let go of judgement of it, and you decide I'm going to do something about it.

Because when we're judging it, we're just trying to control it in a way that's not loving, you know. Does that make sense, yes?

Participant Female:

So, does that mean that you might awaken to a number of different sins and then, realise that, you know, you want all of those sins.

Mary:

Yes, at times.

Participant Female:

Yes.

Jesus:

Remember a full awakening is a process. We described it as a process. A process never happens in an instant. So, if you examine the process in your notes, you'll notice that there's like six or seven points in the process, wasn't there?

And if you examine the process, you can see that sometimes on one sin, you might be right at the beginning of the process and then, on another sin you might be right near the end of the process, right, and that's what happens.

But there are ways, of course, that you can get rid of a whole lot of sins, but that's by identifying what is the underlying cause for the whole lot of sins. See sometimes, we have one or two motivations for a whole heap of things we do.

For example, some of our sexual sins, for example, are motivated by just one or two sexual injuries and if you deal with those particular sexual injuries, the causes, all of those sexual sins will disappear, right, and frequently that is the case.

Like I've had the case where I'm working now on the sin of how I perceive myself in a negative light, and that's had a huge effect on my life in a lot of areas, and what I'm finding is if I start removing it, all these different areas of my life are changing quite a lot because I'm starting to remove the actual sin that caused all of them.

So, quite often, one primary cause can link to lots of different sins. Does that make sense?

Participant Female:

Well, that's quite cool, like...

Jesus:

Yes.

Participant Female:

So, then you don't have to do each individual sin.

Jesus:

Yes, you've got to remember that what you guys are judging as sin, is only the effect of sin.

Mary:

Yes.

Jesus:

And this is why we need to have the discussion about effects, right.

At the moment, we're starting - we're just trying to get a grasping of understanding sin itself, but we need to understand that most of the things you see as sin, is not actually the sin itself, it's the effect of the sin itself. And frequently, the sin itself is like one big problem, and it plays out in hundreds of different ways in your life.

And if you can remove the one big problem, then all those hundreds of different things you do all disappear; they all go away. This is why it's so important to see the difference between the effects of the sin and the causes of the sin.

At the moment when you guys are looking at your sin, a lot of the times you're saying, I do this and I do that and I do that, and when you're describing what you do, you're only describing the effect of your sin, and because there's hundreds of different things that you do, you think, oh, there must be hundreds of different sins.

Participant Female:

Would you mind giving an example?

Jesus:

Yes, yes sure, that's a good thing to do. Okay. So, here's an example, my parents taught me that I'm a great person no matter what I do. Does that one sort of relate, Arvarna, a little?

Participant Female:

I think so, yes.

Jesus:

No worries. So, my parents taught me I'm a great person no matter what I do. Now can you see that could be the source of a lot of sin, couldn't it? Because I could basically go around and do one thing that's actually not very nice, but I'm still a great person, right, and I could do another thing, not very nice, I'm still a great person.

I could take no responsibility for my life, but I'm still a great person. I can do a whole heap of things with other people where they treat, you know, where they have to treat me well and I go, oh, yes, I'm a great person, you should be treating me well, right. You can see that I could treat myself as superior to others in that place, couldn't you, and so every interaction, every interaction I really have, I'm really sinning almost in every interaction.

So, I'm committing hundreds of sins, but it all comes from one problem. You could say, this is the motivation or the cause (writing on whiteboard).

Mary:

Couldn't we call that the sin, babe?

Jesus:

Which is actually the sin, isn't it, because remember we said the sin is the will or desire in disharmony with God's Love, or the lack of will or desire in harmony with God's Love, that is actually the sin, but actually the effects of the sin are hundreds of different sins or you could call them, the actions that are sinful. And that's why later you'll see we use the term, sinful actions.

So, what you guys do is you go, you look at your sinful actions and you go, wow, I did this and I did that, that's three, four, five, now we're up to 652 today, (Laughter) right, there're my sins, but the reality is that all of them are just sinful actions based upon one sin.

