

Principles & Why They are Important

[Love Truth](#) presents the Parent & Family Resource

This presentation is about Principles and Why They Are Important

Eloisa discusses Divine Truth Principles in the Parent & Family Resource, how principles can be applied to many varied events and situations and why they are important. Presented on the 2nd of March 2021 from 10:00am in Wilkesdale, Queensland, Australia.

Hi, I'm Eloisa.

This video is about principles and why they are important.

Principles are important because they can be applied to any situation that you come across. For instance, the principle that children are reflectors and children reflect the unhealed emotional injuries of their parents and the environment that they live within so they might be guardians or other adults in the environment.

As a principle you can take that and you can go, okay, under any circumstances, anything that's happening with the child, if there are any behavioural issues, if there's anything going on, anything at all, you can say, alright, the child is a reflector, what are they reflecting about me right now in this situation and then by feeling what's happening for yourself, you can figure out what's going on.

There's an experiment you can do where literally if you just stop and you feel in that moment, if you hit on the feeling that is specific to you, now if there is more than one adult in the environment it might be a bit tricky because they might be reflecting a number of different adults collectively, but if you do it on your own with children, you can actually feel about, wow, hold on, what in me is being reflected here by the child. And you can, if you feel about it, and you become more sensitive to what's going on for you and if you hit the right thing, the behaviour of the child will change or will be different.

It might go into something else because you've got another feeling to feel or whatever, but it also might stop so for me, personally, I had some experiences where literally I was just honest and truthful with myself about what I was feeling and what was happening for me in the moment. The

children went from chaotic, like just making a mess everywhere in the house to actually just stopping and quietly playing and this was a beautiful feedback system for me and over time I started to see it more and more and more because I gained the feedback by just stopping and going, okay, I feel and whatever it was I felt.

So, I feel so angry about, and I'd feel about what it was, like just had a feeling of it, it wasn't necessarily expressing my anger, it was just by owning the fact that I was angry about whatever. Because I actually connected to the fact that, I am angry, in this example, then the children responded to that, and they no longer had to reflect what I was denying.

This was a very important principle and lesson for me to learn was that wow, hold on, if I'm not being real and truthful about how I feel and what's happening for me, then my environment starts having to try and reflect that to me in order that I can get the feedback to do it.

If your house is in total chaos and there's a whole lot of behavioural issues, I suggest taking this principle of, alright, my child is reflecting something in the environment.

Now you can be something like a super sleuth detective, that's how I kind of looked at myself and went, alright, what is it, what in me is creating this situation, why do I want this in my life, what's going on here, what is happening for me right now that these children are trying, via God's Laws, are attempting to show me? Because they weren't thinking, oh, mum's this or mum's that, I'm now going to do that, they just responded.

They are like little response units, they are like, oh, got to respond, got to respond, something to learn about love here, this isn't loving, alright - they're not even - children aren't thinking about it, it's just the way that the soul responds to another soul.

I talked earlier how you have a soul and that's the real you, that's your passions, desires, memories, feelings, emotions, everything in it, all of that is coming out to the world, if you like, that's what people feel from you. And so, sometimes like I know in the past I'd be like, why is so-and-so have that reaction to me, because they are responding to something in them that they feel with me.

And for me, again, if we take it back because another principle is looking at yourself first, always looking at yourself first. But when anything happens in your life, you are the common denominator, you are the main character in your life story, if you like, so if something happens in your life, there's something that you can learn from it and there's something in you that is helping to create that.

That's a pretty big concept that, your soul is super powerful, like I remember Jesus saying via the teachings of Divine Truth one time, your soul is more powerful than the sun, like that is huge, that is one massive soul. And I don't think that we really think much about our soul; we don't see all the interactions that are happy, but we don't even have to say anything, and our souls are communicating.

And this is something that is so important to see with children is that your soul is already communicating with their soul, they are already responding. From the time they are conceived in the womb, they are already absorbing things from the environment, from their parents; they are absorbing all of those things. They are absorbing your unhealed emotions, they are absorbing how you feel, they are absorbing your beliefs, they are absorbing every single thing and they are absorbing it via their feelings.

So, once they pop out, then they are just responding to all of those things that they've absorbed and to what's now happening in the environment. So, if you and your partner are at odds with each other or don't have a very good relationship, they are going to respond and try and help you to see that. If you have a lot of fear, your child is going to respond to that, and depending on their personality and nature, will depend on how they will respond to that.

They may rebel against it and do a lot of things that you feel fearful about, and then you'll try and control and shut them down, or they may just become very, very passive and withdraw. Depending on the circumstances and there are many, many different ways that a child might respond, but the child will respond perfectly for you.

So, for example, as our children grew up, what I've noticed is that I personally have more of a response, if you like, like I have some injured feelings about under-handed, sort of manipulative techniques when people are angry, like they'll be like, I'm not angry but underneath they are quite

passive-aggressive and that affects me a lot. Whereas my ex-husband, if you are overtly angry with him, he doesn't like that and he wants to stop that kind of feeling and the children would respond differently to each of us.

So, they're often passive-aggressive and project a lot of emotions at me, whereas they might be more overt with their dad, and when you reflect upon that, you can see, oh, wow, isn't that interesting? It's a perfect attraction for me to actually see some things about myself and to reflect and to actually have the opportunity to change which is a pretty amazing gift.

The first two principles are one, children are reflectors, and you can do that, you can just be look, okay, all of what's happening in my life are just effects of certain causes. If you can find the causes, you can change many effects all with one go.

The second one was to look at yourself first, always look at yourself; what is the attraction for you? Why is this happening in your life, why are you creating this because your soul is a powerful, powerful creator, and you are creating what you have right now and that's the first thing to look at.

What do you have, right now, happening in your life?

How do you feel about what's happening right now in your life?

What are these children in your care and if you don't have children, animals also reflect, they don't have a soul so it's a bit different, but your partner, other people, all of them are feedback systems for you to learn something?

And if you apply the principle of look at yourself first, it can apply to any situation, and you can learn some valuable information about yourself and then you can make some decisions on whether you want to change or not and how it actually feels to be yourself and be doing the things that you're doing in your life.