Participant Female:

So, would that be like if I get angry with someone because they don't feel like I'm a great person. (Laughs)

Jesus:

Yes, yes.

Participant Female:

But I feel like they should feel like I'm a great person. (Laughs)

Jesus:

That's right, that's right. There's an example, like there's a sin, a sinful action, but it's based on the actual sin, which is deeper, emotionally deeper, it's what's really driving that sinful action, right, yes.

Participant Female:

Yes.

Jesus:

You know, parents think they're doing the right thing a lot of the times, you know, but in reality, it's frequently wrong because they have concepts, and a lot of times parents like have kickbacks from their childhood, right.

So, their childhood, they might have been treated badly and everything they did was wrong, so now they want to treat their children like nothing they do is ever wrong. You know what I mean. And they don't realise it has a terrible effect on their children. Their children grow up very selfish, and narcissistic, and self-involved and everything, but it's one sin.

It's a big sin, but it's one sin, but it causes lots of sinful actions.

Participant Female:

And then, so with that actual example, could someone get caught up thinking that they are like being hurt by someone who doesn't give them that feeling.

Jesus:

Definitely, yes.

Mary:

Relate back to Yvonne's question.

Jesus:

That's right.

Mary:

Where you can go away and feel like these people are hurting me, they don't love me.

Jesus:

They don't care about me.

Mary:

...because you haven't awakened to your own sin which is the sense of entitlement.

Jesus:

Yes, so the reality is I've got a sense of entitlement that everybody treats me like I'm a great person, even if I'm not, right. That's the underlying thing I was taught and that's what I now believe about myself, that I'm a great person no matter what I do. And I see a lot of this in men and women, it is a common thing.

Sometimes it is even gender related, my father treated me like that, but my mother didn't and so now, with men you have that feeling, but you don't have it with women. There can be all sorts of convoluted, you know, results of the problem. But in the end, yes, if the parents taught you that, you're going to think people are sinning against you if they don't think you're a great person, but no one has to think you're a great person.

God doesn't say, everybody's got to think Arvarna's great. (Laughter) All of you (asking the audience), do you all think Arvarna great, if you don't think Arvarna's great, you are sinning.

Mary:

Sinner.

Jesus:

Let's punish all of these people for thinking you're not great.

Participant Female:

Yes. (Laughs)

Jesus:

Now is it possible for anybody who doesn't know you, to think you're great.

Participant Female:

Sorry, can you say that again?

Jesus:

Is it possible for anyone who doesn't know you to actually think you're great in reality?

Participant Female:

Well, they wouldn't know me.

Jesus:

Exactly, they don't know you, how can they think you're great.

Participant Female:

But I'm pretty sure I've still got a feeling anyway. (Laughter)

Jesus:

Exactly, exactly. It's exactly right. Yes, so this is the thing is that if your parents teach you that, then you're going to have a whole slew of sinful actions, right.

Mary:

In lots of different areas of your life.

Jesus:

In lots of different areas of your life. And the reality is a lot of these sinful actions can disappear with you addressing that one issue. Yes, so that's good news, isn't it?

Remember we said that right back at the beginning, if you deal with the principled issue on the cause then lots of different effects can disappear.

Remember the cause is the sin that exists inside of us which is this (pointing to "my parents taught me that I am a great person no matter what") and this (pointing to "sinful actions") is just the effect.

All the things you did as a result is just the effect.

Participant Female:

And then, I guess, like that would mean a lot of people's lives would be a lot better like if I stopped...

Jesus:

...projecting that at them.

Participant Female:

Yes.

Jesus:

Exactly. Actually, the irony is, Arvarna, they'll all start thinking that you are a nice person, (Laughter) because you're not projecting this crap at them all the time, right. Make sense?

So, the very thing you want, the way you're trying to get it is driven by the injury that is not released, but that injury is actually causing more of what you don't want. And this is often what we don't see, the pain that we cause ourselves by living in the injury.

Living in the sin, we don't see the pain that it causes for ourselves, so then we struggle harder, we get more forceful with everyone. What's wrong with you, you don't like me anymore, and all those kinds of things, and that all just makes us more obnoxious and therefore, harder to like, and so, this is what frequently what happens with our sins.

Unless we deal with the actual cause, not only do the sinful actions continue, but sometimes they increase, right, because of the result of the attractions that happen.

Participant Female:

Yes, and I've definitely experienced that.

Jesus:

Yes, and there's a build-up of anger then inside of us as well. Why don't they like me, this person doesn't like me, and there's no real reason why that we can identify in ourselves why they wouldn't like us or whatever, there is just a big expectation that they do, and that's the sin.

Nobody has to like you. You're all allowed to not like me.

Mary:

So, if we think back to our definition, sin is a will or desire in disharmony with God's Love and Principles so, your will is set to feel and believe that you are a great person, no matter what, and your desire is to keep receiving that feeling, keep holding on to that belief.

Participant Female:

Yes.

Mary:

I just thought that might be helpful for everyone to relate this definition we keep repeating to you, relate it to something quite specific. This is the state of my will, this is the state of my desire, and my faith of the future.

I think people should keep believing this and I want them to, and it's how I feel now.

Jesus:

And also, there's a self-righteousness in it, isn't there, of like, I should have this.

Mary:

I'm entitled.

Jesus:

I'm entitled, that's what everybody should have.

Participant Female:

What the hell is wrong with them. (Laughter)

Mary:

Yes.

Jesus:

What's wrong with them all, yes. (Laughter)

Mary:

So that's the sin and awakening to that sin would change your life in absolutely - in your work, in your home life, in your partnership, in everything.

Jesus:

And a lot of people will feel very differently about you when you change it because people can feel that's inside of a person, you know, that this sort of level of arrogance.

Now some people get attracted to it, you know, and we see that a lot with men in particular with women, where a man who has this kind of viewpoint (pointing to whiteboard) attracts a lot of women around him, but it's all, generally, after a while those women get tired of him because he's too arrogant to live with permanently, but they're attracted to him because of how it makes them feel when they're around him. You know, they've got this great man, but he might not be a great man, he just thinks he is, right, and it's frequently the case.

Once we deal with our actual sin, the sinful actions, there could be hundreds of them, can all disappear at once.

Participant Female:

Yes, I just feel like my life would be completely different and I don't even realise how it would be.

Jesus:

I agree.

Mary:

Yes, just that one sin.

Jesus:

We've noticed like things in your day-to-day life where, you know, you find it hard to hold down a regular job when you're working for other people and things like that, this is all about this - you know, they try to correct an action and you go, no.

Participant Female:

Well, I have been in a job for two years now, (Laughter) so that's a bit different.

Jesus:

Yes.

Participant Female:

But I mean there's still, yes, I'm causing problems there anyway.

Jesus:

Yes, yes don't realise how one sin can play out in our lives a lot and yet, we still like hanging on to that sin like, you know, tooth and nail.

Mary:

Spiderman or someone with extra strength. (Laughter)

Jesus:

...trying to hold on to - you know this concept that must be good, I have to have it, and not realising how much it's actually causing a lot of pain and suffering in our life. And because we're not relating the pain and suffering in our life to the sin, we think the pain and suffering is caused by other things.

Participant Female:

Yes.

Jesus:

And often it's not. Often you can see a direct relationship between the pain and suffering and the actual cause. You remove the cause; all that pain and suffering ceases.

Of course, there's history of how you've done it that people will have to deal with, you know, and that's something you can also help because you can apologise for past behaviour once you've actually gone through the change, you see. And a person who is truly repentant would desire to do that, they'd want to correct and repair that, you see.

Even though they know that it's not the actual cause that was in them came from their parents and the way the parents treated them, the reality is, we did take actions that did have demands upon others that were not good.

You'll get to the stage when you process through that, you'll go, oh, there's a few people I need to probably apologise to, you know, about my behaviour.

Mary:

...make some reparations.

Jesus:

Yes.

Participant Female:

Maybe even like thousands of people. (Laughter)

Jesus:

Well, you know, there's a lot of people on the Earth that have like millions of people to apologise to.

Mary:

Yes.

Jesus:

You think if you're a leader of a country and you've acted out your sins on the country, man, you know, you've got lots of apologies to make, you know, so everything is relative, isn't it?

We just need to be willing to go through the process so that we can complete it and be happier and everyone around us will be happier with us too. And the beauty of that is too, you'll end up having a lot better relationships; people will feel more friendly with you, you'll feel more friendly with them and relaxed with them so, it's going to make a significant difference in your life, for sure, yes.

Mary:

Can I say one more thing quickly, Arvarna?

Participant Female:

Yes.

Mary:

And that is that Jesus and I so enjoy how willing you always are to just be open about, you know, your injuries and it's a lovely quality.

Conversely, you have been aware of this injury for a while, so it's lovely that you're open to seeing this about yourself, but there's obviously some resistance to change that you're not dealing with.

Participant Female:

Yes.

Mary:

Does that make sense?

Participant Female:

Yes.

Mary:

Yes, so it's not really conversely, we still enjoy you.

Jesus:

Yes.

Mary:

But do you know what I mean, there's that other side.

Jesus:

But Arvarna it's very good to relate your pain and suffering to the actual injury which you have not been doing. You haven't been linking how people treat you with this injury that's inside of you.

Participant Female:

How people treat me?

Jesus:

Yes, the pain and suffering you feel in regard to, when people don't think you're great or all those things, you're not seeing that all of that, is to help you identify this injury.

Instead, you see it as them treating you badly so, you're not actually joining the dots and saying, this pain that I'm having right now, is a result of this injury, of this sin.

Participant Female:

Yes, I'm getting a bit confused now.

Jesus:

Yes, can I just describe it better? You've got a cause of a sin and then you've got the effect of the sin, right. What you've been doing is you've been seeing the effects of the sin, but attributing it to a different cause, a false cause. A cause being that other people are not treating you right.

Participant Female:

Yes.

Jesus:

The actual cause is this (pointing to "my parents taught me that I am a great person no matter what I do"). You expect a certain type of treatment, that's the cause. But you haven't been attributing the effect of how people react to you as caused by this cause.

And when there's no co-relation, you're not actually then looking at the pain of the effect, right, see the effects cause pain. You're not looking at the pain and tracing it back to the actual cause; you're tracing it back to a false cause.

Participant Female:

Yes, and that's where you obviously don't get anywhere.

Jesus:

That's right, that's why you haven't been getting anywhere, right, so you need to understand that.

Participant Female:

Yes.

Jesus:

Make sense? The actual cause is this problem, not how people react when they're around you; that's not the actual cause, that's an effect, that's the attraction in effect.

Participant Female:

Yes.

Jesus:

Yes, so that's the effect which is related to the pain you feel when you have that attraction.

Mary:

So, can you see your indignation, that's a kind of pain?

Jesus:

That's a pain.

Participant Female:

I don't know what that means.

Jesus:

Your anger, your anger when people don't treat you right.

Mary:

When you feel indignant.

Jesus:

That's a pain because it feels terrible for you. That's a pain, that's the pain.

Participant Female:

But even like I just think people like just say my boss, I feel like she doesn't like me if she doesn't tell me that I'm doing a good job, like what you're saying before.

Jesus:

Yes, yes, you wouldn't cope with our operation, not at the moment.

(Laughs)

Mary:

That's a kind of pain as well, isn't it, when you constantly feel she doesn't like me.

Participant Female:

Yes, and like I need her reassurance like all the time.

Jesus:

There's the pain, there's the effect, but you're tracing it back to a cause that is non-existence.

Participant Female:

Yes.

Jesus:

And you're not seeing the real cause which is the expectation you have.

Participant Female:

Okay.

Jesus:

The sin that exists, yes.

Mary:

And also, it's worth considering that the physical pain that you're in a lot has some relationship to this causal so...

Jesus:

Yes, yes, yes. Physical pain always has a relationship to the emotions associated with these kinds of things.

Participant Female:

Yes.

Jesus:

It's good.

Participant Female:

Thanks guys.

Mary:

Good on you Arvarna.

Jesus:

Good question Arvarna. Okay, so that really answers that one.

Participant Male:

If you can just go back one seat Alex so that the shots can get you,
(Laughs) I know it's a bit annoying.

You've asked a very good question and that is, why is the pain resulting from sin not a greater deterrent to wanting to sin again?

How many of you think about that? It's like, I know I'm in pain, I have it again, here it goes again, and you know, I go and do the damn same stupid thing again, right. It's a very good question, isn't it, why is it? Well, there's a number of reasons why.

Firstly, sin desensitises you to pain. So, firstly, you have a pain that results from the sin that you chose, let's change the diagram here so it's the actual cause, so we're actually finding the actual cause and it has an effect, and then we have a pain associated with that effect.

The problem with sin, remember in this case, this is the sin, the one that we just told to Arvarna, this "my parents taught me that I am a great person no matter what I do", let's say that I have that one, right. Now that's creating a whole series of pain, right, but it also desensitises me to all the types of pain that it creates.

In other words, I chose to sin, it has an effect which creates pain, but the sin itself says, detune from that pain because I still want the addiction met. You follow? So, we're now in an addiction frenzy with this feeling, now addiction frenzies mean that we are no longer sensitive to pain.

I've seen spirits say in the spirit world, they're in so much agony and yet, their addiction is stronger still than the agony they're in, right. And many of us then do things like suppress the agony with you know, substances, like pain killers and stuff like that in order to get away from the pain, or we do it

emotionally where we suppress our emotional state in order to get away from pain and so forth.

So, why is the pain resulting from sin not a greater deterrent is because a lot of the times, the sin is already suppressing the sensitivity to pain? So, our sensitivity to pain is diminished. In other words, we're less sensitive to pain.

One of the secrets of dealing with sin is to become very sensitive to pain, right, so it's a very good thing to become sensitive to pain. So, that's number one. That's one reason why the pain doesn't motivate us.

Number two is that a lot of our life is about avoiding pain so, emotionally we are wiring ourselves to avoid any pain in the first place. The whole reason why we are doing the sinful action is so that I can avoid the pain of the sinful belief. You follow?

So, the more pain that comes, a lot of times it's not a very great deterrent, right, because all I'm doing is I get some more pain and then I feel like I want to suppress the pain even more and so, I go around this never-ending cycle by doing more of the sin to get the sinful actions to suppress that pain.

And the reality is for most of us, the pain that is the result of our sin, we believe, we have faith, we believe that that is better than feeling the pain of the actual cause of the sin. Make sense?

In other words, we rather have the result, even though it's painful, than actually deal with the pain of the cause and that's the reason why, frequently, we refuse to respond to the pain even though we're in pain. Because we see the pain as better than, the actual pain that we're feeling as an effect, as better than the pain we would feel if we chose to address the cause.

Participant Male:

So, what's the tipping point?

Jesus:

Sorry.

Participant Male:

Oh, what's the tipping point when that pain from the result of sin becomes too much or...

Jesus:

Well, that's a very interesting question, it's like, how long is a piece of string type of question because for each person it is quite different.

When you realise that all the pain you've caused as effects, caused by this cause, happens to be worse than feeling the actual cause, the pain of the cause, then you'll deal with the cause.

So, it's like a balancing scale inside of us, we need to come to awareness, this is a part of our awakening process, we need to come to awareness that the pain that we have caused through action, is up here (raises hand above shoulder), let's say, when sometimes the pain, you know, we believe - it's not about even what is real, it's about what we believe is real.

Let's say for most of you, the reason why you sin is because you believe the pain of dealing with the reason why you sin is that high (raises hand above his head), and so you'd rather sin and have the pain that comes from that high (raises his hand to his shoulder), but it's just a belief about the sin.

So, if I could do it like a scale, I don't know if I'm describing myself very well here, but let's try to apply it like this (drawing on whiteboard). Here's my belief and what we're going to do later is call it my faith. It's what I fully believe is true for my future, that if I deal with that feeling, the cause, this is my sin, this is the cause, right, the reason why I do something, if I deal with that, I'm going to have that much pain doing it (pointing to whiteboard).

And for many of you even believe that your pain will be never-ending which is an impossibility because your finite persons, not possible to be never-ending, but you believe this pain will be never-ending. So, here's this never-ending pain that you believe, it's only a belief, it's not even true, you believe it's true, and here's the pain slowly increasing each time you sin (drawing on whiteboard), right.

Each time you sin there's some more pain, more pain, more pain stacked on each other, more pain stacked on each other, more pain stacked on each other. Now when that pain gets higher than what you believe it's

going to be, if you feel the actual cause, than you'll deal with the actual cause. Now for every person that's a different state, isn't it, you can see that?

Now the problem with that is quite clear, it's only a belief, that's the stupid thing about it all. We just believe that it's going to be that bad.

And in Mary and my conversations, frequently, when she's been in a state where she's, you know, got to the state where she needs to feel something, she's always realised that what she believed to be the pain of the actual problem was a lot easier to deal with than actually dealing with the pain of the effects, but see we don't believe that, right, we don't see that as truth.

So, instead what we do is we go, no, we believe with all of our soul that dealing with that problem is going to cause me that amount of pain so, I'm going to tolerate now, higher and higher and higher levels of pain until the levels of pain get so extreme, whoa, that now they even go beyond my belief of how bad that was going to be.

Once that happens, that's when I'll deal with that problem. Interesting hey, that's when I deal with it. So, once I see my pain that I've actually caused to myself by acting in my sin, is higher than the pain that I thought I would have to deal with by dealing with the sin, then I'll deal with the sin.

Participant Male:

Is that why you need to feel your false beliefs.

Jesus:

Yes, this is the interesting thing, obviously there is another option, isn't there? There's another option and that is, this is a false state (pointing to whiteboard). It's only a belief. If I could get my belief down in terms of what I believe it's going to be, then naturally I will tolerate less pain. Does that make sense? So that's another option, isn't it? I could do that, and truth is the thing that does that, truth that you can cope with emotion, you can deal with emotion, you can work through any emotion.

You know, they're truths that once you accept them emotionally, it reduces this figment of your imagination about your pain. It reduces it down and down and down and down until you get to a point where it's now less than

what you're currently dealing with so, you deal with it. That's how you deal with anything.

Mary:

There's a problem when we continually detune from the pain that we're racking up. That's what has impacted me a lot when I've started to tune into my pain, and gone whoa, I've been avoiding, I've been detuning, I've been numbing for so long, I haven't noticed how high that stack has gotten (pointing to whiteboard) which is why I'll talk to you in session three or two, two, about pain and suffering.

I'm very passionate about feeling your pain and suffering because you can live in this state where you just numb out to it all of the time, and before you know it, when you finally wake up, when life pushes you to a point of walking up, you go, whoa, there's a lot of pain here that I've done, not the pain, the original pain, the pain I've done in the avoidance of that original pain.

Jesus:

In the effects of sin discussion that we have with you in a couple of days' time, we're going to discuss things like this with you as to why these kinds of things happen. And there's also a point about measuring rewards. We don't need to go into your other question, but it's about progress and why we stall in our progress.

Something I found that's helped me with my faith, sometimes I still have a very strong faith that dealing with this is not going to work out, but I can reflect upon the fact that I've dealt with other things that I felt like that about, or even I've dealt with just aspects of it and the rewards in my life have been immense.

My whole life has changed in that area just by dealing with one part of something that I thought was going to be so extremely painful, but you've got to measure that, Alex. Like you're saying, why do I progress and then I go back again, often it's because you don't measure the benefit and you want to tell yourself the faith, the impure faith, which is, it's never going to work out.

Participant Male:

Well, just another question I wrote was about, I actually deliberately sabotage my progress.

Jesus:

Most people do.

Mary:

Yes.

Participant Male:

Is that for the same reasons, like...

Jesus:

Well, there's a lot of reasons for that Alex, again, there's...

Participant Male:

...a fear.

Jesus:

Well, you know, we can blame a lot on fear, but honestly, there's not much that really is about fear. (Laughs) What I've found is that most things are about choice and decision, and what we're trying to avoid in terms of pain and suffering, you know. And, you know, in your case when I first met you, you were severely overcloaked by spirits.

You're still fighting with control of yourself through this process, and I did indicate to you that you would go through a period where you feel pretty harshly dealt with by those spirits, you know, where they're trying to get you under control, and during that time that's when you're going to understand things like courage and morality.

I'm under attack of millions of spirits at any one point in time and it takes a lot of courage and a lot of faith to continue progressing even though you're under attack, right, and that is a good thing for you to learn by the way, to have courage and faith.

And so, remember this problem is all about a corrupt faith, faith that something is true that is completely not true, right. That is how these spirits

are going to influence you and you'll accept their influence because you want to because you want to believe them.

The real problem is going to be too bad to deal with and so, you're going just let the pain build up and build up until you realise that actually the pain that you're in is much worse than the pain you could have dealt with. Make sense?

Participant Male:

Yes.

Jesus:

Okay.

Participant Male:

Thank you.

Jesus:

Well, we're way over time guys, sorry about that. Hopefully you've enjoyed yourself though. Now we only answered two of those questions. (Laughter)

Mary:

I know. There's so many, it's not...

Jesus:

Some of these questions are really good.

Mary:

You're up to these ones, sorry

Jesus:

Yes, some of these questions are really good.

Mary:

There are so good questions, I'm just...

Jesus:

So, what we're going to do is probably reserve a couple for the end of the session that we can refer to as well which we'll do. You've already handed in like...

Mary:

...like hundreds

Jesus:

...probably one hundred questions or more.

Mary:

We might have to go through them all tonight.

Jesus:

And so, what we'll try to do is filter some of them out and put some of them into our final end of session question and answer which is one and one-half hour long so that we can answer some more of these questions.

You're finding the questions interesting in terms of helping you understand?

Audience:

(heads shaking yes)

Jesus:

Yes, it's good.

Mary:

Yes, I'm toying with - I just mentioned to Jesus maybe shortening the presentation tomorrow on attitudes to sin so we can free up some more time just for Q&A's.

Jesus:

We've already given you the information in your handouts as to the presentations so, what we're thinking of is barely covering the presentations and actually spending a lot more time answering your questions about the presentations. Does that sound okay?

Mary:

I think that would be good.

Jesus:

There're a few areas though in the presentations that we do want to cover because it's important to cover the information and to make sure you understand it.

But what we'll try to do, I think, from now on in this whole session, in this whole series actually, is we'll try to probably shorten the presentations down quite significantly and use questions in order to help you understand the material instead.

Mary:

So rather than going through our whole outline that we've given you, we might go through just elements of it that we feel that we really want to make sure that you understand.

And when there's long lists of different things, and we're describing examples, that's where I'd encourage you to read those, and if you have a question about a specific example, put it on a card, you know, and we can discuss it, but some of it, like Jesus said earlier, you've read it and you've probably understood the concept involved anyway.

Jesus:

Yes, yes, so, I think that's what we'll try to do. We'll re-jig, we'll re-look at our priority in terms of our, you know, coverage of information because some of it is quite clear and has clarity, other bits might need a bit more explanation and we'll try to focus on those instead.

And we'll probably try and shorten our presentations down to sort of half an hour or forty minutes or so, and that will give us more time to answer more of your questions. So, that's how we'll handle probably tomorrow and from now on, I think.

Mary:

Yes.

Jesus:

Yes, yes. Good day.

Mary:

Thank you so much for your questions.

Jesus:

Thanks for your participation today, guys.

Mary:

It's lovely.

Audience:

(Applause)

Jesus:

Good day. So have a relaxing night if it's possible and have a good morning, tomorrow morning. Tomorrow morning start is 10:30am and it will start with a presentation that Mary is giving on attitudes to sin so, that's where we're at tomorrow.

Thanks guys, we'll see you.

Mary:

See you then, hey.

Jesus:

See you then.